

NOVEMBER 2021 PRACTICE SCHEDULE (Tentative)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 Developmental-5:30-6:15pm 6:15-7:00pm (3&4s) Age Group I -6:15-7:15pm Age Group II- 5:30-6:45pm Senior/Nat- 5:30-7:00pm	2 Developmental-5:30-6:15pm 6:15-7:00pm (3&4s) Age Group I -6:15-7:15pm Age Group II- 5:30-6:45pm Senior/Nat- 5:30-7:00pm	3 Developmental-5:30-6:15pm 6:15-7:00pm (3&4s) Age Group I -6:15-7:15pm Age Group II- 5:30-6:45pm Senior/Nat- 5:30-7:00pm	4 Developmental-5:30-6:15pm 6:15-7:00pm (3&4s) Age Group I -6:15-7:15pm Age Group II- 5:30-6:45pm Senior/Nat- 5:30-7:00pm	5 Senior/Nat- 5:40-7:00am	6 Girls WDA
7	8 Developmental-5:30-6:15pm 6:15-7:00pm (3&4s) Age Group I -6:15-7:15pm Age Group II- 5:30-6:45pm Senior/Nat- 5:30-7:00pm	9 Developmental-5:30-6:15pm 6:15-7:00pm (3&4s) Age Group I -6:15-7:15pm Age Group II- 5:30-6:45pm Senior/Nat- 5:30-7:00pm	10 Developmental-5:30-6:15pm 6:15-7:00pm (3&4s) Age Group I -6:15-7:15pm Age Group II- 5:30-6:45pm Senior/Nat- 5:30-7:00pm	11 Developmental-5:30-6:15pm 6:15-7:00pm (3&4s) Age Group I -6:15-7:15pm Age Group II- 5:30-6:45pm Senior/Nat- 5:30-7:00pm	12 <i>No Practice</i> Girls State Swimming	13 Girls State Swimming
14 AQST Intra-Squad Meet	15 Developmental-5:30-6:15pm 6:15-7:00pm (3&4s) Age Group I -6:15-7:15pm Age Group II- 5:30-6:45pm Senior/Nat- 5:30-7:00pm	16 Developmental-5:30-6:15pm 6:15-7:00pm (3&4s) Age Group I -6:15-7:15pm Age Group II- 5:30-6:45pm Senior/Nat- 5:30-7:00pm	17 Swim A Thon 5:30-7:30pm	18 Swim A Thon 5:30-7:30pm	19 Senior/Nat- 5:40-7:00am	20
21	22 Developmental-5:30-6:15pm 6:15-7:00pm (3&4s) Age Group I -6:15-7:15pm Age Group II- 5:30-6:45pm Senior/Nat- 5:30-7:00pm	23 Developmental-5:30-6:15pm 6:15-7:00pm (3&4s) Age Group I -6:15-7:15pm Age Group II- 5:30-6:45pm Senior/Nat- 5:30-7:00pm	24 Developmental-5:30-6:15pm 6:15-7:00pm (3&4s) Age Group I -6:15-7:15pm Age Group II- 5:30-6:45pm Senior/Nat- 5:30-7:00pm	25 <i>Thanksgiving</i> <i>No Practice</i>	26 <i>No Practice</i>	27
28	29 Developmental-5:30-6:15pm 6:15-7:00pm (3&4s) Age Group I -6:15-7:15pm Age Group II- 5:30-6:45pm Senior/Nat- 5:30-7:00pm	30 Developmental-5:30-6:15pm 6:15-7:00pm (3&4s) Age Group I -6:15-7:15pm Age Group II- 5:30-6:45pm Senior/Nat- 5:30-7:00pm				

This is the practice schedule for the month of November, there may be changes and if there are I will let you know as quickly as possible. Any questions please email me at coachsteele@aquastormswimming.com.

Senior & National Groups- Depending on numbers we may add a 4-5:30pm practice November 15-24.

Swim A Thon- Pick one of the two days for your swimmer to attend.