



**NEW
ENGLAND
SWIMMING**

**Charles River Aquatics
TYR Specialty Meet**
Boston Sports Institute, Wellesley MA
November 19-21, 2021

Held under the sanction of USA Swimming/New England #NE22-1119CRA

Meet Director	Jonathan Castaldo	jon@charlesriveraquatics.com	(978) 569-5155
Meet Referee:	Betsy Russell	betsy@byrussell.com	(617) 699-1033
Entry Chairperson:	Dan Warner	Nssc1@aol.com	(978) 852-3985
Admin Official:	Dan Warner	Nssc1@aol.com	(978) 852-3985
Safety Monitor	Ryan Pitcairn	ryan@charlesriveraquatics.com	N/A
Colorado Operator	Lindsey D'Angelo	N/A	N/A

IMPORTANT DEADLINES:

First date of entry: October 8, 2021

Final date of entry: November 5, 2021

Payment deadline: November 10, 2021

SESSIONS:

Date	Session Name	Warm up	Start
Friday 11/19/21	8 & Under	3:15 – 3:30 PM	3:30 PM
Friday 11/19/21	9-12 Year Olds	4:15 – 4:55 PM	5:00 PM
Saturday 11/20/21	13 & Over	6:30 – 7:10 AM	7:15 AM
Saturday 11/20/21	9-12 Year Olds	11:15 – 11:55 AM	12:00 Noon
Sunday 11/21/21	13 & Over	6:30 – 7:10 AM	7:15 AM
Sunday 11/21/21	Distance Session Ages 11 & Over	11:15 – 11:55 AM	12:00 Noon

Warm Up & Start Times may change after entries are received

ASSUMPTION OF RISK: We, Charles River Aquatics, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at CRA’s Meet or on site at the Boston Sports Institute. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at CRA’s Meet and being on site at the Boston Sports Institute, you voluntarily assume all risks related to exposure to COVID-19.

RELEASE: *An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease, therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.*

By attending or participating in this competition you voluntarily assume all risks associated with exposure to Covid-19 and forever release and hold harmless USA Swimming and New England Swimming and each of their Officers, Directors, Agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection with exposure, infection and/or spread of Covid-19 related to participation in this competition.

SAFETY PROTOCOLS DUE to COVID RESTRICTIONS: Highlights of our current policies:

--No Spectators (meet will be live streamed, more info will be available shortly), parents/guardians are not permitted to enter the deck unless scheduled to volunteer, athletes will exit the facility via the main entrance at the conclusion of the session

--Masking--*everyone must wear mask at all times-- with the exception of when swimming, regardless of vaccination status. Masks must be worn to the starting blocks, removed to race, and put back on immediately upon finishing, all coaches, volunteers, officials, and others on deck must remain masked at all times.

*Anyone arriving without a mask will not be permitted to enter the natatorium and masks will not be provided.

--Changing rooms--open to individuals who are fully-vaccinated (age 12+), masks must be worn at all times while in changing rooms

-- Required team release materials must all be completed and will be attached with the meet brief.

STATE GUIDELINES: [COVID-19 Updates and Information | Mass.gov](https://www.mass.gov/info-details/covid-19-updates-and-information)

MEET FORMAT: The meet will be swum as timed finals with 13 & Over separate Girl/ boy events and 12 & Under mixed. Each session will be seeded by computer based on scratches received by the scratch deadlines. Scratches for Friday events are due to the Administrative Official, Dan Warner, by 7:00 PM Thursday, Saturday's events are due to the Administrative Official, Dan Warner, by 7:00 PM Friday, via email to nssc1@aol.com. Scratches for Sunday's events are due to the Administrative Official, Dan Warner, by 7:00 PM Saturday, and may be made on-deck prior to the deadline at the meet or submitted via email to nssc1@aol.com. All events will be seeded slowest to fastest with the exception of the 400 IM and 500 free which will be fast to slow.

No events will swim with more than one swimmer per lane.

DISTANCE EVENTS: 500 free & 400 IM may be limited due to timeline restraints and will be swum fast to slow.

SITE: The Boston Sports Institute Competition Pool is a 10-lane, 25-yard pool with seven-foot wide lanes and non-turbulent lane lines. The timing system includes a fully-automatic Colorado Time Systems electronic timing system with touchpads at the finish end of the pool with single-line electronic display. There are no touchpads at the turn end of the pool. Attached to the main pool is a diving well area that is available for warm-up and warm-down, approximately 2-3 25 yard lanes. The finish end of the pool is 12.5 feet deep; the turn end of the pool is 7 feet deep. Spectator seating is for 300. The pool is located inside the Boston Sports Institute Athletic Complex, 900 Worcester Street, Wellesley MA 02482. Please enter through the main entrance at the front of the building. Directions may be found later in this document.

The competition course has not been certified in accordance with 104.2.2C(4). [The copy of such certification is on file with USA Swimming.]

COURSE: Short course yards (25 yards)

25-YARD EVENTS: events will start at the starting block end of the pool and finish at the turn end with two buttons electronic timing.

RESERVE THE RIGHT TO MAKE CHANGES: Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, [Patrick Johnstone](#). Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.

MEET COMMITTEE/ JURY: The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the Meet Jury but not vote. When possible, the three members shall be from separate teams. The Meet Jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.

ENTRY POLICY: 100%

Teams that are included in the 75% and the 100% of guaranteed entries must submit their entry no later than 7 calendar days before the first date of entry and payment made to the host team by the first date of entry acceptance, or the host team may remove them from the guaranteed entries. The team will still be liable for payment of the entry fee and will be referred to the Admin Review Board if necessary. The host team can release this liability if it is able to fill the meet with entries from other teams.

When using the 100% policy, only teams or unattached swimmers from the New England Swimming LSC will be allowed to enter the meet until 48 hours after the first date of entry, at which point entries will be opened to teams from other LSCs.

Teams accepted in the 25% or the lottery must send payment for their entry within 4 calendar days of the notification. Accepted teams that do not send payment within 4 calendar days may forfeit their entry, but will still be liable for payment of the entry fee, unless the host team is able to fill the meet with entries from other teams. No refunds will be given for entries that are accepted or for entries that are rejected due to improper entry.

CUT PROTOCOL: If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour rule using the following cut protocols in any order deemed necessary:

For teams in the 100% policy:

- (a.) May be asked to cut each athlete to one less event per day than the maximum allowed.
- (b.) Entries may be cut by time or to a specific number of heats for specified events
- (c.) Events may be cut by time.

If deck scratches allow a reasonable timeline, swimmers may be reinstated into those previously entered events. Clubs will be notified of cuts no later than Monday before the meet

WEATHER PROTOCOL: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is a decision of the Meet Director and the Meet Referee. If weather requires the cancellation of any Finals session, the results of the preliminary session will be the final order.

ELIGIBILITY: All swimmers must be currently registered as athlete members of United States Swimming. Age is determined by the age of the swimmer on the first day of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMWEAR: Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first day of the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under [Tech Suit Restriction for 12-and-Under Swimmers](#).

REGISTRATIONS: All swimmers must be registered (including proof of age and payment) with USA Swimming before 5:00 pm on the Thursday before the first day of the start of the meet. New England teams are required to check their entries with the online registration check tool on the New England Swimming website to verify registration status. Coaches must be registered before the start of the meet.

FALSE REGISTRATIONS: If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC will impose a fine of up to \$100.00 per event against the individual, member coach, or a member club submitting the entry.

DECK REGISTRATIONS: Will be accepted in open lanes before a session starts.

DECK ACCESS: Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must produce proof of their valid USA Swimming registration when asked. Deck Pass is an acceptable proof of membership. Individuals without proof of a valid membership in USA Swimming will be removed from the pool deck and will be fined by New England Swimming of \$100 to the coach, and \$200 to the coach's club.

DISABILITY SWIMMERS: Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the Meet Referee and Meet Director of any disability prior to competition.

EVENTS: See attached list

SESSIONS: breakdowns are subject to change once entries are received.

ENTRY INFORMATION:

Any team that has been entered into the meet but is prevented from attending due to a change in restrictions imposed by state or local health authorities or the facility shall not be responsible for any meet fees.

First date of entry acceptance: October 8, 2021

Final date of entry acceptance: November 5, 2021

Make checks payable to "Charles River Aquatic Club".

Mail completed signed entry cover page and waiver, and payment to:

Jonathan Castaldo

Charles River Aquatics 24 Cabot St, Unit 2

Salem MA, 01970

Any team that fails to send payment, cover page and waiver form, by the entry due date may be scratched from the meet and may be assessed a \$100 fine at the discretion of the Entry Chairperson. If no payment is received after 30 days, the fine is doubled. This fine is payable to the Charles River Aquatics. Late payment of entry fees may result in future exclusion from meets hosted by our club.

Entries will be acknowledged within 48 hours the first date of entry if they are accepted into the meet. *Your entry is considered received only if you receive an acknowledgement.*

All unattached swimmers must be declared as unattached, on the entry cover sheet, before the meet begins.

Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, or is unregistered, will be scratched from the meet until corrections are made per the New England policy.

ENTRY LIMITS: Athletes may enter as many events as they choose with a maximum of 4 individual events per day for timed final events, the distance events on Sunday are not included in this limit, but the limits in the US Swimming rules still apply.

ENTRY FEES: Electronic entries:

\$5.00 for all timed final individual events 200 yards and under.

\$10.00 for distance events (events 400 yards and over).

\$10.00 for time trials

Swimmer Participation Fee is \$25.00 per swimmer.

NE Swimming Travel Fee of \$1.00 per swimmer (to be included in the check and the host team will send to NESwimming)

ELECTRONIC ENTRIES: Electronic entries should be emailed as an attachment to the entry chairperson Dan Warner at NSSC1@aol.com. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by: November 10, 2021

ENTRY TIME UPDATES: Entry times may be updated until the Monday prior to the first day of the meet. No new entries will be accepted after the entry deadline. Entry time updates should be sent via email to the entry chairperson at NSSC1@aol.com. Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

ENTRY TIMES: All entry times must be entered in the specified meet course. (Coach's times should be used instead of NT's)

TIME TRIALS: Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are \$10.00 for individual events, and \$40.00 for relays. The entry limits in the USA Swimming rules apply.

LEGAL SPLITS – Individual Events: Legal splits must be requested before the event, by a coach, using a legal split form (available from the Control Table) and the requesting party must supply an additional timer(s) on the lane for the split, if necessary, to meet the USA-S requirement. (1 timer with touchpad timing, 3 timers without touchpad timing). Timers must be positioned over the lane at the end of the racing course.

ADMISSION: No Spectators

MEET MOBILE HEAT SHEETS: Meet Mobile heat sheets will be offered at this meet Free of charge. The Meet Mobile heat sheet includes smart phone access to all heat sheets for the whole meet, including last minute changes and re-seeds.

MEET MOBILE: Meet Mobile will be functional for this meet, (dependent upon satisfactory internet access) All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.

OFFICIALS: Officials that know they will be attending the meet are highly encouraged to email the Meet Referee Betsy Russell and let her know your level of certification, team, and sessions you will be available. Walk-on officials may not be accepted to limit the number of people on the deck. Official's meetings will be announced in the Meet Brief and will be communicated to all scheduled officials.

WARM-UPS: The pool will open for warm-ups as designated on the event list and Meet Brief.... The pool will close five minutes before the beginning of each session. Teams may be assigned warm-up lanes after all entries are received. The 3 lane area will be available during the meet for warm-up and warm-down.

SAFETY:

- Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- No shaving is permitted at the competition site.
- No glass containers are permitted within the facility.
- Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
- Deck changes are prohibited.

RULES: Current USA Swimming rules will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

SAFE SPORT: The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to the Meet Referee or Meet Director.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP 2.0"), and that they understand that compliance with the MAAPP 2.0 policy is a condition of participation in the conduct of this competition.

USA Swimming and NE Swimming encourage all to report any witnessed or suspected forms of abuse/safe sport violations to the NE Swimming Safe Sport Chair, Anne Kaufman: nesafesport@gmail.com (857-928-3638) or through the [USA-S online reportable form](#).

VIDEO STREAMING: All video streaming must be approved in advance by the Meet Director. Any such video stream must conform to all current Safe Sport policies defined by USA Swimming, New England Swimming, and the Meet Host. No video stream may originate from behind the starting blocks or from any other area marked as a NO CAMERA ZONE.

ON DECK PHOTOGRAPHY: As per New England Swimming policy, professional photographers contracted by the Meet Host, or press photographers who have been approved in advance by the Meet Director, are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests

AWARDS: There are no awards

SCORING: The meet will not be scored.

FOOD: there will be no concession stand.

VENDOR: there will be no vendor at the meet.

MISCELLANEOUS: New England Swimming and Charles River Aquatics assume no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

PARKING: There is ample parking surrounding the facility.

DIRECTIONS. The Boston Sports Institute Athletic Complex is located at 900 Worcester Street, Wellesley MA 02482. Please make sure to take route 9 from either direction. There will be a stop light that will allow you access to the facility from either direction!

LODGING: The Verve Hotel Boston Natick <https://www.hilton.com/en/hotels/bosgeup-the-verve-hotel-boston-natick/>

Hampton By Hilton Natick

https://www.hilton.com/en/hotels/bosnthx-hampton-boston-natick/?WT.mc_id=zAL0WW1MB2OLE3ResConf4MO1086x_ResConf_Aug5Header_HotelName_6MULTIBR7EN8i82621&mi_u=1633651611

Friday November 19, 2021

8 & Under Session

Warm up: 3:15 PM Start: 3:30 PM

Mixed	Event	
1	8 & Under 25 Free	
2	8 & Under 25 Back	
3	8 & Under 25 Breast	
4	8 & Under 25 Fly	
5	8 & Under 50 Free	

Friday November 19, 2021

9-12 Session

Warm up: 4:15 PM Start: 5:00 PM

Mixed	Event	
6	9-12 100 Free	
7	9-12 100 Back	
8	9-12 50 Breast	
9	9-12 100 Fly	
10	9-12 200 IM	

Saturday November 20, 2021

13 and over session

Warm up: 6:30 AM Start: 7:15 AM

Female Event	Event	Male Event
11	13 & Over 200 Free	12
13	13 & Over 100 Fly	14
15	13 & Over 200 Back	16
17	13 & Over 100 Breast	18
19	13 & Over 200 IM	20

Saturday November 20, 2021

9-12 session

Warm up: 11:15 AM Start: 12:00 PM

MIXED	Event	
21	9-12 50 Free	
22	9-12 100 Breast	
23	9-12 50 Back	
24	9-12 200 Free	
25	9-12 50 Fly	
26	9-12 100 IM	

Sunday November 21, 2021

13 & Over Session

Warm up: 6:30 AM Start: 7:15 AM

Female Event	Event	Male Event
27	13 & Over 100 Free	28
29	13 & Over 200 Fly	30
31	13 & Over 100 Back	32
33	13 & Over 200 Breast	34
35	13 & Over 50 Free	36

Sunday November 21, 2021

Distance Session

Warm up: 11:15 AM Start: 12:00 Noon

MIXED	Event	
37	9 & Over 500 Free	
38	11 & Over 400 IM	

Distance entries may be limited based on session timeline

Charles River Aquatics
TYR Specialty Meet
Boston Sports Institute, Wellesley MA
November 19-21, 2021

CONTACT INFORMATION (all fields required)

Team Name: _____ Abbreviation: _____

Deck Coach: _____ Phone: _____ Email: _____

Entries Contact: _____ Phone: _____ Email: _____

Address: _____

Unattached Swimmers: _____

ENTRY FEES

_____ Individual Entries 200 yds & Shorter @ \$5.00	=	\$ _____
_____ Distance events – 400 yds and longer @ \$10.00	=	\$ _____
_____ Swimmer Participation Fee: # athletes____ @ \$25.00	=	\$ _____
_____ NE Travel Surcharge: # athletes____ @ \$1.00 each	=	\$ _____

Total: \$ _____

Make check payable to: Charles River Aquatics

Mail entries and check to:

CRA

24 Cabot street, Unit 2 _____

Salem MA 01970

Entry Deadline: 11/05/21

For e-mailed entries, this form and payment
must be received by: 11/10/21

LIABILITY RELEASE

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrators, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, Charles River Aquatics and Boston Sports Institute for any and all injuries suffered by him/her at said meet. In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND NEW ENGLAND SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Signature of Authorized Team Official

Date