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| **Event Hosted By:** | Jamestown Jaws Swim Club |
| **Approved By** | Held under the sanction of USA Swimming. Sanction issued by the ND LSC. |
| **Meet Sanction #:** | ND-SC-20-003 |
| **Liability** | In granting this sanction it is understood and agreed that USA Swimming shall be from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. | |
| **Meet Purpose** | To encourage and promote good sportsmanship, competitive swimming among all athletes and to have fun. Good sportsmanship is required of all athletes, coaches, officials, and spectators. | |

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| **Meet Referee** | Dan Heckaman | **Admin Official** | Jennifer Schmidt |
|  | 701-866-0174 | **Starter** | Janna Schill |
|  | daniel.heckaman@gmail.com | **Other Officials** | Gordon Prasek |
|  |  |  | Myke Baugh  Brian Deaver |
|  |  | **Safety Marshall** | Jeri Gray |

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| **Meet Manager / Entries** | |
| Name | Jennifer Schmidt |
| Phone # | 701-659-1743 |
| Email Address | jschmidtrt@gmail.com |
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| **Entry Deadline** | |
| Electronic Copies | 12:00 PM (Noon), Sunday January 26 |
| Paper Entries | 12:00 PM (Noon), Friday January 17, 2020 |

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| **Meet Site** | Jamestown High School |
| **Address** | 1509 10th St NE  Jamestown, ND 58401 |
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| **Facility Information** | Jamestown High School pool is an 8 lane, 25 yard pool. Starting blocks on 6’6” end only. 3’6” on 25Y end. In-water relay exchanges at turn end for 100 yard relays. The competition pool conforms to USA Swimming Rules and Regulations – 2010 Article 103.3. |
| **Timing Information** | DakTronics electronic timing system with two backup buttons and watches, horn start, & touch pad at the start end of the pool. |
| **Course Certification** | The competition pool has not been certified in accordance with 104.2.2C(4) |
| **Eligibility / Meet Type** | Age as of February 1, 2020 shall determine age group for swimmers, including age of group relays. |
| **Disability Statement** | Swimmers with permanent disability as defined by USA Swimming are welcome to participate in any ND Swimming sanctioned meet in any event corresponding to the swimmer’s gender within the daily individual event limit for the meet.   The entering coach or swimmer must contact the meet referee to discuss any modification for the disabled swimmer to participate. |
| **Racing Start Proficiency** | Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. |
| **USA Swimming Membership** | ALL current 2020 registered athlete member of USA Swimming are eligible to participate.  No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.  Current 2019 USA Swimming coaches’ registration with required additional certification is required of all Coaches. Upon request, Coaches must be able to provide proof of current certification. Deck pass is an acceptable form of proof of membership. |
| **Swimmers without a coach present** | USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in arranging for such supervision. Coaches are encouraged to make arrangements in advance if they cannot attend the meet with their swimmers. |
| **Officials** | All officials will be USA Swimming certified officials. An Officials meeting will be held **45 minutes** before the start of each Session. Uniform for officials is a white North Dakota Officials polo shirt with khaki shorts, pants or skirts, with white shoes. |
| **Rules** | Current USA Short Course rules and safety policies as adopted by the NDLSC and USA Swimming Rules and Regulations 2020 edition will govern the meet.   * This is a timed final meet. * The whistle protocol and horn start with no recall for false starts will be used. * The Meet Referee has the right to combine any events or heats. * If timeline exceeds the 4 hour time limit relays will be scratched. * Swimmers should appear at designated area which will be addressed at the coaches meeting prior to the start of the meet Swimmers arriving at the blocks and not ready to swim when their heat is called will be scratched from the event. * Individual and relay events will be accepted with no times (NT). * Swimmers names and USA/CASA registration numbers are to be submitted at time of entries. * Events may be seeded and swam as mixed-gender events. * All events will be swam based on entry time with the fast entry times being swam in the last heat of each event. * NT entries will be accepted. * All relays may be swam as mixed gender relays. |
| **On Deck Registration** | On-Deck Registration will not be allowed for this meet. |
| **Warm-up & Safety Policy** | Warm-ups will be a minimum of one hour. North Dakota Swimming, Inc. warm-up procedures and safety guidelines will be in effect at this meet. Backstroke swimmers must step into the water feet first. Safety Marshalls will remind all swimmers and athletes on deck of any violation of NDLSC and US Swimming safety policies.  Only Swimmers, coaches, officials, and working volunteers will be allowed on the pool deck. The locker rooms are for swimmers only. Safety Marshals will check credentials. |
| **MAAPP**  **Awards** | Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.  Individual Events: 1-12 ribbons  Relay Events: 1-3 ribbons  Age Group Top Scorers: 1-3 trophies  Scoring and awards will be based on USA Swimming’s Standard Age Groups, 8 & U, 9-10, 11-12, 13-14, 15-16, and 17-18. 19 & older will not be scored.   |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | | Place | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | | Individual  Points | 9 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | | Relay  Points | 18 | 14 | 12 | 10 | 8 | 6 | 4 | 2 | |
| **Entry Limitations:** | Swimmers may participate in (4) individual events and (1) relay per day. 8-U relays may be co-ed or not, at the discretion of each club. Swimmers from a lower age group will be allowed to participate in a relay of a higher age group to fill a relay. A positive check-in will be required at least 30 minutes prior to the scheduled start time for the 500 freestyle event. |
| **Time Trials** | Time trials will not be held during this event. |
| **Swimsuits:** | Current US Swimming policies governing swimsuits will be in effect and enforced. |
| **Deck Changing:** | Deck changing is not allowed. |
| **Audio or Visual Recording Devices**: | Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the start blocks. |
| **Operations of Drones** | Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. |
| **Meet Jury** | A meet jury will be formed by the meet referee. It will consist of one official (not the  Meet Referee), and a Coaches' Rep. from the smallest and largest teams represented. Until the Meet Jury renders a decision, the swimmer may compete under protest.  An announcement to this effect shall be made prior to the race. The results of any race conducted under protest shall not be announced, nor prizes awarded, nor points scored until the jury has determined if and how their decision may affect the final scoring or awards.  The decision of the jury may be appealed by either party to the Central Zones Board of Review, pursuant to Article 401. |
| **Changes to the Meet Information**: | Any changes to the meet information will be discussed, reviewed, and voted on at the coaches meeting held before the beginning of the first session of the day. Changes must be approved by a unanimous vote of coaches in attendance at the appointed meeting. |
| **Concessions** | Concession will be available upstairs in the wrestling room, adjacent to the swimming pool observation area. |
| **Parking Information** | Parking is free, park in the main lot and use front doors of school for entry. |
| **Food & Container Policy** | Teams will be responsible for cleaning of their area at the conclusion of the each session. |
| **Programs** | Programs containing seeded events for all sessions will be available for purchase. The estimated start times will be posted in the programs, but will not be used as the official timeline. |
| **Lodging** | * Fairfield Inn & Suites, 701-952-6300, 930 25th St SW, Jamestown, ND, 58401 * My Place Hotel, 701-952-4400, 502 24th St SW, Jamestown, ND, 58401 * Holiday Inn Express, 701-251-2131, 803 20th St SW, Jamestown, ND, 58401 * Hampton Inn & Suites, 701-952-6500, 2700 8th Ave SW, Jamestown, ND, 58401 * Gladstone Inn & Suites, 701-252-0700, 111 2nd St NE, Jamestown, ND, 58401 * Quality Inn & Suites, 701-252-3611, 507 25th St SW, Jamestown, ND, 58401   Entry Fees:  $5.50 per swimmer for NDLSC fee.  $2700 per swimmer for timer/pool rental  $1.50 per swimmer per individual event  $3.00 each relay event.  Summary cost per calculation sheet is attached.  Checks must accompany entries and made payable to Jaws Swim Club |

**Meet Schedule**

Officials meeting: 45 minutes prior to the start of the meet in the hospitality area.

Timers meeting with Chief Timer: 30 minutes prior to the start of the meet in the hospitality area.

**Saturday, February 1, 2020**

Pool Deck will open at 10:00am

Warm-ups: 11:00am-12:00pm

Coaches meeting: Following completion of relays in the hospitality area.

Competition starts at 12:15pm

1 Mixed 8 & Under 100 Freestyle Relay

2 Mixed 9 & Over 200 Freestyle Relay

3 Mixed 13 & Over 400 Freestyle Relay

**COACHES MEETING**

4 Mixed 11 & Over 200 Backstroke

5 Mixed 8 & Under 25 Freestyle

6 Mixed Open 100 Freestyle

7 Mixed Open 50 Breaststroke

8 Mixed Open 100 Butterfly

9 Mixed Open 100 IM

10 Mixed 8 & Under 25 Butterfly

11 Mixed 11 & Over 200 Breaststroke

12 Mixed Open 50 Backstroke

13 Mixed 13 & Over 1000 Freestyle

**Sunday, February 2, 2020**

Pool Deck will open at 7:30am

Warm-ups: 8:00am-9:00am

Coaches meeting: Following the completion of relays in the hospitality area.

Competition starts at 9:15am

14 Mixed 8 & Under 100 Medley Relay

15 Mixed 9 & Over 200 Medley Relay

16 Mixed 13 & Over 400 Medley Relay

**COACHES MEETING**

17 Mixed 9 & Over 200 IM

18 Mixed 8 & Under 25 Backstroke

19 Mixed Open 100 Backstroke

20 Mixed Open 50 Freestyle

21 Mixed 11 & Over 200 Butterfly

22 Mixed Open 50 Butterfly

23 Mixed 9 & Over 200 Freestyle

24 Mixed 8 & Under 25 Breaststroke

25 Mixed Open 100 Breaststroke

26 Mixed 9 & Over 500 Freestyle

Fee Calculation Form – return with your entry

Club Name: Club Abbreviation:

Coach: Coach’s Cell Phone # ( )

Entries Chair: Phone # ( )

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| # |  | Amount |  | Number |  | Number |
|  | Total Swimmers x $5.50 NDLSC Fee = |  |  |  |  |  |
|  | $27.00 per swimmer for timer/pool rental |  |  |  |  |  |
|  | $1.00 per unattached swimmer (if applicable) |  |  |  |  |  |
|  | Total Individual Events x $1.50 = |  | # of boys |  | # of girls |  |
|  | Total Relay Events x $3.00 = |  | # of boys |  | # of girls |  |
|  |  |  | Total  Boys |  | Total  Girls |  |
|  | Total Due = |  |  |  |  |  |

Make checks payable to: Jamestown Jaws Swim Club

All fees are due with your entry.

Entries & Summaries should be mailed to the following:

Jennifer Schmidt

1710 2nd PL NE

Jamestown, ND 58401

701-659-1743

jschmidtrt@gmail.com

Who should JAWS contact if we have a problem with your entry?

PRINT CLEARLY and provide an e-mail contact you trust!

Name: E-Mail:

Day Phone # ( ) Evening Phone # ( )

ENTRIES DUE:

Electronic Entries to Jennifer Schmidt at [jschmidtrt@gmail.com](mailto:jschmidtrt@gmail.com) by 12:00pm (noon) Sunday, January 24, 2020.

Paper Entries (with email backup) – Postmark by Friday, January 17, 2020

Late ENTRIES WILL BE CHARGED A $50.00 LATE FEE