

Undercurrent



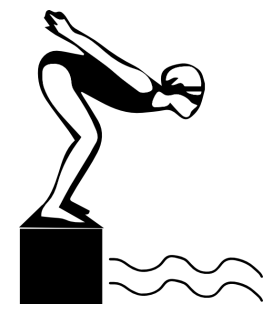
Parents

+



Coach

lead the



Swimmer

Hightide



Parents

+



Coach

+



Swimmer

=

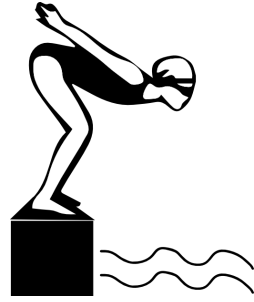
work
together

Riptide, Senior



Coach

+



Swimmer

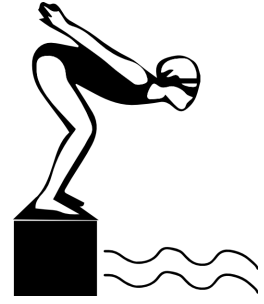
work
together
while



Parents

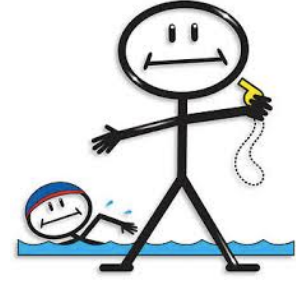
support

*National, High
Performance*



Swimmer

drives the
vision while



Coach

+



Parents

support

DEVELOPMENTALLY APPROPRIATE RESPONSIBILITIES:

10 & UNDER—PACK SWIM BAGS, CARRY THEM, MAKE SURE THEY GET TO PRACTICE. RECOVERING LOST ITEMS FROM LOST AND FOUND. READ WEEKLY EMAIL.

12 & UNDER—COMMUNICATE WITH COACHES REGARDING GOALS, STRUGGLES. PACK SWIM BAGS, MAKE SURE THEY GET TO PRACTICE. ALLOW THEM TO FAIL SOMETIMES! READ WEEKLY EMAIL.

13-16—MEAL AND SNACK PLANNING, HOMEWORK/TIME MANAGEMENT. ALLOW THEM TO FAIL SOMETIMES! COMMUNICATE WITH COACHES REGARDING GOALS, STRUGGLES, SCHEDULE CONFLICTS. READ ALL EMAILS REGARDING MEETS, PRACTICE SCHEDULE, ETC. KEEP PRACTICE LOG.

17 & OVER—TRANSPORTATION TO PRACTICE. LEAD COLLEGE PROCESS. COMMUNICATE WITH COACHES REGARDING GOALS, PLAN, STRUGGLES, SCHEDULE CONFLICTS. MEAL AND SNACK PLANNING, HOMEWORK/TIME MANAGEMENT. READ ALL EMAILS REGARDING MEETS, PRACTICE SCHEDULE, ETC. KEEP PRACTICE LOG.