

FALL SCHEDULE

Sept 9th to Mar 19th

Black Group Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Drylands			5:15-5:45 PM			
			@ PIP			
Swim		6:00-7:00 PM	6:00-7:00 PM		6:00-7:00 PM	
		@ YMCA	@ PIP		@ YMCA	

Blue Group Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dryland	5:15-5:45 PM					
	@ PIP					
Swim	6:00-7:00 PM	6:00-7:00 PM	6:00-7:00 PM	6:00-7:00 PM		
	@ PIP	@ YMCA	@ PIP	@ YMCA		

White Group Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dryland	5:15-5:45 PM					1:00-2:00 PM
	@ PIP					@ PIP
Swim	6:00-7:00 PM	6:00-7:00 PM		6:00-7:00 PM	6:00-7:00 PM	2:00-3:00 PM
	@ PIP	@ YMCA		@ YMCA	@ YMCA	@ PIP

Bronze Group Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dryland	6:00-7:00 PM		6:00-7:00 PM			1:00-2:00 PM
	@ PIP		@ PIP			@ PIP
Swim	7:00-8:30 PM	7:00-8:30 PM	7:00-8:30 PM		7:00-8:30 PM	2:00-3:00 PM
	@ PIP	@ PIP	@ PIP		@ PIP	@ PIP

Silver Group Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dryland		5:00-6:00 PM	6:00-7:00 PM		6:00-7:00 PM	12:00-1:00 PM
		@ YMCA*	@ PIP		@ PIP	@ PIP
Swim	7:00-9:00 PM	7:00-9:00 PM	7:00-9:00 PM	7:00-9:00 PM	7:00-9:00 PM	1:00-3:00 PM
	@ PIP	@ PIP	@ PIP	@ PIP	@ PIP	@ PIP

Gold Group Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dryland	6:00-7:00 PM	5:00-6:00 PM		5:00-6:00 PM	6:00-7:00 PM	12:00-1:00 PM
	@ PIP	@ YMCA*		@ YMCA*	@ PIP	@ PIP

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Swim	7:00-9:00 PM	7:00-9:00 PM	7:00-9:00 PM	7:00-9:00 PM	7:00-9:00 PM	1:00-3:00 PM
	@ PIP	@ PIP	@ PIP	@ PIP	@ PIP	@ PIP