



# CRIMSON JUNE 25 - JULY 23

		MON	TUE	WED	THU	FRI	SAT	SUN
PRE-TEAM								
	SWIM		4:30-5:45pm		4:30-5:45pm		9:30-10:45am	
		MON	TUE	WED	THU	FRI	SAT	SUN
AGE GROUP	DRYLAND		4-4:30pm		4-4:30pm		8:45-9:15am	
	SWIM		4:30-5:45pm		4:30-5:45pm		9:15-10:45am	
		MON	TUE	WED	THU	FRI	SAT	SUN
JUNIOR	DRYLAND	4-4:30pm		4-4:30pm		4-4:30pm		
	SWIM	4:30-6:15pm		4:30-6:15pm		4:30-6:15pm	7:15-9:15am	
		MON	TUE	WED	THU	FRI	SAT	SUN
JUNIOR-A	DRYLAND		4:45-5:45pm		4:45-5:45pm		9:30-10:30am	
	SWIM	4:15-6:15pm	5:45-7:15pm	4:15-6:15pm	5:45-7:15pm	4:15-6:15pm	7:15-9:15am	
		MON	TUE	WED	THU	FRI	SAT	SUN
SENIOR	DRYLAND	7:30-8:30am		7:30-8:30am		7:30-8:30am		
	SWIM	8:30-10am	5:30-7:15pm	8:30-10am	5:30-7:15pm	8:30-10am		
		MON	TUE	WED	THU	FRI	SAT	SUN
SENIOR-A	DRYLAND	6:30-7:30pm		6:30-7:30pm		6:30-7:30pm		
	SWIM	4:15-6:15pm	6:45-8:30am @ HMP	4:15-6:15pm	6:45-8:30am @ HMP	4:15-6:15pm	7:15-9:15am	
		MON	TUE	WED	THU	FRI	SAT	SUN
CRIMSON A/B	DRYLAND	8:45-9:45am		8:45-9:45am		8:45-9:45am		X
	SWIM	6:45-8:30am @ GLTS 5:50-8:00pm @ HMP	6:35-8:30am @ HMP	6:45-8:30am @ GLTS 5:50-8:00pm @ HMP	6:45-8:30am @ GLTS 5:50-8:00pm @ HMP	6:45-8:30am @ GLTS 5:50-8:00pm @ HMP	6:35-9:30am @ HMP	8:15-10am @ HMP