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| **Event Hosted By:** | FM Gators Swim Team |
| **Approved By** | Held under the sanction of USA Swimming. Sanction issued by the ND LSC. |
| **Meet Sanction #:** |  |
| **Liability** | In granting this sanction it is understood and agreed that USA Swimming shall be from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. |
| **Meet Purpose** | To encourage and promote good sportsmanship, competitive swimming among age group swimmers and to have fun. Good sportsmanship is required of all athletes, coaches, officials, and spectators. |

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| **Meet Referee** | Paul Sjurseth | **Admin Official** | Eric Mauch |
|  | 701-371-3567 | **Starter** | Brian Toay |
|  | psjurseth@msn.com | **Other Officials** | Doug Sharbono |
|  |  |  | Christina SniderAlexa Vein |
|  |  | **Safety Marshall** | Frederic Hebert |

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| **Meet Manager / Entries** |
| Name | Eric Mauch |
| Phone # | 701-306-2161 |
| Email Address | fmgators@outlook.com |
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| **Entry Deadline** |
| Electronic Copies | May 30, 2019 |
| Paper Entries | Postmarked on or before May 28, 2019 |

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| **Meet Site** | Fargo Island Park Pool |
| **Address** | 616 1st Ave SouthFargo, ND  |
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| **Facility Information** | The Island Park Pool is an 8 lane 50-meter outdoor pool, with no starting blocks due to the depth at the turn ends being only 3’6” in depth. Thus the competition pool does not conform to USA Swimming Rules and Regulations – 2010 Article 103.3. and in-water starts must be used. The pool has not been certified in accordance with USA Swimming requirements 104.2 C (3). **Retail:**  A limited amount of caps, goggles, suits, & misc. swim accessories will be available for purchase. **Internet Information:** Meet Mobile & NDswimming.org will have the published results and heat sheets  |
| **Timing Information** | Daktronics electronic timing system with two backup buttons and watches, horn start, and touch pads at the start of the pool. |
| **Course Certification** | The competition pool conforms to USA Swimming Rules and Regulations, Article 103.3. The competition pool has not been certified in accordance with 104.2.2C(4) |
| **Eligibility / Meet Type** | Age as of June 5, 2019 shall determine age group for swimmers, including age group relays. On deck registration is allowed for this meet, but proof of a current USA registration is required. |
| **Racing Start Proficiency** | Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. |
| **USA Swimming Membership** | ALL current 2019 registered athlete members of USA Swimming are eligible to participate. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.Current 2019 USA Swimming coaches’ registration with required additional certification is required of all Coaches. Upon request, Coaches must be able to provide proof of current certification. Deck pass is an acceptable form of proof of membership. |
| **Swimmers without a coach present** | USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in arranging for such supervision. Coaches are encouraged to make arrangements in advance if they cannot attend the meet with their swimmers. |
| **Officials** | All officials will be USA Swimming certified officials. An Officials meeting will be held **45 minutes** before the start of each Session. Uniform for officials is a white North Dakota Officials polo shirt with khaki shorts, pants or skirts, with white shoes. |
| **Rules** | Current USA Long Course rules and safety policies as adopted by the NDLSC and USA Swimming Rules and Regulations 2018 edition will govern the meet.* This is a timed final meet.
* The whistle protocol and horn start with no recall for false starts will be used.
* The Meet Referee has the right to combine any events or heats.
* If timeline exceeds the 4 hour time limit relays will be scratched.
* Swimmers should appear at designated area which will be addressed at the coaches meeting prior to the start of the meet Swimmers arriving at the blocks and not ready to swim when their heat is called will be scratched from the event.
* Individual and relay events will be accepted with no times (NT).
* Swimmers names and USA/CASA registration numbers are to be submitted at time of entries.
* Events may be seeded and swam as mixed-gender events.
* All events will be swam based on entry time with the fast entry times being swam in the last heat of each event.
* All relays may be swam as mixed gender relays.
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| **On Deck Registration** | On deck registration is allowed. The fee for that registration is due upon registration. |
| **Warm-up & Safety Policy** | Warm-ups will begin at 5:30. North Dakota Swimming, Inc. warm-up procedures and safety guidelines will be in effect at this meet. Backstroke swimmers must step into the water feet first. Safety Marshalls will remind all swimmers and athletes on deck of any violation of NDLSC and US Swimming safety policies.**Only Swimmers, coaches, officials, and working volunteers will be allowed on the pool deck. The locker rooms are for swimmers only. Safety Marshals will check credentials.** |
| **Awards** | Individual ribbons: 1st – 16th place for all age groups Scoring will be based on USA Swimming’s Standards: 6 & under, 7-8, 9-10, 11-12, 13-14, 15 & older. |
| **Entry Limitations:**  | All swimmers are limited to three (3) individual events. |
| **Time Trials** | Will not be offered. |
| **Swimsuits:** | Current US Swimming policies governing swimsuits will be in effect and enforced. |
| **Deck Changing:** | Deck changing is not allowed. |
| **Audio or Visual Recording Devices**: | Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the start blocks. |
| **Operations of Drones** | Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. |
| **Meet Jury** | A meet jury will be formed by the meet referee. It will consist of one official (not theMeet Referee), and a Coaches' Rep. from the smallest and largest teams represented. Until the Meet Jury renders a decision, the swimmer may compete under protest.An announcement to this effect shall be made prior to the race. The results of any race conducted under protest shall not be announced, nor prizes awarded, nor points scored until the jury has determined if and how their decision may affect the final scoring or awards.The decision of the jury may be appealed by either party to the Central Zones Board of Review, pursuant to Article 401.  |
| **Changes to the Meet Information**: | Any changes to the meet information will be discussed, reviewed, and voted on at the coaches meeting held before the beginning of the first session of the day. Changes must be approved by a unanimous vote of coaches in attendance at the appointed meeting. |
| **Concessions** | Full concessions will be available during this meet |
| **Parking Information** | Parking is free |
| **Food & Container Policy** | **ABSOLUTLY NO GLASS CONTAINERS WILL BE ALLOWED IN THE POOL AREA. PERSONS IN VIOLATION OF THIS POLICY WILL BE ASKED TO LEAVE THE AQUATIC FACILITY.**Teams are responsible for cleaning up their areas at the conclusion of each session. Teams will be bill accordingly if they do not clean up their area. |
| **Programs** | **Programs:** Programs containing seeded events for all sessions will be available for purchase. The estimated start times will be posted in the programs but will not be used as the official timeline. |
| **Lodging** | No special arrangements have been made for this meet.   |

**Meet Schedule**

Warmups will begin at 5:30 with the meet starting at 6:15.

EVENTS:

1 Mixed 9 & Over 400 Freestyle

2 Mixed Open 100 Backstroke

3 Mixed Open 50 Freestyle

4 Mixed Open 100 Butterfly

5 Mixed Open 50 Breaststroke

6 Mixed Open 200 IM

7 Mixed Open 50 Butterfly

8 Mixed Open 100 Freestyle

9 Mixed Open 50 Backstroke

10 Mixed Open 200 Freestyle

11 Mixed Open 100 Breaststroke

12 Mixed 11 & Over 400 IM

13 Mixed 13 & Over 800 Freestyle

Entry Fees: $25 flat fee

Checks must accompany entries and made payable to FM Gators.

Fee Calculation Form – return with your entry

Club Name: Club Abbreviation:

Coach: Coach’s Cell Phone # ( )

Entries Chair: Phone # ( )

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| #  |  | Amount |  | Number |  | Number |
|  | Total Swimmers x $30 = |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | Total Due = |  |  |  |  |  |

Make checks payable to: FM Gators Swim Team

All fees are due with your entry.

Entries & Summaries should be mailed to the following:

FM Gators Swim Team

Attention: Eric Mauch

7633 Aquarius Ct

Horace, ND 58047

Who should FM Gators contact if we have a problem with your entry?

PRINT CLEARLY and provide an e-mail contact you trust!

Name: E-Mail:

Day Phone # ( ) Evening Phone # ( )

ENTRIES DUE Electronic Entries (via email to Meet Manager) January 21, 2019

Paper Entries (with email backup) – Postmark January 19, 2018

Late ENTRIES WILL BE CHARGED A $50.00 LATE FEE