

# **EDGE SWIM CLUB'S COLLEGE BOUND SWIMMER'S GUIDE**

## **Checklist, Questions to Ask, Sample Athletic Resume**

### **SOPHOMORE YEAR**

- Meet with Caleb along with your primary Edge coach (if Caleb is not yours) to have an honest discussion about your hopes and their thoughts on your swimming ability/potential.
- Look at multiple schools (the more the merrier). Go on college tours (virtual if can't make time for physical), look at college webpages (main and athletic), and email or mail a letter to prospective college coaches based on your discussion with Edge coaches to make an initial contact with the schools.
- Return any college questionnaires that are mailed to you by coaches *if* you have some legitimate interest in that school

### **JUNIOR YEAR (Most Important Year)**

- By the start of the school year, email all college coaches to express your interest in learning more about their programs, visiting the school, and meeting with the coaches. Include your best times.
- Begin composing your athletic resume (sample later in this document)
- Narrow down school choices for which you want to apply in December
  - Email these coaches your athletic resumes and inquire about visiting the campus and them
  - Complete any student-athlete interest forms on the colleges' websites
- At the conclusion of the short course season, follow up with these coaches on your updated times, how the season went, and your remaining interest in the school(s)
- April is/should be a big month! Visit most of these schools. Stay with a swimmer, meet the coach, go to classes with a swimmer, and watch a swim practice. Information about detailed questions to ask on your college visits can be found later in this document.
- Take SAT and/or ACT exams
- Get a head start! Complete common applications online in June or by the end of your Junior Year
- Summer immediately following your Junior Year, join the NCAA Clearinghouse online if you are interested in any DI or DII universities/colleges.

## **SENIOR YEAR**

- Finish your college essays before the end of September. You should be visiting with teachers in the English department of your high school for constant feedback and editing.
- Take SAT and ACT exams again when available
- Take any paid college visits (if available) and do any additional visits that you'd like to as long as it doesn't conflict with your current training schedule and academic goals for your senior year.
- Complete all applications before Christmas break!
  - Tell Caleb the schools you have applied to and which coaches you'd like him to contact
- Finish strong – both in the pool and the classroom!
- Maintain monthly contact with your prospective college coaches and track their programs' progress. At the end of the short course season, send them your updated times and how your season went!

## QUESTIONS FOR PROSPECTIVE PROGRAMS

### **GENERAL QUESTIONS TO ASK COLLEGE COACHES AND POTENTIAL COLLEGE TEAMMATES**

- How many hours/day will swimming and other responsibilities keep me from my studies?
- May I choose my major and attend classes required in my major even if practice conflicts?
- Is there tutoring available? Is it free? How do I set this up?
- Do I like this coach? What are current swimmers saying about him/her? Is he/she returning?
- Where do my times compare with this team? Can I qualify for this team or its scholarship?
- Does this college environment (campus, size of town, students) appeal to me?
- What is the attitude on campus toward athletes? How do the professors feel toward the athletes?
- Will I live in an athlete's residence hall? Or a student's residence hall?
- What is the academic expectation to keep the scholarship or eligibility?

### **ACADEMICS**

- Do you have a separate academic advisor for athletes?
- Is there advance registration for athletes?
- How many classes do your swimmers miss a year?
- What percentage of your swimmers graduate?
- What is the faculty-student ratio?
- Average class size?
- Are my grades, ranks and scores comparable to non-athletes who are accepted at the school?

### **PROGRAM**

- Strengths and weakness of your program?
- What type of university support does your program receive?
- Where did your team finish in the conference last year?
- Overall record last year?
- Where do you travel and what method of travel do you use?
- Do your swimmers go home for the holidays? Training trips?
- If interested, can I play other sports?
- What off-season programs are required?

## **RESEARCH YOU SHOULD DO**

- Do you have the major in which I am interested?
- Do you have a variety of academic choices?
- What are your graduation requirements?
- What is the nearby transportation? Airport, public, etc.
- Student population?
- Size of campus – is transportation from one part to another necessary?

## **FACILITIES**

- Quality/size of pool? Frequent maintenance crew?
- Quality/size of locker room?
- Fitness/Gym facility? How often can/does the swim team access it?
- What is your dryland program?
- Are members of the training staff knowledgeable on swimming?

## **PERSONNEL**

- How many full time coaches on staff?
- How many assistant?
- Philosophy regarding academics and athletics?
- Philosophy on swimming?
- Rapport between coach and swimmer? Swimmer and swimmer?
- Where would I fit in on the team/roster my freshman, sophomore, junior, and senior years?
- Do you anticipate any coaching changes?

# SAMPLE ATHLETIC RESUME

*Your Full Name*

## **Home information:**

Street Address  
City, State ZIP  
Email  
Phone

## **Club Information:**

Edge Swim Club  
115 Wellness Dr.  
Williston, VT 05495  
Your Email  
Your Phone

## **ACADEMIC INFORMATION**

- Your High School, City, State
- Academic Achievement(s)
- Academic Achievement(s)
- ACT/SAT scores

## **ATHLETIC INFORMATION**

### **Primary sport**

- Duration on most recent club (earlier clubs listed later)
- Athletic Achievement(s) (can also list camps you've attended)
- Athletic Achievement(s) (other examples are top finish at championship meets, team awards)
- Major position/strokes you specialize in

### **Other sport(s) (high school only, JV or Varsity)**

- Duration on team
- Specialization on team
- Athletic Achievement(s) on team

### **Other sport(s)**

- Duration on team
- Specialization on team
- Athletic Achievement(s) on team

## **SCHOOL ACTIVITIES**

### **Examples are: Student Council, Clubs, and Community Service**

- List positions held and when/for what duration

## **REFERENCES**

### **Academic:**

Put your Guidance Counselor and an academic mentors as your references.

### **Athletic:**

Caleb Hall-Potvin, Swim Coach  
(802)881-3297, [calebh@edgevt.com](mailto:calebh@edgevt.com)