



3rd Annual Laps with Lizards Invitational

Sponsored by the
Copley Water Warriors

Saturday, November 1, 2008

**Copley High School, Simmons Natatorium
3807 Ridgewood Rd., Copley, OH 44321**

Times: Morning session (ages 9-10 and 11-12): warm-ups at 8:00-8:45 a.m., meet starts at 9:00 a.m. *There will be a clerk of courts for the am session.*

Afternoon session (ages 8 and U, 13-14 and 15-18): warm-ups will begin after morning session is complete, but not before 12:00 p.m. Meet starts at 1:00 p.m. *There will be a clerk of courts for 8 and Under only for the pm session.*

Facility: The facility is well lit, with ample seating, and a fast 25-yard, 6-lane pool with baffle lane lines on the sides.

Rules: NCAA rules as stated in the NEO YMCA League rulebook.

Eligibility: Each swimmer must be a full member of the YMCA they represent, in accordance with league and national rules. Ages are determined by the swimmer's age as of December 1, 2008.

Each swimmer may compete in a maximum of three (3) individual events and two (2) relay events. Deck entries will be accepted on a space-available basis and up to 30 minutes before the start of the morning and afternoon sessions. They will be hand seeded in early heats, regardless of entry times.

Entry Fees: Individual events - \$4, Relay events - \$12. Deck entries: Individual events - \$6, Relay events - \$15. Please make checks payable to Copley Water Warriors.

Deadline: All paper entries must be postmarked by Oct. 21, 2008.
E-mail entries due by Oct. 25, 2008.

Send entries to Copley Swimming c/o Carl Myers, 4240 Ridgewood Rd, Copley, OH 44321. E-mail: cem3karens@aol.com.

Awards: Medals will be awarded for 1st, 2nd and 3rd places in individual events and for 1st place in relay events. Ribbons will be awarded to swimmers ages 14 and under for 4th through 10th place in individual events, and 2nd through 6th for relay events. All heat winners will receive special lizard prizes. Team trophies will be awarded for 1st through 3rd place teams

Coaches: You are responsible for the conduct of your team before, during and after the meet. Teams are responsible for having swimmers behind the blocks on time. Swimmers not present at the start will be considered no-shows. Coach's packets may be picked up in the hospitality room in the morning.

Admission: \$ 5 for Adults; \$ 3 for 5-12 years old; 5 years old and under are free.
Heat sheets are \$2 each.

Amenities: A separate concession area including nutritious hot and cold selections will be available throughout the day. A DJ will provide YMCA-appropriate entertainment in the gymnasium during the meet. A coaches and officials hospitality room will be stocked with food and beverages.

Apparel: Specially designed "Laps with Lizards" t-shirts (\$12.50 each) will be available during the meet. Local swimwear vendor, Competitive Aquatic Supply, will operate a mobile shop for your last minute needs.

Other: Our high school facility requests we respect the following rules:

1. No dark-soled shoes permitted in the gymnasium.
 2. No shaving is permitted in the locker or restroom areas.
 3. Absolutely no food or drink is permitted in the gymnasium.
 4. Footwear must be worn at all times outside the pool deck area.
 5. Absolutely no glass is permitted on the pool deck area.
 6. No smoking is permitted on school grounds.
- We will use a large part of the high school building for this meet. We recommend extra warm clothing for wear over wet swimsuits plus footwear.
 - We will display messages on our scoreboard during warm-ups. If you would like to purchase some time, please email Maria Arnaiz, arnaizma@gmail.com, for more information.
 - We are selling advertising space in the heat sheets plus other advertising opportunities. Please see the attached advertising sheet for more information.

3rd Annual
Laps with Lizards Invitational
Order of Events

Girls Event Number	Event Description	Boys Event Number
<i>Morning Session</i>		
1	11-12 200 Medley Relay	2
3	9-10 200 Medley Relay	4
5	11-12 200 Freestyle	6
7	9-10 200 Freestyle	8
9	11-12 100 Individual Medley	10
11	9-10 100 Individual Medley	12
13	11-12 50 Freestyle	14
15	9-10 50 Freestyle	16
17	11-12 50 Butterfly	18
19	9-10 50 Butterfly	20
21	11-12 100 Freestyle	22
23	9-10 100 Freestyle	24
25	11-12 50 Backstroke	26
27	9-10 50 Backstroke	28
29	11-12 50 Breaststroke	30
31	9-10 50 Breaststroke	32
33	11-12 200 Freestyle Relay	34
35	9-10 200 Freestyle Relay	36
<i>Afternoon Session</i>		
37	15-18 200 Medley Relay	38
39	13-14 200 Medley Relay	40
41	8 & U 100 Medley Relay	42
43	15-18 200 Freestyle	44
45	13-14 200 Freestyle	46
47	15-18 200 Individual Medley	48
49	13-14 200 Individual Medley	50
51	15-18 50 Freestyle	52
53	13-14 50 Freestyle	54
55	8 & U 25 Freestyle	56
57	15-18 100 Butterfly	58
59	13-14 100 Butterfly	60
61	8 & U 25 Butterfly	62
63	15-18 100 Freestyle	64
65	13-14 100 Freestyle	66
67	8 & U 50 Freestyle	68
69	15-18 100 Backstroke	70
71	13-14 100 Backstroke	72
73	8 & U 25 Backstroke	74
75	15-18 100 Breaststroke	76
77	13-14 100 Breaststroke	78
79	8 & U 25 Breaststroke	80
81	15-18 200 Freestyle Relay	82
83	13-14 200 Freestyle Relay	84
85	8 & U 100 Freestyle Relay	86
87	15-18 500 Freestyle	88
89	13-14 500 Freestyle	90

ENTRY DEADLINE:
Oct. 21, 2008

**3rd Annual Laps with Lizard Invitational
Registration Form**

Please complete this form and
submit it to your coach OR e-mail it
to cem3karens@aol.com

Meet Name: 3rd Annual Laps with Lizard Invitational

Location: Copley High School, 3807 Ridgewood Rd., Copley, OH 44321

Dates: Saturday, November 1, 2008

Swimmer Name: _____ Coach: _____

Date of Birth: _____ Home Phone Number: _____

E-mail Address: _____

***Entry Limits: Maximum of 3 individual events per swimmer.
Do not enter relay events. Coaches will decide on relays.***

Note: Odd-numbered events are girls and even-numbered events are boys.

Event #	Event Name	Time *

* For established swimmers, best times from Team Manager database will be used.

See attached for schedule and list of events. *If you have any questions about the events for which you should register, talk with your coach after practice.*

COST

Number of Individual Events x \$4.00
(MAX 3 INDIVIDUAL EVENTS) \$ _____

TOTAL DUE (check payable to Copley Water Warriors) \$ _____