

# JANUARY 2022 PRACTICE SCHEDULE (tentative)

| Sunday      | Monday   | Tuesday   | Wednesday  | Thursday  | Friday                        | Saturday                             |
|-------------|--|---|--|---|-------------------------------|--------------------------------------|
|             |  |   |  |   | 31<br>No Practice             | 1<br>No Practice<br>(Happy New Year) |
| 2           | 3<br>Developmental-5:30-6:15pm<br>6:15-7:00pm 3 & 4s<br>Age Group I -6:15-7:15pm<br>Age Group II- 5:30-7:00pm<br>Senior/Nat- 5:30-7:15pm<br>Sen/Nat-5:40-7:15am  | 4<br>Developmental-5:30-6:15pm<br>6:15-7:00pm 3 & 4s<br>Age Group I -6:15-7:15pm<br>Age Group II- 5:30-7:00pm<br>Senior/Nat- 5:30-7:15pm  | 5<br>Developmental-5:30-6:15pm<br>6:15-7:00pm 3 & 4s<br>Age Group I -6:15-7:15pm<br>Age Group II- 5:30-7:00pm<br>Senior/Nat- 5:30-7:15pm<br>Sen/Nat-5:40-7:15am  | 6<br>Developmental-5:30-6:15pm<br>6:15-7:00pm 3 & 4s<br>Age Group I -6:15-7:15pm<br>Age Group II- 5:30-7:00pm<br>Senior/Nat- 5:30-7:15pm  | 7<br>Senior/Nat- 5:45-7:15am  | 8                                    |
| 9           | 10<br>Developmental-5:30-6:15pm<br>6:15-7:00pm 3 & 4s<br>Age Group I -6:15-7:15pm<br>Age Group II- 5:30-7:00pm<br>Senior/Nat- 5:30-7:15pm<br>Sen/Nat-5:40-7:15am | 11<br>Developmental-5:30-6:15pm<br>6:15-7:00pm 3 & 4s<br>Age Group I -6:15-7:15pm<br>Age Group II- 5:30-7:00pm<br>Senior/Nat- 5:30-7:15pm | 12<br>Developmental-5:30-6:15pm<br>6:15-7:00pm 3 & 4s<br>Age Group I -6:15-7:15pm<br>Age Group II- 5:30-7:00pm<br>Senior/Nat- 5:30-7:15pm<br>Sen/Nat-5:40-7:15am | 13<br>Developmental-5:30-6:15pm<br>6:15-7:00pm 3 & 4s<br>Age Group I -6:15-7:15pm<br>Age Group II- 5:30-7:00pm<br>Senior/Nat- 5:30-7:15pm | 14                            | 15                                   |
| 16          | 17<br>Developmental-5:30-6:15pm<br>6:15-7:00pm 3 & 4s<br>Age Group I -6:15-7:15pm<br>Age Group II- 5:30-7:00pm<br>Senior/Nat- 5:30-7:15pm                        | 18<br>Developmental-5:30-6:15pm<br>6:15-7:00pm 3 & 4s<br>Age Group I -6:15-7:15pm<br>Age Group II- 5:30-7:00pm<br>Senior/Nat- 5:30-7:15pm | 19<br>Developmental-5:30-6:15pm<br>6:15-7:00pm 3 & 4s<br>Age Group I -6:15-7:15pm<br>Age Group II- 5:30-7:00pm<br>Senior/Nat- 5:30-7:15pm<br>Sen/Nat-5:40-7:15am | 20<br>Developmental-5:30-6:15pm<br>6:15-7:00pm 3 & 4s<br>Age Group I -6:15-7:15pm<br>Age Group II- 5:30-7:00pm<br>Senior/Nat- 5:30-7:15pm | 21<br>Senior/Nat- 5:45-7:15am | 22                                   |
| 23          | 24<br>Developmental-5:30-6:15pm<br>6:15-7:00pm 3 & 4s<br>Age Group I -6:15-7:15pm<br>Age Group II- 5:30-7:00pm<br>Senior/Nat- 5:30-7:15pm<br>Sen/Nat-5:40-7:15am | 25<br>Developmental-5:30-6:15pm<br>6:15-7:00pm 3 & 4s<br>Age Group I -6:15-7:15pm<br>Age Group II- 5:30-7:00pm<br>Senior/Nat- 5:30-7:15pm | 26<br>Developmental-5:30-6:15pm<br>6:15-7:00pm 3 & 4s<br>Age Group I -6:15-7:15pm<br>Age Group II- 5:30-7:00pm<br>Senior/Nat- 5:30-7:15pm<br>Sen/Nat-5:40-7:15am | 27<br>Developmental-5:30-6:15pm<br>6:15-7:00pm 3 & 4s<br>Age Group I -6:15-7:15pm<br>Age Group II- 5:30-7:00pm<br>Senior/Nat- 5:30-7:15pm | 28                            | 29<br>Minot                          |
| 30<br>Minot | 31<br>Developmental-5:30-6:15pm<br>6:15-7:00pm 3 & 4s<br>Age Group I -6:15-7:15pm<br>Age Group II- 5:30-7:00pm<br>Senior/Nat- 5:30-7:15pm<br>Sen/Nat-5:40-7:15am |   |  |   |                               |                                      |

# JANUARY 2022 PRACTICE SCHEDULE (tentative)

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This is the practice schedule for the month of January, there may be changes and if there are I will let you know as quickly as possible. Any questions, please email me at [coachsteele@aquastormswimming.com](mailto:coachsteele@aquastormswimming.com).