NEO Y SWIM LEAGUE

LEAGUE CHAMPIONSHIP MEET

MEET INFORMATION

About the Championship

Date: March 6-7, 2020
Location: Cleveland State University
Entry Deadline: For Friday night session: Friday, February 21, 2020
Saturday sessions will be determined from division meet qualifiers
Hosted by: Northeast Ohio YMCA Swim League
Meet Directors: Chris Hughes chughes@youngstownymca.org
Jodi Clute jclute@clevelandymca.org

ABOUT THE CHAMPIONSHIP

This meet is a sanctioned, closed, inter-association championship YMCA meet. This meet and all participants will adhere to the Rules that Govern YMCA Competitive Sports and the Swimming Addendum to the Rules that Govern YMCA Competitive Sports. USA Swimming technical rules will be followed. The meet is YMCA sanctioned and approved by the Lake Erie Swimming, Inc. of USA Swimming. In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

YMCA Sanction number: CAQ-2019-OH12310329
USA-S/Lake Erie Swimming Approval number: LE 20047 SA

MEET FORMAT WAIVER

RESERVE THE RIGHT TO MAKE CHANGES: The host organization reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. Changes will be communicated as far in advance as possible. None of the required elements of a sanctioned meet may be changed.

LOCATION AND FACILITY

Location: Cleveland State University Busbey Natatorium- 2451 Euclid Ave, Cleveland, OH 44115
25 yards by 10 lanes, Colorado Timing system with digital scoreboard. Spectator seating for over 2000 people. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. The depth of the pool at the start end is 9 feet. The depth at the turn end is 13 ft.

CONTACT INFORMATION

Meet Directors: Chris Hughes chughes@youngstownymca.org Jodi Clute jclute@clevelandymca.org
Entry Chairperson: Don Cisar dcisar@oh.rr.com
Meet Referee: Rusty Bliss captrustybliss@gmail.com
Administrative Official: Don Cisar dcisar@oh.rr.com
Officials Coordinator: Rusty Bliss captrustybliss@gmail.com
Safety Director: Vickey Syme

WEB SITE

Meet Information can be found at: www.neoyswim.org
Online Meet Results: Meet Mobile will be available for this meet

MEET TIMELINE: TENTATIVE—WILL BE FINALIZED BY 2/28/2020

Friday PM Session (events 101-122)
Warm up times: 5:00-5:40pm
Friday evening session will begin at 5:45pm

Saturday AM Doors Open at 7:00am

Saturday AM Session – 9 -10, 8 & Under age groups (Events 1-32)
Warm up Times: 9 – 10, 7:30am – 8:00am; 8 & Under – 8:00am – 8:30am
Morning Session will begin at 8:45am

Saturday PM Session -15 and ups, 13 – 14 and 11 & 12 age groups (Events 33-90)
Warm up Times: 13 and ups – 1:00pm – 1:30pm; 11 and 12 – 1:30pm – 2:00pm
Afternoon Session begins at 2:15pm if warm ups start at 1:00pm

Saturday PM warm ups will not start before 1:00pm. If the morning session runs longer than scheduled, a 20 minute break will be taken between the sessions before warm ups will begin. New warm up times will be announced if this occurs.

ELIGIBILITY

ATHLETE

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 90 days prior to the first day of the meet. An athlete may have only represented that YMCA team in competition for a period of 90 days prior to the first day of the meet, excluding scholastic competition.
Age: Per NEO Y Swimming bylaws—age as of December 1, 2019.
Athletes with a Disability: Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition.
Friday Session eligibility: Friday night session is open to all YMCA swimmers who have competed in at least three (3) closed YMCA swim meets during the 2019-2020 season and meet the qualifying times.
Saturday Session eligibility: Swimmers must have participated in their Divisional Championship Meet. If for some reason they were absent and did not swim in the Divisional Championship Meet, they are then not eligible to be used, even as an alternate, in the League Championships.
Relays: Individuals who swim on a relay team in their Divisional Championship Meet need not be the same four (4) who swim at the League Championship Meet- The identity of the relay qualifies. Eight (8) swimmers can be specified for the League Championship Meet. All eight (8) swimmers must have participated in their Divisional Championship Meet.

Qualifying from the Division Meets: In the 8 & Under, 10 & Under and 11 & 12 age groups, each division will qualify the top three (3) swimmers per event and then the top remaining swimmers in order to qualify a full three (3) heats regardless of their division. This will qualify a total of 30 in a 10 lane pool.
In the 13 & 14 and 15 & Up age groups, each division will qualify it's top two (2) swimmers per event and then the next at large swimmers, regardless of the division, in order to qualify two (2) full heats. This will qualify 20 swimmers in a 10 lane pool.
Qualifiers: The cut off times and names of qualifying League swimmers will be emailed to the coaches and Aquatic Directors by 10:00pm Wednesday, February 5th pending any protests or issues. It is then the responsibility of each Divisional Meet Director to notify the League Meet Directors of any concerns they may have regarding this information within in twenty four (24) hours of its posting. **Please, only Divisional Meet Directors should contact Chris and Jodi**. The League Championship psych sheet will then be posted on the League website: neoyswim.org by Friday, February 10th, at the earliest. This could change depending on any protests and changes that need fixed.

COACH

All Coaches must be registered with YUSA to obtain a Deck Pass for this meet.
Coach Registration: Each coach must have completed the annual YMCA on-line team and coach registration process. Coaches who are not registered and approved will not be permitted on deck.
Required Certifications: Coaches must hold current certifications in the following courses in order to receive a deck credential: Professional Rescuer CPR, First Aid, Safety Training for Swim Coaches (a Lifeguard certification may be used if accompanied by completion of the Safety Training for Swim Coaches online content) and Principles of YMCA Competitive Swimming and Diving. A list of the acceptable certifications can be found in the Swimming Addendum to the Rules That Govern Competitive Sport. **Per Ohio Law**, proof of concussion training and Lindsay's Law Training are required; these must be provided at the meet or submitted online before 3/2/2020 at https://forms.gle/QrGS72JYADqmmBch7
Other: Coaches who are not YUSA approved on Monday, March 2, 2020 will not receive a deck pass, unless all current certifications are brought to the meet director with the $50 Coaches Deck Pass Fee
Non-compliance: Per NEO Y Swim League Bylaws- **Teams with coaches who are on the pool deck without being properly approved by Y-USA and credentialed will be assessed a $100 fee per coach found uncompliant. Team/Coach must pay any outstanding fees prior to being able to complete in the next season.**

TEAM

Team Registration: Each team must have completed the annual YMCA on-line team registration and paid the annual registration fee.
Insurance: Each team that participates in the meet must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet.

ENTRY INFORMATION

EVENT ENTRY FEES ARE WAIVED FOR 2020

ENTRY LIMITS: For Friday night session: 2 individual events + 1 relay
For Saturday sessions: Entries will carryover from Division meet (same rules apply)

USA-S IDs: Only USA-S registered athletes should have an ID number in the Meet Entry File.

ENTRY FEES: Individual events are $4.00. Relay events are $12.00 per relay team.

ENTRY DEADLINE: The due date for entries for the Friday evening session is Friday, Feb 21. Saturday entries will be qualified from the Division meets.

ENTRY PROCEDURE: Email entries for the Friday session to: Don Cisar dcisar@oh.rr.com. The Friday night event file will be available on the league website: www.neoyswim.org

PAYMENT: Make checks payable to **NEO Y SWIM LEAGUE**. There is an additional fee of $2.00 per swimmer for entries not received electronically. Please bring your payment to the meet.

DECK ENTRIES: No deck entries will be accepted.

CHECK-IN PROCEDURE

COACHES CHECK-IN PROCEDURE: Coaches will check at the table in the lobby to pick up their deck credentials for qualified coaches.

VOLUNTEER CHECK-IN PROCEDURE: Volunteers will check at the table in the lobby to pick up deck credentials. ONLY THOSE LISTED ON THE VOLUNTEER LIST WILL BE ABLE TO CHECK IN AND RECEIVE A WRISTBAND. VOLUNTEERS MUST BE FINALIZED BY FRIDAY, FEBRUARY 21 if a team has any changes/updates.

COACHES MEETING/SCRATCH MEETING: Will be announced if one is needed.

OFFICIALS AND TIMERS MEETING: Officials meeting will be held 45 minutes prior to the start of each session. Timers meeting will be held 30 minutes prior to the start of each session. Both will meet behind the diving tower, under the scoreboard.

VOLUNTEER INFORMATION

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

REQUIRED OF EACH TEAM:

Each team is required to provide Timers and Officials for each session as listed below. Officials should be level 2 or level 1 officials with at least one full year experience. For Saturday AM session ONLY, each team may also list one (1) non-coach volunteer for every ten (10) qualifying 10 & under swimmers to help supervise swimmers on deck and escort 10 & Under swimmers to their events. It will be each team's responsibility to get all of their swimmers to the blocks for all events.

Additionally, each team will be responsible for providing the following volunteers to help the meet run smoothly. Job Descriptions and Times for each position are listed on the online sign up form.

League Meet Job Assignments (number needed):

Admissions:	AM- Ridgewood (8)	PM- North Canton (8)
Volunteer Check In:	AM- West End (4)	PM- Lake Co Central (4)
Welcoming Committee:	AM- CFYN (4) and Green (4)	PM- CFYN (4) and Green (4)
Hospitality:	AM- Youngstown (2)	PM- Youngstown (2)
Awards:	AM- Geauga (4)	PM- Geauga (4)
Deck Masters:	AM- East End (1) Orrville (1) Ashtabula (1) Vermilion (1) Lake (1)	
Timers:	AM- 2 per large team	PM- 2 per large team
	AM- 1 per small team	PM- 1 per small team
Officials:	AM- 2 per each team	PM- 2 per each team
	Level 2 Officials or Level 1 Officials with 1 year of experience preferred	

ONLINE VOLUNTEER SIGN UP FOR ALL POSITIONS WITH SIGNUP GENIUS:
INFO TO FOLLOW

OFFICIALS, TIMERS, VOLUNTEERS & PARENT DECK HELPER INFORMATION: Please submit all volunteer information for all positions via SignUpGenius by **February 21, 2020**.

POOL DECK ACCESS: All coaches and volunteers must wear a wristband in order to be admitted onto the pool deck. **PARENTS and OTHERS WHO ARE NOT VOLUNTEERING TO WORK THE MEET WILL NOT BE PERMITTED ON POOL DECK.**

CHAMPIONSHIP PROCEDURES AND OPERATIONS

RULES: The meet will run under YMCA Rules that Govern Competitive Sports, Addendum to the YMCA Rules that Govern Competitive Sports, NEO Y Swim League Bylaws, USA-S Technical Rules.

EVENT SEEDING: The Meet Director/Administrative Official reserve the right to combine heats.

SCRATCH PROCEDURES: An athlete is considered entered into an event unless he/she scratches from that event. If an athlete does not scratch from an event and does not swim the event, that event still counts toward the athlete's total number of events for the meet.

DECLARED FALSE START: An athlete may also withdraw from a heat or swim-off by electing to take a declared false start. Such declaration must be made known to the Deck Referee before the heat or swim off is announced. A declared false start counts as an event swum for the athlete and will be counted in the maximum number of events allowed for each athlete.

WARM-UP SAFETY PROCEDURES: Teams will be assigned lanes for warm-ups based on number of swimmers. This will be posted on February 28st. During designated warm up sessions, athletes may only enter the competition pools from the starting end. Athletes are expected to use a three-point entry in which they sit on the side of the pool then slide into the pool gently, with one hand on the wall. The exception is during specific warm up periods when sprint lanes are designated for practicing racing starts.

Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. There is no diving during warm-up, except in designated sprint lanes.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules.

CLERK OF COURSE: There will not be a clerk of course. Each team will take their 10 & Under swimmers directly to the blocks and 11 and older swimmers should report directly to the blocks.

SWIMMERS AREA: Each team will be supplied an area on the pool deck to gather and wait for their next race. These areas will be identified. Each team will be responsible for their marked off area.

STARTS: 'Fly-over' starts may be used at this meet at the discretion of the meet referee in the 11 & over events only. Should fly-over starts be used, all swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.

PROTEST PROCEDURE: Protests may only be initiated by a person with standing, that is, a coach or YMCA supervisor whose team is competing in the meet. The Championship committee (NEO Y League officers with advisement of the meet referee) will arbitrate protests, eligibility issues, safety rules and other issues.

Protests against the judgment decisions of starters, stroke, turn, place and relay take-off judges can only be considered by the Referee and the Referee's decisions will be final (USA-S Rule 102.23).

CONDUCT AND RESTRICTIONS: The Meet Referee reserves the right to dismiss any swimmer, coach and/or spectator from the competition due to inappropriate conduct

- Deck access is limited to only registered and approved coaches, swimmers, and working officials.
- Deck changing is not permitted.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
- Shaving is not permit in any areas of the facility.
- **DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

AWARDS AND RECOGNITION

SCORING: Relays = 40,34,32,30,28,26,24,22,18,14,12,10,8,6,4,2
Individual = 20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1

AWARDS: Medals – 1st thru 8th place
Ribbons – 9th thru 16th place
Team banners for 1st, 2nd, 3rd place in both large and small team categories
All awards will be given to the coaches after the completion of the meet.

SPECTATORS

ADMISSION FEE: General Admission: $5; Under 5 is Free.

HEAT SHEETS/PROGRAMS: You are encouraged to print your own heat sheet at home, as there will be a limited supply available for purchase ($5/session) on the day of the meet. Heat sheets will be posted on www.neoyswim.org by Friday, February 28 and emailed to coaches for distribution. This meet will also be available on meet mobile.

APPAREL/TSHIRTS: A vendor will be onsite making custom meet apparel. Aquatic Outfitters of Ohio will also be available for apparel and gear purchases.

CONCESSION STAND: CSU runs a concession stand in the spectator lobby.

CONDUCT AND RESTRICTIONS:

- No Flash Photography at the start of competition races.
- Parents are responsible for the conduct of their children. Children are not allowed to roam the facility unattended.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Spectators are not permitted on deck
- No smoking, drugs, or alcohol are permitted in the swimming complex.

LIABILITY, SAFETY AND EMERGENCY PROCEDURES

INSURANCE: Each Association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in attendance for the period of travel from their Association to the meet, during the entire period of the meet and return to their Association. Appendix 2 must be signed by each association participating in the meet.

LIABILITY LIMITS:

- In granting of the USA-S/LESI approval, it is understood and agreed that USA Swimming and LESI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.
- In granting the YMCA Sanctioning, it is understood and agreed that YMCA of the USA shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

UNACCOMPANIED ATHLETE: Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).

CONCUSSION AWARENESS/ RETURN TO PLAY LAW:

Under the Ohio Return to Play Law governing concussions, all coaches and officials (in state or out of state) are required to have proof of training in concussion signs and symptoms. This training is available for free and can be found at http://www.healthyohioprogram.org. All coaches and officials are encouraged to take this training. It is your responsibility to take care of this requirement.

This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete's coaching staff, and the Meet Director.
If a head injury occurs, the action plan below will be followed:

1. Athlete is removed immediately from participation by the Meet Director
2. Athlete must be evaluated by a licensed health care professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held.
3. The coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion.

4. The athlete will not be allowed back to warm-up or compete until a health care professional, experienced in evaluating concussions determines that the athlete is symptom-free and is OK to return to participation.

PARKING

CSU has several parking lots available in the vicinity of the pool area. Plan extra time to walk from the parking lots to the pool. Expect to pay up to $10-15 for parking.

HOSPITALITY: A hospitality room will be available during the meet for coaches and officials. The deck pass (wristband) issued by the meet host must be worn to have access to the hospitality room.

REQUIRED FORMS: An Executive Declaration form for every team & CSU waiver for every swimmer must be on file for start of the meet. Both are attached. Please email these to Chris Hughes at chughes@youngstownymca.org by Friday, February 21. ***Teams failing to submit this required paperwork will not be permitted to compete.***

ORDER OF EVENTS:

Friday Night Order of Events and Qualifying times

Girls			Boys	
Event #	**Qualifying Time**	**Event**	**Event #**	**Qualifying Time**
101	2:07.00	Open 200 Medley Relay	102	1:55.00
103	5:45.00	Open 400 IM	104	5:30.00
105	36.00 1:22.00	13 & Up 50 Breaststroke	106	33.00 1:13.00
107	2:45.00	Open 200 Butterfly	108	2:45.00
109	33.00 1:12.00	13 & Up 50 Backstroke	110	30.00 1:05.00
111	6:45.00	12 & Under 500 Freestyle	112	6:45.00
113	29.00 1:02.00	13 & Up 50 Freestyle	114	26.00 57.00
115	2:40.00	Open 200 Backstroke	116	2:40.00
117	32.00 1:10.00	13 & Up 50 Butterfly	118	30.00 1:04.00
119	3:00.00	Open 200 Breaststroke	120	2:55.00
121	4:25.00	Open 400 Freestyle Relay	122	4:15.00

Friday evening notes:

1. Entries for the Friday evening session should be sent directly to Don Cisar at dcisar@oh.rr.com by Friday, February 21, 2020.
2. The 400 IM and 500 Free events are limited to two (2) heats per gender. The 200 stroke events and Relays will be limited to three (3) heats per gender. The 50 stroke events will be limited to the five (5) heats per gender.
3. Swimmers may enter two (2) individual events and one (1) relay in the Friday session.
4. There is no limit of entries per team, but all "A" relays will be given priority before "B", "C", etc. relays will be considered.

Saturday Order of Events—all swimmers in Saturday events will qualify at the Division meets
Events # 1 – 32 are Saturday AM Session
Events # 33 – 90 are Saturday PM Session

1. Girls 10 and under 200 Medley Relay
2. Boys10 and under 200 Medley Relay
3. Girls 8 & under 100 Medley Relay
4. Boys 8 & under 100 Medley Relay
5. Girls 10 & under 200 Freestyle
6. Boys 10 & under 200 Freestyle
7. Girls 10 & under 100 IM
8. Boys 10 & under 100 IM
9. Girls 10 & under 50 Freestyle
10. Boys 10 & under 50 Freestyle
11. Girls 8 & under 25 Freestyle
12. Boys 8 & under 25 Freestyle
13. Girls 10 & under 50 Butterfly
14. Boys 10 & under 50 Butterfly
15. Girls 8 & under 25 Butterfly
16. Boys 8 & under 25 Butterfly
17. Girls 10 & under 100 Freestyle
18. Boys 10 & under 100 Freestyle
19. Girls 8 & Under50 Freestyle
20. Boys 8 & Under 50 Freestyle
21. Girls 10 & under 50 Backstroke
22. Boys 10 & under 50 Backstroke
23. Girls 8 & under 25 Backstroke
24. Boys 8 & under 25 Backstroke
25. Girls 10 & under 50 Breaststroke
26. Boys 10 & under 50 Breaststroke
27. Girls 8 & under 25 Breaststroke
28. Boys 8 & under 25 Breaststroke
29. Girls 10 & under 200 Free Relay
30. Boys 10 & under 200 Free Relay
31. Girls 8 & Under 100 Free Relay
32. Boys 8 & Under 100 Free Relay
33. Girls 15 & over 200 Medley Relay
34. Boys 15 & over 200 Medley Relay
35. Girls 13-14 200 Medley Relay
36. Boys 13-14 200 Medley Relay
37. Girls 11-12 200 Medley Relay
38. Boys 11-12 200 Medley Relay
39. Girls 15 & over 200 Freestyle
40. Boys 15 & over 200 Freestyle
41. Girls 13-14 200 Freestyle
42. Boys 13-14 200 Freestyle
43. Girls 11-12 200 Freestyle
44. Boys 11-12 200 Freestyle
45. Girls 15 & over 200 IM
46. Boys 15 & over 200 IM
47. Girls 13-14 200 IM
48. Boys 13-14 200 IM
49. Girls 11-12 100 IM
50. Boys 11-12 100 IM
51. Girls 15 & over 50 Freestyle
52. Boys 15 & over 50 Freestyle
53. Girls 13-14 50 Freestyle
54. Boys 13-14 50 Freestyle
55. Girls 11-12 50 Freestyle
56. Boys 11-12 50 Freestyle
57. Girls 15 & over 100 Butterfly
58. Boys 15 & over 100 Butterfly
59. Girls 13-14 100 Butterfly
60. Boys 13-14 100 Butterfly
61. Girls 11-12 50 Butterfly
62. Boys 11-12 50 Butterfly
63. Girls 15 & over 100 Freestyle
64. Boys 15 & over 100 Freestyle
65. Girls 13-14 100 Freestyle
66. Boys 13-14 100 Freestyle
67. Girls 11-12 100 Freestyle
68. Boys 11-12 100 Freestyle
69. Girls 15 & over 500 Freestyle
70. Boys 15 & over 500 Freestyle
71. Girls 13-14 500 Freestyle
72. Boys 13-14 500 Freestyle
73. Girls 15 & over 100 Backstroke
74. Boys 15 & over 100 Backstroke
75. Girls 13-14 100 Backstroke
76. Boys 13-14 100 Backstroke
77. Girls 11-12 50 Backstroke
78. Boys 11-12 50 Backstroke
79. Girls 15 & over 100 Breaststroke
80. Boys 15 & over 100 Breaststroke
81. Girls 13-14 100 Breaststroke
82. Boys 13-14 100 Breaststroke
83. Girls 11-12 50 Breaststroke
84. Boys 11-12 50 Breaststroke
85. Girls 15 & over 200 Freestyle Relay
86. Boys 15 & over 200 Freestyle Relay
87. Girls 13-14 200 Freestyle Relay
88. Boys 13-14 200 Freestyle Relay
89. Girls 11-12 200 Freestyle Relay
90. Boys 11-12 200 Freestyle Relay

YMCA Sanctioned Championship Meet Declaration Form

Return signed form to the meet director (chughes@youngstownymca.org) with meet entries prior to February 21, 2020. **Teams failing to do so will not be permitted to participate in this meet.**

Participating YMCA: _____

YMCA Address: _____

Meet Name: NEO Y SWIM LEAGUE CHAMPIONSHIP MEET
Meet Date(s): March 6-7, 2020
Meet Host: Northeast Ohio YMCA Swim League
Meet Location: Cleveland State University

We the undersigned attest to the following:

SWIMMERS - All swimmers representing the YMCA above are full privilege members of the YMCA and meet all eligibility requirements.

COACHES - All coaches representing the YMCA above hold ***current*** certifications in CPR Pro, First Aid, Coaches Safety Training and Principles of YMCA Competitive Swimming and Diving, have completed the annual YMCA coach registration online and are on the current approved coaches list.

INSURANCE - Our Association now has insurance coverage for representative(s) including leadership and participants who will be in attendance at the NEO Y SWIM LEAGUE CHAMPIONSHIP MEET for the period of travel from our Association to the meet, during the entire period of the meet and return to our Association. I hereby certify that YMCA has a minimum of $1,000,000/$2,000,000 in liability insurance that covers our coaches and swimmers during their travel to and from and during their participation in the NEO Y SWIM LEAGUE CHAMPIONSHIP MEET.

RELEASE - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, Northeast Ohio YMCA Swim League, their agents, representatives or assigns, and Cleveland State University for any and all injuries which may be suffered by participants at the NEO Y SWIM LEAGUE CHAMPIONSHIP MEET. Furthermore we understand that the Northeast Ohio YMCA Swim League are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

_____ _____
Name and Signature of Head Coach

_____ _____
Name and Signature of YMCA Executive Director or Designee

_____
Date

Cleveland State University- Release and Waiver of Liability

As consideration for my participation in the __**NEO Swim League Championship Meet**___, (the "event") I hereby for myself, family, heirs, executors, administrators and assigns waive, release and forever discharge Cleveland State University and its Board of Trustees, officers, employees and agents from any and all liabilities, demands, claims, damages, losses, costs (including attorney's fees), actions and causes of action arising out of or in connection with my participation in the above listed event and/or the use of Cleveland State University facilities, furnishings, or equipment during this event, except to the extent such liabilities, demands, claims, damages, losses, costs (excluding attorney's fees), actions and causes of action are attributable to the negligent actions of Cleveland State University or its Trustees, officers, employees, or agents while acting within the course of their employment, as set forth in Ohio Revised Code Section 2743.02. I also acknowledge that Cleveland State University and its Trustees, officers, employees and agents assume no responsibility for any bodily injury, death, loss, illness or accident to myself or others or damage to personal property which may arise out of my participation in this event.

I fully understand and hereby acknowledge that participation in this event involves many risks, including the risks of serious bodily injury and death. In consideration of being allowed to participate in the event listed above, I voluntarily accept and assume all responsibility for and risk of such personal injury arising from such participation.

I understand that any University personnel or agents participating in this event are not necessarily medically trained to care for any physical or medical problems that may occur during this event. I release all such personnel from any claim whatsoever on account of first aid or service rendered to me during my participation in this event.

By placing my signature below, I acknowledge that I have adequate medical and hospitalization insurance for any injuries that I may incur as a result of participating in this event.

I attest and verify that I am 18 years of age or older, that I have had a recent physical examination and that I have no known health problems or conditions that could prevent me from successfully participating in this activity.

IF APPLICANT IS LESS THAN 18 YEARS OF AGE, THE *PARENT'S CONSENT, RELEASE AND WAIVER OF LIABILITYON* THE BACK OF THIS FORM MUST ALSO BE COMPLETED AND SIGNED.

_____ (_____)_____

Participant's Name (Please print) Participant's Phone

_____

Participant's Address

I have read and fully understand the entire **RELEASE AND W AIVER OF LIABILITY** and my signature below confirms my full understanding and voluntary acceptance of such **RELEASE AND WAIVER OF LIABILITY**.

_____ _____

Participant's Signature Date

Cleveland State University- Parent's Consent, Release and Waiver of Liability

IF APPLICANT IS LESS THAN 18 YEARS OF AGE, BOTH SIDES OF THIS FORM MUST BE COMPLETED AND SIGNED.

I hereby give my consent for my minor child, _____to participate in __ **NEO Swim League Championship Meet**__, (the "event").

If my child becomes ill or is injured while participating in this event, please contact either of the following:

Daytime

Name _____ Phone (_____)_____

Name _____ Phone (_____)_____

Evening

Name _____ Phone (_____)_____

Name _____ Phone (_____)_____

In the event that reasonable attempts to contact the above-mentioned persons are unsuccessful or impractical, I hereby give my consent for emergency medical treatment to be administered to my child and/ or the transfer of my child to a treatment facility. I also release all such personnel from any claim whatsoever on account of first aid or service rendered to my child during participation in the event listed above.

I have read and fully understand the entire **RELEASE AND W AIVER OF LIABILITY**, including the paragraph relating to no known health problems or conditions and my consent to emergency treatment. In consideration for my child 's participation in the event listed above, I do hereby agree to assume all the risks and responsibilities surrounding such participation and do hereby also for and on behalf of myself, my minor child, my heirs, executors, administrators and assigns waive, release and forever discharge Cleveland State University, its Board of Trustees, officers, employees, and agents from any and all liabilities, demands, claims, damages, losses, costs (including attorney's fees), actions and causes of action arising out of my child's participation in this event.

_____ _____

Parent's/Legal Guardian's Signature Date

_____ (_____)_____

Parent's/Legal Guardian's Name (please print) Parent's/Legal Guardian's Phone

_____

Parent's/Legal Guardian's Address