

EDGE SWIM CLUB TEAM OUTLOOK



The EDGE Swim Club is a USA Swimming Olympic structured program that works with both the development and select level swimmer who meets the varying criteria and ability and skill requirements for our training levels. Regardless if your swimmer is a novice or beginner, or a national level experienced competitor, the EDGE provides all the necessary resources to succeed both in and out of the pool for those meeting the program's skill and ability requirements. The EDGE accomplishes this by:

- Maintaining a professional, energetic, enthusiastic, and up-to-date knowledgeable coaching staff
- Maintaining open and clear lines of communication for both the athlete and the parent to express comments, concerns, and questions.
- Encouraging and pushing our athletes toward personal growth and excellence, and toward a strong commitment to their team and community
- Providing high quality training facilities and resources

When an individual joins the EDGE swim club, they are treated as a highly valuable and important individual, but more importantly, they are welcomed to a family and community that values all with equal weight, regardless of their accolades. EDGE swimmers learn the importance of time and effort, and that to achieve one's greatest worth, be it at school, at work, or in athletics, one must give both to their craft. They will learn that a team can only function at its greatest potential if all its parts commit to both time and effort as well. When you swim for the EDGE, you will take with you skills that last a lifetime.

The EDGE Swim Club's mission is: to offer the very best in educational, nutritional, and swim training by utilizing the many amazing and professional resources available on-site, such as: physical therapy, dietitians, personal trainers, yoga instructors, and state-of-the art studio and fitness centers.

The EDGE Swim Club's core values:

1. Have fun
2. Display excellent sportsmanship - respect for self and others
3. Teammates are your friends and family
4. Win the EDGE way - by knowing you gave it your all

The EDGE Swim Club's vision is: to achieve the VSA State Championship, to have 100% of swimmers qualify for New England Regionals, 50% or more qualify for New England Silvers, 25% or more of swimmers qualify for New England Age Groups, and 10% or more of swimmers qualify for USA Speedo Sectional Meets and higher. The EDGE will do so while maintaining its core values and team mission.

Four words: FUN, SPORTSMANSHIP, FAMILY, and WIN

FUN: EDGE swimmers learn that fun does not come from medals, victories, games, and distractions. While all of these can certainly add to an individual's happiness and fun, at the EDGE, swimmers will learn that fun comes in many forms. Fun comes from achieving a goal that you know you worked hard for. Fun comes from watching your teammate achieve a goal they have worked hard for. Fun comes from working at something you have a passion for, like swimming! Fun comes from the great company of your EDGE swamily!

SPORTSMANSHIP: EDGE swimmers learn respect for others is of paramount importance. We are not the only ones who have goals and work hard to achieve them. Wishing your opponent good luck before their race, shaking their hands at the conclusion of a race and telling them "great job!" are actions both taught and required on the EDGE.

FAMILY: The EDGE swim club is more than a team, it is a family - a swamily. The EDGE participates in multiple full-team functions throughout the year, both on and off training sites. The EDGE encourages comradery between all ages and encourages our oldest athletes to give back to the base of our program and young athletes. EDGE swimmers are to celebrate one another's success, and to console their teammates during times of hardship.

WIN - the EDGE way: Winning the EDGE way is simple - you won if you know you gave it your *all*. Did you work hard in that set? This practice? This week? This meet? Did you make sure to cheer and support your teammates? Were you focused on the task and race at hand? If you answer yes, then you won - *regardless* of the outcome or result. The EDGE is not an externally motivated team. The EDGE is a process driven team. When we focus on the process, and on being present with our teammates, family, and coaches, the results will *always* take care of themselves. Win the EDGE way!