

GO SWIMMING "GO Invitational"

Hosted by the Geauga YMCA Otters- GO

**Saturday, November 14 & Sunday, November 15, 2015
at Spire Institute**

**This meet is being held under Y-USA Swimming Sanction #XXXX and
USA Swimming Approval #XXXXX**

LOCATION: SPIRE Aquatic Center, 1822 South Broadway, Geneva, OH 44041.

POOL: Competition will be held in one of the 25 yard pools in all 20 lanes, with an optional warm down pool at the other end. Seating capacity is 1200. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. The depth of the pool at the start end is 14 feet. The depth at the turn end is 14 feet. Men's and Women's locker rooms are off the pool deck but are not accessible to parents during the meet. Colorado timing system and scoreboard are available.

RULES: Except for rule changes listed in this information packet, USA Swimming Technical rules will govern this meet. This meet will be conducted in accordance with the "Rules that Govern YMCA Competitive Sports" and the YMCA Swimming Black Book.

UNSUPERVISED SWIMMERS: Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.

RETURN TO PLAY LAW: Under the Ohio Return to Play Law governing concussions, all coaches and officials (in state or out of state) are required to have proof of training in concussion signs and symptoms. This training is available for free and can be found at <http://www.healthyohiprogram.org>. All coaches and officials are encouraged to take this training. It is your responsibility to take care of this requirement.

ELIGIBILITY: This is a closed YMCA competition. Athletes with full membership privileges to their local YMCA for at least 30 days prior to the first day of the meet and an active member of their YMCA swim team are eligible. Age group is determined by the age of the swimmer as of **December 1, 2015** (per NEO Y Swim League rules). YMCA team must be registered in the National YMCA Competitive Swimming database by November 1, 2015 to be eligible. See coaches' requirements listed later.

MEET STRUCTURE: This is a closed YMCA Sanctioned Invitational meet which features a prelims/finals format for older swimmers and age group format for younger swimmers.

Saturday prelim events will all be contested as open events with the swimmers mixed in heats according to times, not ages. The top 10 (one full heat of each girls and boys) 13-14 year olds and 15 and overs in each event will be invited back to compete in finals on Saturday evening. The top 10 entry times for Saturday relay events and the 500 freestyle will be swam on Saturday evening. Timed finals for those same events will be run during prelims for other entries in the Saturday relays and 500 freestyle. Please be courteous and have swimmers who will not be attending finals scratch in a timely manner so a next qualifier can be notified.

Saturday morning and Sunday events will be run as timed final events.

STARTING TIMES: A accurate timeline will be posted on Wednesday, November 11.
The facility will not open until 7:15am on Saturday and 9:45am on Sunday. If you arrive early, please wait patiently in the food court area.

Saturday AM: Facility opens at 7:15am. Warm-ups begin at 7:30am.
Sprint lanes will open from 8:00-8:20am. Meet start time is 8:30am.

Saturday PM: Warm-ups will begin 30 minutes after the conclusion of the AM session, but not before 11:30am. Sprint lanes will be open 20 minutes after the start of warm-ups. Meet start time will be approximately 45 minutes after the start of warm-ups. A timeline will be posted on Wednesday, November 11 with a close estimate of actual start times.

Saturday Finals: Warm-ups will begin at approximately 5:00pm. Sprint lanes will be open from 5:30-5:45pm. Meet start time is approximately 5:50pm. A timeline will be posted on Wednesday, November 11 with a close estimate of actual start times.

Sunday: Facility opens at 9:45am. Warm-ups begin at 10:00am.
Sprint lanes will open from 10:30-10:50am. Meet start time is 11:00am.

ENTRY DEADLINE: The due date for entries, electronic or otherwise, is Friday, November 6, 2015. Entries accepted on a first come, first served basis beginning on October 1, 2015. The meet and/or individual sessions will be closed before the entry deadline if the session is full. Email entries to: jclute@clevelandymca.org. Please send payment via one check per team to Jodi Clute—Geauga YMCA, 12460 Bass Lake Rd. Chardon, OH 44024. Payment may be mailed or presented at the meet.

ENTRY FEES: Individual events are \$4 plus a \$8 per swimmer surcharge, which covers admission for all sessions and a print at home heat sheet. Relay events are \$12.00 per relay team. Make checks payable to GEAUGA YMCA. There is an additional fee \$2.00 per swimmer for entries not received electronically.

ENTRY LIMITATIONS: Swimmers may enter up to 3 individual events and 2 relay events per day.

DECK ENTRIES: No deck entries will be accepted.

QUALIFYING TIMES: Qualifying times are listed for 11 and over events. There are no qualifying times for most 10 and under events, but please be considerate when registering for longer events, reserving those for more experienced swimmers. Qualifying times will not apply to GO Swimmers. Following the YMCA core values of caring, honesty, respect and responsibility no proof of times will be required, however teams with swimmers who consistently exceed qualifying times will not be invited to future GO swimming events.

SWIMMERS WITH A DISABILITY: Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

SEEDING & CHECK IN: Check in will be required for all 400 and 500 yard events. These events will be deck seeded on the day of the meet. Other events will be pre-seeded.

CLERK OF COURSE: There will not be a clerk of course. Each team is responsible for getting their swimmers to the blocks. One non-coach volunteer will be permitted for every 10 swimmers to assist the coaches with this.

AWARDS:

8 & Unders, 9-10, 11-12 events- Individual Events: Medals 1st – 3rd; Ribbons 4th – 10th place.
Relay Events: Medals 1st; Ribbons 2nd – 10th
Heat winner prizes
13-14 & Open events- Individual Events: Medals 1st – 3rd
Relay Events: Medals 1st; Ribbons 2nd – 3rd

ADMISSION COST/HEAT SHEETS: There is no charge for admission. Heat sheets will be available online on Wednesday, November 11 after 5:00pm at www.goswimming.org and www.neoswim.org and emailed to coaches for distribution. You are encouraged to print your own heat sheet at home, as there will not be any for sale on the day of the meet.

PARKING: Free. There will be a designated area for parking adjacent to the Aquatic and Fitness building. Swimmer drop-off is on the south entrance of the Aquatic Center, denoted by signage. Please do not park in front of the building unless you have a handicapped designation sticker for that reserved space; handicap parking is located next to the swimmer drop-off entrance.

RESULTS: Will be posted on www.goswimming.org and www.neoswim.org. Teams will be emailed results.

SAFETY/WARM-UP: Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes. The final 30 minutes of warm-up shall be conducted as follows: (a) Lanes 1 & 10 is push/pace from the start end of the pool (or general warm-up at the discretion of Meet Referee or his/her designee).

(b) Lanes 2 & 9 are sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool.

(c) Lanes 3-8 are general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules. Continuous warm-up is available.

CAMERA ZONES: Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still and video photography of a race or competition may be taken. Acceptable Camera Zones may include, but are not limited to the side courses of a pool, team gathering areas, concession areas, the turn-end the competition course when not in use as a start-end, etc. Meet Management shall also designate "No Camera Zones." Under NO circumstances will Camera Zones include locker rooms, restrooms, and dressing areas, or the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during competition and warm-up. Those failing to abide by this rule may be removed from the venue.

Use of audio or visual recording, including a cell phone camera, is not allowed in changing areas, restrooms or locker rooms, and is limited to only those areas marked as designated camera zones.

DECK CHANGES: Changing into or out of swimsuits on the pool deck is strictly prohibited.

HOSPITALITY/OUTSIDE FOOD: Absolutely no outside food and/or beverage is allowed, per Spire Institute Policy. This applies to all participants, coaches and spectators. A **coaches** hospitality room will be available during the meet. Please be respectful and limit the number of coaches utilizing the hospitality room to a reasonable amount based on the athletes you have participating. Please indicate the number of coaches on the meet entry form. All coaches must display the deck pass (wristband is required to be worn by all coaches) issued by the meet host to have access to the hospitality room.

COACHES: Coaches packets will be available in the timing room on the day of the meet. Only coaches that are preregistered and have a wristband will be given deck access.

All teams and coaches must have completed the 2015-2016 online YMCA registration process to have deck access and participate in the meet. Only coaches with current certifications: CPR Pro, First Aid, Coaches Safety Training (Safety Training for Swim Coaches or Lifeguard/YASA with successful completion of the Safety Training for Swim Coaches online test) and Principles of YMCA Competitive Swimming and Diving certifications **are permitted on deck.** Coaches' certifications will be processed and your deck credentials returned to you from your Y-USA regional representative.

*Please refer to the following link for more information on how to register teams and coaches:
https://www.teamunify.com/SubTabGeneric.jsp?team=ymcaec&_staid_=114149*

OFFICIATING OPPORTUNITY: Anyone that is a YMCA Swimming certified official is welcome and encouraged assist in officiating this meet. Please contact our head coach, Matt Parrish, at mparrish@clevelandymca.org to volunteer.

NOTE: Only athletes entered in the meet, credentialed coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

REQUIRED FORMS: An Executive Declaration form must be on file for every team prior to the start of the meet. Please email these to Jodi Clute at jclute@clevelandymca.org by Friday, November 6, 2015. Teams failing to submit this required paperwork will not be permitted to compete.

MEET DIRECTOR & ENTRIES: Jodi Clute, 12460 Bass Lake Rd., Chardon, OH 44024; 440-285-7543
jclute@clevelandymca.org

SAFETY DIRECTOR: Michelle Eibel, 11409 State Road, North Royalton, OH 44133; 440-230-9339

DIRECTIONS

From Cleveland:

Go East on I-90. Exit off the Geneva Exit (exit #218 on Rt. 534). Take a left at the light heading north. SPIRE entrance will be on your right.

From Erie:

Go West on I-90. Exit off the Geneva Exit (exit #218 on Rt. 534). Take a right off the exit heading north. SPIRE entrance will be on your right.

From Pittsburgh:

Take PA Turnpike to OH Turnpike. Take first exit marked 680 towards Youngstown. The road will take you around Youngstown and then exit 680 onto Route 711 at exit 3a. Route 711 then turns into Route 11. Stay on Route 11 about 40 miles until you hit I-90 and take that west for two exits to the Geneva Exit (exit #218 on Rt. 534). Take a right off the exit heading north. SPIRE entrance will be on your right.

ORDER OF EVENTS

Saturday AM				
Girls Event #	Qualifying Time	Event	Boys Event #	Qualifying Time
101	N/A	Open 200 Medley Relay*	102	N/A
103	2:34.00	Open 200 Freestyle	104	2:25.00
105	2:53.00	Open 200 IM	106	2:42.00
107	N/A	Open 50 Freestyle	108	N/A
109	1:18.00	Open 100 Butterfly	110	1:12.00
111	N/A	Open 100 Freestyle	112	N/A
113	6:51.00	Open 500 Freestyle**	114	6:30.00
115	N/A	Open 200 Freestyle Relay*	116	N/A
117	1:18.00	Open 100 Backstroke	118	1:13.00
119	1:30.00	Open 100 Breaststroke	120	1:22.00
121	N/A	Open 400 Freestyle Relay*	122	N/A

***Top 10 entries (final heat) will be swam with Saturday evening finals**

**** Entries will be limited to 3 heats**

Saturday PM				
Girls Event #	Qualifying Time	Event	Boys Event #	Qualifying Time
201	N/A	12 & Under 200 Medley Relay	202	N/A
203	N/A	8 & Under 100 Medley Relay	204	N/A
205	35.00	11-12 50 Freestyle	206	35.00
207	N/A	10 & Under 50 Freestyle	208	N/A
209	N/A	8 & Under 25 Butterfly	210	N/A
211	40.00	11-12 50 Backstroke	212	40.00
213	N/A	10 & Under 50 Backstroke	214	N/A
215	N/A	8 & Under 25 Breaststroke	216	N/A
217	2:41.00	12 & Under 200 Freestyle**	218	2:41.00
219	1:31.00	10 & Under 100 Freestyle	220	1:31.00
221	38.00	11-12 50 Butterfly	222	38.00
223	N/A	10 & Under 50 Butterfly	224	N/A
225	N/A	8 & Under 25 Backstroke	226	N/A
227	44.00	11-12 50 Breaststroke	228	44.00
229	N/A	10 & Under 50 Breaststroke	230	N/A
231	N/A	8 & Under 25 Freestyle	232	N/A
233	1:26.00	11-12 100 IM	234	1:26.00
235	1:44.00	10 & Under 100 IM	236	1:44.00
237	N/A	12 & Under 200 Free Relay	238	N/A
239	N/A	8 & Under 100 Free Relay	240	N/A

**** Entries will be limited to 3 heats**

Saturday Finals

Girls Event #	Qualifying Time	Event	Boys Event #	Qualifying Time
301	Top 10 entries	Open 200 Medley Relay*	302	Top 10 entries
5 minute break				
303	Top 10 swimmers from prelims per age group	13-14 200 Freestyle	304	Top 10 swimmers from prelims per age group
305		Open 200 Freestyle	306	
307		13-14 200 IM	308	
309		Open 200 IM	310	
311		13-14 50 Freestyle	312	
313		Open 50 Freestyle	314	
10 minute break				
315	Top 10 swimmers from prelims per age group	13-14 100 Butterfly	316	Top 10 swimmers from prelims per age group
317		Open 100 Butterfly	318	
319		13-14 100 Freestyle	320	
321		Open 100 Freestyle	322	
323		Open 500 Freestyle	324	
325	Top 10 entries	Open 200 Freestyle Relay*	326	Top 10 entries
5 minute break				
327	Top 10 swimmers from prelims per age group	13-14 100 Backstroke	328	Top 10 swimmers from prelims per age group
329		Open 100 Backstroke	330	
331		13-14 100 Breaststroke	332	
333		Open 100 Breaststroke	334	
5 minute break				
335	Top 10 entries	Open 400 Freestyle Relay*	336	Top 10 entries

***Top 10 entries (final heat) will be swam with Saturday evening finals**

Sunday

Girls Event #	Qualifying Time	Event	Boys Event #	Qualifying Time
401	N/A	Open 400 Medley Relay**	402	N/A
403	3:03.00	12 & Under 200 IM	404	3:03.00
405	2:52.00	Open 200 Butterfly	406	2:40.00
407	1:35.00	12 & Under 100 Breaststroke	408	1:35.00
409	34.00	Open 50 Backstroke	410	33.00
411	1:26.00	12 & Under 100 Backstroke	412	1:24.00
413	3:15.00	Open 200 Breaststroke	414	3:00.00
415	32.00	Open 50 Butterfly	416	32.00
417	7:10.00	12 & Under 500 Freestyle**	418	7:10.00
419	2:50.00	Open 200 Backstroke	420	2:38.00
421	38.00	Open 50 Breaststroke	422	37.00
423	1:25.00	12 & Under 100 Freestyle	424	1:25.00
425	6:08.00	Open 400 IM**	426	5:45.00
427	1:26.00	12 & Under 100 Butterfly	428	1:25.00
429	N/A	Open 800 Freestyle Relay**	430	N/A

**** Entries will be limited to 3 heats**

GO SWIMMING – GO INVITATIONAL

November 14-15, 2015

Meet Entry Summary Page

Team Name: _____ Team Code: _____ LSC Code: _____

Contact Person: _____ Phone: _____

Email _____ # of coaches: _____

Address: _____ City: _____ State: _____ Zip _____

_____ (Total # of swimmers) X \$8.00 (Swimmer Surcharge) = \$ _____

_____ (Total # of individual events) X \$4.00/event = \$ _____

_____ (Total # of swimmers) X \$2.00 (handling fee for paper entries) = \$ _____

_____ (Total # of relays) x \$12.00/relay team = \$ _____

TOTAL AMOUNT REMITTED = \$ _____

Swimmers will be without a coach on deck: Saturday AM
I have arranged for my swimmer/s to be supervised by _____.

Swimmers will be without a coach on deck: Saturday PM
I have arranged for my swimmer/s to be supervised by _____.

Swimmers will be without a coach on deck: Saturday Finals
I have arranged for my swimmer/s to be supervised by _____.

Swimmers will be without a coach on deck: Sunday
I have arranged for my swimmer/s to be supervised by _____.

Make checks payable **GEAUGA YMCA**

Please note: All entries submitted with this sheet should be covered by a single check.

DEADLINE FOR RECEIPT IS November 6, 2015.

This sheet must accompany all entries including HY-TEK Meet Manager electronic entries, hard copy & check.

Mail to: Jodi Clute, Geauga YMCA, 12460 Bass Lake Rd., Chardon OH 44024.

EMERGENCY INFORMATION

Geneva Police: 911

Geneva non-emergency: 440-466-1002

Two emergency phones are available on deck on the south and east walls.

YMCA Sanctioned Championship Meet Declaration Form

Return signed form to the meet director (jclute@clevelandymca.org) with meet entries prior to November 6, 2015. Teams failing to do so will not be permitted to participate in this meet.

Participating YMCA: _____

YMCA Address: _____

Meet Name: GO Invitational

Meet Date(s): November 14-15, 2015

Meet Host: Geauga YMCA

Meet Location: Spire Institute

We the undersigned attest to the following:

SWIMMERS - All swimmers representing the YMCA above are full privilege members of the YMCA and meet all eligibility requirements.

COACHES - All coaches representing the YMCA above hold current certifications in CPR Pro, First Aid, Coaches Safety Training and Principles of YMCA Competitive Swimming and Diving and have completed the annual YMCA coach registration online.

INSURANCE - Our Association now has insurance coverage for representative(s) including leadership and participants who will be in attendance at the GO INVITATIONAL for the period of travel from our Association to the meet, during the entire period of the meet and return to our Association. I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our coaches and swimmers during their travel to and from and during their participation in the GO INVITATIONAL.

RELEASE - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, YMCA of Greater Cleveland and the Geauga Family YMCA, their agents, representatives or assigns, and the Spire Institute for any and all injuries which may be suffered by participants at the GO Invitational. Furthermore we understand that the YMCA of the USA and YMCA of Greater Cleveland and the Geauga Family YMCA are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

Name and Signature of Head Coach

Name and Signature of YMCA Executive Director or Designee

Date