

JANUARY 2021 PRACTICE SCHEDULE (tentative)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	31 No Practice	1 No Practice (Happy New Year)	2
3	4 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -5:30-6:30pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm Sen/Nat-5:45-7:15am	5 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -5:30-6:30pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm	6 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -5:30-6:30pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm Sen/Nat-5:45-7:15am	7 No Practice High School Meet Sen/Nat-5:45-7:15am	8 Senior/Nat- 5:45-7:15am	9
10	11 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -5:30-6:30pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm Sen/Nat-5:45-7:15am	12 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -5:30-6:30pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm	13 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -5:30-6:30pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm Sen/Nat-5:45-7:15am	14 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -5:30-6:30pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm	15 Senior/Nat- 5:45-7:15am	16 AQST Frosty Classic
17	18 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -5:30-6:30pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm Sen/Nat-5:45-7:15am	19 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -5:30-6:30pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm	20 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -5:30-6:30pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm Sen/Nat-5:45-7:15am	21 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -5:30-6:30pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm	22 Senior/Nat- 5:45-7:15am	23
24	25 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -5:30-6:30pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm Sen/Nat-5:45-7:15am	26 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -5:30-6:30pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm	27 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -5:30-6:30pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm Sen/Nat-5:45-7:15am	28 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -5:30-6:30pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm	29	30

This is the practice schedule for the month of January, there may be changes and if there are I will let you know as quickly as possible. Any questions, please email me at coachsteele@aquastormswimming.com.