

NEO Y SWIM LEAGUE DIVISION 2 MEET

Hosted by the Ridgewood YMCA Dolphins- RYD

Saturday, February 6, 2016 at Spire Institute

This meet is being held under USA Swimming Approval #LE XXXXXXXX

In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

LOCATION: SPIRE Aquatic Center, 1822 South Broadway, Geneva, OH 44041.

POOL: Competition will be held in both ends of the dual 25 yard pools in all 20 lanes. Seating capacity is 1200. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. The depth of the pool at the start end is 14 and 8 feet. The depth at the turn end is 14 feet. Men's and Women's locker rooms are off the pool deck but are not accessible to parents during the meet. Colorado timing system and scoreboard are available.

RULES: Except for rule changes listed in this information packet, USA Swimming Technical rules will govern this meet. This meet will be conducted in accordance with the "Rules that Govern YMCA Competitive Sports" and the YMCA Swimming Black Book.

RETURN TO PLAY LAW: Under the Ohio Return to Play Law governing concussions, all coaches and officials (in state or out of state) are required to have proof of training in concussion signs and symptoms. This training is available for free and can be found at <http://www.healthyohiprogram.org>. All coaches and officials are encouraged to take this training. It is your responsibility to take care of this requirement.

ELIGIBILITY: This is a closed YMCA competition. Athletes with full membership privileges to their local YMCA for at least 30 days prior to the first day of the meet and an active member of their YMCA swim team are eligible. **Swimmers must have participated in three (3) YMCA Closed competitions—2 dual meets + 1 YMCA invitational OR 3 dual meets during the 2015-2016 Season to be eligible.** Age group is determined by the age of the swimmer as of **December 1, 2015** (per NEO Y Swim League rules). YMCA team must be registered in the National YMCA Competitive Swimming database to be eligible. See coaches' requirements listed later.

STARTING TIMES:

The facility will not open until 3:00pm on Saturday.. If you arrive early, please wait patiently in the food court area. DO NOT ENTER THE POOL AREA BEFORE 3:00pm- the division 1 meet will be wrapping up and the deck will be cleared before division 2 participants may enter the pool area.

After the Division 1 meet timeline is created and shows that the Division 2 timeline can be moved up, coaches will be contacted on Monday, February 1st with the new information.

Saturday PM: Facility opens at 3:00pm.

Warm-up group #1 (see attached chart) from 3:15-3:35pm. Sprint lanes from 3:35-3:45pm.

Warm-up group #2 (see attached chart) from 3:45-4:05pm. Sprint lanes from 4:05-4:15pm.

Meet start time is 4:20pm.

ENTRY DEADLINE: All entries must be submitted via Hy-Tek Team Manager. Relay entries are due when entries are submitted but changes to relays will be accepted up to 30 minutes before the meet starts. The event file can be downloaded from www.neoswim.org and a "lite" version of Hy-tek Team Manager can be downloaded at www.hy-tek.com.

All entries are due to Jodi Clute via email at jclute@clevelandymca.org no later than 5:00 pm on Thursday, January 28.

ENTRY FEES: \$4.00 per individual event and \$12.00 per relay entry.

Please make all checks to North Royalton YMCA and mail payments for entries to:
Mike Milliken, North Royalton YMCA, 11409 State Road, North Royalton, OH 44133

ENTRY LIMITATIONS: Each swimmer may enter and compete in a maximum of two (2) individual events and two (2) relay events. If a team has fewer than four swimmers entering in as age group, then the swimmers can enter in three (3) individual events. Teams have no limit on the number of entries for each event.

DECK ENTRIES: No deck entries will be accepted.

SWIMMERS WITH A DISABILITY: Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

VOLUNTEERS: We will need each team to supply four (4) Officials (2 for each pool), six (6) timers (3 for each pool), and four (4) Age Group Coordinators (2 for each session) to get their own swimmers to the Clerk of Course (10 & Under) or to the Blocks for their events (11 & Older). **It will be each team's responsibility to get their swimmers to the blocks (11 & over) or to the Clerk of Course (10 & under).**

Please submit a list of your volunteers via email to Debby Toothman at dtdivisional2016@gmail.com with "Divisional Volunteers" as the subject by **January 29, 2016.**

POOL DECK ACCESS: All coaches and volunteers must wear a bracelet in order to be admitted onto the pool deck. **PARENTS WHO ARE NOT VOLUNTEERING TO WORK THE MEET WILL NOT BE PERMITTED ON POOL DECK.**

CLERK OF COURSE: There will be a clerk of course for all 10 and under event. Each team is responsible providing 2 helpers at the clerk of course. Additionally each team will provide at least 2 helpers to sit with your swimmers on the pool deck for supervision.

SWIMMERS AREA: Each team will be supplied an area on the pool deck to gather and wait for their next race. These areas will be identified. Each team will be responsible for their marked off area.

SCORING:

Relays = 40,34,32,30,28,26,24,22,18,14,12,10,8,6,4,2

Individual = 20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1

AWARDS:

Heat Winner Ribbons

Ribbons for 1st - 16th place for relay and individual events

Team banner awards for 1st - 3rd place

ADMISSION COST/HEAT SHEETS: General Admission: \$6.00; UNDER 5: FREE

You are encouraged to print your own heat sheet at home, as there will not be any for sale on the day of the meet. Heat sheets will be posted on www.neoyswim.org by Friday, February 5th and emailed to coaches for distribution. This meet will also be available on meet mobile.

There are two observation seating areas with separate entrances on the second floor. These observation areas are North and South of the pool. Parents may sit in either area. The facility seats 1200. Most seating is stadium seating with bleachers on the ends. Please do not use the seats to hold your miscellaneous times.

MEETING TIMES:

Coaches Meeting: 3:00pm in the timing room
Clerk of Course Meeting: 3:30pm at Clerk of Course area
Timers Meeting: 3:45pm outside the timing room
Officials Meeting: 3:30pm outside the timing room

PARKING: Free. There will be a designated area for parking adjacent to the Aquatic and Fitness building. Swimmer drop-off is on the south entrance of the Aquatic Center, denoted by signage. Please do not park in front of the building unless you have a handicapped designation sticker for that reserved space; handicap parking is located next to the swimmer drop-off entrance.

RESULTS: Will be posted on the NEO YMCA League website. Teams may request a backup at the conclusion of the meet. Results will also be submitted to the USA Swimming SWIMS database ***if the swimmer is a USA Swimming member and his/her USA Registration ID is included on the entry.***

APPAREL/TSHIRTS/RAFFLES: RYD will have a 50/50 raffle. We will have a vendor onsite making t-shirts for the swimmers based on the swimmers requests. Multiple versions of t-shirts and hoodies will be available for selection. Aquatic Outfitters of Ohio will also be available for apparel and gear purchases.

SAFETY/WARM-UP: Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes. Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules. Continuous warm-up is available.

CAMERA ZONES: Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still and video photography of a race or competition may be taken. Acceptable Camera Zones may include, but are not limited to the side courses of a pool, team gathering areas, concession areas, the turn-end the competition course when not in use as a start-end, etc. Meet Management shall also designate "No Camera Zones." Under NO circumstances will Camera Zones include locker rooms, restrooms, and dressing areas, or the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during competition and warm-up. Those failing to abide by this rule may be removed from the venue.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms, and is limited to only those areas marked as designated camera zones.

DECK CHANGES: Changing into our out of swimsuits other than in locker rooms or other designated areas is prohibited.

HOSPITALITY/OUTSIDE FOOD: Absolutely no outside food and/or beverage is allowed, per Spire Institute Policy. This applies to all participants, coaches and spectators. A **coaches** hospitality room will be available during the meet. Please indicate the number of coaches on the meet entry form. All coaches must display the deck pass (wristband is required to be worn by all coaches) issued by the meet host to have access to the hospitality room.

COACHES: Coaches packets will be available in the timing room on the day of the meet. Only coaches that are preregistered and have a wristband will be given deck access.

All teams and coaches must have completed the 2015-2016 online YMCA registration process to have deck access and participate in the meet. Only coaches with current certifications: CPR Pro, First Aid, Coaches Safety Training (Safety Training for Swim Coaches or Lifeguard/YASA with successful completion of the Safety Training for Swim Coaches online test) and Principles of YMCA

Competitive Swimming and Diving certifications **are permitted on deck**. Coaches' certifications will be processed and your deck credentials returned to you from your Y-USA regional representative.

*Please refer to the following link for more information on how to register teams and coaches:
https://www.teamunify.com/SubTabGeneric.jsp?team=ymcaec&_staid_=114149*

NOTE: Only athletes entered in the meet, credentialed coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

ENTRIES: Jodi Clute, 12460 Bass Lake Rd., Chardon, OH 44024; 440-285-7543
jclute@clevelandymca.org

SAFETY DIRECTOR: Michelle Eibel, North Royalton YMCA, 11409 State Road, North Royalton 44133

DIRECTIONS

From Cleveland:

Go East on I-90. Exit off the Geneva Exit (exit #218 on Rt. 534). Take a left at the light heading north. SPIRE entrance will be on your right.

From Erie:

Go West on I-90. Exit off the Geneva Exit (exit #218 on Rt. 534). Take a right off the exit heading north. SPIRE entrance will be on your right.

From Pittsburgh:

Take PA Turnpike to OH Turnpike. Take first exit marked 680 towards Youngstown. The road will take you around Youngstown and then exit 680 onto Route 711 at exit 3a. Route 711 then turns into Route 11. Stay on Route 11 about 40 miles until you hit I-90 and take that west for two exits to the Geneva Exit (exit #218 on Rt. 534). Take a right off the exit heading north. SPIRE entrance will be on your right.

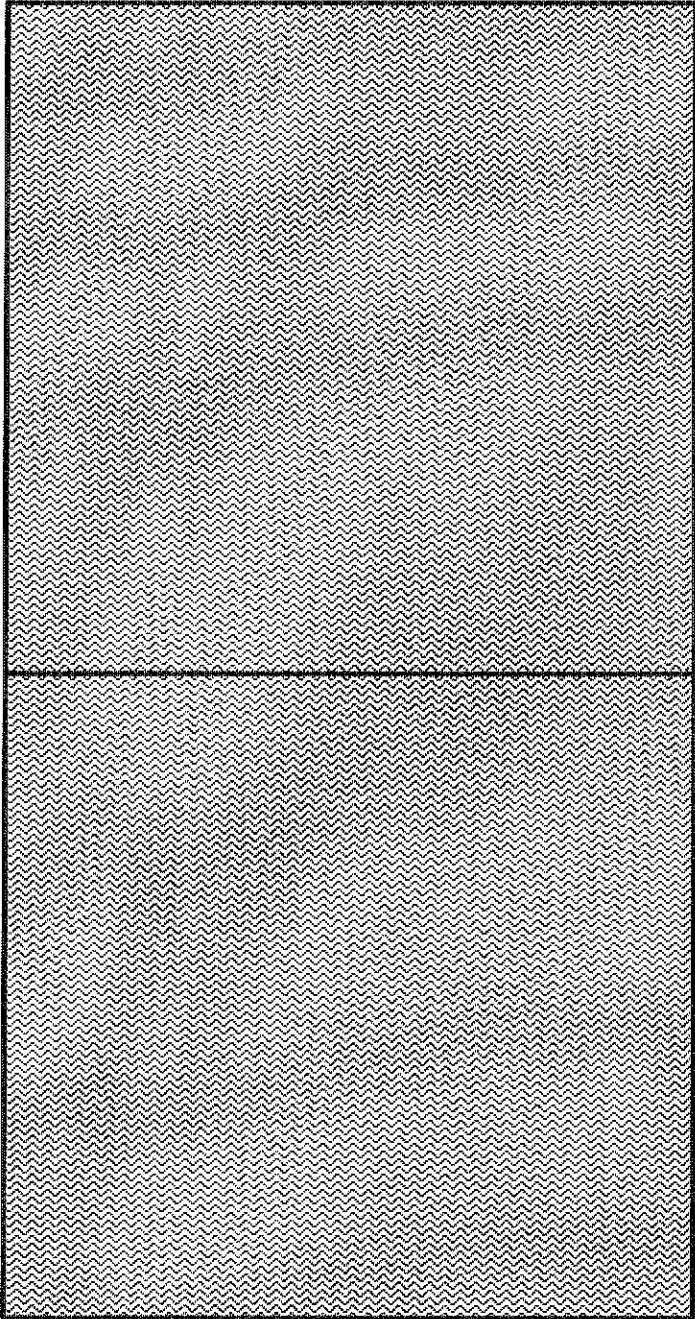
****Warm-Up Schedule****

If necessary we will revise lane assignments, based on entries and notify coaches of any changes.

Lane	3:15-3:35	3:35-3:45	3:45-4:05	4:05-4:15
Deep End 0	<i>Ridgewood</i>	One way sprints	<i>Wadsworth</i>	One way sprints
Deep End 1	<i>Ridgewood</i>	One way sprints	<i>Wadsworth</i>	One way sprints
Deep End 2	<i>Ridgewood</i>	One way sprints	<i>Wadsworth</i>	One way sprints
Deep End 3	<i>University Park</i>	One way sprints	<i>Green</i>	One way sprints
Deep End 4	<i>Vermillion</i>	One way sprints	<i>Green</i>	One way sprints
Deep End 5	<i>Vermillion</i>	One way sprints	<i>Green</i>	One way sprints
Deep End 6	<i>Vermillion</i>	One way sprints	<i>Ashland</i>	One way sprints
Deep End 7	<i>Cuyahoga Falls</i>	One way sprints	<i>Ashland</i>	One way sprints
Deep End 8	<i>Cuyahoga Falls</i>	One way sprints	<i>Lake Anna</i>	One way sprints
Deep End 9	<i>Cuyahoga Falls</i>	One way sprints	<i>Lake Anna</i>	One way sprints
Shallow 0	<i>Wadsworth</i>	One way sprints	<i>Ridgewood</i>	One way sprints
Shallow 1	<i>Wadsworth</i>	One way sprints	<i>Ridgewood</i>	One way sprints
Shallow 2	<i>Wadsworth</i>	One way sprints	<i>Ridgewood</i>	One way sprints
Shallow 3	<i>Green</i>	One way sprints	<i>University Park</i>	One way sprints
Shallow 4	<i>Green</i>	One way sprints	<i>Vermillion</i>	One way sprints
Shallow 5	<i>Green</i>	One way sprints	<i>Vermillion</i>	One way sprints
Shallow 6	<i>Ashland</i>	One way sprints	<i>Vermillion</i>	One way sprints
Shallow 7	<i>Ashland</i>	One way sprints	<i>Cuyahoga Falls</i>	One way sprints
Shallow 8	<i>Lake Anna</i>	One way sprints	<i>Cuyahoga Falls</i>	One way sprints
Shallow 9	<i>Lake Anna</i>	One way sprints	<i>Cuyahoga Falls</i>	One way sprints

TIMING
ROOM

CLERK OF
COURSE
AREA



RIDGEWOOD

CUYAHOGA
FALLS

WADSWORTH

LAKE ANNA

ASHLAND

VERMILION

2ND
TIMING
AREA

GREEN

UNIVERSITY
PARK

SCOREBOARD END

NEO Y SWIM Division 2 Championship Meet - 2/6/2016

Event List-By Event Number

Event #	Event Name	Event #	Event Name
1	Girls 10 & Under 200 Medley Relay	52	Boys 15 & Over 50 Freestyle
2	Boys 10 & Under 200 Medley Relay	53	Girls 13-14 50 Freestyle
3	Girls 8 & Under 100 Medley Relay	54	Boys 13-14 50 Freestyle
4	Boys 8 & Under 100 Medley Relay	55	Girls 11-12 50 Freestyle
5	Girls 10 & Under 200 Freestyle	56	Boys 11-12 50 Freestyle
6	Boys 10 & Under 200 Freestyle	57	Girls 15 & Over 100 Butterfly
7	Girls 10 & Under 100 IM	58	Boys 15 & Over 100 Butterfly
8	Boys 10 & Under 100 IM	59	Girls 13-14 100 Butterfly
9	Girls 10 & Under 50 Freestyle	60	Boys 13-14 100 Butterfly
10	Boys 10 & Under 50 Freestyle	61	Girls 11-12 50 Butterfly
11	Girls 8 & Under 25 Freestyle	62	Boys 11-12 50 Butterfly
12	Boys 8 & Under 25 Freestyle	63	Girls 15 & Over 100 Freestyle
13	Girls 10 & Under 50 Butterfly	64	Boys 15 & Over 100 Freestyle
14	Boys 10 & Under 50 Butterfly	65	Girls 13-14 100 Freestyle
15	Girls 8 & Under 25 Butterfly	66	Boys 13-14 100 Freestyle
16	Boys 8 & Under 25 Butterfly	67	Girls 11-12 100 Freestyle
17	Girls 10 & Under 100 Freestyle	68	Boys 11-12 100 Freestyle
18	Boys 10 & Under 100 Freestyle	69	Girls 15 & Over 500 Freestyle
19	Girls 8 & Under 50 Freestyle	70	Boys 15 & Over 500 Freestyle
20	Boys 8 & Under 50 Freestyle	71	Girls 13-14 500 Freestyle
21	Girls 10 & Under 50 Backstroke	72	Boys 13-14 500 Freestyle
22	Boys 10 & Under 50 Backstroke	73	Girls 15 & Over 100 Backstroke
23	Girls 8 & Under 25 Backstroke	74	Boys 15 & Over 100 Backstroke
24	Boys 8 & Under 25 Backstroke	75	Girls 13-14 100 Backstroke
25	Girls 10 & Under 50 Breaststroke	76	Boys 13-14 100 Backstroke
26	Boys 10 & Under 50 Breaststroke	77	Girls 11-12 50 Backstroke
27	Girls 8 & Under 25 Breaststroke	78	Boys 11-12 50 Backstroke
28	Boys 8 & Under 25 Breaststroke	79	Girls 15 & Over 100 Breaststroke
29	Girls 10 & Under 200 Freestyle Relay	80	Boys 15 & Over 100 Breaststroke
30	Boys 10 & Under 200 Freestyle Relay	81	Girls 13-14 100 Breaststroke
31	Girls 8 & Under 100 Freestyle Relay	82	Boys 13-14 100 Breaststroke
32	Boys 8 & Under 100 Freestyle Relay	83	Girls 11-12 50 Breaststroke
33	Girls 15 & Over 200 Medley Relay	84	Boys 11-12 50 Breaststroke
34	Boys 15 & Over 200 Medley Relay	85	Girls 15 & Over 200 Freestyle Relay
35	Girls 13-14 200 Medley Relay	86	Boys 15 & Over 200 Freestyle Relay
36	Boys 13-14 200 Medley Relay	87	Girls 13-14 200 Freestyle Relay
37	Girls 11-12 200 Medley Relay	88	Boys 13-14 200 Freestyle Relay
38	Boys 11-12 200 Medley Relay	89	Girls 11-12 200 Freestyle Relay
39	Girls 15 & Over 200 Freestyle	90	Boys 11-12 200 Freestyle Relay
40	Boys 15 & Over 200 Freestyle		
41	Girls 13-14 200 Freestyle		
42	Boys 13-14 200 Freestyle		
43	Girls 11-12 200 Freestyle		
44	Boys 11-12 200 Freestyle		
45	Girls 15 & Over 200 IM		
46	Boys 15 & Over 200 IM		
47	Girls 13-14 200 IM		
48	Boys 13-14 200 IM		
49	Girls 11-12 100 IM		
50	Boys 11-12 100 IM		
51	Girls 15 & Over 50 Freestyle		