

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship
Results

Event 23 Women 400 Yard IM Swimming Competition

National: 4:13.00 * 4/14/2008 Leah Gingrich

West Shore-PA

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Corinne Showalter	18	Sarasota Family YMCA, Inc	4:18.52	4:12.76*
27.02	57.91 (30.89)	1:29.88 (31.97)	2:01.01 (31.13)	
2:38.20 (37.19)	3:15.87 (37.67)	3:45.05 (29.18)	4:12.76 (27.71)	
2 Haley Lips	15	Middle Tyger YMCA	4:22.80	4:16.19
26.79	57.60 (30.81)	1:30.33 (32.73)	2:02.62 (32.29)	
2:39.90 (37.28)	3:19.05 (39.15)	3:48.26 (29.21)	4:16.19 (27.93)	
3 Laura Simon	18	Middle Tyger YMCA	4:20.33	4:16.75
27.57	58.25 (30.68)	1:30.49 (32.24)	2:02.03 (31.54)	
2:40.82 (38.79)	3:18.80 (37.98)	3:48.33 (29.53)	4:16.75 (28.42)	
4 Sada Stewart	15	York And York County YMCA	4:23.50	4:21.10
27.85	59.04 (31.19)	1:32.28 (33.24)	2:05.22 (32.94)	
2:43.06 (37.84)	3:21.49 (38.43)	3:51.97 (30.48)	4:21.10 (29.13)	
5 Annie Gillig	14	Middle Tyger YMCA	4:23.50	4:22.84
28.32	1:00.29 (31.97)	1:33.21 (32.92)	2:05.84 (32.63)	
2:44.19 (38.35)	3:23.37 (39.18)	3:53.33 (29.96)	4:22.84 (29.51)	
6 Maddy Morgan	16	West Seattle Branch YMCA	4:25.82	4:23.71
28.16	1:00.47 (32.31)	1:35.25 (34.78)	2:09.13 (33.88)	
2:45.99 (36.86)	3:23.10 (37.11)	3:54.00 (30.90)	4:23.71 (29.71)	
7 Julia Kucherich	17	York And York County YMCA	4:24.19	4:25.54
28.75	1:00.86 (32.11)	1:34.52 (33.66)	2:07.13 (32.61)	
2:45.90 (38.77)	3:24.80 (38.90)	3:55.93 (31.13)	4:25.54 (29.61)	
8 Morgan Pfaff	15	West Shore YMCA	4:27.21	4:27.08
28.80	1:00.99 (32.19)	1:35.23 (34.24)	2:08.57 (33.34)	
2:46.95 (38.38)	3:25.21 (38.26)	3:56.89 (31.68)	4:27.08 (30.19)	
B - Final				
9 Courtney Beidler	17	Tri-Hampton Family Branch YMC	4:28.97	4:17.31
27.65	58.54 (30.89)	1:31.79 (33.25)	2:04.66 (32.87)	
2:42.11 (37.45)	3:19.91 (37.80)	3:48.89 (28.98)	4:17.31 (28.42)	
10 Rocky Raybon	17	Sarasota Family YMCA, Inc	4:29.63	4:20.54
28.30	59.67 (31.37)	1:32.61 (32.94)	2:04.92 (32.31)	
2:42.88 (37.96)	3:21.23 (38.35)	3:51.45 (30.22)	4:20.54 (29.09)	
11 Hali Flickinger	14	York And York County YMCA	4:27.88	4:22.77
28.07	59.49 (31.42)	1:32.63 (33.14)	2:04.67 (32.04)	
2:43.59 (38.92)	3:23.00 (39.41)	3:53.59 (30.59)	4:22.77 (29.18)	
12 Ashley Reid	15	Sarasota Family YMCA, Inc	4:28.28	4:23.78
28.63	1:00.82 (32.19)	1:33.71 (32.89)	2:06.17 (32.46)	
2:44.54 (38.37)	3:23.13 (38.59)	3:54.18 (31.05)	4:23.78 (29.60)	
13 Laura Johnson	18	Montgomery -East Branch YMCA	4:29.52	4:23.94
27.92	1:00.30 (32.38)	1:35.05 (34.75)	2:09.43 (34.38)	
2:45.49 (36.06)	3:22.42 (36.93)	3:53.87 (31.45)	4:23.94 (30.07)	
14 Kelly Ann Baird	17	Winston Salem YMCA	4:28.80	4:25.84
28.60	1:01.36 (32.76)	1:33.05 (31.69)	2:05.19 (32.14)	
2:44.47 (39.28)	3:24.37 (39.90)	3:55.09 (30.72)	4:25.84 (30.75)	
15 Lauren Raczkowski	17	Middle Tyger YMCA	4:29.24	4:29.00
28.32	1:01.14 (32.82)	1:35.10 (33.96)	2:08.04 (32.94)	
2:47.13 (39.09)	3:26.75 (39.62)	3:58.24 (31.49)	4:29.00 (30.76)	
16 Mary deMarrais	18	Somerset Hills YMCA	4:29.10	4:29.83
28.48	1:00.46 (31.98)	1:34.38 (33.92)	2:08.55 (34.17)	
2:47.32 (38.77)	3:27.13 (39.81)	3:59.04 (31.91)	4:29.83 (30.79)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****C - Final ... (Event 23 Women 400 Yard IM Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
C - Final				
17 Jesse Bessire	17	Sarasota Family YMCA, Inc	4:31.35	4:25.87
29.02	1:00.67 (31.65)	1:34.58 (33.91)	2:08.20 (33.62)	
2:46.48 (38.28)	3:24.97 (38.49)	3:55.95 (30.98)	4:25.87 (29.92)	
18 Stephanie Ferrell	16	Montclair YMCA	4:31.75	4:26.50
28.63	1:00.67 (32.04)	1:35.22 (34.55)	2:09.18 (33.96)	
2:46.23 (37.05)	3:24.14 (37.91)	3:55.92 (31.78)	4:26.50 (30.58)	
19 Laura Gorinski	18	Greensburg YMCA	4:32.23	4:28.11
29.72	1:03.66 (33.94)	1:38.50 (34.84)	2:13.13 (34.63)	
2:50.29 (37.16)	3:27.28 (36.99)	3:58.17 (30.89)	4:28.11 (29.94)	
20 Kiera Molloy	14	Triangle Area YMCA	4:32.08	4:28.21
29.54	1:03.14 (33.60)	1:37.89 (34.75)	2:11.89 (34.00)	
2:50.75 (38.86)	3:29.55 (38.80)	3:59.29 (29.74)	4:28.21 (28.92)	
21 Kim Jerome	16	Cheshire YMCA	4:30.61	4:28.72
29.04	1:01.09 (32.05)	1:36.79 (35.70)	2:11.67 (34.88)	
2:49.39 (37.72)	3:27.02 (37.63)	3:58.83 (31.81)	4:28.72 (29.89)	
22 Lauren Baisden	17	Phoenixville Branch YMCA	4:31.44	4:28.95
28.20	1:00.26 (32.06)	1:33.60 (33.34)	2:06.85 (33.25)	
2:47.69 (40.84)	3:28.17 (40.48)	3:59.17 (31.00)	4:28.95 (29.78)	
23 Adrienne Phillips	18	West Shore YMCA	4:32.65	4:31.88
28.43	1:01.20 (32.77)	1:35.45 (34.25)	2:09.70 (34.25)	
2:48.95 (39.25)	3:29.43 (40.48)	4:01.35 (31.92)	4:31.88 (30.53)	
24 Corey Allison	18	Sarasota Family YMCA, Inc	4:31.64	4:33.07
29.36	1:02.68 (33.32)	1:37.18 (34.50)	2:11.18 (34.00)	
2:51.54 (40.36)	3:31.86 (40.32)	4:02.93 (31.07)	4:33.07 (30.14)	

Event 23 Women 400 Yard IM Swimming Competition

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Corinne Showalter	18	Sarasota Family YMCA, Inc	4:22.69	4:18.52
27.25	57.74 (30.49)	1:29.55 (31.81)	2:01.19 (31.64)	
2:39.59 (38.40)	3:18.66 (39.07)	3:49.08 (30.42)	4:18.52 (29.44)	
2 Laura Simon	18	Middle Tyger YMCA	4:22.26	4:20.33
27.57	58.34 (30.77)	1:31.16 (32.82)	2:02.74 (31.58)	
2:41.73 (38.99)	3:20.35 (38.62)	3:50.83 (30.48)	4:20.33 (29.50)	
3 Haley Lips	15	Middle Tyger YMCA	4:28.30	4:22.80
26.81	57.41 (30.60)	1:30.52 (33.11)	2:03.85 (33.33)	
2:43.01 (39.16)	3:23.33 (40.32)	3:53.31 (29.98)	4:22.80 (29.49)	
*4 Sada Stewart	15	York And York County YMCA	4:22.87	4:23.50
27.53	58.39 (30.86)	1:32.12 (33.73)	2:05.15 (33.03)	
2:43.24 (38.09)	3:22.39 (39.15)	3:53.52 (31.13)	4:23.50 (29.98)	
*4 Annie Gillig	14	Middle Tyger YMCA	4:25.95	4:23.50
28.15	59.95 (31.80)	1:32.57 (32.62)	2:04.70 (32.13)	
2:43.62 (38.92)	3:23.57 (39.95)	3:53.92 (30.35)	4:23.50 (29.58)	
6 Julia Kucherich	17	York And York County YMCA	4:24.44	4:24.19
28.83	1:00.70 (31.87)	1:34.03 (33.33)	2:05.90 (31.87)	
2:44.73 (38.83)	3:23.38 (38.65)	3:54.50 (31.12)	4:24.19 (29.69)	
7 Maddy Morgan	16	West Seattle Branch YMCA	4:30.43	4:25.82
28.63	1:01.62 (32.99)	1:36.32 (34.70)	2:10.30 (33.98)	
2:46.98 (36.68)	3:24.93 (37.95)	3:55.86 (30.93)	4:25.82 (29.96)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 23 Women 400 Yard IM Swimming Competition)**

	Name	Age	Team	Seed Time	Prelim Time
8	Morgan Pfaff	15	West Shore YMCA	4:34.22	4:27.21
	28.59	1:00.87 (32.28)	1:35.63 (34.76)	2:09.24 (33.61)	
	2:47.76 (38.52)	3:26.23 (38.47)	3:57.33 (31.10)	4:27.21 (29.88)	
9	Hali Flickinger	14	York And York County YMCA	4:24.78	4:27.88
	28.42	1:00.23 (31.81)	1:33.94 (33.71)	2:06.48 (32.54)	
	2:46.76 (40.28)	3:27.10 (40.34)	3:58.26 (31.16)	4:27.88 (29.62)	
10	Ashley Reid	15	Sarasota Family YMCA, Inc	4:27.81	4:28.28
	29.03	1:01.83 (32.80)	1:34.70 (32.87)	2:07.23 (32.53)	
	2:46.05 (38.82)	3:25.93 (39.88)	3:57.57 (31.64)	4:28.28 (30.71)	
11	Kelly Ann Baird	17	Winston Salem YMCA	4:24.71	4:28.80
	28.48	1:01.07 (32.59)	1:33.16 (32.09)	2:04.99 (31.83)	
	2:44.90 (39.91)	3:27.50 (42.60)	3:58.28 (30.78)	4:28.80 (30.52)	
12	Courtney Beidler	17	Tri-Hampton Family Branch YMC	4:26.54	4:28.97
	27.59	58.90 (31.31)	1:33.60 (34.70)	2:07.59 (33.99)	
	2:47.69 (40.10)	3:28.17 (40.48)	3:59.00 (30.83)	4:28.97 (29.97)	
13	Mary deMarrais	18	Somerset Hills YMCA	4:27.71	4:29.10
	28.46	1:00.59 (32.13)	1:35.14 (34.55)	2:09.63 (34.49)	
	2:48.04 (38.41)	3:27.36 (39.32)	3:58.69 (31.33)	4:29.10 (30.41)	
14	Lauren Raczkowski	17	Middle Tyger YMCA	4:33.03	4:29.24
	28.82	1:01.53 (32.71)	1:35.04 (33.51)	2:08.10 (33.06)	
	2:47.02 (38.92)	3:26.56 (39.54)	3:58.18 (31.62)	4:29.24 (31.06)	
15	Laura Johnson	18	Montgomery -East Branch YMCA	4:28.53	4:29.52
	28.41	1:01.17 (32.76)	1:36.19 (35.02)	2:10.79 (34.60)	
	2:47.80 (37.01)	3:25.86 (38.06)	3:58.48 (32.62)	4:29.52 (31.04)	
16	Rocky Raybon	17	Sarasota Family YMCA, Inc	4:26.88	4:29.63
	28.68	1:00.73 (32.05)	1:34.81 (34.08)	2:08.28 (33.47)	
	2:48.02 (39.74)	3:28.02 (40.00)	3:59.23 (31.21)	4:29.63 (30.40)	
17	Susanna White	15	Lynchburg YMCA	4:31.25	4:30.30
	28.14	1:00.54 (32.40)	1:36.02 (35.48)	2:09.68 (33.66)	
	2:48.66 (38.98)	3:28.58 (39.92)	4:00.39 (31.81)	4:30.30 (29.91)	
18	Kim Jerome	16	Cheshire YMCA	4:33.82	4:30.61
	29.07	1:01.15 (32.08)	1:36.98 (35.83)	2:12.28 (35.30)	
	2:50.02 (37.74)	3:28.03 (38.01)	4:00.07 (32.04)	4:30.61 (30.54)	
19	Jesse Bessire	17	Sarasota Family YMCA, Inc	4:30.26	4:31.35
	28.22	1:00.60 (32.38)	1:35.66 (35.06)	2:10.06 (34.40)	
	2:49.54 (39.48)	3:29.12 (39.58)	4:00.62 (31.50)	4:31.35 (30.73)	
20	Lauren Baisden	17	Phoenixville Branch YMCA	4:27.80	4:31.44
	28.39	1:00.62 (32.23)	1:34.22 (33.60)	2:07.23 (33.01)	
	2:48.77 (41.54)	3:30.04 (41.27)	4:01.53 (31.49)	4:31.44 (29.91)	
21	Corey Allison	18	Sarasota Family YMCA, Inc	4:38.99	4:31.64
	29.19	1:01.89 (32.70)	1:36.48 (34.59)	2:09.59 (33.11)	
	2:49.96 (40.37)	3:30.74 (40.78)	4:01.78 (31.04)	4:31.64 (29.86)	
22	Stephanie Ferrell	16	Montclair YMCA	4:30.07	4:31.75
	28.73	1:01.73 (33.00)	1:36.41 (34.68)	2:10.35 (33.94)	
	2:48.87 (38.52)	3:27.99 (39.12)	4:00.50 (32.51)	4:31.75 (31.25)	
23	McKayla Lightbourn	16	Sarasota Family YMCA, Inc	5:02.15L	4:31.96
	27.95	1:00.13 (32.18)	1:34.09 (33.96)	2:07.91 (33.82)	
	2:47.71 (39.80)	3:28.19 (40.48)	4:00.76 (32.57)	4:31.96 (31.20)	
24	Kiera Molloy	14	Triangle Area YMCA	4:36.79	4:32.08
	29.76	1:03.17 (33.41)	1:39.00 (35.83)	2:13.43 (34.43)	
	2:52.67 (39.24)	3:31.83 (39.16)	4:02.40 (30.57)	4:32.08 (29.68)	

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Preliminaries ... (Event 23 Women 400 Yard IM Swimming Competition)

Name	Age	Team	Seed Time	Prelim Time
25 Megan Happ	18	Upper Main Line YMCA	4:37.58	4:32.13
29.43	1:03.27 (33.84)	1:39.26 (35.99)	2:13.98 (34.72)	
2:52.63 (38.65)	3:31.43 (38.80)	4:02.60 (31.17)	4:32.13 (29.53)	
26 Laura Gorinski	18	Greensburg YMCA	4:30.27	4:32.23
29.87	1:04.56 (34.69)	1:39.91 (35.35)	2:15.25 (35.34)	
2:52.27 (37.02)	3:29.81 (37.54)	4:01.60 (31.79)	4:32.23 (30.63)	
27 Adrienne Phillips	18	West Shore YMCA	4:42.27	4:32.65
28.16	1:00.65 (32.49)	1:34.88 (34.23)	2:08.73 (33.85)	
2:48.77 (40.04)	3:29.76 (40.99)	4:01.84 (32.08)	4:32.65 (30.81)	
28 Meriza Werenski	13	Greater Holyoke YMCA	4:30.70	4:33.08
28.51	1:02.38 (33.87)	1:37.11 (34.73)	2:11.42 (34.31)	
2:48.91 (37.49)	3:28.73 (39.82)	4:01.69 (32.96)	4:33.08 (31.39)	
29 Kelly Heyde	18	Wilton Family YMCA	4:35.29	4:33.40
28.60	1:01.49 (32.89)	1:36.78 (35.29)	2:11.98 (35.20)	
2:51.07 (39.09)	3:31.44 (40.37)	4:03.59 (32.15)	4:33.40 (29.81)	
30 Becca Murray	17	Brandywine -DE YMCA	4:38.56	4:33.49
30.43	1:05.62 (35.19)	1:40.16 (34.54)	2:14.07 (33.91)	
2:51.61 (37.54)	3:29.32 (37.71)	4:01.89 (32.57)	4:33.49 (31.60)	
31 Caroline Fore	17	Middle Tyger YMCA	4:35.46	4:33.50
29.65	1:03.84 (34.19)	1:38.95 (35.11)	2:13.17 (34.22)	
2:50.85 (37.68)	3:29.19 (38.34)	4:01.79 (32.60)	4:33.50 (31.71)	
32 Kelly O'Connor	17	North Shore (Sterling) MA YMCA	4:36.26	4:33.80
29.07	1:01.59 (32.52)	1:34.93 (33.34)	2:08.31 (33.38)	
2:49.74 (41.43)	3:32.01 (42.27)	4:03.37 (31.36)	4:33.80 (30.43)	
33 Megan Alexander	14	North Shore (Sterling) MA YMCA	4:35.93	4:33.84
28.93	1:01.09 (32.16)	1:34.84 (33.75)	2:07.91 (33.07)	
2:49.27 (41.36)	3:31.59 (42.32)	4:03.48 (31.89)	4:33.84 (30.36)	
34 Theresa Gallagher	18	Anne Arundel County YMCA	4:34.65	4:34.22
29.76	1:03.33 (33.57)	1:38.39 (35.06)	2:12.84 (34.45)	
2:52.88 (40.04)	3:32.86 (39.98)	4:04.08 (31.22)	4:34.22 (30.14)	
35 Hayley Tomlinson	15	Triangle Area YMCA	4:36.61	4:34.23
28.70	1:01.34 (32.64)	1:37.02 (35.68)	2:12.16 (35.14)	
2:51.84 (39.68)	3:31.76 (39.92)	4:03.87 (32.11)	4:34.23 (30.36)	
36 Hilary Woldt	17	Oshkosh Community YMCA	4:30.30	4:34.33
28.55	1:00.93 (32.38)	1:35.07 (34.14)	2:08.41 (33.34)	
2:51.02 (42.61)	3:33.07 (42.05)	4:04.17 (31.10)	4:34.33 (30.16)	
37 Madeline Barlow	18	Tri-Hampton Family Branch YMC	4:39.97	4:34.79
27.39	59.23 (31.84)	1:33.68 (34.45)	2:07.61 (33.93)	
2:48.41 (40.80)	3:30.03 (41.62)	4:03.18 (33.15)	4:34.79 (31.61)	
38 Kara Keenan	18	Upper Main Line YMCA	4:38.89	4:35.20
29.80	1:02.75 (32.95)	1:37.60 (34.85)	2:11.36 (33.76)	
2:52.47 (41.11)	3:32.85 (40.38)	4:04.66 (31.81)	4:35.20 (30.54)	
39 Carly Munchel	17	West Shore YMCA	4:29.86	4:35.51
28.77	1:02.23 (33.46)	1:37.85 (35.62)	2:12.45 (34.60)	
2:52.64 (40.19)	3:33.55 (40.91)	4:05.41 (31.86)	4:35.51 (30.10)	
40 Erica Lynn	18	Edwardsville YMCA	4:35.60	4:35.94
29.31	1:02.44 (33.13)	1:40.37 (37.93)	2:17.28 (36.91)	
2:53.59 (36.31)	3:31.22 (37.63)	4:03.25 (32.03)	4:35.94 (32.69)	
41 Katherine O'Leary	18	Montclair YMCA	4:33.94	4:36.23
28.56	1:00.50 (31.94)	1:36.21 (35.71)	2:10.53 (34.32)	
2:50.95 (40.42)	3:31.83 (40.88)	4:04.08 (32.25)	4:36.23 (32.15)	

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Preliminaries ... (Event 23 Women 400 Yard IM Swimming Competition)

Name	Age	Team	Seed Time	Prelim Time
42 Kate Dillione	16	Tri-Hampton Family Branch YMC	4:41.54	4:36.24
28.79	1:02.09 (33.30)	1:38.44 (36.35)	2:13.62 (35.18)	
2:53.05 (39.43)	3:33.69 (40.64)	4:06.49 (32.80)	4:36.24 (29.75)	
43 Katy Munzenmaier	15	Glens Falls YMCA	4:41.74	4:36.58
28.63	1:01.24 (32.61)	1:36.65 (35.41)	2:11.78 (35.13)	
2:52.63 (40.85)	3:34.89 (42.26)	4:06.18 (31.29)	4:36.58 (30.40)	
44 Ellen Huelbig	17	Montclair YMCA	4:35.37	4:36.63
28.76	1:01.08 (32.32)	1:35.94 (34.86)	2:10.52 (34.58)	
2:51.41 (40.89)	3:32.62 (41.21)	4:05.13 (32.51)	4:36.63 (31.50)	
45 Katherine Foley	16	North Shore (Sterling) MA YMC	4:42.38	4:36.79
28.70	1:01.54 (32.84)	1:36.61 (35.07)	2:11.67 (35.06)	
2:53.09 (41.42)	3:34.91 (41.82)	4:06.04 (31.13)	4:36.79 (30.75)	
46 Shannon Ahearn	15	Wilton Family YMCA	4:37.01	4:36.82
30.01	1:04.30 (34.29)	1:38.89 (34.59)	2:13.39 (34.50)	
2:52.13 (38.74)	3:31.84 (39.71)	4:05.13 (33.29)	4:36.82 (31.69)	
47 Christina Daquila	18	Somerset Hills YMCA	4:34.88	4:36.88
29.34	1:02.39 (33.05)	1:36.00 (33.61)	2:08.95 (32.95)	
2:51.89 (42.94)	3:34.72 (42.83)	4:06.16 (31.44)	4:36.88 (30.72)	
48 Kendall Crawford	14	Middle Tyger YMCA	4:38.99	4:37.07
28.81	1:01.33 (32.52)	1:34.83 (33.50)	2:08.84 (34.01)	
2:50.94 (42.10)	3:33.67 (42.73)	4:06.42 (32.75)	4:37.07 (30.65)	
49 Laura Krueger	17	Powel Crosley Jr. YMCA	4:41.02	4:37.16
29.48	1:02.89 (33.41)	1:39.94 (37.05)	2:16.20 (36.26)	
2:56.02 (39.82)	3:36.16 (40.14)	4:07.81 (31.65)	4:37.16 (29.35)	
50 Carrie Chibe	18	B.R. Ryall (Northwestern Dupag	4:38.71	4:37.42
29.99	1:04.39 (34.40)	1:41.44 (37.05)	2:17.23 (35.79)	
2:56.88 (39.65)	3:36.84 (39.96)	4:07.86 (31.02)	4:37.42 (29.56)	
51 Sarah D'Antoni	16	Ridgewood NJ YMCA	4:39.93	4:37.50
27.99	1:00.22 (32.23)	1:37.03 (36.81)	2:13.10 (36.07)	
2:53.29 (40.19)	3:34.25 (40.96)	4:06.20 (31.95)	4:37.50 (31.30)	
52 Brodde Lamb	15	Piedmont Family YMCA Inc.	4:32.70	4:37.66
28.23	1:00.73 (32.50)	1:35.87 (35.14)	2:12.05 (36.18)	
2:51.55 (39.50)	3:32.25 (40.70)	4:05.30 (33.05)	4:37.66 (32.36)	
53 Silke Herold	16	Somerset Valley YMCA	4:40.72	4:37.84
30.94	1:06.15 (35.21)	1:41.41 (35.26)	2:15.39 (33.98)	
2:55.07 (39.68)	3:35.31 (40.24)	4:06.81 (31.50)	4:37.84 (31.03)	
54 Kristina Roop	17	Upper Main Line YMCA	4:36.78	4:38.03
28.96	1:01.33 (32.37)	1:36.80 (35.47)	2:11.05 (34.25)	
2:54.00 (42.95)	3:35.73 (41.73)	4:07.11 (31.38)	4:38.03 (30.92)	
55 Sara Tillie	16	Harford County Family YMCA	4:37.65	4:38.13
30.48	1:04.89 (34.41)	1:39.74 (34.85)	2:13.45 (33.71)	
2:53.09 (39.64)	3:33.95 (40.86)	4:06.85 (32.90)	4:38.13 (31.28)	
56 Melissa Feeny	15	Lakeland Hills Family YMCA	4:37.08	4:38.43
28.33	1:02.99 (34.66)	1:40.27 (37.28)	2:16.43 (36.16)	
2:55.23 (38.80)	3:34.87 (39.64)	4:07.24 (32.37)	4:38.43 (31.19)	
57 Audrey Tolbert	17	Harford County Family YMCA	4:34.79	4:38.47
30.10	1:04.56 (34.46)	1:39.37 (34.81)	2:13.80 (34.43)	
2:54.44 (40.64)	3:35.84 (41.40)	4:08.03 (32.19)	4:38.47 (30.44)	
58 Abbey Tuchscherer	17	Oshkosh Community YMCA	4:36.94	4:38.54
27.46	59.48 (32.02)	1:35.60 (36.12)	2:11.41 (35.81)	
2:52.85 (41.44)	3:34.90 (42.05)	4:07.26 (32.36)	4:38.54 (31.28)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 23 Women 400 Yard IM Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
59 Brittany Groene	18	M.E. Lyons (Anderson) YMCA	4:40.49	4:38.69
28.29	1:01.50 (33.21)	1:37.89 (36.39)	2:12.90 (35.01)	
2:52.80 (39.90)	3:33.93 (41.13)	4:06.73 (32.80)	4:38.69 (31.96)	
60 Elizabeth Simon	17	Middle Tyger YMCA	4:40.01	4:38.76
28.04	1:00.58 (32.54)	1:36.45 (35.87)	2:11.18 (34.73)	
2:52.35 (41.17)	3:34.54 (42.19)	4:07.15 (32.61)	4:38.76 (31.61)	
61 Sam Hardewig	15	M.E. Lyons (Anderson) YMCA	4:40.96	4:38.80
29.59	1:05.88 (36.29)	1:41.16 (35.28)	2:15.73 (34.57)	
2:55.14 (39.41)	3:34.95 (39.81)	4:07.84 (32.89)	4:38.80 (30.96)	
62 Michelle Kim	12	Ridgewood NJ YMCA	4:38.26	4:39.01
29.62	1:03.46 (33.84)	1:39.08 (35.62)	2:13.85 (34.77)	
2:55.56 (41.71)	3:37.20 (41.64)	4:08.92 (31.72)	4:39.01 (30.09)	
63 Rachel Mulligan	13	Triangle Area YMCA	4:40.21	4:39.25
30.37	1:04.42 (34.05)	1:39.28 (34.86)	2:13.98 (34.70)	
2:53.46 (39.48)	3:34.57 (41.11)	4:07.45 (32.88)	4:39.25 (31.80)	
64 Madeline Froehlich	18	Cheshire YMCA	4:43.83	4:39.60
30.41	1:05.15 (34.74)	1:40.36 (35.21)	2:14.76 (34.40)	
2:55.26 (40.50)	3:36.33 (41.07)	4:08.54 (32.21)	4:39.60 (31.06)	
65 Mariangela Macchiavello	18	Sarasota Family YMCA, Inc	4:44.24	4:40.02
29.58	1:03.67 (34.09)	1:38.96 (35.29)	2:13.34 (34.38)	
2:53.88 (40.54)	3:34.72 (40.84)	4:08.13 (33.41)	4:40.02 (31.89)	
66 Hannah Lips	12	Middle Tyger YMCA	4:37.20	4:40.04
29.55	1:03.82 (34.27)	1:38.77 (34.95)	2:13.82 (35.05)	
2:56.04 (42.22)	3:37.94 (41.90)	4:09.95 (32.01)	4:40.04 (30.09)	
67 Kaela Bjornberg	17	Cheshire YMCA	4:41.45	4:40.19
29.69	1:03.07 (33.38)	1:39.98 (36.91)	2:15.94 (35.96)	
2:55.10 (39.16)	3:34.46 (39.36)	4:08.18 (33.72)	4:40.19 (32.01)	
68 Anna Schena	17	Birmingham Family YMCA	4:37.65	4:40.60
28.36	59.92 (31.56)	1:35.64 (35.72)	2:11.33 (35.69)	
2:52.53 (41.20)	3:35.17 (42.64)	4:08.58 (33.41)	4:40.60 (32.02)	
69 Courtney Weaver	13	Greater Flint YMCA	4:33.14	4:40.85
29.16	1:02.91 (33.75)	1:38.60 (35.69)	2:13.45 (34.85)	
2:54.16 (40.71)	3:35.44 (41.28)	4:08.71 (33.27)	4:40.85 (32.14)	
70 Natalie Cronk	14	Piedmont Family YMCA Inc.	4:38.22	4:40.97
30.20	1:04.74 (34.54)	1:40.23 (35.49)	2:16.00 (35.77)	
2:56.73 (40.73)	3:37.39 (40.66)	4:09.42 (32.03)	4:40.97 (31.55)	
71 Whitney Woodbridge	16	Saginaw YMCA	4:42.72	4:41.00
30.68	1:05.75 (35.07)	1:41.86 (36.11)	2:17.26 (35.40)	
2:57.17 (39.91)	3:38.06 (40.89)	4:10.26 (32.20)	4:41.00 (30.74)	
72 Erica Hasson	16	South Shore Mill Pond YMCA	4:43.92	4:41.17
30.53	1:04.60 (34.07)	1:40.91 (36.31)	2:17.36 (36.45)	
2:57.65 (40.29)	3:38.08 (40.43)	4:10.27 (32.19)	4:41.17 (30.90)	
73 Emily Blohm	18	Green Bay YMCA Metro	4:35.79	4:41.29
30.16	1:04.37 (34.21)	1:39.92 (35.55)	2:15.56 (35.64)	
2:55.14 (39.58)	3:35.25 (40.11)	4:09.19 (33.94)	4:41.29 (32.10)	
74 Marah Pugh	13	Macomb Family YMCA	4:39.79	4:41.32
30.56	1:04.95 (34.39)	1:41.33 (36.38)	2:16.46 (35.13)	
2:57.91 (41.45)	3:39.69 (41.78)	4:11.69 (32.00)	4:41.32 (29.63)	
75 Valerie Jones	16	Kishwaukee Family YMCA	4:42.54	4:41.46
30.30	1:05.88 (35.58)	1:42.50 (36.62)	2:17.58 (35.08)	
2:57.00 (39.42)	3:37.52 (40.52)	4:10.65 (33.13)	4:41.46 (30.81)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 23 Women 400 Yard IM Swimming Competition)**

	Name	Age	Team	Seed Time	Prelim Time
76	Nicole Provenza	15	Anne Arundel County YMCA	4:44.00	4:41.47
	30.33	1:04.78 (34.45)	1:43.28 (38.50)	2:20.12 (36.84)	
	2:57.04 (36.92)	3:36.01 (38.97)	4:08.96 (32.95)	4:41.47 (32.51)	
77	Brennah Ross	15	Upper Main Line YMCA	4:41.79	4:41.86
	29.79	1:03.14 (33.35)	1:41.01 (37.87)	2:17.32 (36.31)	
	2:57.96 (40.64)	3:38.90 (40.94)	4:11.25 (32.35)	4:41.86 (30.61)	
78	Cathleen Pruden	14	Triangle Area YMCA	4:40.63	4:42.09
	30.08	1:04.94 (34.86)	1:42.38 (37.44)	2:17.78 (35.40)	
	2:58.42 (40.64)	3:38.94 (40.52)	4:11.30 (32.36)	4:42.09 (30.79)	
79	Danielle Valley	13	Sarasota Family YMCA, Inc	4:41.58	4:42.16
	31.01	1:06.21 (35.20)	1:44.58 (38.37)	2:21.87 (37.29)	
	3:00.99 (39.12)	3:41.14 (40.15)	4:12.04 (30.90)	4:42.16 (30.12)	
80	Kaitlyn Plocharsky	17	Sarasota Family YMCA, Inc	4:43.47	4:42.32
	29.58	1:03.77 (34.19)	1:38.77 (35.00)	2:13.34 (34.57)	
	2:54.84 (41.50)	3:38.03 (43.19)	4:11.05 (33.02)	4:42.32 (31.27)	
81	Lauren Law	14	Upper Main Line YMCA	4:42.48	4:42.80
	29.97	1:04.13 (34.16)	1:39.95 (35.82)	2:14.92 (34.97)	
	2:56.77 (41.85)	3:37.45 (40.68)	4:10.96 (33.51)	4:42.80 (31.84)	
82	Jessica Burkett	13	West Shore YMCA	4:43.74	4:43.05
	31.05	1:06.82 (35.77)	1:43.70 (36.88)	2:19.25 (35.55)	
	2:59.80 (40.55)	3:40.22 (40.42)	4:12.47 (32.25)	4:43.05 (30.58)	
83	Taylor Andrews	18	Pabst Farms YMCA	4:42.93	4:43.11
	29.56	1:04.07 (34.51)	1:41.46 (37.39)	2:18.40 (36.94)	
	2:57.20 (38.80)	3:38.21 (41.01)	4:11.47 (33.26)	4:43.11 (31.64)	
84	Jacque Garcia	16	Sarasota Family YMCA, Inc	4:44.13	4:43.43
	29.92	1:03.78 (33.86)	1:39.67 (35.89)	2:14.84 (35.17)	
	2:57.10 (42.26)	3:39.39 (42.29)	4:12.14 (32.75)	4:43.43 (31.29)	
85	Chantel Ferguson	17	Spokane YMCA	4:41.87	4:43.54
	29.27	1:02.14 (32.87)	1:39.22 (37.08)	2:16.00 (36.78)	
	2:56.99 (40.99)	3:38.78 (41.79)	4:11.53 (32.75)	4:43.54 (32.01)	
86	Natalie Bolin	16	Oshkosh Community YMCA	4:39.13	4:43.83
	29.72	1:04.08 (34.36)	1:38.55 (34.47)	2:13.58 (35.03)	
	2:55.48 (41.90)	3:38.64 (43.16)	4:11.97 (33.33)	4:43.83 (31.86)	
87	Rebecca Young	16	Montgomery -East Branch YMCA	4:43.78	4:44.46
	28.81	1:02.63 (33.82)	1:39.21 (36.58)	2:16.12 (36.91)	
	2:55.22 (39.10)	3:36.14 (40.92)	4:10.80 (34.66)	4:44.46 (33.66)	
88	Cameron Davis	13	Sarasota Family YMCA, Inc	4:42.16	4:44.51
	31.16	1:05.93 (34.77)	1:42.67 (36.74)	2:18.45 (35.78)	
	3:01.27 (42.82)	3:44.03 (42.76)	4:14.68 (30.65)	4:44.51 (29.83)	
89	Sara Craft	14	Wyckoff Family YMCA Inc	4:39.31	4:44.96
	29.99	1:04.21 (34.22)	1:41.39 (37.18)	2:17.74 (36.35)	
	3:00.17 (42.43)	3:42.48 (42.31)	4:14.08 (31.60)	4:44.96 (30.88)	
90	Emily Black	16	Lynchburg YMCA	4:38.92	4:44.98
	31.23	1:07.05 (35.82)	1:42.23 (35.18)	2:17.08 (34.85)	
	2:59.96 (42.88)	3:41.97 (42.01)	4:13.87 (31.90)	4:44.98 (31.11)	
91	Lauren Doerrman	14	Boyertown Area YMCA	4:42.25	4:45.02
	30.10	1:05.00 (34.90)	1:42.40 (37.40)	2:17.98 (35.58)	
	2:59.04 (41.06)	3:40.89 (41.85)	4:13.73 (32.84)	4:45.02 (31.29)	
92	Emily Miles	16	West Morris YMCA	4:40.07	4:45.30
	27.36	1:00.36 (33.00)	1:36.25 (35.89)	2:11.96 (35.71)	
	2:55.58 (43.62)	3:39.71 (44.13)	4:12.82 (33.11)	4:45.30 (32.48)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

Swimming and Diving Championship

Results

Preliminaries ... (Event 23 Women 400 Yard IM Swimming Competition)

Name	Age	Team	Seed Time	Prelim Time
93 Anna Blair Bullock	15	Winston Salem YMCA	4:41.55	4:45.54
29.69	1:03.39 (33.70)	1:40.19 (36.80)	2:16.17 (35.98)	
2:59.11 (42.94)	3:42.14 (43.03)	4:14.55 (32.41)	4:45.54 (30.99)	
94 Rebekah Baker	15	Sarasota Family YMCA, Inc	4:41.76	4:45.63
29.69	1:03.95 (34.26)	1:40.59 (36.64)	2:17.54 (36.95)	
2:59.03 (41.49)	3:40.13 (41.10)	4:13.08 (32.95)	4:45.63 (32.55)	
95 Amanda Wachenfeld	16	Somerset Hills YMCA	4:40.36	4:46.06
29.43	1:02.69 (33.26)	1:38.85 (36.16)	2:14.75 (35.90)	
2:56.74 (41.99)	3:40.25 (43.51)	4:13.91 (33.66)	4:46.06 (32.15)	
96 Kelly Carroll	14	Summit Branch YMCA	4:40.08	4:46.22
29.57	1:03.21 (33.64)	1:40.36 (37.15)	2:16.16 (35.80)	
2:59.46 (43.30)	3:42.89 (43.43)	4:15.27 (32.38)	4:46.22 (30.95)	
97 Marina Borri	14	Farmington Family YMCA	4:42.52	4:46.31
30.75	1:04.52 (33.77)	1:45.03 (40.51)	2:22.99 (37.96)	
3:02.22 (39.23)	3:41.47 (39.25)	4:14.43 (32.96)	4:46.31 (31.88)	
98 Mariah Reading	15	Bangor YMCA	4:41.10	4:46.47
29.76	1:04.54 (34.78)	1:42.02 (37.48)	2:19.30 (37.28)	
3:00.21 (40.91)	3:41.42 (41.21)	4:15.42 (34.00)	4:46.47 (31.05)	
99 Shannon Mulcahy	16	York And York County YMCA	4:43.71	4:46.76
30.49	1:04.81 (34.32)	1:42.26 (37.45)	2:18.09 (35.83)	
3:00.09 (42.00)	3:42.73 (42.64)	4:15.45 (32.72)	4:46.76 (31.31)	
100 Clara Wynn	17	Greensboro YMCA	4:44.06	4:46.78
31.95	1:08.90 (36.95)	1:46.28 (37.38)	2:22.59 (36.31)	
3:03.38 (40.79)	3:43.53 (40.15)	4:15.98 (32.45)	4:46.78 (30.80)	
101 Colleen McCormack	17	North Shore (Sterling) MA YMCA	4:43.62	4:47.07
29.85	1:04.73 (34.88)	1:41.83 (37.10)	2:18.90 (37.07)	
3:00.46 (41.56)	3:42.39 (41.93)	4:15.24 (32.85)	4:47.07 (31.83)	
*102 Emily Friedline	15	Greensburg YMCA	4:44.05	4:47.08
30.46	1:05.81 (35.35)	1:43.08 (37.27)	2:19.41 (36.33)	
3:01.38 (41.97)	3:43.49 (42.11)	4:16.12 (32.63)	4:47.08 (30.96)	
*102 Mckenzie Clark	16	Sarasota Family YMCA, Inc	4:41.62	4:47.08
29.94	1:05.42 (35.48)	1:42.07 (36.65)	2:17.97 (35.90)	
3:00.55 (42.58)	3:43.86 (43.31)	4:16.50 (32.64)	4:47.08 (30.58)	
104 Nicole Hranchook	15	Macomb Family YMCA	4:41.47	4:47.26
29.92	1:04.27 (34.35)	1:41.33 (37.06)	2:18.36 (37.03)	
3:00.28 (41.92)	3:42.41 (42.13)	4:15.44 (33.03)	4:47.26 (31.82)	
105 Kim Weyand	16	Anne Arundel County YMCA	4:42.03	4:47.60
30.39	1:05.29 (34.90)	1:43.25 (37.96)	2:20.16 (36.91)	
3:00.21 (40.05)	3:39.98 (39.77)	4:14.28 (34.30)	4:47.60 (33.32)	
106 Maddy Skorcz	15	Lynchburg YMCA	4:42.19	4:48.32
31.50	1:07.61 (36.11)	1:45.10 (37.49)	2:22.43 (37.33)	
3:02.91 (40.48)	3:44.21 (41.30)	4:16.53 (32.32)	4:48.32 (31.79)	
107 Elizabeth Malone	15	Springfield Family YMCA	4:42.57	4:48.44
29.28	1:03.13 (33.85)	1:40.64 (37.51)	2:17.65 (37.01)	
2:59.80 (42.15)	3:42.59 (42.79)	4:15.57 (32.98)	4:48.44 (32.87)	
108 Abby Fisher	13	Lakeland Hills Family YMCA	4:39.21	4:49.39
29.53	1:05.37 (35.84)	1:42.82 (37.45)	2:20.45 (37.63)	
3:01.38 (40.93)	3:41.77 (40.39)	4:16.01 (34.24)	4:49.39 (33.38)	
109 Stephanie Nguyen	16	Cheshire YMCA	4:39.58	4:49.48
30.03	1:04.24 (34.21)	1:41.76 (37.52)	2:18.82 (37.06)	
3:01.69 (42.87)	3:45.30 (43.61)	4:17.62 (32.32)	4:49.48 (31.86)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

Swimming and Diving Championship

Results

Preliminaries ... (Event 23 Women 400 Yard IM Swimming Competition)

Name	Age	Team	Seed Time	Prelim Time
110 Jenni Russell	17	Rock Hill Area YMCA	4:44.00	4:49.69
31.37	1:08.48 (37.11)	1:46.21 (37.73)	2:22.89 (36.68)	
3:02.28 (39.39)	3:42.36 (40.08)	4:16.36 (34.00)	4:49.69 (33.33)	
111 Christen Cherry	16	Lakeland Hills Family YMCA	4:41.73	4:50.74
29.63	1:03.80 (34.17)	1:39.01 (35.21)	2:13.92 (34.91)	
2:58.25 (44.33)	3:43.03 (44.78)	4:17.02 (33.99)	4:50.74 (33.72)	
112 Meghan Lam	17	Brandywine -DE YMCA	4:44.05	4:51.39
30.42	1:06.99 (36.57)	1:43.73 (36.74)	2:19.27 (35.54)	
3:03.58 (44.31)	3:47.02 (43.44)	4:19.49 (32.47)	4:51.39 (31.90)	
113 Kristen Landry	15	Lakeland Hills Family YMCA	4:43.67	4:51.94
30.96	1:07.62 (36.66)	1:43.31 (35.69)	2:19.18 (35.87)	
3:03.47 (44.29)	3:47.29 (43.82)	4:20.15 (32.86)	4:51.94 (31.79)	
114 Anna Blackburn	15	Winston Salem YMCA	4:39.42	4:51.95
30.02	1:04.48 (34.46)	1:40.37 (35.89)	2:15.87 (35.50)	
3:00.13 (44.26)	3:45.19 (45.06)	4:18.91 (33.72)	4:51.95 (33.04)	
115 Colleen O'Neil	14	South Shore Mill Pond YMCA	4:42.16	4:52.25
31.07	1:07.01 (35.94)	1:42.77 (35.76)	2:17.98 (35.21)	
3:01.37 (43.39)	3:44.66 (43.29)	4:18.64 (33.98)	4:52.25 (33.61)	
116 Dana Rzewnicki	15	Somerset Valley YMCA	4:40.70	4:53.04
30.34	1:07.09 (36.75)	1:43.10 (36.01)	2:18.77 (35.67)	
3:01.84 (43.07)	3:45.59 (43.75)	4:20.18 (34.59)	4:53.04 (32.86)	
117 Elise Lankiewicz	13	Pabst Farms YMCA	4:40.44	4:53.48
30.17	1:04.21 (34.04)	1:41.15 (36.94)	2:17.48 (36.33)	
3:02.88 (45.40)	3:49.34 (46.46)	4:21.57 (32.23)	4:53.48 (31.91)	
118 Christina Santomauro	16	Somerset Valley YMCA	4:43.61	4:54.42
29.43	1:03.39 (33.96)	1:40.05 (36.66)	2:16.43 (36.38)	
3:02.83 (46.40)	3:48.46 (45.63)	4:21.34 (32.88)	4:54.42 (33.08)	
119 Wendy Liu	16	Somerset Valley YMCA	4:43.47	4:57.19
29.80	1:05.15 (35.35)	1:43.95 (38.80)	2:21.59 (37.64)	
3:06.70 (45.11)	3:50.41 (43.71)	4:23.81 (33.40)	4:57.19 (33.38)	
--- Karen Chu	15	Westport/Weston CT YMCA	4:42.20	DQ
--- Caroline Smith	18	Rowan County YMCA	4:25.97	DQ
Non-continuous turning action - back				
27.49	59.00 (31.51)	1:31.32 (32.32)	2:04.01 (32.69)	
2:43.80 (39.79)	3:24.20 (40.40)	3:54.72 (30.52)	DQ (30.20)	
--- Melissa Oishi	18	West Seattle Branch YMCA	4:42.32	DQ
--- Kathryn Bromback	17	Morris Center YMCA	4:43.23	DQ
Non-continuous turning action - back				
28.23	1:01.19 (32.96)	1:37.87 (36.68)	2:13.41 (35.54)	
2:54.17 (40.76)	3:35.79 (41.62)	4:10.68 (34.89)	DQ (33.45)	

Event 24 Men 400 Yard IM Swimming Competition

National: 3:48.79 * 4/16/2003 Michael Alexandrov

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Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Woody Joye	17	Montgomery -East Branch YMCA	3:58.76	3:50.33
23.64	51.25 (27.61)	1:20.59 (29.34)	1:49.85 (29.26)	
2:23.94 (34.09)	2:57.73 (33.79)	3:25.01 (27.28)	3:50.33 (25.32)	
2 Andrew Grinalds	17	Westport/Weston CT YMCA	3:56.77	3:52.87
23.87	51.67 (27.80)	1:20.88 (29.21)	1:50.00 (29.12)	
2:23.23 (33.23)	2:57.48 (34.25)	3:25.88 (28.40)	3:52.87 (26.99)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****A - Final ... (Event 24 Men 400 Yard IM Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
3 Mason Shaw	17	Spokane YMCA	3:58.80	3:55.21
25.45	54.31 (28.86)	1:25.99 (31.68)	1:56.87 (30.88)	
2:29.75 (32.88)	3:02.09 (32.34)	3:28.80 (26.71)	3:55.21 (26.41)	
4 Nicholas Caldwell	15	Sarasota Family YMCA, Inc	4:00.61	3:56.48
25.11	53.92 (28.81)	1:25.09 (31.17)	1:55.78 (30.69)	
2:29.16 (33.38)	3:04.18 (35.02)	3:30.80 (26.62)	3:56.48 (25.68)	
5 Chris Kramer	18	York And York County YMCA	4:00.38	3:57.20
25.51	54.44 (28.93)	1:25.11 (30.67)	1:54.75 (29.64)	
2:28.89 (34.14)	3:03.24 (34.35)	3:31.15 (27.91)	3:57.20 (26.05)	
6 John Orban	18	Sarasota Family YMCA, Inc	4:02.41	3:59.06
25.30	54.29 (28.99)	1:25.18 (30.89)	1:55.75 (30.57)	
2:30.77 (35.02)	3:05.73 (34.96)	3:33.04 (27.31)	3:59.06 (26.02)	
7 Matt Salig	17	Lionville Community YMCA	4:02.71	3:59.08
24.89	53.15 (28.26)	1:24.76 (31.61)	1:55.61 (30.85)	
2:30.23 (34.62)	3:05.01 (34.78)	3:32.78 (27.77)	3:59.08 (26.30)	
8 Thomas Mershon	16	Upper Main Line YMCA	4:02.66	4:03.12
25.33	54.16 (28.83)	1:25.89 (31.73)	1:56.56 (30.67)	
2:32.59 (36.03)	3:08.68 (36.09)	3:36.20 (27.52)	4:03.12 (26.92)	
B - Final				
9 David Ingraham	16	Middle Tyger YMCA	4:04.20	3:58.95
24.49	52.62 (28.13)	1:23.11 (30.49)	1:52.46 (29.35)	
2:27.38 (34.92)	3:02.26 (34.88)	3:30.93 (28.67)	3:58.95 (28.02)	
10 Nathan Hart	17	Western North Carolina YMCA	4:02.79	4:01.01
25.23	53.93 (28.70)	1:24.88 (30.95)	1:55.82 (30.94)	
2:31.45 (35.63)	3:06.32 (34.87)	3:34.23 (27.91)	4:01.01 (26.78)	
11 Jason Brame	17	Lynchburg YMCA	4:03.91	4:01.11
25.83	54.53 (28.70)	1:25.92 (31.39)	1:56.10 (30.18)	
2:31.18 (35.08)	3:06.13 (34.95)	3:34.56 (28.43)	4:01.11 (26.55)	
12 Marty Rauch	17	Sarasota Family YMCA, Inc	4:04.05	4:01.43
25.15	54.25 (29.10)	1:24.55 (30.30)	1:54.53 (29.98)	
2:31.60 (37.07)	3:08.26 (36.66)	3:35.58 (27.32)	4:01.43 (25.85)	
13 Caleb Tuten	16	York And York County YMCA	4:04.50	4:02.76
26.71	56.24 (29.53)	1:27.68 (31.44)	1:58.93 (31.25)	
2:34.20 (35.27)	3:08.37 (34.17)	3:36.20 (27.83)	4:02.76 (26.56)	
14 Tom McKee	16	Brandywine -DE YMCA	4:04.08	4:03.23
25.87	55.39 (29.52)	1:25.60 (30.21)	1:55.45 (29.85)	
2:31.70 (36.25)	3:08.41 (36.71)	3:36.44 (28.03)	4:03.23 (26.79)	
15 Kevin Mihic	18	B.R. Ryall (Northwestern Dupag	4:03.98	4:03.54
24.75	54.36 (29.61)	1:24.88 (30.52)	1:55.13 (30.25)	
2:31.40 (36.27)	3:08.26 (36.86)	3:36.29 (28.03)	4:03.54 (27.25)	
16 Brendan Fortin	18	Andover/North Andover YMCA	4:03.61	4:03.80
26.05	55.29 (29.24)	1:27.75 (32.46)	1:59.17 (31.42)	
2:34.15 (34.98)	3:09.04 (34.89)	3:37.17 (28.13)	4:03.80 (26.63)	
C - Final				
17 Danny Crigler	17	Reading and Berks County YMCA	4:05.63	4:00.51
25.01	54.18 (29.17)	1:26.15 (31.97)	1:57.76 (31.61)	
2:31.99 (34.23)	3:06.11 (34.12)	3:33.71 (27.60)	4:00.51 (26.80)	
18 John Bushman	15	Green Bay YMCA Metro	4:07.05	4:02.62
26.14	55.60 (29.46)	1:26.45 (30.85)	1:57.49 (31.04)	
2:31.39 (33.90)	3:04.95 (33.56)	3:34.77 (29.82)	4:02.62 (27.85)	
19 Jared Kauffman	15	Middle Tyger YMCA	4:06.83	4:03.08
25.83	55.51 (29.68)	1:28.01 (32.50)	2:00.22 (32.21)	
2:33.30 (33.08)	3:07.44 (34.14)	3:36.14 (28.70)	4:03.08 (26.94)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****C - Final ... (Event 24 Men 400 Yard IM Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
20 Leo Lim	14	Wyckoff Family YMCA Inc	4:04.87	4:03.47
25.37	54.86 (29.49)	1:25.89 (31.03)	1:56.31 (30.42)	
2:31.62 (35.31)	3:06.66 (35.04)	3:35.53 (28.87)	4:03.47 (27.94)	
21 Ted Millett	17	North Shore (Sterling) MA YMCA	4:06.24	4:03.65
26.04	55.77 (29.73)	1:28.03 (32.26)	1:59.40 (31.37)	
2:33.27 (33.87)	3:07.62 (34.35)	3:36.39 (28.77)	4:03.65 (27.26)	
22 Ty Perkins	18	South Family YMCA-Kettering	4:04.93	4:06.96
25.48	54.86 (29.38)	1:26.96 (32.10)	1:57.89 (30.93)	
2:34.03 (36.14)	3:10.92 (36.89)	3:39.62 (28.70)	4:06.96 (27.34)	
23 Ubaldo Zavaleta	18	Phoenixville Branch YMCA	4:06.70	4:09.37
26.55	56.63 (30.08)	1:28.91 (32.28)	2:00.74 (31.83)	
2:37.20 (36.46)	3:14.09 (36.89)	3:42.63 (28.54)	4:09.37 (26.74)	
24 Caleb Capozella	16	Green Bay YMCA Metro	4:07.43	4:16.87
26.53	57.21 (30.68)	1:29.48 (32.27)	2:01.93 (32.45)	
2:39.41 (37.48)	3:17.55 (38.14)	3:48.33 (30.78)	4:16.87 (28.54)	

Event 24 Men 400 Yard IM Swimming Competition

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Andrew Grinalds	17	Westport/Weston CT YMCA	3:52.63	3:56.77
24.61	53.36 (28.75)	1:22.86 (29.50)	1:51.84 (28.98)	
2:26.21 (34.37)	3:01.34 (35.13)	3:29.92 (28.58)	3:56.77 (26.85)	
2 Woody Joye	17	Montgomery -East Branch YMCA	3:52.89	3:58.76
24.59	53.10 (28.51)	1:23.46 (30.36)	1:53.43 (29.97)	
2:28.35 (34.92)	3:03.84 (35.49)	3:32.46 (28.62)	3:58.76 (26.30)	
3 Mason Shaw	17	Spokane YMCA	3:50.45	3:58.80
25.33	54.49 (29.16)	1:26.24 (31.75)	1:57.15 (30.91)	
2:30.04 (32.89)	3:03.07 (33.03)	3:31.90 (28.83)	3:58.80 (26.90)	
4 Chris Kramer	18	York And York County YMCA	3:57.29	4:00.38
25.93	55.75 (29.82)	1:26.28 (30.53)	1:56.06 (29.78)	
2:30.60 (34.54)	3:05.21 (34.61)	3:33.43 (28.22)	4:00.38 (26.95)	
5 Nicholas Caldwell	15	Sarasota Family YMCA, Inc	3:54.31	4:00.61
26.19	55.26 (29.07)	1:26.15 (30.89)	1:57.05 (30.90)	
2:31.94 (34.89)	3:06.87 (34.93)	3:34.14 (27.27)	4:00.61 (26.47)	
6 John Orban	18	Sarasota Family YMCA, Inc	4:01.69	4:02.41
25.64	55.03 (29.39)	1:25.79 (30.76)	1:55.95 (30.16)	
2:31.75 (35.80)	3:07.96 (36.21)	3:35.73 (27.77)	4:02.41 (26.68)	
7 Thomas Mershon	16	Upper Main Line YMCA	4:12.65	4:02.66
24.76	53.45 (28.69)	1:24.37 (30.92)	1:54.61 (30.24)	
2:31.13 (36.52)	3:08.05 (36.92)	3:35.91 (27.86)	4:02.66 (26.75)	
8 Matt Salig	17	Lionville Community YMCA	4:01.29	4:02.71
25.31	54.06 (28.75)	1:26.10 (32.04)	1:57.45 (31.35)	
2:32.43 (34.98)	3:07.57 (35.14)	3:35.77 (28.20)	4:02.71 (26.94)	
9 Nathan Hart	17	Western North Carolina YMCA	4:05.56	4:02.79
25.13	54.27 (29.14)	1:25.18 (30.91)	1:55.62 (30.44)	
2:31.18 (35.56)	3:06.66 (35.48)	3:35.19 (28.53)	4:02.79 (27.60)	
10 Brendan Fortin	18	Andover/North Andover YMCA	4:06.32	4:03.61
25.89	54.76 (28.87)	1:26.31 (31.55)	1:57.35 (31.04)	
2:31.33 (33.98)	3:06.48 (35.15)	3:35.66 (29.18)	4:03.61 (27.95)	
11 Jason Brame	17	Lynchburg YMCA	4:04.36	4:03.91
25.80	54.97 (29.17)	1:26.79 (31.82)	1:57.93 (31.14)	
2:33.34 (35.41)	3:08.73 (35.39)	3:37.06 (28.33)	4:03.91 (26.85)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 24 Men 400 Yard IM Swimming Competition)**

	Name	Age	Team	Seed Time	Prelim Time
12	Kevin Mihic	18	B.R. Ryall (Northwestern Dupag	4:06.08	4:03.98
	25.42	54.86 (29.44)	1:25.81 (30.95)	1:56.43 (30.62)	
	2:32.55 (36.12)	3:09.13 (36.58)	3:37.38 (28.25)	4:03.98 (26.60)	
13	Marty Rauch	17	Sarasota Family YMCA, Inc	4:16.07	4:04.05
	25.17	54.57 (29.40)	1:24.91 (30.34)	1:55.50 (30.59)	
	2:32.77 (37.27)	3:10.13 (37.36)	3:37.85 (27.72)	4:04.05 (26.20)	
14	Tom McKee	16	Brandywine -DE YMCA	4:11.86	4:04.08
	25.88	55.47 (29.59)	1:26.09 (30.62)	1:56.21 (30.12)	
	2:31.77 (35.56)	3:08.63 (36.86)	3:36.97 (28.34)	4:04.08 (27.11)	
15	David Ingraham	16	Middle Tyger YMCA	3:59.53	4:04.20
	24.72	53.69 (28.97)	1:24.75 (31.06)	1:54.56 (29.81)	
	2:30.85 (36.29)	3:07.44 (36.59)	3:36.52 (29.08)	4:04.20 (27.68)	
16	Caleb Tuten	16	York And York County YMCA	4:05.74	4:04.50
	26.34	56.29 (29.95)	1:27.68 (31.39)	1:58.49 (30.81)	
	2:33.41 (34.92)	3:08.29 (34.88)	3:36.84 (28.55)	4:04.50 (27.66)	
17	Leo Lim	14	Wyckoff Family YMCA Inc	4:02.93	4:04.87
	25.35	54.74 (29.39)	1:26.05 (31.31)	1:56.63 (30.58)	
	2:33.50 (36.87)	3:08.17 (34.67)	3:37.13 (28.96)	4:04.87 (27.74)	
18	Ty Perkins	18	South Family YMCA-Kettering	4:08.23	4:04.93
	25.17	54.26 (29.09)	1:25.85 (31.59)	1:57.18 (31.33)	
	2:33.05 (35.87)	3:09.54 (36.49)	3:37.59 (28.05)	4:04.93 (27.34)	
19	Danny Crigler	17	Reading and Berks County YMCA	4:07.91	4:05.63
	25.18	54.74 (29.56)	1:27.11 (32.37)	1:58.85 (31.74)	
	2:33.98 (35.13)	3:09.48 (35.50)	3:37.71 (28.23)	4:05.63 (27.92)	
20	Zach Stephens	16	Sunbury Branch YMCA	4:16.83	4:05.66
	25.95	56.87 (30.92)	1:29.24 (32.37)	2:01.02 (31.78)	
	2:34.86 (33.84)	3:09.88 (35.02)	3:38.11 (28.23)	4:05.66 (27.55)	
21	Ted Millett	17	North Shore (Sterling) MA YMCA	4:04.63	4:06.24
	26.25	55.73 (29.48)	1:28.42 (32.69)	2:00.45 (32.03)	
	2:34.58 (34.13)	3:09.26 (34.68)	3:38.30 (29.04)	4:06.24 (27.94)	
22	Ubaldo Zavaleta	18	Phoenixville Branch YMCA	4:15.30	4:06.70
	26.23	55.64 (29.41)	1:27.48 (31.84)	1:59.36 (31.88)	
	2:35.77 (36.41)	3:12.26 (36.49)	3:40.07 (27.81)	4:06.70 (26.63)	
23	Jared Kauffman	15	Middle Tyger YMCA	4:13.32	4:06.83
	26.32	56.51 (30.19)	1:29.17 (32.66)	2:01.48 (32.31)	
	2:34.93 (33.45)	3:09.18 (34.25)	3:38.69 (29.51)	4:06.83 (28.14)	
24	John Bushman	15	Green Bay YMCA Metro	4:04.79	4:07.05
	26.50	56.28 (29.78)	1:27.60 (31.32)	1:59.31 (31.71)	
	2:34.29 (34.98)	3:09.62 (35.33)	3:39.25 (29.63)	4:07.05 (27.80)	
25	Caleb Capozella	16	Green Bay YMCA Metro	4:11.74	4:07.43
	26.22	55.73 (29.51)	1:26.85 (31.12)	1:58.08 (31.23)	
	2:33.22 (35.14)	3:09.53 (36.31)	3:38.68 (29.15)	4:07.43 (28.75)	
26	Alex Miller	17	M.E. Lyons (Anderson) YMCA	4:10.35	4:07.46
	25.89	55.01 (29.12)	1:28.40 (33.39)	2:00.52 (32.12)	
	2:36.59 (36.07)	3:12.83 (36.24)	3:40.85 (28.02)	4:07.46 (26.61)	
27	Ryan Carey	18	Reading and Berks County YMCA	4:03.61	4:07.60
	25.42	54.41 (28.99)	1:25.93 (31.52)	1:56.76 (30.83)	
	2:33.00 (36.24)	3:09.65 (36.65)	3:39.05 (29.40)	4:07.60 (28.55)	
28	Connor Beaulieu	16	Laurel East Hartford YMCA	4:56.04L	4:08.25
	26.55	57.20 (30.65)	1:28.26 (31.06)	1:59.77 (31.51)	
	2:34.06 (34.29)	3:09.77 (35.71)	3:39.74 (29.97)	4:08.25 (28.51)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 24 Men 400 Yard IM Swimming Competition)**

	Name	Age	Team	Seed Time	Prelim Time
29	Tyler Lareau	17	North Shore (Sterling) MA YMCA	4:11.64	4:09.08
	25.95	55.08 (29.13)	1:25.77 (30.69)	1:56.97 (31.20)	
	2:34.39 (37.42)	3:13.04 (38.65)	3:41.57 (28.53)	4:09.08 (27.51)	
30	Cameron Weaver	17	Greater Flint YMCA	4:10.76	4:09.15
	26.33	56.17 (29.84)	1:28.55 (32.38)	2:00.32 (31.77)	
	2:34.70 (34.38)	3:09.85 (35.15)	3:39.54 (29.69)	4:09.15 (29.61)	
31	Andrew Yunker	14	Greater Flint YMCA	4:13.30	4:09.59
	25.74	54.38 (28.64)	1:26.01 (31.63)	1:57.26 (31.25)	
	2:34.76 (37.50)	3:12.91 (38.15)	3:41.59 (28.68)	4:09.59 (28.00)	
32	Max Byers	15	Edwardsville YMCA	4:07.55	4:09.87
	26.93	57.47 (30.54)	1:30.07 (32.60)	2:01.85 (31.78)	
	2:36.53 (34.68)	3:11.74 (35.21)	3:41.23 (29.49)	4:09.87 (28.64)	
33	Jack Bremer	15	Anne Arundel County YMCA	4:13.81	4:10.24
	26.09	56.45 (30.36)	1:29.55 (33.10)	2:03.42 (33.87)	
	2:37.73 (34.31)	3:13.20 (35.47)	3:42.14 (28.94)	4:10.24 (28.10)	
34	Josh Jacobson	17	Edwardsville YMCA	4:53.11 L	4:10.25
	25.57	54.98 (29.41)	1:27.15 (32.17)	1:58.09 (30.94)	
	2:33.51 (35.42)	3:10.32 (36.81)	3:40.69 (30.37)	4:10.25 (29.56)	
35	Stephen Raynes	16	Somerset Hills YMCA	4:07.86	4:10.27
	25.82	55.14 (29.32)	1:26.63 (31.49)	1:57.88 (31.25)	
	2:34.24 (36.36)	3:11.43 (37.19)	3:40.99 (29.56)	4:10.27 (29.28)	
36	Sean Drake	16	M.E. Lyons (Anderson) YMCA	4:18.81	4:10.37
	26.80	58.60 (31.80)	1:30.23 (31.63)	2:01.59 (31.36)	
	2:37.27 (35.68)	3:13.27 (36.00)	3:42.67 (29.40)	4:10.37 (27.70)	
37	Adam Lebovitz	17	Wilton Family YMCA	4:13.96	4:11.19
	26.51	56.44 (29.93)	1:27.64 (31.20)	1:57.80 (30.16)	
	2:35.40 (37.60)	3:13.15 (37.75)	3:42.22 (29.07)	4:11.19 (28.97)	
38	Carter Watson	16	Lynchburg YMCA	4:06.82	4:11.31
	25.91	56.42 (30.51)	1:28.10 (31.68)	1:59.69 (31.59)	
	2:36.73 (37.04)	3:14.39 (37.66)	3:43.16 (28.77)	4:11.31 (28.15)	
39	Eric Traub	16	Northwest Connecticut YMCA	4:15.66	4:11.65
	26.74	58.62 (31.88)	1:30.89 (32.27)	2:02.70 (31.81)	
	2:37.61 (34.91)	3:13.68 (36.07)	3:42.78 (29.10)	4:11.65 (28.87)	
40	Sean Monahan	16	M.E. Lyons (Anderson) YMCA	4:18.90	4:11.78
	28.07	59.60 (31.53)	1:30.65 (31.05)	2:00.73 (30.08)	
	2:37.79 (37.06)	3:15.60 (37.81)	3:44.45 (28.85)	4:11.78 (27.33)	
41	Andrew Guinther	17	Glens Falls YMCA	4:12.85	4:11.85
	26.39	57.36 (30.97)	1:31.41 (34.05)	2:04.77 (33.36)	
	2:40.18 (35.41)	3:15.43 (35.25)	3:44.11 (28.68)	4:11.85 (27.74)	
42	Matt Kendall	16	Somerset Valley YMCA	4:08.21	4:12.33
	26.89	57.36 (30.47)	1:29.91 (32.55)	2:01.64 (31.73)	
	2:37.45 (35.81)	3:14.39 (36.94)	3:44.02 (29.63)	4:12.33 (28.31)	
43	Yag Yuruker	17	Glens Falls YMCA	4:14.06	4:12.93
	24.99	54.47 (29.48)	1:28.63 (34.16)	2:02.17 (33.54)	
	2:39.26 (37.09)	3:16.82 (37.56)	3:45.32 (28.50)	4:12.93 (27.61)	
*44	Riley Bouchard	17	Orlando YMCA	4:18.00	4:13.48
	26.18	56.28 (30.10)	1:29.09 (32.81)	2:02.81 (33.72)	
	2:38.73 (35.92)	3:14.62 (35.89)	3:44.46 (29.84)	4:13.48 (29.02)	
*44	Patrick Hagar	17	Catonsville MD YMCA	4:13.27	4:13.48
	27.24	57.30 (30.06)	1:29.37 (32.07)	2:00.93 (31.56)	
	2:38.60 (37.67)	3:15.88 (37.28)	3:44.67 (28.79)	4:13.48 (28.81)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 24 Men 400 Yard IM Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
46 Kirt Davis	16	Sarasota Family YMCA, Inc	4:51.73 L	4:13.67
27.29	58.00 (30.71)	1:29.52 (31.52)	2:00.74 (31.22)	
2:37.56 (36.82)	3:15.98 (38.42)	3:45.43 (29.45)	4:13.67 (28.24)	
47 Christian Higgins	16	New Canaan Community YMCA	4:03.51	4:13.72
26.11	56.58 (30.47)	1:30.61 (34.03)	2:04.20 (33.59)	
2:37.65 (33.45)	3:12.98 (35.33)	3:44.12 (31.14)	4:13.72 (29.60)	
48 Greg Baliko	15	Fanwood-Scotch Plains YMCA	4:13.04	4:13.82
25.89	55.86 (29.97)	1:28.82 (32.96)	2:01.63 (32.81)	
2:36.56 (34.93)	3:13.35 (36.79)	3:44.03 (30.68)	4:13.82 (29.79)	
49 J Flanagan	18	Riverfront Branch YMCA	4:14.65	4:14.06
24.47	52.52 (28.05)	1:25.15 (32.63)	1:59.18 (34.03)	
2:35.65 (36.47)	3:13.23 (37.58)	3:44.22 (30.99)	4:14.06 (29.84)	
50 James Sturner	17	Tri-Hampton Family Branch YMC	4:15.99	4:14.24
26.95	59.12 (32.17)	1:31.81 (32.69)	2:05.19 (33.38)	
2:40.88 (35.69)	3:15.78 (34.90)	3:45.89 (30.11)	4:14.24 (28.35)	
51 Parker Baisden	16	Phoenixville Branch YMCA	4:15.99	4:14.40
26.19	56.15 (29.96)	1:29.91 (33.76)	2:02.25 (32.34)	
2:40.82 (38.57)	3:18.64 (37.82)	3:47.63 (28.99)	4:14.40 (26.77)	
52 Kyle Doxtater	15	Mid-Delmarva Family YMCA	4:08.18	4:14.60
26.29	56.92 (30.63)	1:30.13 (33.21)	2:02.62 (32.49)	
2:39.13 (36.51)	3:16.15 (37.02)	3:45.83 (29.68)	4:14.60 (28.77)	
53 Matt Torres	17	Sarasota Family YMCA, Inc	4:15.66	4:14.62
26.36	56.30 (29.94)	1:29.18 (32.88)	2:00.80 (31.62)	
2:38.60 (37.80)	3:16.31 (37.71)	3:46.35 (30.04)	4:14.62 (28.27)	
54 Bart Platow	17	Westport/Weston CT YMCA	4:21.71	4:14.69
26.81	57.28 (30.47)	1:29.98 (32.70)	2:01.45 (31.47)	
2:39.80 (38.35)	3:18.60 (38.80)	3:47.63 (29.03)	4:14.69 (27.06)	
55 Matthew Kaminske	18	Sarasota Family YMCA, Inc	4:19.03	4:14.81
28.36	59.23 (30.87)	1:31.93 (32.70)	2:02.40 (30.47)	
2:41.78 (39.38)	3:20.37 (38.59)	3:48.19 (27.82)	4:14.81 (26.62)	
56 Alexander Robinson	17	Goldsboro Family YMCA	4:16.69	4:14.93
27.22	58.13 (30.91)	1:31.41 (33.28)	2:03.94 (32.53)	
2:40.56 (36.62)	3:17.25 (36.69)	3:46.88 (29.63)	4:14.93 (28.05)	
57 J Key	16	Western North Carolina YMCA	4:20.54	4:15.16
26.49	57.98 (31.49)	1:31.82 (33.84)	2:04.86 (33.04)	
2:40.91 (36.05)	3:17.52 (36.61)	3:46.86 (29.34)	4:15.16 (28.30)	
*58 Connor Yoo	16	Upper Main Line YMCA	4:19.93	4:15.28
25.44	55.04 (29.60)	1:28.14 (33.10)	2:00.79 (32.65)	
2:36.81 (36.02)	3:14.15 (37.34)	3:44.83 (30.68)	4:15.28 (30.45)	
*58 Chris Morales	18	Wyckoff Family YMCA Inc	4:15.61	4:15.28
26.45	56.77 (30.32)	1:30.22 (33.45)	2:02.14 (31.92)	
2:39.97 (37.83)	3:18.89 (38.92)	3:47.45 (28.56)	4:15.28 (27.83)	
60 Jake Irmiter	17	Rock Hill Area YMCA	4:15.17	4:15.61
26.49	56.94 (30.45)	1:29.29 (32.35)	2:00.95 (31.66)	
2:39.97 (39.02)	3:18.33 (38.36)	3:47.34 (29.01)	4:15.61 (28.27)	
61 JR Creekmore	16	Brandywine -DE YMCA	4:21.65	4:16.22
27.34	58.94 (31.60)	1:31.11 (32.17)	2:02.28 (31.17)	
2:40.31 (38.03)	3:19.48 (39.17)	3:48.36 (28.88)	4:16.22 (27.86)	
62 Carter Head	15	Lynchburg YMCA	4:19.70	4:16.46
27.23	58.02 (30.79)	1:31.86 (33.84)	2:05.06 (33.20)	
2:41.22 (36.16)	3:18.16 (36.94)	3:48.04 (29.88)	4:16.46 (28.42)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 24 Men 400 Yard IM Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
63 Peter KO	17	Ridgewood NJ YMCA	4:10.22	4:16.47
26.68	57.92 (31.24)	1:29.28 (31.36)	2:00.93 (31.65)	
2:38.57 (37.64)	3:16.61 (38.04)	3:46.74 (30.13)	4:16.47 (29.73)	
64 Kemp Pettyjohn	16	Lynchburg YMCA	4:12.12	4:16.48
26.13	57.12 (30.99)	1:29.73 (32.61)	2:01.06 (31.33)	
2:40.26 (39.20)	3:18.55 (38.29)	3:48.00 (29.45)	4:16.48 (28.48)	
65 Austin Byrd	15	Eau Claire Wisconsin YMCA	4:18.37	4:16.63
26.01	57.08 (31.07)	1:29.83 (32.75)	2:01.56 (31.73)	
2:39.64 (38.08)	3:17.67 (38.03)	3:47.95 (30.28)	4:16.63 (28.68)	
66 Daniel Aberle	17	Catawba Valley YMCA	4:18.51	4:16.64
26.43	56.89 (30.46)	1:30.34 (33.45)	2:02.74 (32.40)	
2:40.29 (37.55)	3:17.80 (37.51)	3:47.90 (30.10)	4:16.64 (28.74)	
67 Stephen Melchiorre	17	Riverfront Branch YMCA	4:15.23	4:17.36
25.40	56.01 (30.61)	1:27.04 (31.03)	1:57.92 (30.88)	
2:36.16 (38.24)	3:16.62 (40.46)	3:47.71 (31.09)	4:17.36 (29.65)	
68 Caleb Williams	14	Lynchburg YMCA	4:17.21	4:17.40
26.85	57.41 (30.56)	1:28.97 (31.56)	2:00.61 (31.64)	
2:38.65 (38.04)	3:17.43 (38.78)	3:48.30 (30.87)	4:17.40 (29.10)	
69 Michael Gordon	15	Kishwaukee Family YMCA	4:17.37	4:17.53
25.90	55.51 (29.61)	1:27.49 (31.98)	2:00.46 (32.97)	
2:39.32 (38.86)	3:18.99 (39.67)	3:48.41 (29.42)	4:17.53 (29.12)	
70 Danny Collins	17	Flushing YMCA	4:16.53	4:17.67
26.97	58.15 (31.18)	1:30.85 (32.70)	2:03.37 (32.52)	
2:41.02 (37.65)	3:18.47 (37.45)	3:48.62 (30.15)	4:17.67 (29.05)	
71 Ryan Kauth	16	Western Monmouth Co. YMCA	4:19.89	4:17.75
26.81	57.40 (30.59)	1:31.28 (33.88)	2:04.27 (32.99)	
2:42.30 (38.03)	3:20.83 (38.53)	3:49.91 (29.08)	4:17.75 (27.84)	
72 Ross Gormley	18	New Canaan Community YMCA	4:18.63	4:17.86
27.27	57.87 (30.60)	1:30.64 (32.77)	2:02.86 (32.22)	
2:41.03 (38.17)	3:19.22 (38.19)	3:48.89 (29.67)	4:17.86 (28.97)	
73 Jonathan Burr	16	Laurel East Hartford YMCA	4:17.98	4:17.89
26.00	57.03 (31.03)	1:30.51 (33.48)	2:04.02 (33.51)	
2:41.94 (37.92)	3:20.65 (38.71)	3:50.10 (29.45)	4:17.89 (27.79)	
74 John Silvers	16	Sarasota Family YMCA, Inc	4:16.48	4:17.90
27.83	58.50 (30.67)	1:31.48 (32.98)	2:04.19 (32.71)	
2:43.95 (39.76)	3:23.09 (39.14)	3:51.06 (27.97)	4:17.90 (26.84)	
75 Brian Batson	18	Down East Family YMCA	4:13.90	4:18.17
26.09	56.62 (30.53)	1:29.66 (33.04)	2:03.75 (34.09)	
2:40.11 (36.36)	3:18.76 (38.65)	3:47.93 (29.17)	4:18.17 (30.24)	
76 Patrick Larrow	17	Greater Holyoke YMCA	4:21.83	4:18.82
27.52	58.77 (31.25)	1:32.24 (33.47)	2:05.67 (33.43)	
2:42.81 (37.14)	3:20.02 (37.21)	3:49.86 (29.84)	4:18.82 (28.96)	
77 Spencer Scarth	17	Wilton Family YMCA	4:11.54	4:18.86
26.27	56.76 (30.49)	1:29.50 (32.74)	2:02.14 (32.64)	
2:40.08 (37.94)	3:18.63 (38.55)	3:49.10 (30.47)	4:18.86 (29.76)	
78 Andrew Cook	16	Lynchburg YMCA	4:15.46	4:18.92
27.12	57.86 (30.74)	1:31.15 (33.29)	2:02.77 (31.62)	
2:41.66 (38.89)	3:21.29 (39.63)	3:50.72 (29.43)	4:18.92 (28.20)	
79 Fernando Gutierrez	16	Sarasota Family YMCA, Inc	4:17.86	4:18.96
27.36	57.89 (30.53)	1:31.00 (33.11)	2:03.21 (32.21)	
2:41.80 (38.59)	3:20.37 (38.57)	3:50.23 (29.86)	4:18.96 (28.73)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 24 Men 400 Yard IM Swimming Competition)**

	Name	Age	Team	Seed Time	Prelim Time
80	Zach Johnson	19	Ashland Area YMCA	4:19.36	4:19.40
	26.68	57.75 (31.07)	1:29.23 (31.48)	2:00.98 (31.75)	
	2:39.14 (38.16)	3:19.46 (40.32)	3:49.78 (30.32)	4:19.40 (29.62)	
81	Philip Kang	14	Montclair YMCA	4:19.34	4:19.48
	26.34	57.26 (30.92)	1:28.94 (31.68)	2:00.59 (31.65)	
	2:39.61 (39.02)	3:18.64 (39.03)	3:49.21 (30.57)	4:19.48 (30.27)	
82	Christopher DePietro	15	Lancaster & Fairfield YMCA	4:21.06	4:19.99
	28.58	59.81 (31.23)	1:32.47 (32.66)	2:05.34 (32.87)	
	2:42.94 (37.60)	3:21.36 (38.42)	3:50.66 (29.30)	4:19.99 (29.33)	
83	Scott Groel	18	West Morris YMCA	4:18.74	4:20.52
	26.92	57.54 (30.62)	1:30.38 (32.84)	2:02.98 (32.60)	
	2:41.34 (38.36)	3:20.07 (38.73)	3:50.90 (30.83)	4:20.52 (29.62)	
84	Cody Wei	15	Tampa Metro YMCA	4:20.22	4:20.69
	26.37	56.16 (29.79)	1:29.60 (33.44)	2:02.16 (32.56)	
	2:38.91 (36.75)	3:17.21 (38.30)	3:49.42 (32.21)	4:20.69 (31.27)	
85	John Santoro	14	New Canaan Community YMCA	4:19.39	4:20.73
	27.41	59.13 (31.72)	1:31.88 (32.75)	2:04.98 (33.10)	
	2:41.85 (36.87)	3:19.67 (37.82)	3:50.44 (30.77)	4:20.73 (30.29)	
86	Thomas Bushman	15	Green Bay YMCA Metro	4:19.92	4:21.01
	27.70	1:00.10 (32.40)	1:32.55 (32.45)	2:06.52 (33.97)	
	2:43.78 (37.26)	3:21.62 (37.84)	3:51.85 (30.23)	4:21.01 (29.16)	
*87	Sean Murphy	17	Wyckoff Family YMCA Inc	4:19.93	4:21.13
	27.47	59.42 (31.95)	1:32.56 (33.14)	2:05.19 (32.63)	
	2:41.85 (36.66)	3:19.32 (37.47)	3:50.92 (31.60)	4:21.13 (30.21)	
*87	Josh Johnson	17	Ashland Area YMCA	4:18.76	4:21.13
	27.65	59.32 (31.67)	1:34.14 (34.82)	2:07.76 (33.62)	
	2:43.37 (35.61)	3:20.43 (37.06)	3:51.22 (30.79)	4:21.13 (29.91)	
89	Ryan Turner	15	West Shore YMCA	4:20.72	4:21.39
	27.46	58.82 (31.36)	1:32.95 (34.13)	2:06.01 (33.06)	
	2:46.27 (40.26)	3:25.92 (39.65)	3:54.43 (28.51)	4:21.39 (26.96)	
90	Phillip Jacques	17	Bath Area Family YMCA	4:18.50	4:21.41
	26.04	56.85 (30.81)	1:30.19 (33.34)	2:03.02 (32.83)	
	2:41.24 (38.22)	3:20.03 (38.79)	3:50.81 (30.78)	4:21.41 (30.60)	
91	AJ Burt	16	Powel Crosley Jr. YMCA	4:21.89	4:21.75
	27.51	59.23 (31.72)	1:33.63 (34.40)	2:07.51 (33.88)	
	2:44.42 (36.91)	3:21.81 (37.39)	3:52.76 (30.95)	4:21.75 (28.99)	
92	Adam Vogel	16	Boyertown Area YMCA	4:57.83L	4:22.11
	25.71	55.90 (30.19)	1:29.58 (33.68)	2:03.37 (33.79)	
	2:41.46 (38.09)	3:21.15 (39.69)	3:52.12 (30.97)	4:22.11 (29.99)	
93	Kevin Posten	16	Greater Flint YMCA	4:21.09	4:22.24
	26.74	57.80 (31.06)	1:31.19 (33.39)	2:04.75 (33.56)	
	2:42.64 (37.89)	3:21.15 (38.51)	3:51.89 (30.74)	4:22.24 (30.35)	
94	Matt Daw	15	Triangle Area YMCA	4:21.70	4:22.28
	28.71	1:00.58 (31.87)	1:36.11 (35.53)	2:10.87 (34.76)	
	2:47.22 (36.35)	3:24.13 (36.91)	3:53.55 (29.42)	4:22.28 (28.73)	
95	Andrew Sumnicht	17	Green Bay YMCA Metro	4:17.59	4:22.88
	26.75	57.34 (30.59)	1:31.41 (34.07)	2:04.96 (33.55)	
	2:44.14 (39.18)	3:22.25 (38.11)	3:53.71 (31.46)	4:22.88 (29.17)	
96	Chris Nunez	16	Ridgewood NJ YMCA	4:19.90	4:23.27
	26.93	57.64 (30.71)	1:32.28 (34.64)	2:06.51 (34.23)	
	2:44.05 (37.54)	3:23.27 (39.22)	3:53.48 (30.21)	4:23.27 (29.79)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 24 Men 400 Yard IM Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
97 Tyler Nuss	17	Great Miami Valley Ohio YMCA	4:17.44	4:23.30
26.13	56.77 (30.64)	1:30.88 (34.11)	2:04.02 (33.14)	
2:43.30 (39.28)	3:22.59 (39.29)	3:53.52 (30.93)	4:23.30 (29.78)	
98 Kevin Kelley	18	Burlington County YMCA	4:21.20	4:23.86
26.28	58.20 (31.92)	1:34.15 (35.95)	2:10.01 (35.86)	
2:46.21 (36.20)	3:24.09 (37.88)	3:54.21 (30.12)	4:23.86 (29.65)	
99 Jonathan Ciriello	17	Somerset Hills YMCA	4:21.62	4:24.80
26.59	57.82 (31.23)	1:32.14 (34.32)	2:05.55 (33.41)	
2:43.62 (38.07)	3:22.33 (38.71)	3:54.00 (31.67)	4:24.80 (30.80)	
100 Ian Delahunty	15	Middle Tyger YMCA	4:21.00	4:25.01
27.39	58.43 (31.04)	1:32.20 (33.77)	2:05.62 (33.42)	
2:44.91 (39.29)	3:24.63 (39.72)	3:55.11 (30.48)	4:25.01 (29.90)	
101 David Campbell	15	Riverfront Branch YMCA	4:20.83	4:25.58
27.01	58.12 (31.11)	1:30.16 (32.04)	2:02.90 (32.74)	
2:42.66 (39.76)	3:22.93 (40.27)	3:54.59 (31.66)	4:25.58 (30.99)	
102 Mike Cooke	17	Anne Arundel County YMCA	4:20.84	4:25.78
27.23	59.08 (31.85)	1:31.73 (32.65)	2:05.02 (33.29)	
2:42.95 (37.93)	3:23.12 (40.17)	3:54.66 (31.54)	4:25.78 (31.12)	
103 Christian Josephson	15	Countryside Ralph Stolle YMCA	4:18.11	4:25.92
25.58	57.62 (32.04)	1:32.10 (34.48)	2:07.09 (34.99)	
2:45.46 (38.37)	3:24.92 (39.46)	3:55.49 (30.57)	4:25.92 (30.43)	
104 Aaron DuCharme	17	Greater Flint YMCA	4:20.27	4:25.97
26.41	56.58 (30.17)	1:30.36 (33.78)	2:03.81 (33.45)	
2:43.46 (39.65)	3:23.92 (40.46)	3:55.12 (31.20)	4:25.97 (30.85)	
105 Shane McKenzie	15	Tri-Hampton Family Branch YMC	4:21.61	4:26.24
27.51	59.94 (32.43)	1:33.49 (33.55)	2:06.12 (32.63)	
2:45.70 (39.58)	3:25.78 (40.08)	3:56.78 (31.00)	4:26.24 (29.46)	
106 Victor Luo	14	Somerset Valley YMCA	4:17.63	4:26.60
27.80	59.20 (31.40)	1:31.99 (32.79)	2:04.62 (32.63)	
2:43.62 (39.00)	3:23.13 (39.51)	3:54.96 (31.83)	4:26.60 (31.64)	
107 Braden Bouchard	16	Orlando YMCA	4:59.91 L	4:26.71
27.60	1:02.38 (34.78)	1:34.81 (32.43)	2:08.02 (33.21)	
2:47.64 (39.62)	3:28.30 (40.66)	3:56.98 (28.68)	4:26.71 (29.73)	
108 Chad Nowakowski	16	Lynchburg YMCA	4:19.42	4:26.96
28.00	1:00.45 (32.45)	1:32.70 (32.25)	2:04.39 (31.69)	
2:45.07 (40.68)	3:25.50 (40.43)	3:56.67 (31.17)	4:26.96 (30.29)	
109 Alex Fox	14	Winston Salem YMCA	4:20.44	4:27.26
27.81	59.44 (31.63)	1:32.97 (33.53)	2:06.54 (33.57)	
2:46.42 (39.88)	3:26.61 (40.19)	3:57.26 (30.65)	4:27.26 (30.00)	
110 Jordan Lingo	16	Central Delaware YMCA	4:21.91	4:29.12
28.91	1:02.20 (33.29)	1:36.65 (34.45)	2:09.92 (33.27)	
2:48.64 (38.72)	3:27.61 (38.97)	3:58.93 (31.32)	4:29.12 (30.19)	
111 Eric Chung	16	Somerset Hills YMCA	4:20.44	4:30.85
26.93	57.55 (30.62)	1:31.95 (34.40)	2:06.13 (34.18)	
2:46.53 (40.40)	3:27.90 (41.37)	3:59.88 (31.98)	4:30.85 (30.97)	
112 Kevin Hong	15	Somerset Valley YMCA	4:21.95	4:31.96
28.72	1:01.92 (33.20)	1:36.68 (34.76)	2:11.36 (34.68)	
2:51.05 (39.69)	3:30.46 (39.41)	4:01.10 (30.64)	4:31.96 (30.86)	
--- Matt Navata	17	Montclair YMCA	4:02.33	DQ
Non-continuous turning action - back				
25.06	53.78 (28.72)	1:24.17 (30.39)	1:54.62 (30.45)	
2:28.25 (33.63)	3:02.96 (34.71)	3:31.90 (28.94)	DQ (27.68)	
--- Colton Spark	16	Middle Tyger YMCA	4:21.50	DQ

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 24 Men 400 Yard IM Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
--- Bryan Stephan	18	Westport/Weston CT YMCA	4:21.33	DQ
--- Jonny Kleinhenz	17	Powel Crosley Jr. YMCA	4:16.91	DQ
Shoulders past vertical toward breast - back				
	25.98	56.05 (30.07)	1:27.96 (31.91)	2:00.62 (32.66)
	2:38.93 (38.31)	3:18.47 (39.54)	3:48.92 (30.45)	DQ (28.65)

Event 25 Women 100 Yard Freestyle Swimming Competition

National: 49.23 * 1998

S. Williams

Bloomsburg, PA

Name	Age	Team	Prelim Time	Finals Time
A - Final				
*1 Emily Lloyd	16	Anne Arundel County YMCA	50.04	49.02 *
	23.81	49.02 (25.21)		
*1 Margo Geer	17	Springfield Family YMCA	50.34	49.02 *
	23.54	49.02 (25.48)		
3 Brittney Kuras	18	Canandaigua YMCA	51.85	50.55
	24.81	50.55 (25.74)		
4 Rachel Moore	14	Andover/North Andover YMCA	51.62	51.20
	24.84	51.20 (26.36)		
5 Mary Moser	17	Reading and Berks County YMCA	51.47	51.24
	24.46	51.24 (26.78)		
6 Shelby Fortin	16	Wilton Family YMCA	51.74	51.38
	24.97	51.38 (26.41)		
7 Anna Wujciak	14	Greater Flint YMCA	52.00	51.81
	25.09	51.81 (26.72)		
8 Emily Gniatczyk	17	B.R. Ryall (Northwestern Dupag	52.02	52.26
	24.89	52.26 (27.37)		
B - Final				
9 Susanna White	15	Lynchburg YMCA	52.11	50.90
	24.71	50.90 (26.19)		
10 Lauren Nichols	18	Birmingham Family YMCA	52.37	51.49
	24.75	51.49 (26.74)		
11 Heather Savage	18	Canandaigua YMCA	52.24	51.85
	25.13	51.85 (26.72)		
12 Erin Burke	18	Triangle Area YMCA	52.27	51.89
	25.20	51.89 (26.69)		
13 Molly Higgins	17	Lakeland Hills Family YMCA	52.16	51.93
	25.04	51.93 (26.89)		
14 Nikki Barczak	15	Birmingham Family YMCA	52.17	52.55
	25.44	52.55 (27.11)		
15 Katherine Carl	17	Birmingham Family YMCA	52.39	52.69
	25.50	52.69 (27.19)		
16 Breann McDowell	17	Countryside Ralph Stolle YMCA.	52.09	52.76
	25.22	52.76 (27.54)		
C - Final				
17 Suzanne Lemberg	17	Westfield YMCA	52.43	51.98
	25.14	51.98 (26.84)		
18 Stephanie Kinsey	17	West Shore YMCA	52.78	51.99
	24.83	51.99 (27.16)		
19 Katheryne Muth	17	Sarasota Family YMCA, Inc	52.50	52.50
	25.36	52.50 (27.14)		
20 Julia Comodeca	16	M.E. Lyons (Anderson) YMCA	52.63	52.71
	25.78	52.71 (26.93)		

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship
Results

C - Final ... (Event 25 Women 100 Yard Freestyle Swimming Competition)

	Name	Age	Team	Prelim Time	Finals Time
21	Julia Kudryashova	15	Somerset Hills YMCA	52.75	52.76
	25.22		52.76 (27.54)		
22	Alivia Berg	15	South Eastern Coastline Branch	52.64	52.85
	25.33		52.85 (27.52)		
23	Jenna Immormino	15	Somerset Hills YMCA	52.58	52.90
	25.31		52.90 (27.59)		
24	Mara Valenzuela	15	Somerset Valley YMCA	52.75	53.01
	25.28		53.01 (27.73)		

Event 25 Women 100 Yard Freestyle Swimming Competition

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Emily Lloyd	16	Anne Arundel County YMCA	50.23	50.04
	24.01		50.04 (26.03)		
2	Margo Geer	17	Springfield Family YMCA	48.99	50.34
	24.26		50.34 (26.08)		
3	Mary Moser	17	Reading and Berks County YMCA	50.82	51.47
	24.58		51.47 (26.89)		
4	Rachel Moore	14	Andover/North Andover YMCA	51.74	51.62
	25.10		51.62 (26.52)		
5	Shelby Fortin	16	Wilton Family YMCA	51.97	51.74
	25.15		51.74 (26.59)		
6	Brittney Kuras	18	Canandaigua YMCA	51.76	51.85
	25.24		51.85 (26.61)		
7	Anna Wujciak	14	Greater Flint YMCA	53.71	52.00
	25.29		52.00 (26.71)		
8	Emily Gniatczyk	17	B.R. Ryall (Northwestern Dupag	52.61	52.02
	25.09		52.02 (26.93)		
9	Breann McDowell	17	Countryside Ralph Stolle YMCA.	53.14	52.09
	25.24		52.09 (26.85)		
10	Susanna White	15	Lynchburg YMCA	52.41	52.11
	25.51		52.11 (26.60)		
11	Molly Higgins	17	Lakeland Hills Family YMCA	52.48	52.16
	25.13		52.16 (27.03)		
12	Nikki Barczak	15	Birmingham Family YMCA	51.73	52.17
	25.25		52.17 (26.92)		
13	Heather Savage	18	Canandaigua YMCA	52.86	52.24
	24.86		52.24 (27.38)		
14	Erin Burke	18	Triangle Area YMCA	53.33	52.27
	25.25		52.27 (27.02)		
15	Lauren Nichols	18	Birmingham Family YMCA	50.83	52.37
	24.86		52.37 (27.51)		
16	Katherine Carl	17	Birmingham Family YMCA	50.65	52.39
	25.10		52.39 (27.29)		
17	Suzanne Lemberg	17	Westfield YMCA	52.34	52.43
	25.20		52.43 (27.23)		
*18	Katheryne Muth	17	Sarasota Family YMCA, Inc	52.24	52.50
	25.22		52.50 (27.28)		
*18	Diana Diel	17	Pabst Farms YMCA	51.45	52.50
	25.33		52.50 (27.17)		

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship
Results

Preliminaries ... (Event 25 Women 100 Yard Freestyle Swimming Competition)

	Name	Age	Team	Seed Time	Prelim Time
20	Jenna Immormino	15	Somerset Hills YMCA	52.53	52.58
	24.97	52.58 (27.61)			
21	Julia Comodeca	16	M.E. Lyons (Anderson) YMCA	51.75	52.63
	25.52	52.63 (27.11)			
22	Alivia Berg	15	South Eastern Coastline Branch	51.53	52.64
	25.36	52.64 (27.28)			
*23	Mara Valenzuela	15	Somerset Valley YMCA	53.40	52.75
	25.24	52.75 (27.51)			
*23	Julia Kudryashova	15	Somerset Hills YMCA	53.57	52.75
	24.97	52.75 (27.78)			
25	Stephanie Kinsey	17	West Shore YMCA	51.49	52.78
	25.36	52.78 (27.42)			
26	Rachel Revolinski	16	Oshkosh Community YMCA	52.29	52.79
	25.27	52.79 (27.52)			
27	Lauren Funk	17	Springfield Family YMCA	52.33	52.93
	24.89	52.93 (28.04)			
28	Hayley Martin	18	Madison East YMCA	52.59	53.11
	25.32	53.11 (27.79)			
29	Claire Loht	16	West Shore YMCA	52.52	53.19
	25.68	53.19 (27.51)			
*30	Lulu Belak	16	New Canaan Community YMCA	54.47	53.20
	25.08	53.20 (28.12)			
*30	Lauren Schmittle	17	West Shore YMCA	51.18	53.20
	25.47	53.20 (27.73)			
*32	Anna Gibas	17	Greensburg YMCA	53.54	53.22
	25.38	53.22 (27.84)			
*32	Kaitlyn Utkewicz	16	Lakeland Hills Family YMCA	53.46	53.22
	25.39	53.22 (27.83)			
34	Chloe Conjares	16	Wyckoff Family YMCA Inc	52.73	53.25
	25.44	53.25 (27.81)			
*35	Rachel Gadzicki	18	Pottstown YMCA	51.90	53.26
	25.52	53.26 (27.74)			
*35	Samantha Kietlinski	18	Hamilton Area NJ YMCA	52.12	53.26
	25.71	53.26 (27.55)			
37	Paige Weslaski	17	Racine Family YMCA	53.86	53.27
	25.55	53.27 (27.72)			
38	Amina Meho	17	Burbank Branch YMCA	53.29	53.28
	25.65	53.28 (27.63)			
39	Paige Impink	17	Reading and Berks County YMCA	51.69	53.33
	25.06	53.33 (28.27)			
40	Marissa Murphy	17	Rapid Area YMCA - MI	52.34	53.35
	25.51	53.35 (27.84)			
41	Paige Baisden	15	Phoenixville Branch YMCA	53.53	53.37
	25.70	53.37 (27.67)			
42	Camilla Czulada	15	Reading and Berks County YMCA	52.96	53.39
	25.94	53.39 (27.45)			
43	Bekka Westrick	17	Great Miami Valley Ohio YMCA	51.81	53.40
	24.97	53.40 (28.43)			
44	Madeline Scarborough	18	B.R. Ryall (Northwestern Dupag	53.50	53.49
	25.37	53.49 (28.12)			
45	Noelle Klockner	14	Western Monmouth Co. YMCA	54.41	53.53
	25.52	53.53 (28.01)			

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship
Results

Preliminaries ... (Event 25 Women 100 Yard Freestyle Swimming Competition)

Name	Age	Team	Seed Time	Prelim Time
46 Evann Heidersbach 25.11	17	Vermilion Family YMCA 53.54 (28.43)	51.41	53.54
*47 Sara Krueger 25.98	15	Powel Crosley Jr. YMCA 53.56 (27.58)	52.99	53.56
*47 Casey Jepsen 25.85	16	Kishwaukee Family YMCA 53.56 (27.71)	54.57	53.56
49 Jenny Dalmonte 25.85	17	Upper Main Line YMCA 53.58 (27.73)	54.42	53.58
50 Dana Gnerre 25.60	18	Wilton Family YMCA 53.61 (28.01)	53.92	53.61
*51 Andrea McPike 25.55	18	Tri-City Area IL YMCA 53.63 (28.08)	54.45	53.63
*51 JaLynn Gieseke 25.92	16	Hannibal YMCA 53.63 (27.71)	53.86	53.63
*51 Hollis Capuano 25.84	18	Cheshire YMCA 53.63 (27.79)	52.36	53.63
*51 Jaynie Pulte 25.84	15	Birmingham Family YMCA 53.63 (27.79)	53.82	53.63
55 Kori Golden 25.95	17	Anne Arundel County YMCA 53.64 (27.69)	52.98	53.64
*56 Alexis Houser 25.92	17	Tri-Hampton Family Branch YMC 53.65 (27.73)	53.23	53.65
*56 Hayley Tilton 25.65	18	Sarasota Family YMCA, Inc 53.65 (28.00)	53.95	53.65
58 Bryn Dunbar 25.61	18	Powel Crosley Jr. YMCA 53.67 (28.06)	52.99	53.67
59 Kendall Farnham 26.06	16	Anne Arundel County YMCA 53.73 (27.67)	54.15	53.73
60 Lianne McCluskey 25.93	17	Penobscot Bay YMCA 53.74 (27.81)	54.41	53.74
61 Maddy Smart 25.83	13	Western Connecticut YMCA 53.75 (27.92)	54.67	53.75
62 Katie Keefer 25.62	17	Waynesboro Family YMCA 53.76 (28.14)	52.91	53.76
*63 Rylee Klomp 25.90	14	Eastside Family Branch YMCA 53.78 (27.88)	53.12	53.78
*63 Nicole Colucci 25.60	18	Fanwood-Scotch Plains YMCA 53.78 (28.18)	52.88	53.78
*63 Natalie Rohr 25.18	15	South Family YMCA-Kettering 53.78 (28.60)	52.86	53.78
66 Anna Yontz 25.49	15	Canton IL YMCA 53.80 (28.31)	53.84	53.80
67 Stephie Fox 25.75	18	Rapid Area YMCA - MI 53.84 (28.09)	53.47	53.84
68 Maggie Brabbins 26.04	17	Birmingham Family YMCA 53.86 (27.82)	53.85	53.86
69 Emily Waller 25.87	18	Kishwaukee Family YMCA 53.87 (28.00)	52.53	53.87
*70 Katey Brooks 25.76	18	Ridgewood Branch OH YMCA 53.89 (28.13)	52.33	53.89
*70 Meredith Ketchmark 25.77	16	Hamilton Area NJ YMCA 53.89 (28.12)	53.38	53.89

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship
Results

Preliminaries ... (Event 25 Women 100 Yard Freestyle Swimming Competition)

	Name	Age	Team	Seed Time	Prelim Time
72	Kayla Smith	18	Madison West YMCA	51.33	53.92
	25.29	53.92 (28.63)			
73	Molly McSweeney	15	North Shore (Sterling) MA YMCA	54.51	53.94
	26.21	53.94 (27.73)			
*74	Jennifer Tavares	14	Cheshire YMCA	54.27	53.97
	26.28	53.97 (27.69)			
*74	Katy Munzenmaier	15	Glens Falls YMCA	52.81	53.97
	25.83	53.97 (28.14)			
76	Maggie Thompson	17	Spokane YMCA	53.60	53.99
	25.98	53.99 (28.01)			
77	Chelsea Unger	17	Western Monmouth Co. YMCA	54.15	54.01
	25.66	54.01 (28.35)			
78	Caroline Higgins	16	Wilton Family YMCA	53.42	54.02
	26.03	54.02 (27.99)			
79	Alexandra Meyers	13	Schroeder YMCA	53.02	54.03
	25.98	54.03 (28.05)			
80	Renee Rosenkranz	18	Dutchess County YMCA	53.82	54.04
	25.58	54.04 (28.46)			
81	Caroline Finkbeiner	14	West Shore YMCA	53.48	54.06
	26.17	54.06 (27.89)			
82	Alex Iwanicki	15	B.R. Ryall (Northwestern Dupag	53.77	54.07
	25.46	54.07 (28.61)			
*83	Katherine Foley	18	Lakeland Hills Family YMCA	52.96	54.08
	25.50	54.08 (28.58)			
*83	Daphne Williams	18	Tri-City Area IL YMCA	53.38	54.08
	25.15	54.08 (28.93)			
85	Cassie Walth	14	Bismarck YMCA	53.20	54.10
	25.94	54.10 (28.16)			
86	Jesse Evans	15	Greenwich YMCA	54.18	54.11
	26.17	54.11 (27.94)			
87	Heather Librizzi	17	Western Connecticut YMCA	54.21	54.13
	26.15	54.13 (27.98)			
88	Taylor Steffl	15	Birmingham Family YMCA	53.85	54.14
	25.51	54.14 (28.63)			
89	Carey Fries	16	Summit Branch YMCA	54.62	54.15
	25.83	54.15 (28.32)			
*90	Meghan Kiely	14	Lakeland Hills Family YMCA	53.78	54.16
	25.67	54.16 (28.49)			
*90	Annie Carter	18	Brandywine -DE YMCA	53.95	54.16
	26.05	54.16 (28.11)			
92	Jillian Gamble	16	Riverfront Branch YMCA	53.99	54.17
	26.15	54.17 (28.02)			
93	Kristen Ferriero	17	West Morris YMCA	54.42	54.19
	26.01	54.19 (28.18)			
*94	Caitlin Nelson	18	Montclair YMCA	54.29	54.23
	26.08	54.23 (28.15)			
*94	Janene Senofonte	17	Fanwood-Scotch Plains YMCA	54.50	54.23
	25.72	54.23 (28.51)			
*96	Danielle Albright	14	Tampa Metro YMCA	54.00	54.25
	26.12	54.25 (28.13)			
*96	Ali Church	14	Red River Valley YMCA	54.19	54.25
	26.21	54.25 (28.04)			

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship
Results

Preliminaries ... (Event 25 Women 100 Yard Freestyle Swimming Competition)

	Name	Age	Team	Seed Time	Prelim Time
98	Hayley Tomlinson	15	Triangle Area YMCA	54.06	54.26
	26.60		54.26 (27.66)		
*99	Amy Needham	16	North Shore (Sterling) MA YMCA	54.29	54.27
	26.38		54.27 (27.89)		
*99	Marissa Doepker	18	Farmington Family YMCA	54.19	54.27
	26.13		54.27 (28.14)		
101	Lauren Barnes	16	Wilkes-Barre Family YMCA	54.04	54.28
	26.16		54.28 (28.12)		
102	Casey Stahl	17	Somerset Valley YMCA	53.73	54.30
	26.02		54.30 (28.28)		
103	Meghan Buckley	15	Sarasota Family YMCA, Inc	1:02.10L	54.32
	26.25		54.32 (28.07)		
104	Dana Iverson	15	Racine Family YMCA	54.06	54.38
	26.14		54.38 (28.24)		
*105	Taylor Folkertsma	15	Rapid Area YMCA - MI	54.48	54.41
	25.90		54.41 (28.51)		
*105	Charlotte Wilhelm	14	Sarasota Family YMCA, Inc	53.86	54.41
	26.56		54.41 (27.85)		
107	Abigail Raatz	13	Schroeder YMCA	53.78	54.43
	26.20		54.43 (28.23)		
*108	Kate Durkan	17	Upper Main Line YMCA	54.40	54.45
	25.97		54.45 (28.48)		
*108	Katie Orem	16	New Canaan Community YMCA	54.18	54.45
	26.37		54.45 (28.08)		
*108	Catriona Coppler	16	Greater Holyoke YMCA	53.22	54.45
	26.43		54.45 (28.02)		
*111	Mariangela Macchiavello	18	Sarasota Family YMCA, Inc	1:01.65L	54.47
	26.56		54.47 (27.91)		
*111	Courtney Shields	17	Allegheny Valley YMCA	53.32	54.47
	25.90		54.47 (28.57)		
113	Maddi Webb	16	B.R. Ryall (Northwestern Dupag	54.15	54.49
	26.19		54.49 (28.30)		
*114	Tommie Dillione	13	Tri-Hampton Family Branch YMC	54.11	54.51
	26.33		54.51 (28.18)		
*114	Stephanie Berg	17	Birmingham Family YMCA	53.79	54.51
	26.17		54.51 (28.34)		
116	Chelsey Young	17	Defiance Area YMCA	54.61	54.54
	26.66		54.54 (27.88)		
*117	Anna Strzempko	14	Greater Holyoke YMCA	54.01	54.55
	26.14		54.55 (28.41)		
*117	Lauren Timmerman	17	Darien Community YMCA	54.58	54.55
	26.25		54.55 (28.30)		
119	Emily Bourguignon	16	Green Bay YMCA Metro	53.60	54.63
	26.19		54.63 (28.44)		
120	Morgan Brooks	15	Middle Tyger YMCA	54.49	54.67
	25.90		54.67 (28.77)		
121	Rachel Dekar	17	Birmingham Family YMCA	54.15	54.68
	26.05		54.68 (28.63)		
*122	Grace Counts	15	Powel Crosley Jr. YMCA	53.94	54.69
	26.75		54.69 (27.94)		
*122	Casey Ostrander	17	Cape Cod YMCA	1:01.77L	54.69
	26.07		54.69 (28.62)		

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship
Results

Preliminaries ... (Event 25 Women 100 Yard Freestyle Swimming Competition)

	Name	Age	Team	Seed Time	Prelim Time
124	Bernadette Byrne 26.54	16	South Shore Mill Pond YMCA	53.58	54.70
					54.70 (28.16)
125	Emily Murphy 26.13	12	Lima Ohio YMCA	53.97	54.73
					54.73 (28.60)
126	Melissa Woody 25.66	17	Beavercreek Branch YMCA	54.02	54.74
					54.74 (29.08)
*127	Kathryn Coniglio 26.29	16	Hunterdon County YMCA	54.30	54.76
					54.76 (28.47)
*127	Kate Kelly 26.64	14	Middle Tyger YMCA	54.37	54.76
					54.76 (28.12)
129	Kalee Kemmesat 26.70	17	Bismarck YMCA	1:02.04L	54.77
					54.77 (28.07)
*130	Madie Gaido 26.24	14	Middle Tyger YMCA	54.27	54.79
					54.79 (28.55)
*130	Kaci McIlmoyle 25.98	14	Jennersville YMCA	53.34	54.79
					54.79 (28.81)
*132	Sarah Finn 26.08	15	Red Bank Branch	54.34	54.81
					54.81 (28.73)
*132	Meaghan Kwarcinski 26.52	14	Greater Holyoke YMCA	53.41	54.81
					54.81 (28.29)
134	Courtney Delehanty 26.47	16	Red Bank Branch	54.50	54.82
					54.82 (28.35)
135	Karyn Adams 26.05	15	Eastside Family Branch YMCA	54.43	54.83
					54.83 (28.78)
136	Savanna Keator 26.54	18	Norwich YMCA	53.14	54.84
					54.84 (28.30)
*137	Brooke Reynolds 26.14	15	La Crosse Area Family YMCA	54.02	54.85
					54.85 (28.71)
*137	Megan Foran 26.67	15	Red Bank Branch	54.18	54.85
					54.85 (28.18)
*137	Emily Martin 26.45	18	Marietta YMCA	54.35	54.85
					54.85 (28.40)
140	Meredith Smith 26.59	16	Westfield YMCA	54.68	54.86
					54.86 (28.27)
*141	Danielle Parowski 26.65	14	Greater Johnstown Community	54.17	54.91
					54.91 (28.26)
*141	Jessica Metcalf 26.56	18	Cheshire YMCA	54.06	54.91
					54.91 (28.35)
143	Elizabeth Jordan 26.04	17	Pocono Family YMCA	53.80	54.93
					54.93 (28.89)
144	Kristen Moll 26.25	17	Somerset Valley YMCA	54.40	54.96
					54.96 (28.71)
145	Jordon Momsen 26.01	17	Pabst Farms YMCA	53.74	54.98
					54.98 (28.97)
146	Alison O'Connor 26.51	15	Wyckoff Family YMCA Inc	54.52	54.99
					54.99 (28.48)
147	Sierra Sachtjen 26.54	15	Madison West YMCA	54.25	55.08
					55.08 (28.54)
148	Michelle Giordani 26.68	15	Sunbury Branch YMCA	53.98	55.10
					55.10 (28.42)
*149	Ashley Conroy 26.07	16	Ocean County YMCA	53.94	55.11
					55.11 (29.04)

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship
Results

Preliminaries ... (Event 25 Women 100 Yard Freestyle Swimming Competition)

	Name	Age	Team	Seed Time	Prelim Time
*149	Jessica Colucci	16	Fanwood-Scotch Plains YMCA	54.04	55.11
	26.68	55.11 (28.43)			
151	Chase Kinney	14	North Canton Community YMCA	54.44	55.14
	26.47	55.14 (28.67)			
152	Kara Dubiel	17	Somerset Valley YMCA	54.33	55.16
	26.42	55.16 (28.74)			
153	Maggie Dillione	17	Tri-Hampton Family Branch YMC	54.33	55.18
	26.57	55.18 (28.61)			
*154	Stephanie Paape	15	Green Bay YMCA Metro	54.28	55.22
	26.72	55.22 (28.50)			
*154	Sara Weinberg	18	Bismarck YMCA	54.58	55.22
	26.78	55.22 (28.44)			
156	Bowie Reilly	17	Western Monmouth Co. YMCA	54.68	55.24
	26.55	55.24 (28.69)			
*157	Allison Witt	17	La Crosse Area Family YMCA	54.51	55.25
	26.43	55.25 (28.82)			
*157	Kelsey Millin	16	Madison East YMCA	54.20	55.25
	26.32	55.25 (28.93)			
159	Alissa Endres	17	Madison West YMCA	54.45	55.27
	25.83	55.27 (29.44)			
160	Samantha Heyman	17	Greenwich YMCA	54.04	55.29
	26.09	55.29 (29.20)			
161	Maddie Monroe	15	Tri-City Area IL YMCA	53.95	55.31
	26.74	55.31 (28.57)			
162	Emily Healey	17	Wilton Family YMCA	54.69	55.35
	26.29	55.35 (29.06)			
*163	Margo Khalili	17	Beavercreek Branch YMCA	54.61	55.36
	26.44	55.36 (28.92)			
*163	Marah Pugh	13	Macomb Family YMCA	54.17	55.36
	26.74	55.36 (28.62)			
165	Rachel Polanco	14	M.E. Lyons (Anderson) YMCA	54.69	55.37
	26.22	55.37 (29.15)			
166	Bridget Riley	17	Bismarck YMCA	54.65	55.39
	26.32	55.39 (29.07)			
167	Emily Eaton	15	Greater Flint YMCA	54.43	55.44
	26.56	55.44 (28.88)			
168	Ally Stover	18	South Family YMCA-Kettering	54.23	55.45
	26.56	55.45 (28.89)			
169	Emily Buczkowski	15	Bath Area Family YMCA	54.12	55.46
	26.63	55.46 (28.83)			
*170	Julianna Lynch	18	Great Miami Valley Ohio YMCA	53.50	55.48
	26.28	55.48 (29.20)			
*170	Jaime Kohnke	13	Schroeder YMCA	53.24	55.48
	26.89	55.48 (28.59)			
172	Allison Siegel	17	McGaw YMCA	54.11	55.53
	26.54	55.53 (28.99)			
*173	Sammy Joe Koons	15	Sunbury Branch YMCA	54.22	55.54
	26.79	55.54 (28.75)			
*173	Morgan Lydic	14	Cuyahoga Falls Riverfront YMCA	53.92	55.54
	26.38	55.54 (29.16)			
175	Carolyn Curran	15	Madison West YMCA	54.55	55.55
	27.16	55.55 (28.39)			

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 25 Women 100 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
176 Laura Stephens 26.75	15	Kennett Area YMCA	53.91	55.59 55.59 (28.84)
177 Kinsey Kowalski 26.51	18	Blue Ash Branch YMCA	53.95	55.61 55.61 (29.10)
178 Erin Frye 26.18	17	Ashland Area YMCA	54.62	55.70 55.70 (29.52)
179 Milon Crawford 26.21	15	Farmington Family YMCA	54.53	55.87 55.87 (29.66)
180 Marley Clark 26.64	18	Piscataquis Regional YMCA	53.98	55.88 55.88 (29.24)
181 Marisa Immormino 26.22	16	Somerset Hills YMCA	54.51	55.93 55.93 (29.71)
182 Hannah Knapp 26.72	14	North Oakland Family YMCA	1:00.16S	55.94 55.94 (29.22)
183 Monika Drogosz 26.61	17	Wheeler Regional Branch YMCA	54.02	56.11 56.11 (29.50)
184 Maddi Thompson 26.90	16	Jersey Shore Area YMCA	53.95	56.18 56.18 (29.28)
185 Elina Hu 26.73	16	Oshkosh Community YMCA	54.48	56.21 56.21 (29.48)
186 Ashlie Benson 27.02	16	Edwardsville YMCA	54.33	56.30 56.30 (29.28)
187 Jacquelyn Misanik 26.68	16	North Canton Community YMCA	54.35	56.32 56.32 (29.64)
188 Nicole Becks 27.13	15	North Canton Community YMCA	54.38	56.41 56.41 (29.28)
189 Becca Blinstrub 26.68	17	Birmingham Family YMCA	54.61	56.48 56.48 (29.80)
190 Jessica Burkhart 26.01	16	Lancaster Family YMCA	54.31	56.63 56.63 (30.62)
191 Rachael Ragen 26.80	17	Eastside Family Branch YMCA	54.58	56.71 56.71 (29.91)
192 Laura Askin 27.43	15	Central Delaware YMCA	54.01	57.05 57.05 (29.62)
193 Meredith Hardy 27.38	17	Triangle Area YMCA	54.56	57.44 57.44 (30.06)
--- Alisa Danzer False start 26.92	15	Racine Family YMCA	54.61	DQ DQ (28.77)
--- Ariana Lyons Declared false start	17	Fanwood-Scotch Plains YMCA	54.01	DFS
--- Julia Wisler Declared false start	15	Phoenixville Branch YMCA	54.50	DFS
--- Lauren Burt Declared false start	18	North Oakland Family YMCA	54.63	DFS

Event 26 Men 100 Yard Freestyle Swimming Competition

National: 44.51 * 4/14/2008 Evan Reed

UpperMainLine-PA

Name	Age	Team	Prelim Time	Finals Time
A - Final 1 Tim Phillips 21.32	18	Marietta YMCA	45.16	44.11*

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****A - Final ... (Event 26 Men 100 Yard Freestyle Swimming Competition)**

	Name	Age	Team	Prelim Time	Finals Time
2	Mitchell Friedemann	16	Schroeder YMCA	45.22	44.87
	21.71		44.87 (23.16)		
3	Nick Johnson	18	Tri-Hampton Family Branch YMC	45.03	45.06
	21.68		45.06 (23.38)		
4	Patrick Ceddia	17	Sarasota Family YMCA, Inc	46.17	45.51
	21.97		45.51 (23.54)		
5	Ethan Griffel	17	Idaho Falls YMCA	46.21	45.78
	22.00		45.78 (23.78)		
6	Jake Reynolds	18	Montgomery -East Branch YMCA	45.72	45.87
	21.70		45.87 (24.17)		
7	Matt Hogan	17	Birmingham Family YMCA	45.94	46.07
	21.69		46.07 (24.38)		
8	Andrew Grinalds	17	Westport/Weston CT YMCA	45.24	46.08
	22.27		46.08 (23.81)		
B - Final					
9	Mason Chenier	17	Goldsboro Family YMCA	46.29	45.61
	21.46		45.61 (24.15)		
10	James Wilson	16	Jennersville YMCA	46.35	45.83
	22.13		45.83 (23.70)		
11	Matt Taylor	17	Triangle Area YMCA	46.39	46.01
	22.22		46.01 (23.79)		
12	Garrett Snipes	17	Middle Tyger YMCA	46.67	46.49
	22.73		46.49 (23.76)		
13	Alex Fitton	18	Red Bank Branch	46.52	46.50
	22.62		46.50 (23.88)		
14	Brian Sivak	18	B.R. Ryall (Northwestern Dupag	46.67	46.89
	22.53		46.89 (24.36)		
15	Robert Parker	17	Somerset Valley YMCA	46.43	46.95
	22.66		46.95 (24.29)		
16	Dan Sweeney	18	New Canaan Community YMCA	46.31	47.57
	21.78		47.57 (25.79)		
C - Final					
17	Jack Pretto	17	Cheshire YMCA	46.74	46.42
	22.45		46.42 (23.97)		
18	John Hauser	16	Pottstown YMCA	46.83	46.50
	22.39		46.50 (24.11)		
19	Won Ho Chang	17	Bath Area Family YMCA	46.77	46.57
	22.56		46.57 (24.01)		
20	Andrew Seiler	18	Upper Main Line YMCA	46.95	46.87
	22.61		46.87 (24.26)		
21	Michael McElduff	16	Lakeland Hills Family YMCA	46.88	46.89
	22.64		46.89 (24.25)		
22	Andrew Slater	17	Lancaster & Fairfield YMCA	47.05	46.99
	22.95		46.99 (24.04)		
23	Joe Bonk	15	Triangle Area YMCA	46.82	47.05
	22.32		47.05 (24.73)		
24	Tom Rhoads	17	Ridley Area YMCA	46.96	47.66
	22.31		47.66 (25.35)		

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Event 26 Men 100 Yard Freestyle Swimming Competition

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Nick Johnson	18	Tri-Hampton Family Branch YMC	45.34	45.03
21.74	45.03 (23.29)			
2 Tim Phillips	18	Marietta YMCA	46.10	45.16
21.69	45.16 (23.47)			
3 Mitchell Friedemann	16	Schroeder YMCA	44.92	45.22
21.87	45.22 (23.35)			
4 Andrew Grinalds	17	Westport/Weston CT YMCA	44.77	45.24
22.12	45.24 (23.12)			
5 Jake Reynolds	18	Montgomery -East Branch YMCA	45.53	45.72
22.12	45.72 (23.60)			
6 Matt Hogan	17	Birmingham Family YMCA	45.17	45.94
22.08	45.94 (23.86)			
7 Patrick Ceddia	17	Sarasota Family YMCA, Inc	45.71	46.17
22.26	46.17 (23.91)			
8 Ethan Griffel	17	Idaho Falls YMCA	46.41	46.21
22.39	46.21 (23.82)			
9 Mason Chenier	17	Goldsboro Family YMCA	45.58	46.29
22.18	46.29 (24.11)			
10 Dan Sweeney	18	New Canaan Community YMCA	46.84	46.31
21.69	46.31 (24.62)			
11 James Wilson	16	Jennersville YMCA	48.11	46.35
22.38	46.35 (23.97)			
12 Matt Taylor	17	Triangle Area YMCA	46.49	46.39
22.46	46.39 (23.93)			
13 Robert Parker	17	Somerset Valley YMCA	46.09	46.43
22.24	46.43 (24.19)			
14 Alex Fitton	18	Red Bank Branch	46.64	46.52
22.39	46.52 (24.13)			
*15 Garrett Snipes	17	Middle Tyger YMCA	47.45	46.67
22.79	46.67 (23.88)			
*15 Brian Sivak	18	B.R. Ryall (Northwestern Dupag	46.89	46.67
22.46	46.67 (24.21)			
17 Jack Pretto	17	Cheshire YMCA	47.28	46.74
22.54	46.74 (24.20)			
18 Won Ho Chang	17	Bath Area Family YMCA	48.61	46.77
22.66	46.77 (24.11)			
19 Joe Bonk	15	Triangle Area YMCA	47.90	46.82
22.39	46.82 (24.43)			
20 John Hauser	16	Pottstown YMCA	47.84	46.83
22.55	46.83 (24.28)			
21 Michael McElduff	16	Lakeland Hills Family YMCA	46.66	46.88
22.41	46.88 (24.47)			
22 Nick McGowan	17	Birmingham Family YMCA	46.75	46.94
22.51	46.94 (24.43)			
*23 Harrison Cefalo	16	Red Bank Branch	47.66	46.95
22.57	46.95 (24.38)			
*23 Andrew Seiler	18	Upper Main Line YMCA	47.97	46.95
22.50	46.95 (24.45)			

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
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Results

Preliminaries ... (Event 26 Men 100 Yard Freestyle Swimming Competition)

	Name	Age	Team	Seed Time	Prelim Time
25	Tom Rhoads	17	Ridley Area YMCA	47.03	46.96
	22.31	46.96	(24.65)		
26	Andrew Slater	17	Lancaster & Fairfield YMCA	47.01	47.05
	22.35	47.05	(24.70)		
27	Alex Kosenski	19	Ocean County YMCA	48.16	47.09
	22.43	47.09	(24.66)		
28	Danny Crigler	17	Reading and Berks County YMCA	46.06	47.14
	22.52	47.14	(24.62)		
29	Tim Squires	17	Harrison Area YMCA	46.03	47.15
	22.26	47.15	(24.89)		
30	Michael Krone	19	Blue Ash Branch YMCA	46.55	47.21
	22.94	47.21	(24.27)		
*31	Greg Daniele	17	Red Bank Branch	46.68	47.24
	22.64	47.24	(24.60)		
*31	Thomas Delves	18	B.R. Ryall (Northwestern Dupag	47.10	47.24
	22.39	47.24	(24.85)		
33	Mike Wallace	18	Sunbury Branch YMCA	46.75	47.26
	22.44	47.26	(24.82)		
34	Brock Jackson	18	State YMCA of Michigan (Sturgi	46.15	47.29
	22.87	47.29	(24.42)		
35	Graham Kauffman	17	Middle Tyger YMCA	47.61	47.34
	22.80	47.34	(24.54)		
36	Shay Flanagan	18	Clearfield YMCA	47.81	47.37
	23.17	47.37	(24.20)		
37	Brendan Murphy	17	Northwest Connecticut YMCA	46.84	47.40
	22.82	47.40	(24.58)		
38	Wesley Trumbauer	17	Boyertown Area YMCA	49.10	47.42
	22.83	47.42	(24.59)		
39	Kevin Mihic	18	B.R. Ryall (Northwestern Dupag	47.59	47.43
	22.86	47.43	(24.57)		
40	Mark Cox	17	Sarasota Family YMCA, Inc	47.17	47.45
	22.85	47.45	(24.60)		
41	Joseph Gallene	17	Western Monmouth Co. YMCA	47.24	47.48
	22.65	47.48	(24.83)		
42	Tyler Benmark	18	Greater Flint YMCA	47.01	47.49
	22.84	47.49	(24.65)		
43	Ryan Hansen	17	Schroeder YMCA	46.50	47.50
	22.38	47.50	(25.12)		
44	Charles Pataffi	18	Red Bank Branch	47.45	47.53
	22.69	47.53	(24.84)		
45	Frank Cuzzola	18	Somerset Valley YMCA	47.43	47.55
	22.57	47.55	(24.98)		
46	Jordan Hartman	17	Boyertown Area YMCA	47.31	47.59
	23.08	47.59	(24.51)		
47	Philip Hawley	16	Burlington County YMCA	48.32	47.60
	22.11	47.60	(25.49)		
48	Austin Abigt	17	Montgomery -East Branch YMCA	48.49	47.63
	22.45	47.63	(25.18)		
49	Wade Boarman	17	Talbot County YMCA	47.35	47.64
	22.51	47.64	(25.13)		
50	Carter Watson	16	Lynchburg YMCA	47.35	47.65
	23.03	47.65	(24.62)		

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 26 Men 100 Yard Freestyle Swimming Competition)**

	Name	Age	Team	Seed Time	Prelim Time
51	Caleb Sandvold	18	Pabst Farms YMCA	47.20	47.66
	22.49		47.66 (25.17)		
52	Sean Brown	18	B.R. Ryall (Northwestern Dupag	47.07	47.70
	22.90		47.70 (24.80)		
53	Evan Mahoney	14	Ocean County YMCA	48.61	47.71
	22.95		47.71 (24.76)		
*54	Andrew Golankiewicz	17	Wilton Family YMCA	48.27	47.72
	23.09		47.72 (24.63)		
*54	Nick Iwanicki	18	B.R. Ryall (Northwestern Dupag	47.11	47.72
	22.99		47.72 (24.73)		
56	Zach Fischer	17	Powel Crosley Jr. YMCA	48.99	47.82
	22.70		47.82 (25.12)		
57	Curtis Ramsey	18	Brandywine -DE YMCA	46.63	47.84
	22.65		47.84 (25.19)		
*58	Eric Trotta	17	Westport/Weston CT YMCA	47.55	47.86
	22.92		47.86 (24.94)		
*58	Raymond Cswerko	15	Northwest Connecticut YMCA	47.35	47.86
	22.98		47.86 (24.88)		
60	Ian Richardson	17	Mount Vernon Ohio YMCA	49.09	47.88
	23.13		47.88 (24.75)		
61	Gus Bailey	17	Suburban West Branch Ohio YMC	48.49	47.95
	22.69		47.95 (25.26)		
62	Sasan Tehrani	17	New Canaan Community YMCA	48.79	47.96
	22.68		47.96 (25.28)		
63	Alex Lewis	16	M.E. Lyons (Anderson) YMCA	47.98	47.97
	22.85		47.97 (25.12)		
64	Paul Maneri	17	Riverfront Branch YMCA	47.06	47.99
	22.61		47.99 (25.38)		
65	Eddie Lanoue	17	West Shore YMCA	47.74	48.01
	23.17		48.01 (24.84)		
66	Jay Margherio	18	New Canaan Community YMCA	47.37	48.06
	23.01		48.06 (25.05)		
67	Lemar Linton	16	Ashland Area YMCA	47.81	48.08
	22.95		48.08 (25.13)		
68	Kyle Disney-Huss	17	Triangle Area YMCA	47.98	48.10
	23.07		48.10 (25.03)		
69	Adam Schneider	17	Riverfront Branch YMCA	47.80	48.13
	22.65		48.13 (25.48)		
70	Brad Powell	18	Montgomery -East Branch YMCA	47.61	48.14
	23.19		48.14 (24.95)		
71	Kyle Madley	16	Somerset Hills YMCA	48.30	48.15
	23.00		48.15 (25.15)		
72	Eddy Lynk	17	Edwardsville YMCA	48.08	48.18
	23.29		48.18 (24.89)		
73	Joseph Ward	18	Greater Johnstown Community	48.78	48.24
	22.71		48.24 (25.53)		
74	Jack Thomas	18	West Morris YMCA	47.93	48.28
	23.05		48.28 (25.23)		
*75	Doug McCan	16	Boise YMCA	47.59	48.37
	23.38		48.37 (24.99)		
*75	Ryan Reynolds	17	Birmingham Family YMCA	47.18	48.37
	23.13		48.37 (25.24)		

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
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Results

Preliminaries ... (Event 26 Men 100 Yard Freestyle Swimming Competition)

Name	Age	Team	Seed Time	Prelim Time
77 Brendan Kerins	17	Catonsville MD YMCA	48.63	48.38
23.25	48.38	(25.13)		
78 Matt Duffy	17	Boyertown Area YMCA	47.72	48.40
23.33	48.40	(25.07)		
79 James Ross	15	Somerset Hills YMCA	48.34	48.41
23.01	48.41	(25.40)		
80 Josh Fleagle	15	Auglaize-Mercer Counties YMCA	48.07	48.42
22.92	48.42	(25.50)		
81 Emmanuel Arias	16	Orlando YMCA	48.20	48.44
23.28	48.44	(25.16)		
82 Michael Hagensick	18	La Crosse Area Family YMCA	47.96	48.53
22.71	48.53	(25.82)		
83 Nathan Reed	17	Upper Main Line YMCA	47.76	48.54
23.45	48.54	(25.09)		
84 Michael Murphy	17	Powel Crosley Jr. YMCA	47.32	48.58
22.77	48.58	(25.81)		
85 David Wilson	18	Somerset Valley YMCA	47.24	48.59
22.90	48.59	(25.69)		
86 Mason Monheim	16	Orrville Ohio YMCA	48.63	48.63
22.91	48.63	(25.72)		
*87 Jeffrey Rowe	17	Riverfront Branch YMCA	48.21	48.65
22.87	48.65	(25.78)		
*87 Ryan Goggans	18	Fox Cities YMCA	47.99	48.65
23.34	48.65	(25.31)		
89 Nick Spaniel	16	Greater Burlington YMCA	48.87	48.68
23.07	48.68	(25.61)		
*90 Joe Huyett	17	Reading and Berks County YMCA	48.02	48.74
22.81	48.74	(25.93)		
*90 Jack Lorentzen	16	Westfield YMCA	48.41	48.74
23.39	48.74	(25.35)		
92 JB Stahl	17	Tuscarawas County YMCA	48.89	48.75
23.34	48.75	(25.41)		
*93 Will Brown	16	Fanwood-Scotch Plains YMCA	48.05	48.76
23.32	48.76	(25.44)		
*93 Jimmy Coleman	18	Burlington County YMCA	48.28	48.76
23.13	48.76	(25.63)		
*93 Devon Byrt	17	Saratoga Springs YMCA	47.79	48.76
23.26	48.76	(25.50)		
*96 Brian Barr	16	Somerset Valley YMCA	56.23 L	48.79
23.39	48.79	(25.40)		
*96 Tim Bradley	17	Sarasota Family YMCA, Inc	47.88	48.79
23.30	48.79	(25.49)		
98 Charles Prestigiacomo	16	Schroeder YMCA	48.56	48.83
23.33	48.83	(25.50)		
*99 Matt McKee	18	Countryside Ralph Stolle YMCA.	48.76	48.91
22.69	48.91	(26.22)		
*99 Christophe Vandervest	18	Green Bay YMCA Metro	48.37	48.91
23.45	48.91	(25.46)		
*99 Ben Tillar	16	South Family YMCA-Kettering	48.37	48.91
23.09	48.91	(25.82)		
*102 Andrew Miller	16	Lebanon Valley Family YMCA	47.83	48.92
23.10	48.92	(25.82)		

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship
Results

Preliminaries ... (Event 26 Men 100 Yard Freestyle Swimming Competition)

	Name	Age	Team	Seed Time	Prelim Time
*102	Brian Brennan	17	North Shore (Sterling) MA YMCA	48.91	48.92
	23.94		48.92 (24.98)		
*104	Ryley Pearson	17	Skagit Valley Family YMCA	48.64	48.93
	22.99		48.93 (25.94)		
*104	Jake Schneider	18	Madison West YMCA	48.01	48.93
	23.05		48.93 (25.88)		
*104	Mufaddal Kadibhai	17	Sarasota Family YMCA, Inc	48.84	48.93
	24.00		48.93 (24.93)		
*107	Aaron Shields	17	Macomb Family YMCA	47.89	48.94
	23.51		48.94 (25.43)		
*107	Derek Smith	17	Boise YMCA	48.40	48.94
	23.77		48.94 (25.17)		
*109	Dylan Coggin	18	Brandywine -DE YMCA	47.95	48.96
	23.07		48.96 (25.89)		
*109	Kevin Kelley	18	Burlington County YMCA	48.73	48.96
	23.44		48.96 (25.52)		
111	David White	17	Hunterdon County YMCA	48.76	49.00
	23.27		49.00 (25.73)		
112	Aaron Pomeroy	15	Madison East YMCA	49.10	49.01
	23.04		49.01 (25.97)		
113	Gregory Kogut	16	Anne Arundel County YMCA	49.08	49.05
	23.66		49.05 (25.39)		
114	Ryan Kauth	16	Western Monmouth Co. YMCA	48.84	49.06
	23.95		49.06 (25.11)		
*115	Will Schlosser	17	Upper Main Line YMCA	48.95	49.09
	23.40		49.09 (25.69)		
*115	Aaren Marecki	16	Farmington Family YMCA	47.73	49.09
	23.33		49.09 (25.76)		
117	Ryan Bacci	16	Flushing YMCA	48.83	49.11
	23.58		49.11 (25.53)		
118	Jack Forese	16	New Canaan Community YMCA	48.51	49.16
	23.27		49.16 (25.89)		
119	Tyler Szarko	18	Catonsville MD YMCA	48.63	49.23
	23.59		49.23 (25.64)		
*120	Ian Carbone	17	Mount Desert Island YMCA	48.99	49.24
	23.66		49.24 (25.58)		
*120	Pat Dierker	15	Powel Crosley Jr. YMCA	48.29	49.24
	23.72		49.24 (25.52)		
122	Jake Miller	17	Hilliard YMCA	48.37	49.25
	22.84		49.25 (26.41)		
123	Ricky Agresta	16	Brandywine -DE YMCA	47.56	49.26
	23.19		49.26 (26.07)		
124	Andrew Weber	16	Red Bank Branch	48.54	49.28
	23.28		49.28 (26.00)		
125	James Foust	18	Madison West YMCA	47.77	49.31
	23.61		49.31 (25.70)		
126	Ben Drexler	17	Camp-Hay-Went-Ha YMCA	48.64	49.33
	23.29		49.33 (26.04)		
127	Robby Spichiger	18	The Licking County Family YMC	48.60	49.34
	23.23		49.34 (26.11)		
128	Wayde Marsh	18	Central Delaware YMCA	48.17	49.39
	23.45		49.39 (25.94)		

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship
Results

Preliminaries ... (Event 26 Men 100 Yard Freestyle Swimming Competition)

	Name	Age	Team	Seed Time	Prelim Time
129	Jordan Stillman	17	Lakeland Hills Family YMCA	48.46	49.40
	23.14		49.40 (26.26)		
130	Alex Corbett	16	Boyertown Area YMCA	48.62	49.45
	23.63		49.45 (25.82)		
131	Nik Lumkong	18	West Morris YMCA	48.13	49.48
	23.22		49.48 (26.26)		
132	Greg Hameister	14	Oshkosh Community YMCA	48.58	49.51
	23.55		49.51 (25.96)		
133	John Quagliariello	15	Ridley Area YMCA	48.85	49.56
	24.04		49.56 (25.52)		
*134	Isaac Loegering	14	Red River Valley YMCA	48.91	49.57
	23.58		49.57 (25.99)		
*134	Kenny Kim	17	Flushing YMCA	49.02	49.57
	23.42		49.57 (26.15)		
*136	Seth Dippold	17	Ridgway YMCA	47.46	49.61
	23.47		49.61 (26.14)		
*136	Luke Fiore	17	Cheshire YMCA	47.68	49.61
	23.84		49.61 (25.77)		
138	Tyler Tadian	17	South Oakland Family YMCA	48.87	49.62
	23.80		49.62 (25.82)		
139	Tyler Essary	16	Prattville YMCA	48.44	49.67
	23.66		49.67 (26.01)		
*140	Jamie Barnard	20	South Eastern Coastline Branch	49.01	49.68
	24.00		49.68 (25.68)		
*140	JV Kracke	18	Western Monmouth Co. YMCA	49.04	49.68
	24.00		49.68 (25.68)		
142	Jimmy Ryan	15	Upper Main Line YMCA	49.15	49.69
	23.97		49.69 (25.72)		
*143	Steven Spieker	18	Franklin/Grove City YMCA	48.78	49.72
	23.77		49.72 (25.95)		
*143	Jeffrey Mead	16	Columbia Northwest Family YMC	49.14	49.72
	23.73		49.72 (25.99)		
*143	Brendan Lacey	16	Laurel Highlands Regional YMCA	48.99	49.72
	23.85		49.72 (25.87)		
146	Patrick Inness	18	Knox County YMCA	48.64	49.73
	23.74		49.73 (25.99)		
147	Josh Johnson	17	Ashland Area YMCA	48.79	49.74
	23.85		49.74 (25.89)		
148	Frank Bozzi	15	Lakeland Hills Family YMCA	48.95	49.76
	23.66		49.76 (26.10)		
149	Nate Oropollo	18	Ridley Area YMCA	49.17	49.78
	23.93		49.78 (25.85)		
150	Nick Mink	18	Beavercreek Branch YMCA	48.79	49.79
	23.77		49.79 (26.02)		
151	Tim Cutler	17	Chippewa Valley Family YMCA	49.10	49.81
	23.82		49.81 (25.99)		
152	Cole Hogg	14	Greater Manchester YMCA	48.53	49.83
	23.80		49.83 (26.03)		
153	Greg Pristov	18	Lake County East End YMCA	48.75	49.85
	23.64		49.85 (26.21)		
154	Tyler Long	17	Sunbury Branch YMCA	49.19	49.87
	24.04		49.87 (25.83)		

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 26 Men 100 Yard Freestyle Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
155 Alexander Habursky	17	Eastside Family Branch YMCA	49.02	49.89
24.03	49.89	(25.86)		
156 Tim Martin-Toussaint	16	New Rochelle YMCA	49.17	49.91
24.17	49.91	(25.74)		
157 Andrew Sumnicht	17	Green Bay YMCA Metro	49.08	49.95
24.16	49.95	(25.79)		
158 Zachary Eller	17	Central/North Westchester NY Y	48.75	49.98
23.50	49.98	(26.48)		
*159 Tyler Paulsen	18	The Licking County Family YMC.	47.66	50.00
23.08	50.00	(26.92)		
*159 David Woodford	16	Riverfront Branch YMCA	49.06	50.00
23.98	50.00	(26.02)		
161 David Paccapaniccia	17	Indiana County YMCA	47.62	50.05
23.55	50.05	(26.50)		
162 Daly Brower	17	Greensboro YMCA	48.95	50.08
23.92	50.08	(26.16)		
163 Andrew Urban	18	Ambler Area Branch YMCA	48.60	50.11
23.87	50.11	(26.24)		
164 Brian Mong	17	Franklin/Grove City YMCA	48.71	50.22
24.40	50.22	(25.82)		
165 Logan Hammerstein	16	Great Miami Valley Ohio YMCA	48.54	50.26
24.23	50.26	(26.03)		
166 JB Easley	18	M.E. Lyons (Anderson) YMCA	48.84	50.35
24.43	50.35	(25.92)		
167 Jon Harre	17	Fayette County Family YMCA	49.15	50.63
24.17	50.63	(26.46)		
168 Greg Fennell	16	Summit Branch YMCA	48.90	50.65
24.12	50.65	(26.53)		
169 Kevin Bals	17	Michiana YMCA	49.02	50.71
24.15	50.71	(26.56)		
170 Eric Nagel	18	Bismarck YMCA	47.99	50.81
23.82	50.81	(26.99)		
171 Thomas Johnson	18	Bismarck YMCA	48.83	51.18
24.04	51.18	(27.14)		

Event 27 Women 200 Yard Backstroke Swimming Competition

National: 1:58.13 * 4/7/2004 Tricia Weaner

West Shore

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Annie Gillig	14	Middle Tyger YMCA	1:58.91	1:55.45 *
27.12	56.07	(28.95)	1:25.93 (29.86)	1:55.45 (29.52)
2 Lauren Solernou	16	Cheshire YMCA	1:59.41	1:59.88
27.75	57.18	(29.43)	1:28.61 (31.43)	1:59.88 (31.27)
3 Sarah Galvin	18	B.R. Ryall (Northwestern Dupag	2:02.26	2:01.74
28.70	59.00	(30.30)	1:30.62 (31.62)	2:01.74 (31.12)
4 Sadie Nennig	16	Schroeder YMCA	2:01.38	2:02.58
28.64	59.00	(30.36)	1:30.39 (31.39)	2:02.58 (32.19)
*5 Becky Yokosh	17	Pabst Farms YMCA	2:02.84	2:02.90
29.22	59.93	(30.71)	1:31.25 (31.32)	2:02.90 (31.65)
*5 Sabrina Benson	15	Triangle Area YMCA	2:01.59	2:02.90
28.50	58.31	(29.81)	1:30.61 (32.30)	2:02.90 (32.29)
7 Shelby Leonard	16	Sarasota Family YMCA, Inc	2:02.29	2:03.47
28.37	59.23	(30.86)	1:31.81 (32.58)	2:03.47 (31.66)

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****A - Final ... (Event 27 Women 200 Yard Backstroke Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
8 Courtney Sepich	17	Burlington County YMCA	2:02.25	2:03.65
28.73	59.32 (30.59)	1:31.65 (32.33)	2:03.65 (32.00)	

B - Final

9 Ashlee Linn	16	Sarasota Family YMCA, Inc	2:02.87	1:59.96
28.66	58.68 (30.02)	1:29.10 (30.42)	1:59.96 (30.86)	
10 Shelby Fortin	16	Wilton Family YMCA	2:03.30	2:01.34
28.91	59.39 (30.48)	1:30.87 (31.48)	2:01.34 (30.47)	
11 Hali Flickinger	14	York And York County YMCA	2:03.80	2:03.43
29.78	1:01.05 (31.27)	1:32.72 (31.67)	2:03.43 (30.71)	
12 Siri Smits	15	Oshkosh Community YMCA	2:03.53	2:03.44
28.72	59.70 (30.98)	1:31.96 (32.26)	2:03.44 (31.48)	
13 Celia Oberholzer	15	Powel Crosley Jr. YMCA	2:03.77	2:03.50
28.79	59.77 (30.98)	1:31.27 (31.50)	2:03.50 (32.23)	
14 Kelsey Williams	16	Sunbury Branch YMCA	2:03.01	2:03.67
29.05	1:00.39 (31.34)	1:32.72 (32.33)	2:03.67 (30.95)	
15 Emily O'Neill	16	Western Monmouth Co. YMCA	2:03.45	2:03.68
29.15	1:00.49 (31.34)	1:32.10 (31.61)	2:03.68 (31.58)	
16 Anna Susko	17	West Morris YMCA	2:03.08	2:04.14
29.22	1:00.41 (31.19)	1:32.38 (31.97)	2:04.14 (31.76)	

C - Final

17 Sarah Reynolds	14	Montgomery -East Branch YMCA	2:03.94	2:02.17
29.08	1:00.52 (31.44)	1:31.51 (30.99)	2:02.17 (30.66)	
18 Kelly O'Connor	17	North Shore (Sterling) MA YMCA	2:04.93	2:02.28
29.06	59.73 (30.67)	1:31.30 (31.57)	2:02.28 (30.98)	
19 Lori Lynn	15	Edwardsville YMCA	2:05.09	2:03.84
28.64	59.29 (30.65)	1:31.16 (31.87)	2:03.84 (32.68)	
20 Lee Ingram	18	Western Monmouth Co. YMCA	2:04.53	2:05.03
29.32	1:00.67 (31.35)	1:32.67 (32.00)	2:05.03 (32.36)	
21 Amanda Thach	15	West Seattle Branch YMCA	2:05.12	2:05.27
29.30	59.99 (30.69)	1:32.34 (32.35)	2:05.27 (32.93)	
22 Lauren Raczkowski	17	Middle Tyger YMCA	2:04.36	2:05.52
29.73	1:01.20 (31.47)	1:33.62 (32.42)	2:05.52 (31.90)	
23 Shannon Draves	18	Pottstown YMCA	2:05.19	2:07.69
29.75	1:01.58 (31.83)	1:34.28 (32.70)	2:07.69 (33.41)	
24 Kendall Crawford	14	Middle Tyger YMCA	2:04.18	2:09.84
29.89	1:02.52 (32.63)	1:36.17 (33.65)	2:09.84 (33.67)	

Event 27 Women 200 Yard Backstroke Swimming Competition

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Annie Gillig	14	Middle Tyger YMCA	2:00.87	1:58.91
27.97	57.64 (29.67)	1:28.10 (30.46)	1:58.91 (30.81)	
2 Lauren Solernou	16	Cheshire YMCA	2:00.36	1:59.41
28.11	57.95 (29.84)	1:28.60 (30.65)	1:59.41 (30.81)	
3 Sadie Nennig	16	Schroeder YMCA	2:00.49	2:01.38
28.35	58.43 (30.08)	1:29.08 (30.65)	2:01.38 (32.30)	
4 Sabrina Benson	15	Triangle Area YMCA	2:00.57	2:01.59
28.48	58.04 (29.56)	1:29.53 (31.49)	2:01.59 (32.06)	
5 Courtney Sepich	17	Burlington County YMCA	2:03.62	2:02.25
28.93	59.69 (30.76)	1:31.12 (31.43)	2:02.25 (31.13)	
6 Sarah Galvin	18	B.R. Ryall (Northwestern Dupag	2:02.69	2:02.26
28.96	59.62 (30.66)	1:31.08 (31.46)	2:02.26 (31.18)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 27 Women 200 Yard Backstroke Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
7 Shelby Leonard	16	Sarasota Family YMCA, Inc	2:03.74	2:02.29
28.73	59.19 (30.46)	1:30.70 (31.51)	2:02.29 (31.59)	
8 Becky Yokosh	17	Pabst Farms YMCA	2:04.15	2:02.84
29.23	1:00.05 (30.82)	1:31.40 (31.35)	2:02.84 (31.44)	
9 Ashlee Linn	16	Sarasota Family YMCA, Inc	2:01.96	2:02.87
29.36	59.83 (30.47)	1:31.47 (31.64)	2:02.87 (31.40)	
10 Kelsey Williams	16	Sunbury Branch YMCA	2:10.22	2:03.01
29.37	59.81 (30.44)	1:31.67 (31.86)	2:03.01 (31.34)	
11 Anna Susko	17	West Morris YMCA	2:04.55	2:03.08
29.46	1:00.30 (30.84)	1:31.56 (31.26)	2:03.08 (31.52)	
12 Shelby Fortin	16	Wilton Family YMCA	2:03.62	2:03.30
29.13	59.55 (30.42)	1:31.44 (31.89)	2:03.30 (31.86)	
13 Emily O'Neill	16	Western Monmouth Co. YMCA	2:05.31	2:03.45
29.03	1:00.24 (31.21)	1:31.56 (31.32)	2:03.45 (31.89)	
14 Siri Smits	15	Oshkosh Community YMCA	2:02.14	2:03.53
28.89	59.81 (30.92)	1:31.79 (31.98)	2:03.53 (31.74)	
15 Celia Oberholzer	15	Powel Crosley Jr. YMCA	2:10.98	2:03.77
28.95	59.82 (30.87)	1:31.37 (31.55)	2:03.77 (32.40)	
16 Hali Flickinger	14	York And York County YMCA	2:03.49	2:03.80
29.47	1:00.73 (31.26)	1:32.60 (31.87)	2:03.80 (31.20)	
17 Sarah Reynolds	14	Montgomery -East Branch YMCA	2:04.20	2:03.94
28.47	59.41 (30.94)	1:31.69 (32.28)	2:03.94 (32.25)	
18 Kendall Crawford	14	Middle Tyger YMCA	2:08.94	2:04.18
28.83	59.40 (30.57)	1:31.50 (32.10)	2:04.18 (32.68)	
19 Lauren Raczkowski	17	Middle Tyger YMCA	2:07.73	2:04.36
29.40	59.98 (30.58)	1:32.03 (32.05)	2:04.36 (32.33)	
20 Lee Ingram	18	Western Monmouth Co. YMCA	2:05.30	2:04.53
29.49	1:00.21 (30.72)	1:31.96 (31.75)	2:04.53 (32.57)	
21 Kelly O'Connor	17	North Shore (Sterling) MA YMCA	2:03.81	2:04.93
29.21	1:00.53 (31.32)	1:32.95 (32.42)	2:04.93 (31.98)	
22 Lori Lynn	15	Edwardsville YMCA	2:05.26	2:05.09
28.66	59.22 (30.56)	1:31.57 (32.35)	2:05.09 (33.52)	
23 Amanda Thach	15	West Seattle Branch YMCA	2:05.90	2:05.12
29.28	1:00.35 (31.07)	1:32.71 (32.36)	2:05.12 (32.41)	
24 Shannon Draves	18	Pottstown YMCA	2:06.17	2:05.19
29.54	1:01.57 (32.03)	1:33.39 (31.82)	2:05.19 (31.80)	
25 Cha-cha Bugatti	15	Sarasota Family YMCA, Inc	2:04.21	2:05.64
29.63	1:00.90 (31.27)	1:33.42 (32.52)	2:05.64 (32.22)	
26 Dana Iverson	15	Racine Family YMCA	2:08.28	2:05.95
29.48	1:01.10 (31.62)	1:33.83 (32.73)	2:05.95 (32.12)	
27 Katie Orem	16	New Canaan Community YMCA	2:10.45	2:05.98
29.41	1:01.10 (31.69)	1:33.67 (32.57)	2:05.98 (32.31)	
28 Becky Evenson	17	Sarasota Family YMCA, Inc	2:05.69	2:05.99
29.79	1:01.15 (31.36)	1:33.57 (32.42)	2:05.99 (32.42)	
29 Adrienne Phillips	18	West Shore YMCA	2:08.60	2:06.00
29.89	1:01.39 (31.50)	1:33.89 (32.50)	2:06.00 (32.11)	
30 Anna Gibas	17	Greensburg YMCA	2:08.44	2:06.05
29.67	1:01.76 (32.09)	1:34.74 (32.98)	2:06.05 (31.31)	
31 McKayla Lightbourn	16	Sarasota Family YMCA, Inc	2:02.55	2:06.54
29.61	1:01.22 (31.61)	1:33.78 (32.56)	2:06.54 (32.76)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 27 Women 200 Yard Backstroke Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
*32 Nicole Miller	18	Triangle Area YMCA	2:10.11	2:06.74
30.12	1:01.79 (31.67)	1:34.16 (32.37)	2:06.74 (32.58)	
*32 Julia Brownrigg	17	West Shore YMCA	2:06.36	2:06.74
29.41	1:01.02 (31.61)	1:33.91 (32.89)	2:06.74 (32.83)	
34 Madeline Barlow	18	Tri-Hampton Family Branch YMC	2:11.17	2:06.87
30.10	1:02.09 (31.99)	1:34.96 (32.87)	2:06.87 (31.91)	
*35 Amanda Hardewig	16	M.E. Lyons (Anderson) YMCA	2:28.44L	2:06.99
30.46	1:01.69 (31.23)	1:34.31 (32.62)	2:06.99 (32.68)	
*35 Julia Kucherich	17	York And York County YMCA	2:03.26	2:06.99
30.21	1:02.22 (32.01)	1:34.85 (32.63)	2:06.99 (32.14)	
37 Caroline Burns	17	Anne Arundel County YMCA	2:06.79	2:07.03
29.18	1:00.38 (31.20)	1:33.14 (32.76)	2:07.03 (33.89)	
38 Meredith Foster	16	Harford County Family YMCA	2:03.01	2:07.10
29.15	1:00.75 (31.60)	1:33.56 (32.81)	2:07.10 (33.54)	
39 Olivia Evans	13	Reading and Berks County YMCA	2:10.50	2:07.31
29.34	1:01.32 (31.98)	1:34.78 (33.46)	2:07.31 (32.53)	
40 Shannon Ahearn	15	Wilton Family YMCA	2:10.22	2:07.36
30.07	1:01.97 (31.90)	1:34.62 (32.65)	2:07.36 (32.74)	
41 KC Moss	14	Wilton Family YMCA	2:08.39	2:07.40
29.55	1:01.48 (31.93)	1:34.59 (33.11)	2:07.40 (32.81)	
42 Marissa Blumenthal	16	Birmingham Family YMCA	2:09.84	2:07.47
28.08	58.72 (30.64)	1:32.22 (33.50)	2:07.47 (35.25)	
43 Ava Jones	15	Sarasota Family YMCA, Inc	2:11.69	2:07.52
31.10	1:03.34 (32.24)	1:35.68 (32.34)	2:07.52 (31.84)	
44 Emily Slabe	12	Coffman Family YMCA	2:05.43	2:07.54
29.11	1:00.94 (31.83)	1:34.51 (33.57)	2:07.54 (33.03)	
45 Meghan Buckley	15	Sarasota Family YMCA, Inc	2:27.27L	2:07.62
31.12	1:03.67 (32.55)	1:35.99 (32.32)	2:07.62 (31.63)	
46 Sarah Dotzel	17	York And York County YMCA	2:06.43	2:07.67
30.20	1:02.06 (31.86)	1:35.13 (33.07)	2:07.67 (32.54)	
47 Emily Launer	15	Kishwaukee Family YMCA	2:05.21	2:07.69
29.55	1:01.73 (32.18)	1:35.01 (33.28)	2:07.69 (32.68)	
48 Stephanie Berg	17	Birmingham Family YMCA	2:10.57	2:07.70
30.46	1:02.51 (32.05)	1:35.45 (32.94)	2:07.70 (32.25)	
49 Megan Alexander	14	North Shore (Sterling) MA YMCA	2:08.99	2:07.79
30.08	1:01.87 (31.79)	1:34.65 (32.78)	2:07.79 (33.14)	
50 Hilary Woldt	17	Oshkosh Community YMCA	2:03.15	2:07.82
30.63	1:02.47 (31.84)	1:35.36 (32.89)	2:07.82 (32.46)	
51 Carlene Ostromecki	17	Boyertown Area YMCA	2:10.47	2:07.96
30.46	1:02.53 (32.07)	1:35.27 (32.74)	2:07.96 (32.69)	
52 Hailey Growney	17	Lakeland Hills Family YMCA	2:08.32	2:08.20
30.27	1:02.76 (32.49)	1:35.70 (32.94)	2:08.20 (32.50)	
53 Annie Taylor	14	Boise YMCA	2:06.99	2:08.22
29.54	1:00.96 (31.42)	1:34.02 (33.06)	2:08.22 (34.20)	
54 Lisa Zhang	15	Red Bank Branch	2:08.40	2:08.45
30.60	1:03.17 (32.57)	1:35.41 (32.24)	2:08.45 (33.04)	
55 Jasmine Lee	16	Green Bay YMCA Metro	2:06.25	2:08.53
29.82	1:01.54 (31.72)	1:34.42 (32.88)	2:08.53 (34.11)	
56 Morgan Brooks	15	Middle Tyger YMCA	2:11.33	2:08.60
30.32	1:02.82 (32.50)	1:36.23 (33.41)	2:08.60 (32.37)	
57 Christina Daquila	18	Somerset Hills YMCA	2:08.90	2:08.66
30.71	1:02.79 (32.08)	1:36.04 (33.25)	2:08.66 (32.62)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 27 Women 200 Yard Backstroke Swimming Competition)**

	Name	Age	Team	Seed Time	Prelim Time
58	Lindsay Tyler	16	Darien Community YMCA	2:11.76	2:08.75
	30.79	1:02.79 (32.00)	1:35.49 (32.70)	2:08.75 (33.26)	
59	Katelyn Pratt-Collins	18	Great Miami Valley Ohio YMCA	2:10.99	2:08.81
	30.15	1:02.80 (32.65)	1:35.56 (32.76)	2:08.81 (33.25)	
60	Noelle Klockner	14	Western Monmouth Co. YMCA	2:06.72	2:08.84
	29.82	1:01.74 (31.92)	1:35.40 (33.66)	2:08.84 (33.44)	
61	Emily Weaner	16	West Shore YMCA	2:07.15	2:08.89
	29.89	1:02.35 (32.46)	1:35.45 (33.10)	2:08.89 (33.44)	
62	Liza Bragg	14	Darien Community YMCA	2:11.13	2:08.91
	30.24	1:02.61 (32.37)	1:35.23 (32.62)	2:08.91 (33.68)	
63	Sara Nestrowitz	13	Ridgewood NJ YMCA	2:09.05	2:08.92
	29.68	1:01.51 (31.83)	1:35.24 (33.73)	2:08.92 (33.68)	
64	Anna Ratana	17	Winston Salem YMCA	2:11.51	2:09.13
	30.07	1:02.31 (32.24)	1:35.54 (33.23)	2:09.13 (33.59)	
65	Erin Frye	17	Ashland Area YMCA	2:06.23	2:09.15
	29.52	1:01.86 (32.34)	1:35.60 (33.74)	2:09.15 (33.55)	
66	Jenni Roberts	16	Sanford-Springvale YMCA	2:06.35	2:09.17
	29.71	1:01.74 (32.03)	1:35.58 (33.84)	2:09.17 (33.59)	
67	Kara Lacoste	15	Greater Holyoke YMCA	2:10.72	2:09.26
	30.50	1:02.70 (32.20)	1:35.65 (32.95)	2:09.26 (33.61)	
68	Allison Walker	17	Riverfront Branch YMCA	2:08.64	2:09.52
	30.35	1:02.15 (31.80)	1:35.77 (33.62)	2:09.52 (33.75)	
69	Rebekah Land	15	Hannibal YMCA	2:05.39	2:09.56
	31.08	1:03.79 (32.71)	1:36.55 (32.76)	2:09.56 (33.01)	
70	Sidney Pahmer	15	Wilton Family YMCA	2:11.75	2:09.64
	30.08	1:02.57 (32.49)	1:36.41 (33.84)	2:09.64 (33.23)	
71	Tori Hall	17	Tri-Hampton Family Branch YMC	2:11.84	2:09.69
	30.80	1:02.98 (32.18)	1:36.51 (33.53)	2:09.69 (33.18)	
72	Chelsea Doyle	17	Riverfront Branch YMCA	2:11.93	2:09.75
	30.77	1:03.03 (32.26)	1:36.35 (33.32)	2:09.75 (33.40)	
73	Megan Niermann	13	Fayette County Family YMCA	2:10.80	2:09.77
	30.15	1:02.30 (32.15)	1:36.26 (33.96)	2:09.77 (33.51)	
74	Heather Saule	16	Greater Flint YMCA	2:08.59	2:09.98
	31.06	1:03.28 (32.22)	1:36.74 (33.46)	2:09.98 (33.24)	
75	Eva Schulteis	16	Schroeder YMCA	2:11.22	2:10.01
	30.06	1:02.73 (32.67)	1:36.40 (33.67)	2:10.01 (33.61)	
76	Alyssa Niebrugge	17	Schroeder YMCA	2:11.59	2:10.10
	30.77	1:03.33 (32.56)	1:36.99 (33.66)	2:10.10 (33.11)	
77	Ryan Alexander	13	North Shore (Sterling) MA YMCA	2:11.21	2:10.46
	31.12	1:04.11 (32.99)	1:37.29 (33.18)	2:10.46 (33.17)	
*78	Adelyn Graf	14	New Canaan Community YMCA	2:11.62	2:10.49
	30.77	1:03.36 (32.59)	1:37.02 (33.66)	2:10.49 (33.47)	
*78	Natalie Rohr	15	South Family YMCA-Kettering	2:07.27	2:10.49
	29.92	1:02.48 (32.56)	1:35.88 (33.40)	2:10.49 (34.61)	
*80	Madison Allen	16	Middle Tyger YMCA	2:10.47	2:10.54
	29.78	1:02.13 (32.35)	1:35.68 (33.55)	2:10.54 (34.86)	
*80	Sarah Weidner	16	South Family YMCA-Kettering	2:11.55	2:10.54
	31.60	1:04.85 (33.25)	1:37.99 (33.14)	2:10.54 (32.55)	
82	Sarah Wagner	16	West Morris YMCA	2:09.40	2:10.60
	29.84	1:02.51 (32.67)	1:36.38 (33.87)	2:10.60 (34.22)	
83	Melissa Kang	17	Brandywine YMCA -PA	2:11.07	2:10.72
	30.54	1:02.99 (32.45)	1:36.72 (33.73)	2:10.72 (34.00)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 27 Women 200 Yard Backstroke Swimming Competition)**

	Name	Age	Team	Seed Time	Prelim Time
84	Catriona Coppler	16	Greater Holyoke YMCA	2:11.43	2:10.78
	31.90	1:04.39 (32.49)	1:37.48 (33.09)	2:10.78 (33.30)	
85	Katie Gillespie	15	Riverfront Branch YMCA	2:10.63	2:10.82
	30.10	1:02.74 (32.64)	1:36.65 (33.91)	2:10.82 (34.17)	
86	Kelly Hamilton	14	Chambersburg Memorial YMCA	2:09.92	2:10.90
	31.17	1:03.07 (31.90)	1:36.46 (33.39)	2:10.90 (34.44)	
87	Colleen Webb	17	B.R. Ryall (Northwestern Dupag	2:09.99	2:10.93
	30.57	1:03.00 (32.43)	1:36.70 (33.70)	2:10.93 (34.23)	
88	Tara Gidaszewski	14	Kishwaukee Family YMCA	2:10.91	2:11.22
	30.90	1:03.37 (32.47)	1:37.45 (34.08)	2:11.22 (33.77)	
89	Alison O'Connor	15	Wyckoff Family YMCA Inc	2:10.95	2:11.24
	30.74	1:03.70 (32.96)	1:37.74 (34.04)	2:11.24 (33.50)	
90	Amani Amr	14	Spokane YMCA	2:09.12	2:11.28
	30.78	1:03.46 (32.68)	1:37.64 (34.18)	2:11.28 (33.64)	
91	Mara Valenzuela	15	Somerset Valley YMCA	2:07.84	2:11.35
	29.96	1:02.95 (32.99)	1:37.14 (34.19)	2:11.35 (34.21)	
92	Katie Rohn	17	New Canaan Community YMCA	2:10.46	2:11.44
	30.68	1:03.70 (33.02)	1:37.43 (33.73)	2:11.44 (34.01)	
93	Kayla Douglas	15	Farmington Family YMCA	2:05.17	2:11.55
	29.29	1:01.62 (32.33)	1:35.86 (34.24)	2:11.55 (35.69)	
94	Lauren LaRocco	17	Lakeland Hills Family YMCA	2:09.61	2:11.63
	29.41	1:02.13 (32.72)	1:36.78 (34.65)	2:11.63 (34.85)	
95	Amanda Steinfeld	15	Cheshire YMCA	2:12.01	2:11.67
	31.66	1:04.53 (32.87)	1:38.02 (33.49)	2:11.67 (33.65)	
96	Jennie Marosits	17	Lakeland Hills Family YMCA	2:10.21	2:11.72
	30.88	1:03.67 (32.79)	1:37.72 (34.05)	2:11.72 (34.00)	
97	Kaitlyn Plocharsky	17	Sarasota Family YMCA, Inc	2:12.01	2:11.73
	31.09	1:04.40 (33.31)	1:38.21 (33.81)	2:11.73 (33.52)	
*98	Christen Cherry	16	Lakeland Hills Family YMCA	2:09.25	2:11.81
	30.43	1:03.12 (32.69)	1:37.89 (34.77)	2:11.81 (33.92)	
*98	Caitlin English	15	Fanwood-Scotch Plains YMCA	2:11.83	2:11.81
	31.26	1:04.69 (33.43)	1:38.24 (33.55)	2:11.81 (33.57)	
100	Enya Messersmith	18	West Shore YMCA	2:11.56	2:11.84
	30.85	1:03.35 (32.50)	1:37.25 (33.90)	2:11.84 (34.59)	
101	Jessica Russell	14	Bath Area Family YMCA	2:11.02	2:12.02
	29.96	1:02.34 (32.38)	1:37.26 (34.92)	2:12.02 (34.76)	
102	Madeline Froehlich	18	Cheshire YMCA	2:29.01 L	2:12.21
	32.07	1:05.08 (33.01)	1:38.39 (33.31)	2:12.21 (33.82)	
103	Kristyn Wikoff	18	Red Bank Branch	2:07.95	2:12.31
	29.94	1:02.11 (32.17)	1:36.67 (34.56)	2:12.31 (35.64)	
104	Brooke Reynolds	15	La Crosse Area Family YMCA	2:11.87	2:12.38
	30.86	1:04.51 (33.65)	1:38.88 (34.37)	2:12.38 (33.50)	
105	Julia Badding	17	Schroeder YMCA	2:09.86	2:12.54
	30.86	1:04.33 (33.47)	1:38.38 (34.05)	2:12.54 (34.16)	
106	Stefanie Sippl	17	Stevens Point Area YMCA	2:10.97	2:12.56
	30.22	1:03.24 (33.02)	1:37.67 (34.43)	2:12.56 (34.89)	
107	Casey Ostrander	17	Cape Cod YMCA	2:11.70	2:12.59
	29.86	1:02.90 (33.04)	1:37.81 (34.91)	2:12.59 (34.78)	
108	Emilee Letarte	17	Countryside Ralph Stolle YMCA.	2:11.48	2:12.70
	31.25	1:04.90 (33.65)	1:39.18 (34.28)	2:12.70 (33.52)	
109	Julianna Lynch	18	Great Miami Valley Ohio YMCA	2:11.89	2:12.97
	30.79	1:03.87 (33.08)	1:38.07 (34.20)	2:12.97 (34.90)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 27 Women 200 Yard Backstroke Swimming Competition)**

	Name	Age	Team	Seed Time	Prelim Time
110	Ashley El Naggar	15	Wyckoff Family YMCA Inc	2:11.79	2:13.00
	30.41	1:03.50 (33.09)	1:37.87 (34.37)	2:13.00 (35.13)	
111	Holly Hirsch	18	Rock Hill Area YMCA	2:11.34	2:13.10
	32.07	1:06.10 (34.03)	1:40.11 (34.01)	2:13.10 (32.99)	
112	Patty Boyer	16	Wyckoff Family YMCA Inc	2:09.00	2:13.24
	30.25	1:03.30 (33.05)	1:38.42 (35.12)	2:13.24 (34.82)	
113	Colleen O'Neil	14	South Shore Mill Pond YMCA	2:11.53	2:13.33
	31.19	1:04.90 (33.71)	1:39.13 (34.23)	2:13.33 (34.20)	
*114	Meaghan Kwarcinski	14	Greater Holyoke YMCA	2:10.13	2:13.36
	31.71	1:05.44 (33.73)	1:39.78 (34.34)	2:13.36 (33.58)	
*114	Nicole Bruneel	14	Boise YMCA	2:12.03	2:13.36
	31.18	1:04.16 (32.98)	1:38.61 (34.45)	2:13.36 (34.75)	
116	Brittany Guinee	16	Somerset Hills YMCA	2:11.88	2:13.51
	30.86	1:04.30 (33.44)	1:38.83 (34.53)	2:13.51 (34.68)	
117	Alexis Houser	17	Tri-Hampton Family Branch YMC	2:11.98	2:13.53
	31.65	1:04.20 (32.55)	1:38.03 (33.83)	2:13.53 (35.50)	
118	Allison Lohnes	15	Springfield Family YMCA	2:10.93	2:13.75
	29.88	1:02.34 (32.46)	1:38.23 (35.89)	2:13.75 (35.52)	
119	Emily Black	16	Lynchburg YMCA	2:11.91	2:14.07
	31.59	1:05.53 (33.94)	1:39.97 (34.44)	2:14.07 (34.10)	
120	Maeve Maloney	14	Westfield YMCA	2:12.07	2:14.48
	31.09	1:03.93 (32.84)	1:38.92 (34.99)	2:14.48 (35.56)	
121	Jessica Cronin	14	Fanwood-Scotch Plains YMCA	2:11.62	2:14.56
	31.50	1:05.05 (33.55)	1:39.78 (34.73)	2:14.56 (34.78)	
122	Hannah Stephenson	16	Triangle Area YMCA	2:10.86	2:14.67
	31.07	1:04.51 (33.44)	1:39.70 (35.19)	2:14.67 (34.97)	
123	Hannah Morris	16	Marietta YMCA	2:11.52	2:14.86
	31.80	1:05.57 (33.77)	1:40.08 (34.51)	2:14.86 (34.78)	
124	Aubrey Miller	16	Boyertown Area YMCA	2:10.18	2:15.23
	31.22	1:05.26 (34.04)	1:40.43 (35.17)	2:15.23 (34.80)	
125	Hannah Benn	16	Summit Branch YMCA	2:11.45	2:15.24
	30.92	1:04.23 (33.31)	1:39.59 (35.36)	2:15.24 (35.65)	
126	Sarah Boyle	16	Columbia Northwest Family YMC	2:08.08	2:15.29
	30.49	1:04.51 (34.02)	1:40.15 (35.64)	2:15.29 (35.14)	
127	Christine Edwards	12	Birmingham Family YMCA	2:12.06	2:15.39
	31.26	1:04.94 (33.68)	1:40.14 (35.20)	2:15.39 (35.25)	
128	Rebecca Ball	17	Greater Flint YMCA	2:11.09	2:15.43
	31.08	1:05.02 (33.94)	1:40.61 (35.59)	2:15.43 (34.82)	
129	Keegan Abar	15	Waynesboro Family YMCA	2:11.69	2:15.95
	31.98	1:05.96 (33.98)	1:40.95 (34.99)	2:15.95 (35.00)	
130	Claire Mesko	15	Western Branch YMCA	2:10.32	2:16.23
	31.48	1:05.10 (33.62)	1:40.48 (35.38)	2:16.23 (35.75)	
131	Emma Kiefer	14	Miami County Ohio YMCA	2:11.90	2:16.31
	31.48	1:05.73 (34.25)	1:40.88 (35.15)	2:16.31 (35.43)	
132	Austin Mateo	14	Wyckoff Family YMCA Inc	2:11.38	2:16.55
	31.99	1:06.67 (34.68)	1:42.16 (35.49)	2:16.55 (34.39)	
133	Lindsay Yarborough	17	Winston Salem YMCA	2:10.64	2:16.83
	31.85	1:05.69 (33.84)	1:40.93 (35.24)	2:16.83 (35.90)	
134	Jacquelyn Misanik	16	North Canton Community YMCA	2:11.32	2:17.20
	30.99	1:05.06 (34.07)	1:41.32 (36.26)	2:17.20 (35.88)	
135	Alex Eiler	14	Oshkosh Community YMCA	2:11.88	2:17.31
	31.05	1:05.71 (34.66)	1:41.95 (36.24)	2:17.31 (35.36)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 27 Women 200 Yard Backstroke Swimming Competition)**

Name	Age	Team	Seed Time	Prelim Time
136 Anna Blackburn	15	Winston Salem YMCA	2:10.31	2:17.86
	31.81	1:06.71 (34.90)	1:42.55 (35.84)	2:17.86 (35.31)
137 Jessica Frazelle	17	Winston Salem YMCA	2:11.80	2:18.37
	31.60	1:05.40 (33.80)	1:41.50 (36.10)	2:18.37 (36.87)
138 Chelsea Ross	17	Upper Main Line YMCA	2:09.89	2:18.99
	32.23	1:06.65 (34.42)	1:43.31 (36.66)	2:18.99 (35.68)
139 Sierra Sachtjen	15	Madison West YMCA	2:11.98	2:20.19
	31.94	1:06.54 (34.60)	1:43.61 (37.07)	2:20.19 (36.58)
--- Livi Kroll	15	New Canaan Community YMCA	2:11.96	DQ
	Non-continuous turning action			
	31.02	1:04.10 (33.08)	1:38.47 (34.37)	DQ (34.41)
--- Katherine Foley	18	Lakeland Hills Family YMCA	2:08.96	DFS
	Declared false start			

Event 28 Men 200 Yard Backstroke Swimming CompetitionNational: **1:44.25** * 4/6/2005 Patrick Schirk

Pottstown, PA

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 James Wells	17	Bath Area Family YMCA	1:49.93	1:46.94
	24.56	51.85 (27.29)	1:19.28 (27.43)	1:46.94 (27.66)
2 Steven Zimmerman	16	Countryside Ralph Stolle YMCA	1:50.08	1:47.89
	25.26	52.58 (27.32)	1:20.46 (27.88)	1:47.89 (27.43)
3 Luke Bushman	18	Green Bay YMCA Metro	1:48.77	1:48.29
	25.10	52.41 (27.31)	1:20.00 (27.59)	1:48.29 (28.29)
4 Connor Maher	16	Downtown Youth Center YMCA	1:50.77	1:49.54
	26.48	53.89 (27.41)	1:21.79 (27.90)	1:49.54 (27.75)
5 Matt Meserole	17	Westfield YMCA	1:50.99	1:50.15
	25.86	53.62 (27.76)	1:21.93 (28.31)	1:50.15 (28.22)
6 Dustin Folio	18	Sunbury Branch YMCA	1:51.77	1:50.46
	25.78	53.61 (27.83)	1:22.21 (28.60)	1:50.46 (28.25)
7 Gregory Mahon	18	Riverfront Branch YMCA	1:51.61	1:50.55
	25.54	53.60 (28.06)	1:21.88 (28.28)	1:50.55 (28.67)
8 Elliot Casey	18	Eden Family YMCA	1:50.98	1:51.60
	25.60	53.87 (28.27)	1:22.67 (28.80)	1:51.60 (28.93)
B - Final				
9 Marty Rauch	17	Sarasota Family YMCA, Inc	1:52.61	1:50.93
	25.93	54.05 (28.12)	1:22.82 (28.77)	1:50.93 (28.11)
10 Matt Luehrmann	17	M.E. Lyons (Anderson) YMCA	1:52.05	1:51.18
	25.25	53.40 (28.15)	1:22.27 (28.87)	1:51.18 (28.91)
11 Andrew Golankiewicz	17	Wilton Family YMCA	1:52.64	1:51.27
	26.34	54.48 (28.14)	1:23.10 (28.62)	1:51.27 (28.17)
12 Kevin Rogers	16	Triangle Area YMCA	1:52.92	1:52.31
	26.73	54.77 (28.04)	1:23.49 (28.72)	1:52.31 (28.82)
13 Adam Lebovitz	17	Wilton Family YMCA	1:53.34	1:52.56
	26.45	54.28 (27.83)	1:23.30 (29.02)	1:52.56 (29.26)
14 Michael McElduff	16	Lakeland Hills Family YMCA	1:53.52	1:52.71
	26.56	55.03 (28.47)	1:23.89 (28.86)	1:52.71 (28.82)
15 Carl Newenhouse	15	Schroeder YMCA	1:53.17	1:53.28
	26.87	55.30 (28.43)	1:24.40 (29.10)	1:53.28 (28.88)
16 Austin Taylor	16	Wyckoff Family YMCA Inc	1:53.79	1:55.13
	27.22	56.52 (29.30)	1:25.99 (29.47)	1:55.13 (29.14)

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****C - Final ... (Event 28 Men 200 Yard Backstroke Swimming Competition)**

Name	Age	Team	Prelim Time	Finals Time
C - Final				
17 Jared Lang	17	Hunterdon County YMCA	1:53.80	1:53.23
26.23	54.46 (28.23)	1:24.14 (29.68)	1:53.23 (29.09)	
18 Robby Harder	15	Wilton Family YMCA	1:54.04	1:53.55
26.75	55.48 (28.73)	1:24.82 (29.34)	1:53.55 (28.73)	
19 Grant Alef	16	Kishwaukee Family YMCA	1:54.95	1:54.13
26.18	54.85 (28.67)	1:24.73 (29.88)	1:54.13 (29.40)	
20 Andrew Blyskal	16	Jennersville YMCA	1:54.93	1:54.40
27.07	55.80 (28.73)	1:25.19 (29.39)	1:54.40 (29.21)	
21 Peter KO	17	Ridgewood NJ YMCA	1:54.18	1:54.50
26.48	54.94 (28.46)	1:24.27 (29.33)	1:54.50 (30.23)	
22 Pat McHugh	18	Springfield Family YMCA	1:54.90	1:55.11
26.93	56.10 (29.17)	1:25.73 (29.63)	1:55.11 (29.38)	
23 Zach Peart	17	Fanwood-Scotch Plains YMCA	1:54.87	1:55.17
26.57	55.74 (29.17)	1:25.56 (29.82)	1:55.17 (29.61)	
24 Christopher Meyers	15	Schroeder YMCA	1:54.76	1:55.63
27.32	56.05 (28.73)	1:26.01 (29.96)	1:55.63 (29.62)	

Event 28 Men 200 Yard Backstroke Swimming Competition

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Luke Bushman	18	Green Bay YMCA Metro	1:49.50	1:48.77
25.19	52.78 (27.59)	1:20.86 (28.08)	1:48.77 (27.91)	
2 James Wells	17	Bath Area Family YMCA	1:52.12	1:49.93
24.93	52.94 (28.01)	1:21.25 (28.31)	1:49.93 (28.68)	
3 Steven Zimmerman	16	Countryside Ralph Stolle YMCA.	1:50.81	1:50.08
25.73	53.36 (27.63)	1:21.76 (28.40)	1:50.08 (28.32)	
4 Connor Maher	16	Downtown Youth Center YMCA	1:54.69	1:50.77
26.93	54.70 (27.77)	1:22.89 (28.19)	1:50.77 (27.88)	
5 Elliot Casey	18	Eden Family YMCA	1:59.99	1:50.98
25.35	53.34 (27.99)	1:22.20 (28.86)	1:50.98 (28.78)	
6 Matt Meserole	17	Westfield YMCA	1:50.02	1:50.99
25.70	53.44 (27.74)	1:22.14 (28.70)	1:50.99 (28.85)	
7 Gregory Mahon	18	Riverfront Branch YMCA	1:49.24	1:51.61
25.59	53.22 (27.63)	1:22.02 (28.80)	1:51.61 (29.59)	
8 Dustin Folio	18	Sunbury Branch YMCA	1:52.74	1:51.77
25.67	53.43 (27.76)	1:22.55 (29.12)	1:51.77 (29.22)	
9 Matt Luehrmann	17	M.E. Lyons (Anderson) YMCA	1:55.24	1:52.05
25.64	53.82 (28.18)	1:22.94 (29.12)	1:52.05 (29.11)	
10 Marty Rauch	17	Sarasota Family YMCA, Inc	1:56.64	1:52.61
26.31	54.88 (28.57)	1:24.09 (29.21)	1:52.61 (28.52)	
11 Andrew Golankiewicz	17	Wilton Family YMCA	1:56.05	1:52.64
26.15	54.10 (27.95)	1:23.06 (28.96)	1:52.64 (29.58)	
12 Kevin Rogers	16	Triangle Area YMCA	1:54.91	1:52.92
26.86	55.71 (28.85)	1:24.48 (28.77)	1:52.92 (28.44)	
13 Carl Newenhouse	15	Schroeder YMCA	1:55.08	1:53.17
26.74	55.48 (28.74)	1:24.34 (28.86)	1:53.17 (28.83)	
14 Adam Lebovitz	17	Wilton Family YMCA	1:53.98	1:53.34
26.76	54.94 (28.18)	1:24.31 (29.37)	1:53.34 (29.03)	
15 Michael McElduff	16	Lakeland Hills Family YMCA	1:53.56	1:53.52
26.39	54.96 (28.57)	1:23.95 (28.99)	1:53.52 (29.57)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 28 Men 200 Yard Backstroke Swimming Competition)**

	Name	Age	Team	Seed Time	Prelim Time
16	Austin Taylor	16	Wyckoff Family YMCA Inc	1:54.60	1:53.79
	26.88	55.72 (28.84)	1:25.03 (29.31)	1:53.79 (28.76)	
17	Jared Lang	17	Hunterdon County YMCA	1:53.85	1:53.80
	25.91	54.13 (28.22)	1:23.70 (29.57)	1:53.80 (30.10)	
18	Robby Harder	15	Wilton Family YMCA	1:54.99	1:54.04
	26.53	55.11 (28.58)	1:24.66 (29.55)	1:54.04 (29.38)	
19	Peter KO	17	Ridgewood NJ YMCA	1:53.78	1:54.18
	26.44	54.54 (28.10)	1:24.11 (29.57)	1:54.18 (30.07)	
20	Christopher Meyers	15	Schroeder YMCA	1:54.51	1:54.76
	27.25	55.57 (28.32)	1:25.06 (29.49)	1:54.76 (29.70)	
21	Zach Peart	17	Fanwood-Scotch Plains YMCA	1:55.18	1:54.87
	26.79	55.37 (28.58)	1:25.18 (29.81)	1:54.87 (29.69)	
22	Pat McHugh	18	Springfield Family YMCA	1:54.49	1:54.90
	26.48	54.82 (28.34)	1:24.64 (29.82)	1:54.90 (30.26)	
23	Andrew Blyskal	16	Jennersville YMCA	1:54.17	1:54.93
	26.45	54.97 (28.52)	1:24.67 (29.70)	1:54.93 (30.26)	
24	Grant Alef	16	Kishwaukee Family YMCA	1:56.49	1:54.95
	26.70	55.44 (28.74)	1:25.49 (30.05)	1:54.95 (29.46)	
25	Nick McGowan	17	Birmingham Family YMCA	1:56.52	1:55.14
	27.22	56.44 (29.22)	1:26.00 (29.56)	1:55.14 (29.14)	
26	Paul Hunter	17	Andover/North Andover YMCA	1:54.30	1:55.26
	26.45	55.13 (28.68)	1:25.16 (30.03)	1:55.26 (30.10)	
27	Jordan Guttrich	16	Greater Flint YMCA	1:57.75	1:55.60
	28.06	57.22 (29.16)	1:26.55 (29.33)	1:55.60 (29.05)	
28	Bryan Walcker	15	Burbank Branch YMCA	1:55.06	1:55.62
	26.79	55.49 (28.70)	1:25.75 (30.26)	1:55.62 (29.87)	
29	Jake Irmiter	17	Rock Hill Area YMCA	1:57.50	1:55.73
	27.93	57.31 (29.38)	1:26.44 (29.13)	1:55.73 (29.29)	
30	Brendan Deveney	18	Wilton Family YMCA	1:57.15	1:55.93
	26.74	55.34 (28.60)	1:25.00 (29.66)	1:55.93 (30.93)	
31	Jake Campbell	17	Farmington Family YMCA	1:58.76	1:56.07
	26.94	55.63 (28.69)	1:25.73 (30.10)	1:56.07 (30.34)	
32	Bryan Stephan	18	Westport/Weston CT YMCA	1:58.21	1:56.13
	26.85	55.80 (28.95)	1:25.98 (30.18)	1:56.13 (30.15)	
33	Matt Nutter	16	Andover/North Andover YMCA	1:56.15	1:56.28
	27.21	56.31 (29.10)	1:26.23 (29.92)	1:56.28 (30.05)	
34	Jimmy Coleman	18	Burlington County YMCA	1:57.23	1:56.35
	26.76	55.82 (29.06)	1:26.12 (30.30)	1:56.35 (30.23)	
35	Konrad Opuszko	17	Middle Tyger YMCA	1:55.29	1:56.38
	26.83	55.23 (28.40)	1:25.34 (30.11)	1:56.38 (31.04)	
36	Alex Burzynski	15	Fanwood-Scotch Plains YMCA	2:00.48	1:56.51
	27.73	57.03 (29.30)	1:26.80 (29.77)	1:56.51 (29.71)	
37	Charles Wu	16	Red Bank Branch	1:56.49	1:56.54
	27.33	56.03 (28.70)	1:26.05 (30.02)	1:56.54 (30.49)	
38	Travis Bohn	15	West Shore YMCA	1:56.38	1:56.64
	26.89	55.85 (28.96)	1:26.38 (30.53)	1:56.64 (30.26)	
39	Ethan Duewer	17	Edwardsville YMCA	1:59.09	1:56.75
	26.41	54.40 (27.99)	1:24.46 (30.06)	1:56.75 (32.29)	
40	Pete Megis	15	Boise YMCA	2:00.21	1:56.85
	28.00	57.57 (29.57)	1:27.07 (29.50)	1:56.85 (29.78)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 28 Men 200 Yard Backstroke Swimming Competition)**

	Name	Age	Team	Seed Time	Prelim Time
41	Caleb Williams	14	Lynchburg YMCA	1:57.51	1:56.99
	27.21	56.17 (28.96)	1:26.66 (30.49)	1:56.99 (30.33)	
42	Zach Johnson	19	Ashland Area YMCA	1:57.00	1:57.01
	26.16	54.86 (28.70)	1:25.74 (30.88)	1:57.01 (31.27)	
*43	Michael Moore	17	Brandywine -DE YMCA	1:54.08	1:57.03
	26.85	55.90 (29.05)	1:26.26 (30.36)	1:57.03 (30.77)	
*43	Matthew Vanbiervliet	15	Somerset Valley YMCA	2:00.52	1:57.03
	27.25	56.61 (29.36)	1:26.98 (30.37)	1:57.03 (30.05)	
45	Stephen Melchiorre	17	Riverfront Branch YMCA	1:57.35	1:57.32
	27.43	56.82 (29.39)	1:26.70 (29.88)	1:57.32 (30.62)	
46	Kevin Steel	17	Riverfront Branch YMCA	1:57.37	1:57.59
	26.84	55.92 (29.08)	1:26.20 (30.28)	1:57.59 (31.39)	
47	Scott Groel	18	West Morris YMCA	1:57.64	1:57.65
	27.03	56.68 (29.65)	1:27.10 (30.42)	1:57.65 (30.55)	
48	John Quagliariello	15	Ridley Area YMCA	2:00.97	1:57.77
	28.50	58.71 (30.21)	1:28.80 (30.09)	1:57.77 (28.97)	
49	Karl Mayer	17	Lakeland Hills Family YMCA	1:55.59	1:57.91
	26.61	55.73 (29.12)	1:26.43 (30.70)	1:57.91 (31.48)	
50	Stefan Tziolis	17	Westport/Weston CT YMCA	1:59.36	1:57.93
	27.53	56.92 (29.39)	1:27.41 (30.49)	1:57.93 (30.52)	
51	Alec Francis	18	Boyertown Area YMCA	1:55.66	1:57.95
	26.90	56.24 (29.34)	1:26.84 (30.60)	1:57.95 (31.11)	
52	Philip Kang	14	Montclair YMCA	1:57.96	1:58.03
	27.32	56.84 (29.52)	1:27.13 (30.29)	1:58.03 (30.90)	
53	Dylan Cummings	16	Wyckoff Family YMCA Inc	1:57.00	1:58.10
	27.13	56.70 (29.57)	1:27.63 (30.93)	1:58.10 (30.47)	
54	Tyler Rauth	16	Upper Main Line YMCA	1:59.85	1:58.18
	27.76	57.21 (29.45)	1:27.80 (30.59)	1:58.18 (30.38)	
55	Austin Byrd	15	Eau Claire Wisconsin YMCA	1:58.69	1:58.23
	27.86	57.80 (29.94)	1:28.10 (30.30)	1:58.23 (30.13)	
56	Alex Mathews	18	York And York County YMCA	1:57.81	1:58.28
	27.89	57.58 (29.69)	1:28.15 (30.57)	1:58.28 (30.13)	
57	Michael Mowen	17	Waynesboro Family YMCA	1:58.99	1:58.30
	27.21	56.64 (29.43)	1:27.56 (30.92)	1:58.30 (30.74)	
58	Sean Monahan	16	M.E. Lyons (Anderson) YMCA	1:59.01	1:58.34
	28.57	58.38 (29.81)	1:28.81 (30.43)	1:58.34 (29.53)	
59	Ryan DeBerry	15	Western North Carolina YMCA	1:58.18	1:58.35
	27.77	57.44 (29.67)	1:27.80 (30.36)	1:58.35 (30.55)	
60	Henry Cohen	16	Lakeland Hills Family YMCA	1:58.56	1:58.38
	27.45	57.19 (29.74)	1:27.67 (30.48)	1:58.38 (30.71)	
61	Mike Harmon	17	Chambersburg Memorial YMCA	2:00.67	1:58.45
	28.06	57.89 (29.83)	1:27.91 (30.02)	1:58.45 (30.54)	
62	Alex Martinek	16	Spokane YMCA	1:57.02	1:58.71
	28.03	57.48 (29.45)	1:27.96 (30.48)	1:58.71 (30.75)	
63	Braden Bouchard	16	Orlando YMCA	1:58.09	1:58.77
	27.89	58.08 (30.19)	1:28.71 (30.63)	1:58.77 (30.06)	
64	Chad Thompson	16	Kishwaukee Family YMCA	1:59.91	1:58.85
	27.62	57.11 (29.49)	1:27.75 (30.64)	1:58.85 (31.10)	
65	Mitchell Smith	18	Greater Johnstown Community	1:58.22	1:58.93
	26.87	56.07 (29.20)	1:27.23 (31.16)	1:58.93 (31.70)	
66	Chris Jenkyns	17	Schroeder YMCA	2:01.24	1:59.32
	27.51	57.63 (30.12)	1:28.70 (31.07)	1:59.32 (30.62)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 28 Men 200 Yard Backstroke Swimming Competition)**

	Name	Age	Team	Seed Time	Prelim Time
67	Garrett Procnier	14	Greater Flint YMCA	2:01.09	1:59.45
	28.35	58.28 (29.93)	1:29.01 (30.73)	1:59.45 (30.44)	
68	Eddy Lynk	17	Edwardsville YMCA	2:00.94	1:59.46
	27.88	57.72 (29.84)	1:28.65 (30.93)	1:59.46 (30.81)	
69	Colin Heil	16	Anne Arundel County YMCA	1:58.83	1:59.54
	27.12	56.59 (29.47)	1:27.53 (30.94)	1:59.54 (32.01)	
70	Nic Graesser	15	Upper Main Line YMCA	1:59.35	1:59.56
	28.37	58.26 (29.89)	1:28.55 (30.29)	1:59.56 (31.01)	
71	Ryan Walker	17	Fanwood-Scotch Plains YMCA	2:00.78	1:59.61
	28.04	58.14 (30.10)	1:29.03 (30.89)	1:59.61 (30.58)	
72	Dennis Hall-App	15	Montclair YMCA	1:59.61	1:59.69
	27.63	57.65 (30.02)	1:28.50 (30.85)	1:59.69 (31.19)	
73	Connor Murphy	17	Western Monmouth Co. YMCA	1:59.36	1:59.87
	27.64	57.06 (29.42)	1:28.03 (30.97)	1:59.87 (31.84)	
74	Ian Wooley	14	Countryside Ralph Stolle YMCA.	2:00.34	1:59.92
	27.73	57.97 (30.24)	1:29.18 (31.21)	1:59.92 (30.74)	
75	Chase Frazelle	15	Winston Salem YMCA	1:57.88	1:59.96
	27.95	57.66 (29.71)	1:28.60 (30.94)	1:59.96 (31.36)	
76	Danny Collins	17	Flushing YMCA	1:58.40	2:00.01
	28.72	59.32 (30.60)	1:29.59 (30.27)	2:00.01 (30.42)	
77	Kenny Savage	16	Somerset Hills YMCA	2:00.65	2:00.02
	28.15	57.94 (29.79)	1:29.35 (31.41)	2:00.02 (30.67)	
78	Jack Disney-Huss	15	Triangle Area YMCA	1:58.59	2:00.27
	27.26	57.27 (30.01)	1:28.57 (31.30)	2:00.27 (31.70)	
79	Jacob Kramb	17	Countryside Ralph Stolle YMCA.	2:00.05	2:00.46
	27.87	58.53 (30.66)	1:29.54 (31.01)	2:00.46 (30.92)	
80	Daniel Zalkind	18	Brandywine YMCA -PA	1:59.58	2:00.83
	27.97	57.51 (29.54)	1:28.46 (30.95)	2:00.83 (32.37)	
81	Daniel Hammack	17	Triangle Area YMCA	2:01.04	2:00.96
	28.53	59.04 (30.51)	1:30.03 (30.99)	2:00.96 (30.93)	
82	Edward Griswold	17	Buehler YMCA	1:59.62	2:01.03
	28.29	58.34 (30.05)	1:29.92 (31.58)	2:01.03 (31.11)	
*83	Nathaniel Boley	13	Westport/Weston CT YMCA	2:00.95	2:01.05
	28.50	58.95 (30.45)	1:30.04 (31.09)	2:01.05 (31.01)	
*83	Matthew Montague	15	M.E. Lyons (Anderson) YMCA	2:01.02	2:01.05
	28.89	59.28 (30.39)	1:30.48 (31.20)	2:01.05 (30.57)	
85	Eric Spazzarini	18	Laurel East Hartford YMCA	1:57.86	2:01.09
	27.42	57.31 (29.89)	1:28.70 (31.39)	2:01.09 (32.39)	
86	Drew Sullenbarger	16	South Family YMCA-Kettering	1:59.96	2:01.11
	29.89	1:00.63 (30.74)	1:31.50 (30.87)	2:01.11 (29.61)	
87	Michael O'Brien	14	Hilliker YMCA	2:00.76	2:01.36
	28.14	58.57 (30.43)	1:29.98 (31.41)	2:01.36 (31.38)	
88	Sean Murphy	17	Wyckoff Family YMCA Inc	2:01.33	2:01.57
	29.05	59.66 (30.61)	1:30.79 (31.13)	2:01.57 (30.78)	
89	Sam Lynch	13	Red Bank Branch	2:00.95	2:01.59
	28.43	58.95 (30.52)	1:30.59 (31.64)	2:01.59 (31.00)	
90	Matt McKee	18	Countryside Ralph Stolle YMCA.	1:55.58	2:01.60
	26.88	57.12 (30.24)	1:28.78 (31.66)	2:01.60 (32.82)	
91	Matthew Collins	16	Flushing YMCA	1:59.05	2:01.61
	28.42	59.06 (30.64)	1:30.69 (31.63)	2:01.61 (30.92)	
92	Ryan Metzger	17	Barren County YMCA	2:00.80	2:02.03
	27.72	58.60 (30.88)	1:30.80 (32.20)	2:02.03 (31.23)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 28 Men 200 Yard Backstroke Swimming Competition)**

	Name	Age	Team	Seed Time	Prelim Time
*93	Derek Pridemore	15	Sarasota Family YMCA, Inc	2:00.29	2:02.16
	29.05	59.92 (30.87)	1:30.94 (31.02)	2:02.16 (31.22)	
*93	Garrett Pringle	18	Beavercreek Branch YMCA	2:01.46	2:02.16
	28.31	59.08 (30.77)	1:29.94 (30.86)	2:02.16 (32.22)	
*93	Adam Hunter	16	Wilmington YMCA - NC	2:01.09	2:02.16
	28.61	59.23 (30.62)	1:30.62 (31.39)	2:02.16 (31.54)	
96	Stefan Pietrobono	17	Western Branch YMCA	1:59.44	2:02.28
	28.38	58.83 (30.45)	1:30.98 (32.15)	2:02.28 (31.30)	
97	Brendan Kerins	17	Catonsville MD YMCA	1:59.83	2:02.34
	28.01	58.09 (30.08)	1:30.28 (32.19)	2:02.34 (32.06)	
*98	Tommy Easley	14	M.E. Lyons (Anderson) YMCA	1:59.39	2:02.52
	28.27	58.64 (30.37)	1:30.90 (32.26)	2:02.52 (31.62)	
*98	Kirt Davis	16	Sarasota Family YMCA, Inc	1:55.02	2:02.52
	27.66	57.55 (29.89)	1:29.68 (32.13)	2:02.52 (32.84)	
100	Alex Kron	17	Cheshire YMCA	2:18.53L	2:02.67
	28.02	57.85 (29.83)	1:29.87 (32.02)	2:02.67 (32.80)	
101	Ben Orr	18	Newberry County Family YMCA	2:00.69	2:02.90
	28.45	58.74 (30.29)	1:30.66 (31.92)	2:02.90 (32.24)	
102	Chad Nowakowski	16	Lynchburg YMCA	2:00.06	2:02.91
	28.90	59.56 (30.66)	1:31.43 (31.87)	2:02.91 (31.48)	
103	Wayde Marsh	18	Central Delaware YMCA	1:59.13	2:03.28
	28.42	59.21 (30.79)	1:31.24 (32.03)	2:03.28 (32.04)	
104	David Yao	18	Somerset Valley YMCA	1:59.40	2:03.29
	28.19	58.95 (30.76)	1:30.90 (31.95)	2:03.29 (32.39)	
105	Patrick Malone	17	Riverfront Branch YMCA	2:00.61	2:03.41
	28.07	58.85 (30.78)	1:31.04 (32.19)	2:03.41 (32.37)	
106	Andrew Smith	18	Somerset Hills YMCA	1:58.57	2:03.61
	27.90	58.69 (30.79)	1:30.77 (32.08)	2:03.61 (32.84)	
107	Zach Fischer	17	Powel Crosley Jr. YMCA	2:00.06	2:03.70
	28.64	1:00.23 (31.59)	1:32.18 (31.95)	2:03.70 (31.52)	
108	Garrett Hasslinger	18	Cumberland MD YMCA	2:01.47	2:03.74
	28.47	58.61 (30.14)	1:30.55 (31.94)	2:03.74 (33.19)	
109	Kevin Hong	15	Somerset Valley YMCA	1:59.54	2:03.92
	28.87	1:00.24 (31.37)	1:32.13 (31.89)	2:03.92 (31.79)	
110	Shane McKenzie	15	Tri-Hampton Family Branch YMC	2:01.52	2:04.02
	29.31	1:00.71 (31.40)	1:32.67 (31.96)	2:04.02 (31.35)	
111	David Woodford	16	Riverfront Branch YMCA	2:00.75	2:04.20
	28.00	58.83 (30.83)	1:31.21 (32.38)	2:04.20 (32.99)	
112	Brian Strathmeyer	18	York And York County YMCA	2:01.46	2:04.43
	29.29	1:00.33 (31.04)	1:32.65 (32.32)	2:04.43 (31.78)	
113	Scott Haskins	18	Oshkosh Community YMCA	2:00.70	2:05.10
	27.71	58.55 (30.84)	1:31.67 (33.12)	2:05.10 (33.43)	
114	Nick Spaniel	16	Greater Burlington YMCA	2:01.49	2:06.59
	29.12	1:00.50 (31.38)	1:33.51 (33.01)	2:06.59 (33.08)	
115	Zack Haney	16	Sunbury Branch YMCA	2:01.41	2:07.34
	29.15	1:00.97 (31.82)	1:34.31 (33.34)	2:07.34 (33.03)	
---	Illya Prikhodko	16	Orlando YMCA	1:57.09	DQ
	Non-continuous turning action				
	26.29	55.15 (28.86)	1:25.00 (29.85)	DQ (30.14)	
---	Aaron Yunker	18	Greater Flint YMCA	1:59.18	DQ

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Preliminaries ... (Event 28 Men 200 Yard Backstroke Swimming Competition)

Name	Age	Team	Seed Time	Prelim Time
--- Chris Kramer	18	York And York County YMCA	1:52.57	DQ
Non-continuous turning action				
27.43	56.42 (28.99)	1:26.00 (29.58)	DQ (29.69)	
--- Parker Baisden	16	Phoenixville Branch YMCA	2:01.06	DQ
False start				
29.09	59.55 (30.46)	1:30.73 (31.18)	DQ (30.15)	
--- Patrick Hagar	17	Catonsville MD YMCA	2:00.22	DQ
Non-continuous turning action				
28.28	59.19 (30.91)	1:30.57 (31.38)	DQ (31.84)	
--- Coleman Allen	16	Spokane YMCA	1:53.77	DQ
Not on back off wall				
26.56	55.56 (29.00)	1:25.58 (30.02)	DQ (30.93)	
--- Bryan Brown	16	Central Delaware YMCA	2:01.57	DFS
Declared false start				
2:07.87				

Event 29 Women 800 Yard Freestyle Relay Swimming Competition

National: 7:23.46 * 4/6/2007 Sarasota M.E. Lyons-
 Miller, Ball, Keefe, Tomes

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Middle Tyger YMCA		7:29.49	7:18.09*
1) Haley Lips 15	2) Addie Carne 18	3) Annie Gillig 14	4) Laura Simon 18
25.14	52.19 (52.19)	1:20.25 (1:20.25)	1:48.17 (1:48.17)
2:12.72 (24.55)	2:40.13 (51.96)	3:08.63 (1:20.46)	3:37.67 (1:49.50)
4:03.31 (25.64)	4:31.72 (54.05)	5:00.34 (1:22.67)	5:28.10 (1:50.43)
5:53.03 (24.93)	6:20.78 (52.68)	6:49.37 (1:21.27)	7:18.09 (1:49.99)
2 Sarasota Family YMCA, Inc		7:31.86	7:19.91*
1) Corinne Showalter 18	2) Kata Fodor 19	3) Marissa Harrington 18	4) Cha-cha Bugatti 15
25.80	53.02 (53.02)	1:20.74 (1:20.74)	1:48.25 (1:48.25)
2:05.24 (16.99)	2:41.13 (52.88)	3:09.08 (1:20.83)	3:37.29 (1:49.04)
4:03.93 (26.64)	4:32.56 (55.27)	5:00.70 (1:23.41)	5:28.43 (1:51.14)
5:53.47 (25.04)	6:21.70 (53.27)	6:50.87 (1:22.44)	7:19.91 (1:51.48)
3 M.E. Lyons (Anderson) YMC		7:30.39	7:29.64
1) Julia Comodeca 16	2) Casey Ridge 18	3) Katie Nemann 16	4) Molly Hazelbaker 15
26.12	54.54 (54.54)	1:23.26 (1:23.26)	1:51.52 (1:51.52)
2:17.19 (25.67)	2:45.20 (53.68)	3:14.13 (1:22.61)	3:42.79 (1:51.27)
4:08.39 (25.60)	4:37.35 (54.56)	5:07.20 (1:24.41)	5:37.05 (1:54.26)
6:02.75 (25.70)	6:30.84 (53.79)	7:00.14 (1:23.09)	7:29.64 (1:52.59)
4 York And York County YMC		7:35.56	7:31.88
1) Sada Stewart 15	2) Hali Flickinger 14	3) Sarah Dotzel 17	4) Julia Kucherich 17
25.97	53.54 (53.54)	1:21.23 (1:21.23)	1:49.09 (1:49.09)
2:15.65 (26.56)	2:44.91 (55.82)	3:14.65 (1:25.56)	3:43.86 (1:54.77)
4:10.53 (26.67)	4:39.45 (55.59)	5:08.75 (1:24.89)	5:37.86 (1:54.00)
6:04.28 (26.42)	6:33.55 (55.69)	7:03.30 (1:25.44)	7:31.88 (1:54.02)
5 West Shore YMCA		7:35.83	7:33.51
1) Claire Loht 16	2) Madeline Hoch 13	3) Adrienne Phillips 18	4) Stephanie Kinsey 17
26.33	54.64 (54.64)	1:23.55 (1:23.55)	1:52.12 (1:52.12)
2:17.40 (25.28)	2:45.51 (53.39)	3:14.53 (1:22.41)	3:43.88 (1:51.76)
4:09.89 (26.01)	4:39.12 (55.24)	5:09.50 (1:25.62)	5:40.66 (1:56.78)
6:04.88 (24.22)	6:33.01 (52.35)	7:02.98 (1:22.32)	7:33.51 (1:52.85)

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A - Final ... (Event 29 Women 800 Yard Freestyle Relay Swimming Competition)

Team	Relay		Prelim Time	Finals Time
6 Triangle Area YMCA			7:34.23	7:33.73
1) Sabrina Benson 15	2) Kiera Molloy 14	3) Abby Houchin 17	4) Erin Burke 18	
26.45	55.12 (55.12)	1:24.98 (1:24.98)	1:54.37 (1:54.37)	
2:20.29 (25.92)	2:49.20 (54.83)	3:18.47 (1:24.10)	3:47.78 (1:53.41)	
4:13.94 (26.16)	4:43.04 (55.26)	5:12.63 (1:24.85)	5:42.84 (1:55.06)	
6:08.07 (25.23)	6:35.86 (53.02)	7:04.78 (1:21.94)	7:33.73 (1:50.89)	
7 Tri-Hampton Family Branch			7:37.92	7:36.45
1) Kate Dillione 16	2) Tommie Dillione 13	3) Alexis Houser 17	4) Courtney Beidler 17	
26.23	54.87 (54.87)	1:24.19 (1:24.19)	1:53.63 (1:53.63)	
2:19.97 (26.34)	2:49.29 (55.66)	3:19.59 (1:25.96)	3:50.10 (1:56.47)	
4:16.72 (26.62)	4:45.81 (55.71)	5:15.41 (1:25.31)	5:45.76 (1:55.66)	
6:10.96 (25.20)	6:38.60 (52.84)	7:07.34 (1:21.58)	7:36.45 (1:50.69)	
8 Winston Salem YMCA			7:35.38	7:38.64
1) Rachel Wilson 18	2) Genevieve Miller 13	3) Anna Blair Bullock 15	4) Kelly Ann Baird 17	
26.44	55.39 (55.39)	1:24.59 (1:24.59)	1:53.95 (1:53.95)	
2:20.09 (26.14)	2:49.06 (55.11)	3:19.01 (1:25.06)	3:48.55 (1:54.60)	
4:15.12 (26.57)	4:44.70 (56.15)	5:15.06 (1:26.51)	5:45.05 (1:56.50)	
6:10.58 (25.53)	6:38.90 (53.85)	7:08.53 (1:23.48)	7:38.64 (1:53.59)	
B - Final				
9 Birmingham Family YMCA			7:44.81	7:34.65
1) Katherine Carl 17	2) Megan Gegesky 17	3) Maggie Brabbins 17	4) Nikki Barczak 15	
25.77	54.48 (54.48)	1:24.35 (1:24.35)	1:54.22 (1:54.22)	
2:20.26 (26.04)	2:48.86 (54.64)	3:18.35 (1:24.13)	3:47.96 (1:53.74)	
4:14.27 (26.31)	4:43.11 (55.15)	5:13.05 (1:25.09)	5:42.86 (1:54.90)	
6:07.82 (24.96)	6:35.66 (52.80)	7:05.16 (1:22.30)	7:34.65 (1:51.79)	
10 Anne Arundel County YMCA			7:40.91	7:36.93
1) Kendall Farnham 16	2) Theresa Gallagher 18	3) Kori Golden 17	4) Emily Lloyd 16	
26.54	55.73 (55.73)	1:26.05 (1:26.05)	1:56.56 (1:56.56)	
2:23.14 (26.58)	2:52.73 (56.17)	3:23.10 (1:26.54)	3:53.00 (1:56.44)	
4:18.89 (25.89)	4:47.62 (54.62)	5:17.45 (1:24.45)	5:47.73 (1:54.73)	
6:12.29 (24.56)	6:40.37 (52.64)	7:08.79 (1:21.06)	7:36.93 (1:49.20)	
11 Oshkosh Community YMCA			7:42.10	7:39.34
1) Hilary Woldt 17	2) Natalie Bolin 16	3) Abbey Tuchscherer 17	4) Rachel Revolinski 16	
26.56	55.37 (55.37)	1:25.51 (1:25.51)	1:55.57 (1:55.57)	
2:21.50 (25.93)	2:50.52 (54.95)	3:21.02 (1:25.45)	3:51.21 (1:55.64)	
4:17.28 (26.07)	4:46.17 (54.96)	5:16.17 (1:24.96)	5:46.35 (1:55.14)	
6:11.66 (25.31)	6:39.86 (53.51)	7:09.15 (1:22.80)	7:39.34 (1:52.99)	
12 Lakeland Hills Family YMCA			7:41.30	7:40.69
1) Katherine Foley 18	2) Molly Higgins 17	3) Kaitlyn Utkewicz 16	4) Jennie Marosits 17	
25.86	54.53 (54.53)	1:23.46 (1:23.46)	1:53.30 (1:53.30)	
2:18.90 (25.60)	2:47.20 (53.90)	3:16.57 (1:23.27)	3:46.40 (1:53.10)	
4:12.83 (26.43)	4:42.46 (56.06)	5:12.65 (1:26.25)	5:42.70 (1:56.30)	
6:08.41 (25.71)	6:37.89 (55.19)	7:08.97 (1:26.27)	7:40.69 (1:57.99)	
13 Countryside Ralph Stolle YM			7:43.11	7:40.71
1) Lynn Brotherton 17	2) Sam Vandyke 17	3) Carolyn Carter 15	4) Breann McDowell 17	
26.36	55.11 (55.11)	1:24.95 (1:24.95)	1:55.60 (1:55.60)	
2:12.05 (16.45)	2:51.73 (56.13)	3:22.33 (1:26.73)	3:52.61 (1:57.01)	
4:19.95 (27.34)	4:50.36 (57.75)	5:21.32 (1:28.71)	5:51.45 (1:58.84)	
6:16.58 (25.13)	6:44.17 (52.72)	7:12.62 (1:21.17)	7:40.71 (1:49.26)	

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Team	Relay	Prelim Time	Finals Time
14 Cheshire YMCA		7:42.21	7:41.07
1) Hollis Capuano 18	2) Jennifer Tavares 14	3) Lauren Solernou 16	4) Kim Jerome 16
26.19	54.98 (54.98)	1:25.19 (1:25.19)	1:55.39 (1:55.39)
2:10.58 (15.19)	2:50.29 (54.90)	3:19.68 (1:24.29)	3:49.60 (1:54.21)
4:15.17 (25.57)	4:44.57 (54.97)	5:15.05 (1:25.45)	5:44.92 (1:55.32)
6:11.82 (26.90)	6:41.04 (56.12)	7:11.10 (1:26.18)	7:41.07 (1:56.15)
15 Kishwaukee Family YMCA		7:44.77	7:44.06
1) Emily Launer 15	2) Katie Hallenbeck 16	3) Casey Jepsen 16	4) Emily Waller 18
26.24	55.28 (55.28)	1:25.38 (1:25.38)	1:55.58 (1:55.58)
2:12.70 (17.12)	2:53.23 (57.65)	3:23.54 (1:27.96)	3:53.57 (1:57.99)
4:19.74 (26.17)	4:48.93 (55.36)	5:19.42 (1:25.85)	5:50.07 (1:56.50)
6:15.85 (25.78)	6:44.71 (54.64)	7:14.51 (1:24.44)	7:44.06 (1:53.99)
16 B.R. Ryall (Northwestern Dup		7:42.64	7:47.57
1) Maddi Webb 16	2) Sarah Galvin 18	3) Carrie Chibe 18	4) Emily Gniatczyk 17
26.46	55.42 (55.42)	1:25.99 (1:25.99)	1:57.36 (1:57.36)
2:14.38 (17.02)	2:53.04 (55.68)	3:23.40 (1:26.04)	3:53.33 (1:55.97)
4:19.82 (26.49)	4:49.30 (55.97)	5:20.25 (1:26.92)	5:51.60 (1:58.27)
6:16.99 (25.39)	6:45.57 (53.97)	7:16.39 (1:24.79)	7:47.57 (1:55.97)

Event 29 Women 800 Yard Freestyle Relay Swimming Competition

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Middle Tyger YMCA		7:30.97	7:29.49
1) Laura Simon 18	2) Addie Carne 18	3) Sara Beth Drake 16	4) Haley Lips 15
26.91	55.42 (55.42)	1:24.02 (1:24.02)	1:52.15 (1:52.15)
2:17.59 (25.44)	2:45.48 (53.33)	3:14.68 (1:22.53)	3:43.72 (1:51.57)
4:10.57 (26.85)	4:39.31 (55.59)	5:09.08 (1:25.36)	5:38.75 (1:55.03)
6:04.02 (25.27)	6:31.92 (53.17)	7:00.80 (1:22.05)	7:29.49 (1:50.74)
2 M.E. Lyons (Anderson) YMC		7:39.49	7:30.39
1) Molly Hazelbaker 15	2) Casey Ridge 18	3) Katie Nemann 16	4) Julia Comodeca 16
27.09	55.81 (55.81)	1:24.92 (1:24.92)	1:54.08 (1:54.08)
2:19.75 (25.67)	2:47.71 (53.63)	3:16.68 (1:22.60)	3:45.56 (1:51.48)
4:01.57 (16.01)	4:40.40 (54.84)	5:10.26 (1:24.70)	5:39.89 (1:54.33)
6:05.55 (25.66)	6:33.60 (53.71)	7:02.17 (1:22.28)	7:30.39 (1:50.50)
3 Sarasota Family YMCA, Inc		8:31.75L	7:31.86
1) Rachel Harrington 16	2) Marissa Harrington 18	3) Kata Fodor 19	4) Cha-cha Bugatti 15
27.30	55.99 (55.99)	1:24.93 (1:24.93)	1:53.84 (1:53.84)
2:21.02 (27.18)	2:49.97 (56.13)	3:18.67 (1:24.83)	3:47.25 (1:53.41)
4:13.70 (26.45)	4:42.50 (55.25)	5:11.42 (1:24.17)	5:39.97 (1:52.72)
6:06.15 (26.18)	6:34.62 (54.65)	7:03.56 (1:23.59)	7:31.86 (1:51.89)
4 Triangle Area YMCA		7:41.77	7:34.23
1) Erin Burke 18	2) Abby Houchin 17	3) Kiera Molloy 14	4) Sabrina Benson 15
26.15	54.21 (54.21)	1:23.19 (1:23.19)	1:51.97 (1:51.97)
2:18.15 (26.18)	2:46.50 (54.53)	3:16.34 (1:24.37)	3:45.81 (1:53.84)
4:12.59 (26.78)	4:41.53 (55.72)	5:11.19 (1:25.38)	5:40.33 (1:54.52)
6:05.43 (25.10)	6:33.53 (53.20)	7:03.64 (1:23.31)	7:34.23 (1:53.90)
5 Winston Salem YMCA		7:29.58	7:35.38
1) Kelly Ann Baird 17	2) Genevieve Miller 13	3) Anna Blair Bullock 15	4) Rachel Wilson 18
26.47	54.99 (54.99)	1:23.54 (1:23.54)	1:52.17 (1:52.17)
2:18.21 (26.04)	2:47.00 (54.83)	3:16.55 (1:24.38)	3:45.84 (1:53.67)
4:13.25 (27.41)	4:42.80 (56.96)	5:12.70 (1:26.86)	5:42.33 (1:56.49)
6:08.26 (25.93)	6:37.30 (54.97)	7:06.35 (1:24.02)	7:35.38 (1:53.05)

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Preliminaries ... (Event 29 Women 800 Yard Freestyle Relay Swimming Competition)

Team	Relay	Seed Time	Prelim Time
6 York And York County YMC		7:37.14	7:35.56
1) Sada Stewart 15	2) Hali Flickinger 14	3) Sarah Dotzel 17	4) Julia Kucherich 17
26.00	54.24 (54.24)	1:22.66 (1:22.66)	1:50.94 (1:50.94)
2:17.21 (26.27)	2:46.40 (55.46)	3:16.21 (1:25.27)	3:45.52 (1:54.58)
4:12.51 (26.99)	4:42.03 (56.51)	5:12.10 (1:26.58)	5:42.62 (1:57.10)
5:58.60 (15.98)	6:37.58 (54.96)	7:07.39 (1:24.77)	7:35.56 (1:52.94)
7 West Shore YMCA		7:31.30	7:35.83
1) Madeline Hoch 13	2) Caroline Finkbeiner 14	3) Stephanie Kinsey 17	4) Claire Loht 16
26.08	54.47 (54.47)	1:23.82 (1:23.82)	1:53.52 (1:53.52)
2:08.67 (15.15)	2:48.53 (55.01)	3:19.10 (1:25.58)	3:50.03 (1:56.51)
4:15.46 (25.43)	4:43.97 (53.94)	5:13.81 (1:23.78)	5:43.98 (1:53.95)
6:09.68 (25.70)	6:37.71 (53.73)	7:06.41 (1:22.43)	7:35.83 (1:51.85)
8 Tri-Hampton Family Branch		7:40.55	7:37.92
1) Kate Dillione 16	2) Tommie Dillione 13	3) Alexis Houser 17	4) Courtney Beidler 17
26.82	56.16 (56.16)	1:25.82 (1:25.82)	1:55.16 (1:55.16)
2:21.71 (26.55)	2:50.86 (55.70)	3:20.95 (1:25.79)	3:51.16 (1:56.00)
4:17.90 (26.74)	4:46.77 (55.61)	5:16.05 (1:24.89)	5:46.01 (1:54.85)
6:11.60 (25.59)	6:39.80 (53.79)	7:08.69 (1:22.68)	7:37.92 (1:51.91)
9 Anne Arundel County YMCA		7:38.58	7:40.91
1) Kendall Farnham 16	2) Theresa Gallagher 18	3) Kori Golden 17	4) Emily Lloyd 16
27.25	56.71 (56.71)	1:26.66 (1:26.66)	1:56.82 (1:56.82)
2:13.44 (16.62)	2:53.19 (56.37)	3:23.90 (1:27.08)	3:54.36 (1:57.54)
4:20.66 (26.30)	4:49.96 (55.60)	5:20.12 (1:25.76)	5:50.32 (1:55.96)
6:15.37 (25.05)	6:43.63 (53.31)	7:12.55 (1:22.23)	7:40.91 (1:50.59)
10 Lakeland Hills Family YMCA		7:38.77	7:41.30
1) Katherine Foley 18	2) Molly Higgins 17	3) Kaitlyn Utkewicz 16	4) Jennie Marosits 17
26.89	56.07 (56.07)	1:24.83 (1:24.83)	1:54.24 (1:54.24)
2:20.04 (25.80)	2:48.66 (54.42)	3:18.42 (1:24.18)	3:47.79 (1:53.55)
4:14.43 (26.64)	4:43.70 (55.91)	5:13.55 (1:25.76)	5:44.76 (1:56.97)
6:10.76 (26.00)	6:40.22 (55.46)	7:10.94 (1:26.18)	7:41.30 (1:56.54)
11 Oshkosh Community YMCA		7:36.95	7:42.10
1) Hilary Woldt 17	2) Natalie Bolin 16	3) Abbey Tuchscherer 17	4) Rachel Revolinski 16
26.98	56.36 (56.36)	1:26.34 (1:26.34)	1:55.83 (1:55.83)
2:22.11 (26.28)	2:51.61 (55.78)	3:22.02 (1:26.19)	3:52.59 (1:56.76)
4:18.91 (26.32)	4:48.19 (55.60)	5:18.44 (1:25.85)	5:48.69 (1:56.10)
6:14.62 (25.93)	6:43.12 (54.43)	7:12.61 (1:23.92)	7:42.10 (1:53.41)
12 Cheshire YMCA		7:46.21	7:42.21
1) Hollis Capuano 18	2) Jennifer Tavares 14	3) Lauren Solernou 16	4) Kim Jerome 16
26.84	55.83 (55.83)	1:25.76 (1:25.76)	1:55.55 (1:55.55)
2:11.45 (15.90)	2:51.96 (56.41)	3:21.68 (1:26.13)	3:50.86 (1:55.31)
4:16.62 (25.76)	4:45.94 (55.08)	5:16.44 (1:25.58)	5:46.46 (1:55.60)
6:13.31 (26.85)	6:42.69 (56.23)	7:12.65 (1:26.19)	7:42.21 (1:55.75)
13 B.R. Ryall (Northwestern Dup		7:42.55	7:42.64
1) Maddi Webb 16	2) Sarah Galvin 18	3) Carrie Chibe 18	4) Emily Gniatczyk 17
26.46	55.08 (55.08)	1:24.97 (1:24.97)	1:55.57 (1:55.57)
2:22.18 (26.61)	2:51.51 (55.94)	3:21.68 (1:26.11)	3:51.42 (1:55.85)
4:17.99 (26.57)	4:47.36 (55.94)	5:17.47 (1:26.05)	5:47.69 (1:56.27)
6:13.46 (25.77)	6:42.64 (54.95)	7:12.75 (1:25.06)	7:42.64 (1:54.95)
14 Countryside Ralph Stolle YM		7:35.26	7:43.11
1) Lynn Brotherton 17	2) Breann McDowell 17	3) Carolyn Carter 15	4) Sam Vandyke 17
26.62	55.51 (55.51)	1:25.18 (1:25.18)	1:55.20 (1:55.20)
2:20.54 (25.34)	2:48.58 (53.38)	3:17.54 (1:22.34)	3:46.49 (1:51.29)
4:02.41 (15.92)	4:44.22 (57.73)	5:14.89 (1:28.40)	5:45.09 (1:58.60)
6:11.93 (26.84)	6:41.79 (56.70)	7:12.40 (1:27.31)	7:43.11 (1:58.02)

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 29 Women 800 Yard Freestyle Relay Swimming Competition)**

Team	Relay			Seed Time	Prelim Time
15 Kishwaukee Family YMCA				7:49.32	7:44.77
1) Emily Launer 15	2) Katie Hallenbeck 16	3) Casey Jepsen 16	4) Emily Waller 18		
26.49	55.89 (55.89)	1:25.61 (1:25.61)	1:55.30 (1:55.30)		
2:11.81 (16.51)	2:52.36 (57.06)	3:22.95 (1:27.65)	3:52.97 (1:57.67)		
4:18.84 (25.87)	4:47.69 (54.72)	5:18.18 (1:25.21)	5:49.23 (1:56.26)		
6:15.30 (26.07)	6:44.52 (55.29)	7:14.58 (1:25.35)	7:44.77 (1:55.54)		
16 Birmingham Family YMCA				7:44.84	7:44.81
1) Megan Gegesky 17	2) Katherine Carl 17	3) Maggie Brabbins 17	4) Nikki Barczak 15		
26.34	55.38 (55.38)	1:25.70 (1:25.70)	1:55.17 (1:55.17)		
2:21.40 (26.23)	2:50.46 (55.29)	3:20.85 (1:25.68)	3:51.06 (1:55.89)		
4:17.92 (26.86)	4:47.35 (56.29)	5:17.68 (1:26.62)	5:48.12 (1:57.06)		
6:14.20 (26.08)	6:43.33 (55.21)	7:14.15 (1:26.03)	7:44.81 (1:56.69)		
17 North Shore (Sterling) MA Y1				7:47.83	7:44.93
1) Megan Alexander 14	2) Colleen McCormack 17	3) Kelly O'Connor 17	4) Katherine Foley 16		
27.29	56.34 (56.34)	1:25.90 (1:25.90)	1:55.35 (1:55.35)		
2:22.10 (26.75)	2:51.87 (56.52)	3:22.75 (1:27.40)	3:53.44 (1:58.09)		
4:19.81 (26.37)	4:49.12 (55.68)	5:19.89 (1:26.45)	5:50.49 (1:57.05)		
6:16.12 (25.63)	6:44.81 (54.32)	7:14.99 (1:24.50)	7:44.93 (1:54.44)		
18 Spokane YMCA				7:54.13	7:46.46
1) Emri Moore 15	2) Maggie Thompson 17	3) Amber Amr 16	4) Emily Renzini 15		
25.64	53.59 (53.59)	1:23.24 (1:23.24)	1:53.23 (1:53.23)		
2:19.68 (26.45)	2:49.63 (56.40)	3:20.64 (1:27.41)	3:51.34 (1:58.11)		
4:17.44 (26.10)	4:46.98 (55.64)	5:18.53 (1:27.19)	5:49.81 (1:58.47)		
6:16.75 (26.94)	6:46.51 (56.70)	7:16.59 (1:26.78)	7:46.46 (1:56.65)		
19 Somerset Valley YMCA				7:39.80	7:46.90
1) Mara Valenzuela 15	2) Rachel Stoddard 14	3) Kara Dubiel 17	4) Courtney Raw 17		
26.82	56.15 (56.15)	1:25.94 (1:25.94)	1:55.83 (1:55.83)		
2:22.88 (27.05)	2:53.47 (57.64)	3:25.07 (1:29.24)	3:56.72 (2:00.89)		
4:23.38 (26.66)	4:52.81 (56.09)	5:23.31 (1:26.59)	5:54.03 (1:57.31)		
6:19.39 (25.36)	6:47.60 (53.57)	7:16.82 (1:22.79)	7:46.90 (1:52.87)		
20 Upper Main Line YMCA				7:51.01	7:48.38
1) Megan Happ 18	2) Claire Keithly 17	3) Kara Keenan 18	4) Jenny Dalmonte 17		
27.19	56.12 (56.12)	1:25.38 (1:25.38)	1:54.78 (1:54.78)		
2:22.39 (27.61)	2:52.22 (57.44)	3:22.95 (1:28.17)	3:53.24 (1:58.46)		
4:20.27 (27.03)	4:49.66 (56.42)	5:20.19 (1:26.95)	5:50.83 (1:57.59)		
6:16.85 (26.02)	6:45.83 (55.00)	7:16.66 (1:25.83)	7:48.38 (1:57.55)		
21 Wilton Family YMCA				7:55.96	7:48.88
1) Caroline Higgins 16	2) Jenn Abbott 17	3) Kelly Heyde 18	4) Shelby Fortin 16		
26.93	56.83 (56.83)	1:28.17 (1:28.17)	1:59.26 (1:59.26)		
2:26.06 (26.80)	2:56.07 (56.81)	3:27.17 (1:27.91)	3:57.86 (1:58.60)		
4:24.59 (26.73)	4:54.32 (56.46)	5:24.98 (1:27.12)	5:55.58 (1:57.72)		
6:11.18 (15.60)	6:49.57 (53.99)	7:19.16 (1:23.58)	7:48.88 (1:53.30)		
22 Springfield Family YMCA				7:48.37	7:49.71
1) Margo Geer 17	2) Lauren Funk 17	3) Elizabeth Malone 15	4) Kendra Crew 14		
24.65	51.98 (51.98)	1:20.66 (1:20.66)	1:49.45 (1:49.45)		
2:05.56 (16.11)	2:44.47 (55.02)	3:16.24 (1:26.79)	3:49.05 (1:59.60)		
4:16.08 (27.03)	4:46.22 (57.17)	5:17.90 (1:28.85)	5:49.36 (2:00.31)		
6:16.23 (26.87)	6:45.80 (56.44)	7:17.43 (1:28.07)	7:49.71 (2:00.35)		
23 Piedmont Family YMCA Inc.				7:57.15	7:50.00
1) Natalie Cronk 14	2) Madeline Bowe 18	3) Brodde Lamb 15	4) Emma McKinley 15		
27.68	57.62 (57.62)	1:29.72 (1:29.72)	2:01.78 (2:01.78)		
2:28.09 (26.31)	2:57.94 (56.16)	3:28.48 (1:26.70)	3:58.93 (1:57.15)		
4:25.70 (26.77)	4:55.74 (56.81)	5:26.10 (1:27.17)	5:56.10 (1:57.17)		
6:22.36 (26.26)	6:51.33 (55.23)	7:20.75 (1:24.65)	7:50.00 (1:53.90)		

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 29 Women 800 Yard Freestyle Relay Swimming Competition)**

Team	Relay		Seed Time	Prelim Time
24 Fanwood-Scotch Plains YMC			7:48.51	7:50.06
1) Nicole Colucci 18	2) Janene Senofonte 17	3) Caitlin English 15	4) Jessica Colucci 16	
26.22	55.04 (55.04)	1:25.23 (1:25.23)	1:56.05 (1:56.05)	
2:21.62 (25.57)	2:50.54 (54.49)	3:20.98 (1:24.93)	3:51.62 (1:55.57)	
4:18.75 (27.13)	4:48.73 (57.11)	5:19.38 (1:27.76)	5:49.74 (1:58.12)	
6:16.64 (26.90)	6:46.65 (56.91)	7:17.71 (1:27.97)	7:50.06 (2:00.32)	
25 New Canaan Community YM			7:56.80	7:50.38
1) Sam Berizzi 17	2) Lulu Belak 16	3) Katie Rohn 17	4) Katie Orem 16	
26.57	55.31 (55.31)	1:25.05 (1:25.05)	1:55.46 (1:55.46)	
2:22.01 (26.55)	2:51.52 (56.06)	3:22.58 (1:27.12)	3:53.91 (1:58.45)	
4:20.79 (26.88)	4:51.50 (57.59)	5:22.57 (1:28.66)	5:53.68 (1:59.77)	
6:20.56 (26.88)	6:50.15 (56.47)	7:20.92 (1:27.24)	7:50.38 (1:56.70)	
26 Schroeder YMCA			7:48.64	7:50.57
1) Alexandra Meyers 13	2) Megan Kittilstad 17	3) Sadie Nennig 16	4) Abigail Raatz 13	
26.57	55.78 (55.78)	1:25.88 (1:25.88)	1:56.19 (1:56.19)	
2:22.92 (26.73)	2:52.45 (56.26)	3:23.68 (1:27.49)	3:54.57 (1:58.38)	
4:21.26 (26.69)	4:51.17 (56.60)	5:22.14 (1:27.57)	5:53.47 (1:58.90)	
6:20.25 (26.78)	6:50.13 (56.66)	7:20.68 (1:27.21)	7:50.57 (1:57.10)	
27 Somerset Hills YMCA			7:45.85	7:50.63
1) Mary deMarrais 18	2) Julia Kudryashova 15	3) Kimberly Kaller 17	4) Christina Daquila 18	
26.51	55.44 (55.44)	1:25.45 (1:25.45)	1:55.74 (1:55.74)	
2:21.71 (25.97)	2:51.37 (55.63)	3:22.53 (1:26.79)	3:54.08 (1:58.34)	
4:20.79 (26.71)	4:51.03 (56.95)	5:22.30 (1:28.22)	5:53.37 (1:59.29)	
6:20.45 (27.08)	6:50.18 (56.81)	7:20.80 (1:27.43)	7:50.63 (1:57.26)	
28 Greater Flint YMCA			7:54.70	7:50.81
1) Kelsey Reid 17	2) Anna Wujciak 14	3) Heather Saule 16	4) Courtney Weaver 13	
27.98	57.52 (57.52)	1:27.44 (1:27.44)	1:57.10 (1:57.10)	
2:23.62 (26.52)	2:52.34 (55.24)	3:21.72 (1:24.62)	3:51.06 (1:53.96)	
4:19.43 (28.37)	4:49.97 (58.91)	5:21.16 (1:30.10)	5:52.30 (2:01.24)	
6:19.94 (27.64)	6:50.29 (57.99)	7:21.37 (1:29.07)	7:50.81 (1:58.51)	
29 West Morris YMCA			7:48.32	7:51.18
1) Jen Koide 13	2) Jaina Lumkong 16	3) Emily Miles 16	4) Kristen Ferriero 17	
27.85	57.96 (57.96)	1:29.08 (1:29.08)	1:59.60 (1:59.60)	
2:26.28 (26.68)	2:56.03 (56.43)	3:26.49 (1:26.89)	3:57.32 (1:57.72)	
4:23.34 (26.02)	4:53.49 (56.17)	5:24.15 (1:26.83)	5:55.03 (1:57.71)	
6:21.66 (26.63)	6:51.06 (56.03)	7:20.95 (1:25.92)	7:51.18 (1:56.15)	
30 Powel Crosley Jr. YMCA			7:53.68	7:51.23
1) Sara Krueger 15	2) Laura Krueger 17	3) Bryn Dunbar 18	4) Grace Counts 15	
27.16	56.45 (56.45)	1:27.03 (1:27.03)	1:57.25 (1:57.25)	
2:24.89 (27.64)	2:55.01 (57.76)	3:25.78 (1:28.53)	3:55.62 (1:58.37)	
4:22.69 (27.07)	4:53.09 (57.47)	5:23.90 (1:28.28)	5:54.85 (1:59.23)	
6:22.40 (27.55)	6:51.83 (56.98)	7:21.92 (1:27.07)	7:51.23 (1:56.38)	
31 Greater Holyoke YMCA			7:42.95	7:52.46
1) Meaghan Kwarcinski 14	2) Catriona Coppler 16	3) Meriza Werenski 13	4) Anna Strzempko 14	
27.82	57.42 (57.42)	1:27.89 (1:27.89)	1:58.13 (1:58.13)	
2:24.53 (26.40)	2:53.62 (55.49)	3:24.40 (1:26.27)	3:55.73 (1:57.60)	
4:22.86 (27.13)	4:52.52 (56.79)	5:23.00 (1:27.27)	5:53.35 (1:57.62)	
6:20.06 (26.71)	6:49.87 (56.52)	7:21.21 (1:27.86)	7:52.46 (1:59.11)	
32 Pabst Farms YMCA			7:44.20	7:53.63
1) Diana Diel 17	2) Becky Yokosh 17	3) Jordon Momsen 17	4) Elise Lankiewicz 13	
27.01	56.62 (56.62)	1:26.59 (1:26.59)	1:56.86 (1:56.86)	
2:22.55 (25.69)	2:51.58 (54.72)	3:22.55 (1:25.69)	3:54.02 (1:57.16)	
4:21.23 (27.21)	4:51.69 (57.67)	5:22.55 (1:28.53)	5:53.43 (1:59.41)	
6:20.29 (26.86)	6:51.08 (57.65)	7:22.34 (1:28.91)	7:53.63 (2:00.20)	

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Team	Relay	Seed Time	Prelim Time
33 Rowan County YMCA		7:56.42	7:53.78
1) Caroline Smith 18	2) Madi Ralston 16	3) Garrison Stevens 17	4) McKenzie Stevens 13
26.34	54.50 (54.50)	1:23.00 (1:23.00)	1:51.34 (1:51.34)
2:19.24 (27.90)	2:48.49 (57.15)	3:18.86 (1:27.52)	3:49.69 (1:58.35)
4:17.27 (27.58)	4:47.46 (57.77)	5:17.46 (1:27.77)	5:47.11 (1:57.42)
6:15.71 (28.60)	6:47.51 (1:00.40)	7:20.66 (1:33.55)	7:53.78 (2:06.67)
34 Green Bay YMCA Metro		7:44.21	7:53.82
1) Emily Bourguignon 16	2) Dayna Nellis 18	3) Emily Blohm 18	4) Jasmine Lee 16
27.11	56.43 (56.43)	1:26.88 (1:26.88)	1:57.98 (1:57.98)
2:24.06 (26.08)	2:53.78 (55.80)	3:25.28 (1:27.30)	3:56.18 (1:58.20)
4:23.13 (26.95)	4:53.13 (56.95)	5:23.98 (1:27.80)	5:54.69 (1:58.51)
6:21.61 (26.92)	6:51.70 (57.01)	7:22.84 (1:28.15)	7:53.82 (1:59.13)
35 Wyckoff Family YMCA Inc		7:51.29	7:54.06
1) Alison O'Connor 15	2) Patty Boyer 16	3) Sara Craft 14	4) Chloe Conjares 16
27.47	57.44 (57.44)	1:28.44 (1:28.44)	1:59.58 (1:59.58)
2:26.48 (26.90)	2:57.29 (57.71)	3:29.54 (1:29.96)	4:01.66 (2:02.08)
4:28.47 (26.81)	4:57.95 (56.29)	5:28.63 (1:26.97)	5:58.89 (1:57.23)
6:24.53 (25.64)	6:53.30 (54.41)	7:23.45 (1:24.56)	7:54.06 (1:55.17)
36 South Family YMCA-Ketterir		7:53.78	7:54.79
1) Sarah Weidner 16	2) Ally Stover 18	3) Natalie Rohr 15	4) Natasha Wahl 16
27.49	57.28 (57.28)	1:27.82 (1:27.82)	1:57.86 (1:57.86)
2:24.90 (27.04)	2:54.76 (56.90)	3:25.57 (1:27.71)	3:56.25 (1:58.39)
4:22.29 (26.04)	4:52.16 (55.91)	5:23.42 (1:27.17)	5:55.03 (1:58.78)
6:22.58 (27.55)	6:52.88 (57.85)	7:23.84 (1:28.81)	7:54.79 (1:59.76)
37 Macomb Family YMCA		7:52.98	7:54.88
1) Marah Pugh 13	2) Nichole Contesti 16	3) Nicole Hranchook 15	4) Hannah Pugh 16
27.62	56.81 (56.81)	1:26.84 (1:26.84)	1:57.17 (1:57.17)
2:24.73 (27.56)	2:54.99 (57.82)	3:25.65 (1:28.48)	3:56.34 (1:59.17)
4:23.58 (27.24)	4:54.04 (57.70)	5:25.31 (1:28.97)	5:56.31 (1:59.97)
6:23.29 (26.98)	6:53.40 (57.09)	7:24.35 (1:28.04)	7:54.88 (1:58.57)
38 Red River Valley YMCA		7:57.24	7:55.25
1) Ali Church 14	2) Addy DiCristina 14	3) Rachel Svendson 14	4) Mirna Kojic' 16
26.64	55.59 (55.59)	1:25.38 (1:25.38)	1:55.06 (1:55.06)
2:21.93 (26.87)	2:52.48 (57.42)	3:23.64 (1:28.58)	3:54.57 (1:59.51)
4:22.42 (27.85)	4:52.98 (58.41)	5:24.59 (1:30.02)	5:56.26 (2:01.69)
6:23.02 (26.76)	6:52.94 (56.68)	7:23.93 (1:27.67)	7:55.25 (1:58.99)
39 Boyertown Area YMCA		7:58.50	7:57.71
1) Lauren Doerrman 14	2) Nina Lisella 16	3) Carlene Ostromecki 17	4) Bridget Hilferty 17
27.30	57.80 (57.80)	1:29.52 (1:29.52)	2:00.74 (2:00.74)
2:27.52 (26.78)	2:58.15 (57.41)	3:29.27 (1:28.53)	4:00.18 (1:59.44)
4:27.08 (26.90)	4:56.49 (56.31)	5:27.08 (1:26.90)	5:58.47 (1:58.29)
6:25.81 (27.34)	6:56.72 (58.25)	7:27.71 (1:29.24)	7:57.71 (1:59.24)
40 Phoenixville Branch YMCA		7:54.87	7:58.44
1) Lauren Baisden 17	2) Paige Baisden 15	3) Devonnie Moore 14	4) Amanda Malmstrom 15
26.98	56.23 (56.23)	1:26.17 (1:26.17)	1:55.51 (1:55.51)
2:22.23 (26.72)	2:51.60 (56.09)	3:21.44 (1:25.93)	3:50.78 (1:55.27)
4:18.28 (27.50)	4:50.21 (59.43)	5:24.12 (1:33.34)	5:59.09 (2:08.31)
6:25.86 (26.77)	6:57.14 (58.05)	7:28.10 (1:29.01)	7:58.44 (1:59.35)
41 Hamilton Area NJ YMCA		7:50.66	7:58.62
1) Amanda Grant 16	2) Emily Schroeder 12	3) Meredith Ketchmark 16	4) Samantha Kietlinski 18
27.59	58.23 (58.23)	1:30.38 (1:30.38)	2:02.36 (2:02.36)
2:30.71 (28.35)	3:01.70 (59.34)	3:33.64 (1:31.28)	4:04.80 (2:02.44)
4:31.64 (26.84)	5:01.83 (57.03)	5:33.19 (1:28.39)	6:04.26 (1:59.46)
6:30.31 (26.05)	6:59.26 (55.00)	7:29.35 (1:25.09)	7:58.62 (1:54.36)

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 29 Women 800 Yard Freestyle Relay Swimming Competition)**

Team	Relay		Seed Time	Prelim Time
42 Western Monmouth Co. YMC			7:52.93	7:58.77
1) Noelle Klockner 14	2) Stephanie Ross 14	3) Alexia Hynes 15	4) Katherine Dwyer 17	
27.07	56.58 (56.58)	1:27.03 (1:27.03)	1:57.34 (1:57.34)	
2:24.41 (27.07)	2:54.38 (57.04)	3:25.18 (1:27.84)	3:56.28 (1:58.94)	
4:23.28 (27.00)	4:54.65 (58.37)	5:28.57 (1:32.29)	6:01.91 (2:05.63)	
6:27.97 (26.06)	6:56.81 (54.90)	7:27.23 (1:25.32)	7:58.77 (1:56.86)	
43 Tri-City Area IL YMCA			7:56.28	7:59.54
1) Daphne Williams 18	2) Sage Haggard 15	3) Andrea McPike 18	4) Maddie Monroe 15	
27.33	57.39 (57.39)	1:28.86 (1:28.86)	2:00.62 (2:00.62)	
2:27.94 (27.32)	2:58.75 (58.13)	3:29.93 (1:29.31)	4:01.04 (2:00.42)	
4:28.21 (27.17)	4:58.37 (57.33)	5:28.31 (1:27.27)	5:58.34 (1:57.30)	
6:24.99 (26.65)	6:54.77 (56.43)	7:26.91 (1:28.57)	7:59.54 (2:01.20)	
44 Red Bank Branch			7:53.08	8:00.72
1) Jillian Crosby 14	2) Sarah Finn 15	3) Courtney Delehanty 16	4) Megan Foran 15	
27.56	57.75 (57.75)	1:28.87 (1:28.87)	1:59.81 (1:59.81)	
2:26.69 (26.88)	2:56.81 (57.00)	3:28.06 (1:28.25)	3:58.52 (1:58.71)	
4:25.80 (27.28)	4:56.09 (57.57)	5:28.19 (1:29.67)	6:00.45 (2:01.93)	
6:28.42 (27.97)	6:58.21 (57.76)	7:29.31 (1:28.86)	8:00.72 (2:00.27)	
45 Darien Community YMCA			7:55.25	8:01.21
1) Kate Timmerman 17	2) Lindsay Tyler 16	3) Liza Bragg 14	4) Lauren Timmerman 17	
28.33	58.45 (58.45)	1:28.98 (1:28.98)	1:59.25 (1:59.25)	
2:26.73 (27.48)	2:56.93 (57.68)	3:28.61 (1:29.36)	4:00.65 (2:01.40)	
4:28.42 (27.77)	4:59.64 (58.99)	5:31.15 (1:30.50)	6:02.95 (2:02.30)	
6:30.65 (27.70)	7:01.05 (58.10)	7:31.59 (1:28.64)	8:01.21 (1:58.26)	
46 Pottstown YMCA			7:50.89	8:02.96
1) Lyndsey Marcheskie 15	2) Katie Flannigan 17	3) Allison Schafer 16	4) Rachel Gadzicki 18	
27.36	57.23 (57.23)	1:27.50 (1:27.50)	1:58.23 (1:58.23)	
2:25.90 (27.67)	2:56.74 (58.51)	3:28.89 (1:30.66)	4:00.47 (2:02.24)	
4:27.48 (27.01)	4:57.95 (57.48)	5:30.16 (1:29.69)	6:02.64 (2:02.17)	
6:29.24 (26.60)	7:00.05 (57.41)	7:32.26 (1:29.62)	8:02.96 (2:00.32)	
47 Ridgewood NJ YMCA			7:55.63	8:03.12
1) Eilish Devine 15	2) Sara Nestrowitz 13	3) Michelle Kim 12	4) Sarah D'Antoni 16	
26.80	56.34 (56.34)	1:27.09 (1:27.09)	1:58.92 (1:58.92)	
2:26.15 (27.23)	2:57.13 (58.21)	3:28.86 (1:29.94)	4:00.60 (2:01.68)	
4:28.96 (28.36)	5:00.47 (59.87)	5:32.09 (1:31.49)	6:02.76 (2:02.16)	
6:29.17 (26.41)	6:59.76 (57.00)	7:31.52 (1:28.76)	8:03.12 (2:00.36)	
48 Sunbury Branch YMCA			7:58.96	8:03.19
1) Maggie Storm 16	2) Lexi Cole 15	3) Sammy Joe Koons 15	4) Michelle Giordani 15	
27.71	58.61 (58.61)	1:30.59 (1:30.59)	2:01.37 (2:01.37)	
2:28.54 (27.17)	2:58.96 (57.59)	3:30.59 (1:29.22)	4:01.38 (2:00.01)	
4:28.67 (27.29)	4:59.72 (58.34)	5:31.49 (1:30.11)	6:02.24 (2:00.86)	
6:29.57 (27.33)	7:00.24 (58.00)	7:31.93 (1:29.69)	8:03.19 (2:00.95)	
49 Westfield YMCA			7:57.84	8:03.75
1) Suzanne Lemberg 17	2) Meredith Smith 16	3) Maeve Maloney 14	4) Carly Whitmer 14	
26.75	56.01 (56.01)	1:26.55 (1:26.55)	1:57.37 (1:57.37)	
2:13.16 (15.79)	2:53.81 (56.44)	3:24.39 (1:27.02)	3:54.81 (1:57.44)	
4:23.20 (28.39)	4:55.73 (1:00.92)	5:29.23 (1:34.42)	6:02.40 (2:07.59)	
6:29.60 (27.20)	7:01.05 (58.65)	7:32.98 (1:30.58)	8:03.75 (2:01.35)	
50 Greensburg YMCA			7:58.63	8:05.90
1) Anna Gibas 17	2) Emily Friedline 15	3) Jami Andrews 17	4) Laura Gorinski 18	
27.09	56.76 (56.76)	1:27.31 (1:27.31)	1:57.61 (1:57.61)	
2:26.58 (28.97)	2:58.59 (1:00.98)	3:31.62 (1:34.01)	4:04.45 (2:06.84)	
4:31.39 (26.94)	5:01.77 (57.32)	5:34.40 (1:29.95)	6:07.80 (2:03.35)	
6:35.02 (27.22)	7:05.25 (57.45)	7:35.74 (1:27.94)	8:05.90 (1:58.10)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 29 Women 800 Yard Freestyle Relay Swimming Competition)**

Team	Relay	Seed Time	Prelim Time
51 Madison West YMCA		7:57.10	8:07.17
1) Carolyn Curran 15	2) Kayla Smith 18	3) Alissa Endres 17	4) Kayce Smith 14
28.90	59.69 (59.69)	1:31.26 (1:31.26)	2:02.73 (2:02.73)
2:29.11 (26.38)	2:59.04 (56.31)	3:30.66 (1:27.93)	4:02.82 (2:00.09)
4:29.53 (26.71)	5:00.20 (57.38)	5:33.01 (1:30.19)	6:05.34 (2:02.52)
6:33.42 (28.08)	7:04.22 (58.88)	7:35.70 (1:30.36)	8:07.17 (2:01.83)
--- Canandaigua YMCA		7:52.95	DQ
1) Maria Messina 15	2) Jennifer Benson 17	3) Heather Savage 18	4) Brittney Kuras 18
--- Montclair YMCA		7:57.44	DFS
Declared false start			
1) Stephanie Ferrell 16	2) Katherine O'Leary 18	3) Ellen Huelbig 17	4) Caitlin Nelson 18

Event 30 Men 800 Yard Freestyle Relay Swimming Competition

National: 6:43.02 * 4/7/2004

ME Lyons YMCA

ME Lyons

S Davis, K Greene, K Nead, H Browning

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Sarasota Family YMCA, Inc		6:49.70	6:38.95*
1) Nicholas Caldwell 15	2) John Orban 18	3) Patrick Ceddia 17	4) Mark Cox 17
23.42	48.59 (48.59)	1:13.89 (1:13.89)	1:38.75 (1:38.75)
2:01.74 (22.99)	2:27.25 (48.50)	2:53.04 (1:14.29)	3:18.55 (1:39.80)
3:41.63 (23.08)	4:07.05 (48.50)	4:32.30 (1:13.75)	4:57.22 (1:38.67)
5:20.76 (23.54)	5:47.05 (49.83)	6:12.84 (1:15.62)	6:38.95 (1:41.73)
2 Schroeder YMCA		6:49.15	6:42.99*
1) Ryan Hansen 17	2) Mitchell Friedemann 16	3) Francisco Vital 17	4) Graham Charlton 17
22.75	48.29 (48.29)	1:15.00 (1:15.00)	1:41.42 (1:41.42)
2:03.48 (22.06)	2:28.86 (47.44)	2:53.90 (1:12.48)	3:18.71 (1:37.29)
3:41.18 (22.47)	4:06.49 (47.78)	4:32.60 (1:13.89)	4:59.93 (1:41.22)
5:22.96 (23.03)	5:48.80 (48.87)	6:15.48 (1:15.55)	6:42.99 (1:43.06)
3 Triangle Area YMCA		6:52.40	6:47.45
1) Dominick Glavich 15	2) Kevin Rogers 16	3) John Morton 18	4) Matt Taylor 17
22.74	48.26 (48.26)	1:14.86 (1:14.86)	1:41.32 (1:41.32)
2:04.52 (23.20)	2:30.32 (49.00)	2:57.00 (1:15.68)	3:23.49 (1:42.17)
3:47.13 (23.64)	4:12.29 (48.80)	4:38.67 (1:15.18)	5:06.74 (1:43.25)
5:29.04 (22.30)	5:54.35 (47.61)	6:20.87 (1:14.13)	6:47.45 (1:40.71)
4 Middle Tyger YMCA		6:53.41	6:50.28
1) Garrett Snipes 17	2) David Ingraham 16	3) Konrad Opuszko 17	4) Graham Kauffman 17
23.61	49.04 (49.04)	1:15.59 (1:15.59)	1:42.09 (1:42.09)
2:04.26 (22.17)	2:29.90 (47.81)	2:56.42 (1:14.33)	3:23.32 (1:41.23)
3:46.14 (22.82)	4:11.74 (48.42)	4:39.01 (1:15.69)	5:07.15 (1:43.83)
5:30.06 (22.91)	5:55.82 (48.67)	6:22.68 (1:15.53)	6:50.28 (1:43.13)
5 B.R. Ryall (Northwestern Dug		6:52.60	6:52.18
1) Kevin Mihic 18	2) Sean Brown 18	3) Thomas Delves 18	4) Brian Sivak 18
23.05	48.81 (48.81)	1:15.94 (1:15.94)	1:42.73 (1:42.73)
2:05.85 (23.12)	2:31.15 (48.42)	2:58.24 (1:15.51)	3:26.95 (1:44.22)
3:49.53 (22.58)	4:15.13 (48.18)	4:42.27 (1:15.32)	5:09.80 (1:42.85)
5:33.10 (23.30)	5:59.36 (49.56)	6:25.36 (1:15.56)	6:52.18 (1:42.38)
6 Red Bank Branch		6:53.43	6:53.82
1) Alex Fitton 18	2) Daniel Hellman 16	3) Greg Daniele 17	4) Harrison Cefalo 16
23.53	48.91 (48.91)	1:15.34 (1:15.34)	1:41.78 (1:41.78)
2:06.11 (24.33)	2:32.48 (50.70)	3:00.29 (1:18.51)	3:28.76 (1:46.98)
3:52.21 (23.45)	4:17.75 (48.99)	4:44.46 (1:15.70)	5:11.85 (1:43.09)
5:34.76 (22.91)	6:00.59 (48.74)	6:27.04 (1:15.19)	6:53.82 (1:41.97)

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

Swimming and Diving Championship

Results

A - Final ... (Event 30 Men 800 Yard Freestyle Relay Swimming Competition)

Team	Relay		Prelim Time	Finals Time
7 Upper Main Line YMCA			6:54.89	6:54.35
1) Thomas Mershon 16	2) Nathan Reed 17	3) Andrew Seiler 18	4) Matt Luminais 14	
24.27	50.64 (50.64)	1:17.29 (1:17.29)	1:43.49 (1:43.49)	
2:07.06 (23.57)	2:33.18 (49.69)	2:59.82 (1:16.33)	3:25.85 (1:42.36)	
3:48.84 (22.99)	4:14.52 (48.67)	4:41.60 (1:15.75)	5:09.06 (1:43.21)	
5:33.07 (24.01)	5:59.75 (50.69)	6:27.09 (1:18.03)	6:54.35 (1:45.29)	
8 Westport/Weston CT YMCA			6:52.47	6:58.53
1) Bart Platow 17	2) Chris Wiederecht 17	3) Bryan Stephan 18	4) Andrew Grinalds 17	
24.03	49.93 (49.93)	1:17.15 (1:17.15)	1:44.66 (1:44.66)	
2:07.81 (23.15)	2:34.43 (49.77)	3:01.75 (1:17.09)	3:29.08 (1:44.42)	
3:52.27 (23.19)	4:18.58 (49.50)	4:46.71 (1:17.63)	5:15.85 (1:46.77)	
5:37.94 (22.09)	6:03.51 (47.66)	6:31.17 (1:15.32)	6:58.53 (1:42.68)	
B - Final				
9 Spokane YMCA			6:55.20	6:53.77
1) Coleman Allen 16	2) Jordan Ray 18	3) Alex Martinek 16	4) Mason Shaw 17	
23.52	49.30 (49.30)	1:15.96 (1:15.96)	1:42.92 (1:42.92)	
2:06.88 (23.96)	2:33.91 (50.99)	3:00.20 (1:17.28)	3:26.18 (1:43.26)	
3:50.80 (24.62)	4:18.03 (51.85)	4:46.46 (1:20.28)	5:14.18 (1:48.00)	
5:37.06 (22.88)	6:02.69 (48.51)	6:28.35 (1:14.17)	6:53.77 (1:39.59)	
10 New Canaan Community YM			6:56.76	6:54.99
1) Jay Margherio 18	2) Evan Ciecimirski 17	3) Dan Sweeney 18	4) Christian Higgins 16	
23.50	49.67 (49.67)	1:16.38 (1:16.38)	1:43.21 (1:43.21)	
2:07.15 (23.94)	2:33.78 (50.57)	3:01.33 (1:18.12)	3:28.22 (1:45.01)	
3:51.62 (23.40)	4:18.05 (49.83)	4:44.22 (1:16.00)	5:10.80 (1:42.58)	
5:33.97 (23.17)	6:00.16 (49.36)	6:27.26 (1:16.46)	6:54.99 (1:44.19)	
11 Wilton Family YMCA			6:58.53	6:55.88
1) Brendan Deveney 18	2) Adam Lebovitz 17	3) Robby Harder 15	4) Andrew Golankiewicz 17	
23.56	49.58 (49.58)	1:16.66 (1:16.66)	1:43.28 (1:43.28)	
2:07.02 (23.74)	2:33.36 (50.08)	3:00.52 (1:17.24)	3:27.93 (1:44.65)	
3:51.53 (23.60)	4:18.75 (50.82)	4:46.60 (1:18.67)	5:13.59 (1:45.66)	
5:36.70 (23.11)	6:02.84 (49.25)	6:29.45 (1:15.86)	6:55.88 (1:42.29)	
12 Montgomery -East Branch YM			6:57.51	6:56.00
1) Austin Abigt 17	2) Brad Powell 18	3) Jake Reynolds 18	4) Woody Joye 17	
23.72	50.81 (50.81)	1:18.87 (1:18.87)	1:46.07 (1:46.07)	
2:10.05 (23.98)	2:36.59 (50.52)	3:04.62 (1:18.55)	3:34.38 (1:48.31)	
3:57.18 (22.80)	4:22.78 (48.40)	4:49.94 (1:15.56)	5:17.33 (1:42.95)	
5:39.41 (22.08)	6:04.79 (47.46)	6:30.66 (1:13.33)	6:56.00 (1:38.67)	
13 Somerset Valley YMCA			6:57.50	6:56.01
1) Frank Cuzzola 18	2) Matthew Vanbiervliet 15	3) Brian Barr 16	4) Robert Parker 17	
23.36	49.67 (49.67)	1:16.85 (1:16.85)	1:43.81 (1:43.81)	
2:07.34 (23.53)	2:33.82 (50.01)	3:01.33 (1:17.52)	3:28.37 (1:44.56)	
3:52.32 (23.95)	4:18.58 (50.21)	4:46.22 (1:17.85)	5:13.70 (1:45.33)	
5:36.45 (22.75)	6:02.09 (48.39)	6:29.09 (1:15.39)	6:56.01 (1:42.31)	
14 M.E. Lyons (Anderson) YMC			6:57.76	6:57.81
1) Alex Miller 17	2) JB Easley 18	3) Sean Monahan 16	4) Matt Luehrmann 17	
23.73	48.99 (48.99)	1:14.94 (1:14.94)	1:40.84 (1:40.84)	
2:05.98 (25.14)	2:33.63 (52.79)	3:01.79 (1:20.95)	3:29.31 (1:48.47)	
3:52.97 (23.66)	4:19.21 (49.90)	4:46.57 (1:17.26)	5:13.65 (1:44.34)	
5:37.01 (23.36)	6:03.29 (49.64)	6:30.78 (1:17.13)	6:57.81 (1:44.16)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

Swimming and Diving Championship

Results

B - Final ... (Event 30 Men 800 Yard Freestyle Relay Swimming Competition)

Team	Relay		Prelim Time	Finals Time
15 Fanwood-Scotch Plains YMC			6:57.37	6:59.78
1) Will Brown 16	2) Mike Napolitano 15	3) Dan Napolitano 15	4) Greg Baliko 15	
24.30	50.98 (50.98)	1:18.57 (1:18.57)	1:45.49 (1:45.49)	
2:09.70 (24.21)	2:36.30 (50.81)	3:03.71 (1:18.22)	3:30.97 (1:45.48)	
3:54.02 (23.05)	4:20.30 (49.33)	4:46.99 (1:16.02)	5:13.73 (1:42.76)	
5:37.67 (23.94)	6:04.66 (50.93)	6:32.49 (1:18.76)	6:59.78 (1:46.05)	
--- Brandywine -DE YMCA			6:55.76	DQ
False start				
1) Curtis Ramsey 18	2) Michael Moore 17	3) JR Creekmore 16	4) Tom McKee 16	
23.29	49.78 (49.78)	1:17.25 (1:17.25)	1:44.50 (1:44.50)	
2:07.49 (22.99)	2:33.82 (49.32)	3:01.71 (1:17.21)	3:29.98 (1:45.48)	
3:54.10 (24.12)	4:20.90 (50.92)	4:48.49 (1:18.51)	5:16.03 (1:46.05)	
5:39.34 (23.31)	6:05.57 (49.54)	6:32.58 (1:16.55)	DQ (1:43.30)	

Event 30 Men 800 Yard Freestyle Relay Swimming Competition

Team	Relay		Seed Time	Prelim Time
Preliminaries				
1 Schroeder YMCA			6:46.01	6:49.15
1) Ryan Hansen 17	2) Graham Charlton 17	3) Mitchell Friedemann 16	4) Francisco Vital 17	
22.75	48.56 (48.56)	1:15.43 (1:15.43)	1:42.71 (1:42.71)	
2:06.16 (23.45)	2:32.24 (49.53)	2:59.47 (1:16.76)	3:26.72 (1:44.01)	
3:48.49 (21.77)	4:14.17 (47.45)	4:40.61 (1:13.89)	5:07.22 (1:40.50)	
5:29.54 (22.32)	5:54.70 (47.48)	6:21.39 (1:14.17)	6:49.15 (1:41.93)	
2 Sarasota Family YMCA, Inc			7:46.05 L	6:49.70
1) Mark Cox 17	2) Patrick Ceddia 17	3) Nicholas Caldwell 15	4) Matthew Kaminske 18	
23.98	49.92 (49.92)	1:16.57 (1:16.57)	1:43.35 (1:43.35)	
2:06.61 (23.26)	2:32.81 (49.46)	2:59.37 (1:16.02)	3:24.77 (1:41.42)	
3:48.75 (23.98)	4:14.76 (49.99)	4:40.82 (1:16.05)	5:05.80 (1:41.03)	
5:30.70 (24.90)	5:57.16 (51.36)	6:23.69 (1:17.89)	6:49.70 (1:43.90)	
3 Triangle Area YMCA			6:50.44	6:52.40
1) Dominick Glavich 15	2) John Morton 18	3) Alex Benham 18	4) Joe Bonk 15	
23.64	49.79 (49.79)	1:16.61 (1:16.61)	1:43.13 (1:43.13)	
2:07.04 (23.91)	2:33.14 (50.01)	2:59.12 (1:15.99)	3:25.90 (1:42.77)	
3:49.31 (23.41)	4:15.27 (49.37)	4:42.23 (1:16.33)	5:08.72 (1:42.82)	
5:32.47 (23.75)	5:58.51 (49.79)	6:25.11 (1:16.39)	6:52.40 (1:43.68)	
4 Westport/Weston CT YMCA			6:59.45	6:52.47
1) Bart Platow 17	2) Chris Wiederecht 17	3) Bryan Stephan 18	4) Andrew Grinalds 17	
24.27	50.36 (50.36)	1:17.19 (1:17.19)	1:44.18 (1:44.18)	
2:07.04 (22.86)	2:33.32 (49.14)	3:01.05 (1:16.87)	3:29.09 (1:44.91)	
3:52.54 (23.45)	4:19.41 (50.32)	4:46.78 (1:17.69)	5:14.15 (1:45.06)	
5:36.08 (21.93)	6:00.99 (46.84)	6:27.11 (1:12.96)	6:52.47 (1:38.32)	
5 B.R. Ryall (Northwestern Duf			6:50.46	6:52.60
1) Sean Brown 18	2) Kevin Mihic 18	3) Thomas Delves 18	4) Brian Sivak 18	
24.37	50.49 (50.49)	1:16.97 (1:16.97)	1:43.83 (1:43.83)	
2:06.50 (22.67)	2:32.07 (48.24)	2:58.94 (1:15.11)	3:26.11 (1:42.28)	
3:41.73 (15.62)	4:15.31 (49.20)	4:42.60 (1:16.49)	5:10.21 (1:44.10)	
5:33.16 (22.95)	5:58.84 (48.63)	6:25.35 (1:15.14)	6:52.60 (1:42.39)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 30 Men 800 Yard Freestyle Relay Swimming Competition)**

Team	Relay	Seed Time	Prelim Time
6 Middle Tyger YMCA		6:58.65	6:53.41
1) David Ingraham 16	2) Konrad Opuszko 17	3) Garrett Snipes 17	4) Graham Kauffman 17
24.09	49.81 (49.81)	1:16.11 (1:16.11)	1:43.00 (1:43.00)
2:06.08 (23.08)	2:31.95 (48.95)	2:59.04 (1:16.04)	3:26.85 (1:43.85)
3:49.95 (23.10)	4:15.74 (48.89)	4:42.67 (1:15.82)	5:09.29 (1:42.44)
5:32.78 (23.49)	5:59.36 (50.07)	6:26.67 (1:17.38)	6:53.41 (1:44.12)
7 Red Bank Branch		6:53.20	6:53.43
1) Alex Fitton 18	2) Daniel Hellman 16	3) Greg Daniele 17	4) Harrison Cefalo 16
23.56	48.84 (48.84)	1:15.17 (1:15.17)	1:41.28 (1:41.28)
2:05.23 (23.95)	2:32.14 (50.86)	3:00.14 (1:18.86)	3:28.51 (1:47.23)
3:51.46 (22.95)	4:16.95 (48.44)	4:43.81 (1:15.30)	5:11.68 (1:43.17)
5:34.96 (23.28)	6:00.67 (48.99)	6:26.89 (1:15.21)	6:53.43 (1:41.75)
8 Upper Main Line YMCA		6:59.21	6:54.89
1) Matt Luminais 14	2) Nathan Reed 17	3) Andrew Seiler 18	4) Thomas Mershon 16
24.91	51.39 (51.39)	1:18.81 (1:18.81)	1:46.23 (1:46.23)
2:09.74 (23.51)	2:35.80 (49.57)	3:02.44 (1:16.21)	3:28.54 (1:42.31)
3:51.35 (22.81)	4:17.81 (49.27)	4:44.90 (1:16.36)	5:12.00 (1:43.46)
5:35.69 (23.69)	6:02.17 (50.17)	6:28.57 (1:16.57)	6:54.89 (1:42.89)
9 Spokane YMCA		7:02.00	6:55.20
1) Mason Shaw 17	2) Coleman Allen 16	3) Jordan Ray 18	4) Alex Martinek 16
24.26	50.36 (50.36)	1:15.79 (1:15.79)	1:41.24 (1:41.24)
2:04.61 (23.37)	2:30.59 (49.35)	2:57.06 (1:15.82)	3:23.88 (1:42.64)
3:47.30 (23.42)	4:13.02 (49.14)	4:40.20 (1:16.32)	5:06.80 (1:42.92)
5:31.15 (24.35)	5:58.48 (51.68)	6:27.02 (1:20.22)	6:55.20 (1:48.40)
10 Brandywine -DE YMCA		6:57.36	6:55.76
1) Curtis Ramsey 18	2) Michael Moore 17	3) JR Creekmore 16	4) Tom McKee 16
23.63	49.69 (49.69)	1:17.03 (1:17.03)	1:44.55 (1:44.55)
2:07.97 (23.42)	2:34.08 (49.53)	3:00.83 (1:16.28)	3:28.79 (1:44.24)
3:52.96 (24.17)	4:19.76 (50.97)	4:47.24 (1:18.45)	5:14.54 (1:45.75)
5:37.92 (23.38)	6:03.45 (48.91)	6:29.69 (1:15.15)	6:55.76 (1:41.22)
11 New Canaan Community YM		7:04.96	6:56.76
1) Christian Higgins 16	2) Evan Ciecimirski 17	3) Dan Sweeney 18	4) Jay Margherio 18
24.15	50.35 (50.35)	1:17.08 (1:17.08)	1:44.07 (1:44.07)
2:07.41 (23.34)	2:34.12 (50.05)	3:01.39 (1:17.32)	3:28.42 (1:44.35)
3:52.29 (23.87)	4:19.00 (50.58)	4:45.62 (1:17.20)	5:12.76 (1:44.34)
5:35.96 (23.20)	6:02.54 (49.78)	6:30.06 (1:17.30)	6:56.76 (1:44.00)
12 Fanwood-Scotch Plains YMC		7:04.14	6:57.37
1) Will Brown 16	2) Mike Napolitano 15	3) Dan Napolitano 15	4) Greg Baliko 15
23.85	49.76 (49.76)	1:16.40 (1:16.40)	1:43.88 (1:43.88)
2:07.62 (23.74)	2:33.82 (49.94)	3:00.94 (1:17.06)	3:28.09 (1:44.21)
3:51.55 (23.46)	4:17.44 (49.35)	4:44.79 (1:16.70)	5:11.76 (1:43.67)
5:35.15 (23.39)	6:01.55 (49.79)	6:29.43 (1:17.67)	6:57.37 (1:45.61)
13 Somerset Valley YMCA		6:57.31	6:57.50
1) Frank Cuzzola 18	2) Matthew Vanbiervliet 15	3) Brian Barr 16	4) Robert Parker 17
23.47	49.77 (49.77)	1:17.09 (1:17.09)	1:44.26 (1:44.26)
2:07.82 (23.56)	2:34.31 (50.05)	3:02.01 (1:17.75)	3:28.94 (1:44.68)
3:52.62 (23.68)	4:19.24 (50.30)	4:47.00 (1:18.06)	5:14.51 (1:45.57)
5:37.04 (22.53)	6:02.88 (48.37)	6:30.16 (1:15.65)	6:57.50 (1:42.99)
14 Montgomery -East Branch YN		6:58.12	6:57.51
1) Austin Abigt 17	2) Brad Powell 18	3) Jake Reynolds 18	4) Woody Joye 17
24.37	51.43 (51.43)	1:19.49 (1:19.49)	1:46.79 (1:46.79)
2:11.32 (24.53)	2:38.17 (51.38)	3:06.00 (1:19.21)	3:34.45 (1:47.66)
3:57.60 (23.15)	4:23.10 (48.65)	4:50.07 (1:15.62)	5:17.94 (1:43.49)
5:39.85 (21.91)	6:04.97 (47.03)	6:31.11 (1:13.17)	6:57.51 (1:39.57)

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 30 Men 800 Yard Freestyle Relay Swimming Competition)**

Team	Relay			Seed Time	Prelim Time
15 M.E. Lyons (Anderson) YMC				7:06.07	6:57.76
1) Matt Luehrmann 17	2) JB Easley 18	3) Sean Monahan 16	4) Alex Miller 17		
24.25	50.99 (50.99)	1:18.37 (1:18.37)	1:44.90 (1:44.90)		
2:09.49 (24.59)	2:36.19 (51.29)	3:03.62 (1:18.72)	3:31.00 (1:46.10)		
3:55.47 (24.47)	4:22.45 (51.45)	4:49.83 (1:18.83)	5:17.08 (1:46.08)		
5:40.14 (23.06)	6:05.70 (48.62)	6:32.09 (1:15.01)	6:57.76 (1:40.68)		
16 Wilton Family YMCA				7:01.03	6:58.53
1) Brendan Deveney 18	2) Robby Harder 15	3) Adam Lebovitz 17	4) Andrew Golankiewicz 17		
24.18	50.44 (50.44)	1:17.63 (1:17.63)	1:44.62 (1:44.62)		
2:08.09 (23.47)	2:34.53 (49.91)	3:02.50 (1:17.88)	3:30.05 (1:45.43)		
3:54.01 (23.96)	4:20.62 (50.57)	4:48.37 (1:18.32)	5:15.05 (1:45.00)		
5:38.65 (23.60)	6:04.97 (49.92)	6:31.66 (1:16.61)	6:58.53 (1:43.48)		
17 Greater Flint YMCA				6:56.88	6:58.67
1) Jordan Guttrich 16	2) Tyler Greene 16	3) Andrew Yunker 14	4) Tyler Benmark 18		
25.06	51.67 (51.67)	1:18.42 (1:18.42)	1:45.45 (1:45.45)		
2:09.23 (23.78)	2:35.61 (50.16)	3:02.45 (1:17.00)	3:29.18 (1:43.73)		
3:53.62 (24.44)	4:20.43 (51.25)	4:47.91 (1:18.73)	5:15.04 (1:45.86)		
5:38.31 (23.27)	6:04.59 (49.55)	6:31.75 (1:16.71)	6:58.67 (1:43.63)		
18 Riverfront Branch YMCA				6:54.92	6:59.01
1) Stephen Melchiorre 17	2) Gregory Mahon 18	3) Paul Maneri 17	4) Jason Ho 17		
24.77	51.50 (51.50)	1:18.23 (1:18.23)	1:44.89 (1:44.89)		
2:07.82 (22.93)	2:33.67 (48.78)	3:00.48 (1:15.59)	3:27.38 (1:42.49)		
3:50.94 (23.56)	4:17.53 (50.15)	4:44.68 (1:17.30)	5:12.14 (1:44.76)		
5:36.02 (23.88)	6:02.53 (50.39)	6:30.28 (1:18.14)	6:59.01 (1:46.87)		
19 Andover/North Andover YMC				7:03.75	6:59.75
1) Matt Nutter 16	2) Brendan Fortin 18	3) Ryan Fortin 15	4) Paul Hunter 17		
24.22	50.81 (50.81)	1:18.26 (1:18.26)	1:44.99 (1:44.99)		
2:08.76 (23.77)	2:35.12 (50.13)	3:02.55 (1:17.56)	3:30.16 (1:45.17)		
3:54.15 (23.99)	4:20.79 (50.63)	4:48.52 (1:18.36)	5:16.51 (1:46.35)		
5:39.92 (23.41)	6:06.58 (50.07)	6:33.41 (1:16.90)	6:59.75 (1:43.24)		
20 Sunbury Branch YMCA				7:00.85	7:01.18
1) Tyler Long 17	2) Zach Stephens 16	3) Dustin Folio 18	4) Taylor Cole 17		
24.35	51.48 (51.48)	1:19.71 (1:19.71)	1:47.49 (1:47.49)		
2:10.76 (23.27)	2:37.11 (49.62)	3:04.88 (1:17.39)	3:31.67 (1:44.18)		
3:53.94 (22.27)	4:19.63 (47.96)	4:46.04 (1:14.37)	5:12.22 (1:40.55)		
5:36.42 (24.20)	6:03.80 (51.58)	6:32.35 (1:20.13)	7:01.18 (1:48.96)		
21 North Shore (Sterling) MA YI				7:06.57	7:01.71
1) Ted Millett 17	2) Brian Brennan 17	3) Tim Bouvier 17	4) Tyler Lareau 17		
24.57	51.56 (51.56)	1:18.99 (1:18.99)	1:46.23 (1:46.23)		
2:10.36 (24.13)	2:37.05 (50.82)	3:04.43 (1:18.20)	3:31.68 (1:45.45)		
3:56.52 (24.84)	4:23.85 (52.17)	4:51.43 (1:19.75)	5:18.64 (1:46.96)		
5:41.95 (23.31)	6:07.72 (49.08)	6:34.74 (1:16.10)	7:01.71 (1:43.07)		
*22 Lynchburg YMCA				7:03.70	7:02.01
1) Carter Watson 16	2) Caleb Williams 14	3) Jason Brame 17	4) Kemp Pettyjohn 16		
24.33	50.58 (50.58)	1:17.62 (1:17.62)	1:44.52 (1:44.52)		
2:08.85 (24.33)	2:35.13 (50.61)	3:02.26 (1:17.74)	3:29.27 (1:44.75)		
3:53.70 (24.43)	4:20.32 (51.05)	4:47.64 (1:18.37)	5:14.55 (1:45.28)		
5:29.61 (15.06)	6:06.00 (51.45)	6:33.96 (1:19.41)	7:02.01 (1:47.46)		
*22 Orlando YMCA				7:07.81	7:02.01
1) Braden Bouchard 16	2) Emmanuel Arias 16	3) Robbie Duran 17	4) Illya Prikhodko 16		
24.34	51.56 (51.56)	1:19.09 (1:19.09)	1:46.13 (1:46.13)		
2:10.03 (23.90)	2:36.45 (50.32)	3:03.75 (1:17.62)	3:31.08 (1:44.95)		
3:55.14 (24.06)	4:21.53 (50.45)	4:49.76 (1:18.68)	5:17.09 (1:46.01)		
5:40.42 (23.33)	6:06.95 (49.86)	6:34.50 (1:17.41)	7:02.01 (1:44.92)		

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

Swimming and Diving Championship

Results

Preliminaries ... (Event 30 Men 800 Yard Freestyle Relay Swimming Competition)

Team	Relay	Seed Time	Prelim Time
24 Birmingham Family YMCA		7:15.12	7:02.83
1) Ryan Reynolds 17	2) Riley Sherer 17	3) Matt Hogan 17	4) Nick McGowan 17
24.66	51.34 (51.34)	1:18.90 (1:18.90)	1:47.12 (1:47.12)
2:12.14 (25.02)	2:39.49 (52.37)	3:06.91 (1:19.79)	3:34.55 (1:47.43)
3:57.57 (23.02)	4:24.10 (49.55)	4:51.32 (1:16.77)	5:17.25 (1:42.70)
5:41.54 (24.29)	6:08.79 (51.54)	6:36.03 (1:18.78)	7:02.83 (1:45.58)
25 South Family YMCA-Ketterir		6:58.71	7:02.88
1) Andy Lamb 16	2) Daniel Schmitz 17	3) Ben Tillar 16	4) Ty Perkins 18
24.95	52.08 (52.08)	1:20.38 (1:20.38)	1:49.54 (1:49.54)
2:13.07 (23.53)	2:39.36 (49.82)	3:05.81 (1:16.27)	3:32.06 (1:42.52)
3:55.48 (23.42)	4:22.52 (50.46)	4:51.41 (1:19.35)	5:20.40 (1:48.34)
5:43.49 (23.09)	6:09.27 (48.87)	6:36.09 (1:15.69)	7:02.88 (1:42.48)
26 Bath Area Family YMCA		7:18.04	7:03.59
1) James Wells 17	2) Won Ho Chang 17	3) Phillip Jacques 17	4) Ian Nichols 18
23.41	50.15 (50.15)	1:17.26 (1:17.26)	1:44.31 (1:44.31)
2:07.67 (23.36)	2:33.46 (49.15)	3:00.01 (1:15.70)	3:25.99 (1:41.68)
3:50.34 (24.35)	4:17.52 (51.53)	4:45.78 (1:19.79)	5:14.33 (1:48.34)
5:38.72 (24.39)	6:06.67 (52.34)	6:35.22 (1:20.89)	7:03.59 (1:49.26)
27 West Shore YMCA		7:08.14	7:03.79
1) Ryan Turner 15	2) Eric Naylor 17	3) Eddie Lanoue 17	4) Steven Gasparini 16
24.86	51.79 (51.79)	1:19.25 (1:19.25)	1:45.93 (1:45.93)
2:09.97 (24.04)	2:36.36 (50.43)	3:03.31 (1:17.38)	3:30.47 (1:44.54)
3:54.99 (24.52)	4:22.35 (51.88)	4:50.88 (1:20.41)	5:19.64 (1:49.17)
5:43.31 (23.67)	6:09.47 (49.83)	6:36.39 (1:16.75)	7:03.79 (1:44.15)
28 Ocean County YMCA		7:07.46	7:04.06
1) Alex Kosenski 19	2) Evan Mahoney 14	3) William Kasper 17	4) Brian Molloy 17
24.42	51.73 (51.73)	1:18.77 (1:18.77)	1:45.32 (1:45.32)
2:09.75 (24.43)	2:37.30 (51.98)	3:04.80 (1:19.48)	3:32.15 (1:46.83)
3:56.26 (24.11)	4:23.71 (51.56)	4:52.41 (1:20.26)	5:21.79 (1:49.64)
5:44.91 (23.12)	6:10.81 (49.02)	6:37.44 (1:15.65)	7:04.06 (1:42.27)
29 Green Bay YMCA Metro		7:02.72	7:05.10
1) Caleb Capozella 16	2) Christophe Vandervest 18	3) John Bushman 15	4) Luke Bushman 18
24.64	51.90 (51.90)	1:18.38 (1:18.38)	1:45.69 (1:45.69)
2:10.15 (24.46)	2:37.70 (52.01)	3:05.67 (1:19.98)	3:33.25 (1:47.56)
3:58.46 (25.21)	4:26.32 (53.07)	4:54.50 (1:21.25)	5:21.56 (1:48.31)
5:44.27 (22.71)	6:10.10 (48.54)	6:37.32 (1:15.76)	7:05.10 (1:43.54)
30 Ridley Area YMCA		7:09.71	7:05.11
1) Tom Rhoads 17	2) John Quagliariello 15	3) Dann Williams 17	4) JC Logan 16
	50.25 (50.25)	1:17.23 (1:17.23)	1:43.89 (1:43.89)
2:08.18 (24.29)	2:35.39 (51.50)	3:03.63 (1:19.74)	3:31.95 (1:48.06)
3:56.02 (24.07)	4:23.22 (51.27)	4:51.64 (1:19.69)	5:19.87 (1:47.92)
5:43.69 (23.82)	6:10.26 (50.39)	6:37.47 (1:17.60)	7:05.11 (1:45.24)
31 Kishwaukee Family YMCA		7:11.29	7:05.49
1) Grant Alef 16	2) Chad Thompson 16	3) Michael Gordon 15	4) David Gordon 18
	52.36 (52.36)	1:20.32 (1:20.32)	1:47.56 (1:47.56)
2:11.97 (24.41)	2:39.17 (51.61)	3:07.07 (1:19.51)	3:35.15 (1:47.59)
3:58.95 (23.80)	4:25.84 (50.69)	4:53.04 (1:17.89)	5:20.35 (1:45.20)
5:44.44 (24.09)	6:11.08 (50.73)	6:38.41 (1:18.06)	7:05.49 (1:45.14)
32 Reading and Berks County YI		7:03.92	7:05.90
1) Ryan Carey 18	2) Adam Kurtz 17	3) Joe Huyett 17	4) Danny Crigler 17
23.70	50.24 (50.24)	1:18.05 (1:18.05)	1:45.59 (1:45.59)
2:09.40 (23.81)	2:36.32 (50.73)	3:04.53 (1:18.94)	3:32.96 (1:47.37)
3:57.04 (24.08)	4:23.95 (50.99)	4:52.10 (1:19.14)	5:20.66 (1:47.70)
5:43.30 (22.64)	6:09.85 (49.19)	6:37.85 (1:17.19)	7:05.90 (1:45.24)

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 30 Men 800 Yard Freestyle Relay Swimming Competition)**

Team	Relay		Seed Time	Prelim Time
33 Lakeland Hills Family YMCA			7:12.49	7:08.47
1) Michael McElduff 16	2) Karl Mayer 17	3) Frank Bozzi 15	4) Kyle Grosman 17	
23.84	50.01 (50.01)	1:17.15 (1:17.15)	1:44.66 (1:44.66)	
2:08.28 (23.62)	2:34.95 (50.29)	3:02.18 (1:17.52)	3:30.08 (1:45.42)	
3:54.45 (24.37)	4:22.54 (52.46)	4:51.27 (1:21.19)	5:19.82 (1:49.74)	
5:44.01 (24.19)	6:10.66 (50.84)	6:38.94 (1:19.12)	7:08.47 (1:48.65)	
34 Edwardsville YMCA			7:12.33	7:08.53
1) Josh Jacobson 17	2) Max Byers 15	3) Frank Gremaud 14	4) Eddy Lynk 17	
24.53	51.38 (51.38)	1:18.51 (1:18.51)	1:45.90 (1:45.90)	
2:10.40 (24.50)	2:37.82 (51.92)	3:06.15 (1:20.25)	3:34.24 (1:48.34)	
3:58.50 (24.26)	4:25.88 (51.64)	4:54.78 (1:20.54)	5:23.72 (1:49.48)	
5:46.97 (23.25)	6:12.78 (49.06)	6:39.85 (1:16.13)	7:08.53 (1:44.81)	
35 Powel Crosley Jr. YMCA			7:07.69	7:08.64
1) Jonny Kleinhenz 17	2) AJ Burt 16	3) Alex Burgess 14	4) Michael Murphy 17	
24.71	51.40 (51.40)	1:17.64 (1:17.64)	1:44.58 (1:44.58)	
2:09.08 (24.50)	2:35.89 (51.31)	3:03.43 (1:18.85)	3:31.65 (1:47.07)	
3:58.36 (26.71)	4:27.19 (55.54)	4:54.10 (1:22.45)	5:21.54 (1:49.89)	
5:45.53 (23.99)	6:12.67 (51.13)	6:40.85 (1:19.31)	7:08.64 (1:47.10)	
36 Tri-Hampton Family Branch Y			7:09.40	7:08.67
1) Nick Johnson 18	2) Shane McKenzie 15	3) Dylan Ludwick 15	4) Alex Naglich 15	
	49.91 (49.91)	1:15.28 (1:15.28)	1:40.79 (1:40.79)	
2:06.53 (25.74)	2:35.24 (54.45)	3:04.70 (1:23.91)	3:33.38 (1:52.59)	
3:58.08 (24.70)	4:26.09 (52.71)	4:53.91 (1:20.53)	5:22.10 (1:48.72)	
5:46.75 (24.65)	6:13.65 (51.55)	6:40.92 (1:18.82)	7:08.67 (1:46.57)	
37 Phoenixville Branch YMCA			7:16.53	7:08.96
1) Parker Baisden 16	2) Ubaldo Zavaleta 18	3) MP Salinas 14	4) Evan Deakyne 17	
25.39	52.95 (52.95)	1:20.81 (1:20.81)	1:47.68 (1:47.68)	
2:11.39 (23.71)	2:37.64 (49.96)	3:04.19 (1:16.51)	3:30.59 (1:42.91)	
3:55.35 (24.76)	4:23.31 (52.72)	4:51.77 (1:21.18)	5:19.43 (1:48.84)	
5:43.64 (24.21)	6:10.95 (51.52)	6:39.59 (1:20.16)	7:08.96 (1:49.53)	
38 Fox Cities YMCA			7:11.45	7:09.61
1) Alex Bryson 16	2) Jake Iotte 14	3) Connor Christiansen 16	4) Ryan Goggans 18	
	51.59 (51.59)	1:19.64 (1:19.64)	1:47.71 (1:47.71)	
2:11.83 (24.12)	2:39.74 (52.03)	3:08.61 (1:20.90)	3:36.83 (1:49.12)	
4:00.90 (24.07)	4:28.58 (51.75)	4:56.90 (1:20.07)	5:25.16 (1:48.33)	
5:49.11 (23.95)	6:15.54 (50.38)	6:42.68 (1:17.52)	7:09.61 (1:44.45)	
39 Boyertown Area YMCA			7:03.25	7:10.29
1) Wesley Trumbauer 17	2) Alex Corbett 16	3) Alec Francis 18	4) Jordan Hartman 17	
24.94	51.91 (51.91)	1:19.56 (1:19.56)	1:46.88 (1:46.88)	
2:11.13 (24.25)	2:38.09 (51.21)	3:06.04 (1:19.16)	3:34.17 (1:47.29)	
3:58.91 (24.74)	4:27.00 (52.83)	4:56.16 (1:21.99)	5:24.50 (1:50.33)	
5:48.44 (23.94)	6:14.91 (50.41)	6:42.57 (1:18.07)	7:10.29 (1:45.79)	
40 Somerset Hills YMCA			7:08.55	7:10.38
1) Kenny Savage 16	2) Kyle Madley 16	3) Andrew Smith 18	4) James Ross 15	
24.86	52.61 (52.61)	1:21.01 (1:21.01)	1:49.04 (1:49.04)	
2:12.29 (23.25)	2:38.91 (49.87)	3:07.05 (1:18.01)	3:35.37 (1:46.33)	
3:59.34 (23.97)	4:27.24 (51.87)	4:56.35 (1:20.98)	5:24.75 (1:49.38)	
5:48.20 (23.45)	6:14.88 (50.13)	6:42.62 (1:17.87)	7:10.38 (1:45.63)	
41 Wyckoff Family YMCA Inc			7:06.66	7:10.51
1) Leo Lim 14	2) Justin Petrozzini 17	3) Timothy Healy 17	4) Austin Taylor 16	
24.58	51.65 (51.65)	1:19.89 (1:19.89)	1:47.75 (1:47.75)	
2:11.68 (23.93)	2:38.80 (51.05)	3:07.29 (1:19.54)	3:35.81 (1:48.06)	
3:59.86 (24.05)	4:26.63 (50.82)	4:54.79 (1:18.98)	5:23.05 (1:47.24)	
5:46.91 (23.86)	6:14.45 (51.40)	6:42.96 (1:19.91)	7:10.51 (1:47.46)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 30 Men 800 Yard Freestyle Relay Swimming Competition)**

Team	Relay		Seed Time	Prelim Time
42 Farmington Family YMCA			7:14.21	7:11.78
1) Jake Campbell 17	2) Aaren Marecki 16	3) Mickey McNeece 17	4) John Blickle 17	
24.69	51.08 (51.08)	1:19.01 (1:19.01)	1:47.05 (1:47.05)	
2:11.65 (24.60)	2:38.89 (51.84)	3:06.75 (1:19.70)	3:34.76 (1:47.71)	
3:59.09 (24.33)	4:25.79 (51.03)	4:54.33 (1:19.57)	5:22.84 (1:48.08)	
5:46.98 (24.14)	6:14.25 (51.41)	6:42.92 (1:20.08)	7:11.78 (1:48.94)	
43 Countryside Ralph Stolle YM			7:11.74	7:12.66
1) Matt McKee 18	2) Steven Zimmerman 16	3) Christian Josephson 15	4) Carlo Biedenharn 17	
	52.87 (52.87)	1:22.89 (1:22.89)	1:52.99 (1:52.99)	
2:15.81 (22.82)	2:42.40 (49.41)	3:10.51 (1:17.52)	3:38.82 (1:45.83)	
4:02.97 (24.15)	4:30.63 (51.81)	4:59.52 (1:20.70)	5:28.21 (1:49.39)	
5:51.60 (23.39)	6:18.15 (49.94)	6:45.44 (1:17.23)	7:12.66 (1:44.45)	
44 Montclair YMCA			7:12.58	7:13.31
1) Tommy Wolinski 15	2) Philip Kang 14	3) Dennis Hall-App 15	4) Matt Navata 17	
24.54	51.77 (51.77)	1:20.04 (1:20.04)	1:48.31 (1:48.31)	
2:12.61 (24.30)	2:40.34 (52.03)	3:09.68 (1:21.37)	3:39.30 (1:50.99)	
4:03.77 (24.47)	4:31.28 (51.98)	5:00.50 (1:21.20)	5:29.46 (1:50.16)	
5:52.39 (22.93)	6:18.34 (48.88)	6:45.50 (1:16.04)	7:13.31 (1:43.85)	
45 Cheshire YMCA			7:18.29	7:13.87
1) Jack Pretto 17	2) Luke Fiore 17	3) Adam Shaw 15	4) Alex Kron 17	
23.04	48.76 (48.76)	1:15.46 (1:15.46)	1:41.80 (1:41.80)	
2:06.18 (24.38)	2:33.58 (51.78)	3:02.19 (1:20.39)	3:30.77 (1:48.97)	
3:56.44 (25.67)	4:25.46 (54.69)	4:55.14 (1:24.37)	5:24.80 (1:54.03)	
5:49.57 (24.77)	6:17.07 (52.27)	6:45.29 (1:20.49)	7:13.87 (1:49.07)	
46 Western North Carolina YMC			7:17.71	7:13.99
1) Nathan Hart 17	2) Eric Shuman 16	3) J Key 16	4) Ryan DeBerry 15	
23.73	50.44 (50.44)	1:17.66 (1:17.66)	1:45.00 (1:45.00)	
2:09.66 (24.66)	2:37.28 (52.28)	3:05.96 (1:20.96)	3:34.68 (1:49.68)	
3:59.49 (24.81)	4:26.68 (52.00)	4:54.87 (1:20.19)	5:23.30 (1:48.62)	
5:47.88 (24.58)	6:15.42 (52.12)	6:44.47 (1:21.17)	7:13.99 (1:50.69)	
47 Glens Falls YMCA			7:11.79	7:14.59
1) Andrew Guinther 17	2) Yag Yuruker 17	3) Nick Keenan 16	4) Jason Dutra 17	
	50.09 (50.09)	1:18.24 (1:18.24)	1:46.29 (1:46.29)	
2:09.36 (23.07)	2:35.30 (49.01)	3:02.40 (1:16.11)	3:30.04 (1:43.75)	
4:00.90 (30.86)	4:23.58 (53.54)	4:53.13 (1:23.09)	5:22.76 (1:52.72)	
5:47.78 (25.02)	6:15.43 (52.67)	6:44.89 (1:22.13)	7:14.59 (1:51.83)	
48 North Oakland Family YMCA			7:18.07	7:15.05
1) Jai Singh 15	2) Josh Murrell 14	3) Paul Finstad 18	4) Nick Evans 18	
25.76	54.02 (54.02)	1:22.40 (1:22.40)	1:51.35 (1:51.35)	
2:16.28 (24.93)	2:44.47 (53.12)	3:13.60 (1:22.25)	3:43.12 (1:51.77)	
4:08.21 (25.09)	4:36.37 (53.25)	5:04.94 (1:21.82)	5:33.35 (1:50.23)	
5:56.34 (22.99)	6:22.04 (48.69)	6:48.73 (1:15.38)	7:15.05 (1:41.70)	
49 Laurel Highlands Regional YI			7:13.50	7:15.78
1) Matt Ramey 17	2) Alan Nedley 18	3) Adrian Alexander 16	4) Brendan Lacey 16	
24.64	51.48 (51.48)	1:18.59 (1:18.59)	1:45.58 (1:45.58)	
2:09.88 (24.30)	2:37.29 (51.71)	3:05.12 (1:19.54)	3:32.79 (1:47.21)	
3:58.57 (25.78)	4:27.15 (54.36)	4:57.03 (1:24.24)	5:26.70 (1:53.91)	
5:50.60 (23.90)	6:17.84 (51.14)	6:46.55 (1:19.85)	7:15.78 (1:49.08)	
50 Westfield YMCA			7:11.44	7:15.79
1) Mike Oster 16	2) Jack Lorentzen 16	3) Matt Morgan 18	4) Matt Meserole 17	
	52.55 (52.55)	1:21.47 (1:21.47)	1:50.60 (1:50.60)	
2:15.26 (24.66)	2:43.03 (52.43)	3:10.51 (1:19.91)	3:39.89 (1:49.29)	
4:04.78 (24.89)	4:32.32 (52.43)	5:01.32 (1:21.43)	5:31.27 (1:51.38)	
5:54.97 (23.70)	6:21.62 (50.35)	6:48.63 (1:17.36)	7:15.79 (1:44.52)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****Preliminaries ... (Event 30 Men 800 Yard Freestyle Relay Swimming Competition)**

Team	Relay		Seed Time	Prelim Time
51 Western Monmouth Co. YMC			7:09.15	7:16.59
1) Ryan Kauth 16	2) JV Kracke 18	3) Stephen O'Neill 16	4) Joseph Gallene 17	
	50.89 (50.89)	1:18.77 (1:18.77)	1:46.45 (1:46.45)	
2:10.93 (24.48)	2:38.33 (51.88)	3:06.67 (1:20.22)	3:35.38 (1:48.93)	
4:00.26 (24.88)	4:28.45 (53.07)	4:56.94 (1:21.56)	5:26.14 (1:50.76)	
5:50.37 (24.23)	6:17.87 (51.73)	6:47.16 (1:21.02)	7:16.59 (1:50.45)	
52 Catonsville MD YMCA			7:16.91	7:16.97
1) Patrick Hagar 17	2) Brendan Kerins 17	3) Tyler Szarko 18	4) Charlie Hoffmaster 17	
	24.50	51.04 (51.04)	1:18.14 (1:18.14)	1:45.46 (1:45.46)
2:09.18 (23.72)	2:36.79 (51.33)	3:05.40 (1:19.94)	3:34.30 (1:48.84)	
3:58.77 (24.47)	4:25.82 (51.52)	4:53.68 (1:19.38)	5:21.53 (1:47.23)	
5:46.83 (25.30)	6:15.14 (53.61)	6:45.72 (1:24.19)	7:16.97 (1:55.44)	
53 Ashland Area YMCA			7:07.75	7:18.77
1) Lemar Linton 16	2) Zach Johnson 19	3) Joe Gannon 18	4) Josh Johnson 17	
	24.68	51.78 (51.78)	1:19.42 (1:19.42)	1:46.44 (1:46.44)
2:10.64 (24.20)	2:37.80 (51.36)	3:06.15 (1:19.71)	3:34.10 (1:47.66)	
3:59.63 (25.53)	4:28.48 (54.38)	4:58.68 (1:24.58)	5:29.41 (1:55.31)	
5:53.57 (24.16)	6:21.43 (52.02)	6:50.21 (1:20.80)	7:18.77 (1:49.36)	
54 Anne Arundel County YMCA			7:14.46	7:19.23
1) Isaac Breen-Franklin 16	2) Mike Cooke 17	3) Colin Heil 16	4) Jack Bremer 15	
	25.17	52.51 (52.51)	1:20.66 (1:20.66)	1:48.07 (1:48.07)
2:13.24 (25.17)	2:40.69 (52.62)	3:09.71 (1:21.64)	3:39.34 (1:51.27)	
4:03.41 (24.07)	4:31.13 (51.79)	5:00.46 (1:21.12)	5:29.55 (1:50.21)	
5:54.06 (24.51)	6:21.67 (52.12)	6:50.55 (1:21.00)	7:19.23 (1:49.68)	
55 Greater Holyoke YMCA			7:16.75	7:20.03
1) Philip Murphy 16	2) Pat Geraghty 17	3) Timothy Ramos 17	4) Patrick Larrow 17	
	25.00	51.80 (51.80)	1:20.10 (1:20.10)	1:48.61 (1:48.61)
2:05.54 (16.93)	2:41.35 (52.74)	3:11.08 (1:22.47)	3:39.28 (1:50.67)	
4:03.76 (24.48)	4:31.47 (52.19)	5:01.23 (1:21.95)	5:31.24 (1:51.96)	
5:55.21 (23.97)	6:22.65 (51.41)	6:51.47 (1:20.23)	7:20.03 (1:48.79)	
56 Hamilton Area NJ YMCA			7:18.29	7:20.52
1) Kevin Welsh 16	2) Michael Prewett 18	3) Brad Ranson 17	4) Craig Lupa 18	
	24.68	52.33 (52.33)	1:20.97 (1:20.97)	1:49.94 (1:49.94)
2:14.36 (24.42)	2:41.70 (51.76)	3:10.62 (1:20.68)	3:39.00 (1:49.06)	
4:03.20 (24.20)	4:30.79 (51.79)	5:00.41 (1:21.41)	5:30.93 (1:51.93)	
5:55.98 (25.05)	6:23.45 (52.52)	6:52.02 (1:21.09)	7:20.52 (1:49.59)	
57 Pottstown YMCA			7:16.40	7:27.38
1) AJ Kontostathis 15	2) Michael Rokosny 15	3) Matthew Bauer 17	4) Billy Draves 16	
	25.54	54.16 (54.16)	1:24.17 (1:24.17)	1:54.30 (1:54.30)
2:20.14 (25.84)	2:49.71 (55.41)	3:18.95 (1:24.65)	3:48.98 (1:54.68)	
4:14.10 (25.12)	4:42.30 (53.32)	5:11.01 (1:22.03)	5:40.38 (1:51.40)	
6:04.33 (23.95)	6:30.66 (50.28)	6:58.76 (1:18.38)	7:27.38 (1:47.00)	
--- York And York County YMC			7:12.81	DQ
Early take-off swimmer #4				
1) Caleb Tuten 16	2) Chris Kramer 18	3) Alex Mathews 18	4) Brian Strathmeyer 18	
	24.19	50.69 (50.69)	1:17.60 (1:17.60)	1:43.81 (1:43.81)
2:07.72 (23.91)	2:34.41 (50.60)	3:01.53 (1:17.72)	3:28.07 (1:44.26)	
3:52.95 (24.88)	4:20.44 (52.37)	4:48.52 (1:20.45)	5:16.48 (1:48.41)	
5:41.38 (24.90)	6:09.54 (53.06)	6:37.45 (1:20.97)	DQ (1:48.37)	
--- Madison West YMCA			7:16.32	DQ
1) James Foust 18	2) Jake Schneider 18	3) Pun Winichakul 17	4) Jesse O'Keefe 14	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship
Results

Event 223 Women 400 Yard IM Time Trial Swimming Competition

Name	Age	Team	Seed Time	Finals Time
- Time Trial				
1 Emily Renzini	15	Spokane YMCA	4:53.00	4:35.06
28.50	1:00.19 (31.69)	1:35.40 (35.21)	2:09.01 (33.61)	
2:50.39 (41.38)	3:32.38 (41.99)	4:04.18 (31.80)	4:35.06 (30.88)	
2 Sloane Hindman	16	Red Bank Branch	4:50.89	4:36.20
29.42	1:02.74 (33.32)	1:39.43 (36.69)	2:13.92 (34.49)	
2:52.89 (38.97)	3:32.50 (39.61)	4:04.66 (32.16)	4:36.20 (31.54)	
3 Monica Milici	15	Middle Tyger YMCA	4:47.99	4:37.17
29.29	1:03.71 (34.42)	1:39.09 (35.38)	2:14.14 (35.05)	
2:52.46 (38.32)	3:30.92 (38.46)	4:04.66 (33.74)	4:37.17 (32.51)	
4 Catherine Patrell	17	Cheshire YMCA	4:45.21	4:39.51
29.29	1:02.45 (33.16)	1:38.01 (35.56)	2:12.36 (34.35)	
2:55.23 (42.87)	3:38.04 (42.81)	4:09.48 (31.44)	4:39.51 (30.03)	
5 Jazzi Cooper	14	Wilton Family YMCA	4:50.00	4:40.01
29.20	1:02.14 (32.94)	1:38.13 (35.99)	2:13.59 (35.46)	
2:54.77 (41.18)	3:36.68 (41.91)	4:08.77 (32.09)	4:40.01 (31.24)	
6 Allie Dye	16	Middle Tyger YMCA	4:50.99	4:40.73
28.90	1:01.25 (32.35)	1:36.83 (35.58)	2:11.21 (34.38)	
2:52.62 (41.41)	3:35.62 (43.00)	4:08.98 (33.36)	4:40.73 (31.75)	
7 Price Kinney	18	Middle Tyger YMCA	4:51.99	4:41.17
30.44	1:06.10 (35.66)	1:42.40 (36.30)	2:17.61 (35.21)	
2:56.04 (38.43)	3:35.21 (39.17)	4:08.65 (33.44)	4:41.17 (32.52)	
8 Madison Allen	16	Middle Tyger YMCA	4:47.99	4:41.24
29.13	1:03.65 (34.52)	1:38.65 (35.00)	2:13.27 (34.62)	
2:54.60 (41.33)	3:36.37 (41.77)	4:09.45 (33.08)	4:41.24 (31.79)	
9 Samantha Shelley	16	Brandywine -DE YMCA	4:47.64	4:41.95
30.51	1:04.38 (33.87)	1:41.86 (37.48)	2:18.67 (36.81)	
2:57.12 (38.45)	3:36.88 (39.76)	4:10.17 (33.29)	4:41.95 (31.78)	
10 Lauren Keenan	15	Upper Main Line YMCA	4:47.64	4:42.14
30.32	1:04.19 (33.87)	1:40.74 (36.55)	2:16.09 (35.35)	
2:58.25 (42.16)	3:39.59 (41.34)	4:11.34 (31.75)	4:42.14 (30.80)	
11 Erin Seiler	15	Upper Main Line YMCA	4:46.23	4:42.17
30.11	1:03.84 (33.73)	1:41.13 (37.29)	2:16.90 (35.77)	
2:56.93 (40.03)	3:36.58 (39.65)	4:10.21 (33.63)	4:42.17 (31.96)	
12 Lauren Timmerman	17	Darien Community YMCA	4:52.90	4:42.37
30.50	1:07.16 (36.66)	1:43.25 (36.09)	2:18.36 (35.11)	
3:00.92 (42.56)	3:42.49 (41.57)	4:13.01 (30.52)	4:42.37 (29.36)	
13 Allie Skaperdas	15	New Canaan Community YMCA	4:56.25	4:42.58
28.63	1:01.44 (32.81)	1:37.54 (36.10)	2:13.16 (35.62)	
2:55.89 (42.73)	3:38.91 (43.02)	4:10.80 (31.89)	4:42.58 (31.78)	
14 Salena Casha	17	Burbank Branch YMCA	4:45.98	4:42.63
28.98	1:02.78 (33.80)	1:37.92 (35.14)	2:13.23 (35.31)	
2:53.90 (40.67)	3:36.29 (42.39)	4:09.96 (33.67)	4:42.63 (32.67)	
15 Heather Thole	16	Madison West YMCA	4:47.70	4:42.97
26.87	58.94 (32.07)	1:34.84 (35.90)	2:10.83 (35.99)	
2:51.86 (41.03)	3:34.38 (42.52)	4:09.79 (35.41)	4:42.97 (33.18)	
16 Seana Acker	14	Piedmont Family YMCA Inc.	4:52.53	4:43.00
30.39	1:04.51 (34.12)	1:40.46 (35.95)	2:16.33 (35.87)	
2:56.40 (40.07)	3:37.28 (40.88)	4:10.81 (33.53)	4:43.00 (32.19)	
17 Kayla McAvoy	15	Wyckoff Family YMCA Inc	4:44.88	4:43.01
30.72	1:05.67 (34.95)	1:42.11 (36.44)	2:17.57 (35.46)	
2:57.41 (39.84)	3:37.26 (39.85)	4:10.39 (33.13)	4:43.01 (32.62)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****- Time Trial ... (Event 223 Women 400 Yard IM Time Trial Swimming Competition)**

	Name	Age	Team	Seed Time	Finals Time
18	Megan Lattimer	15	Wilton Family YMCA	4:50.00	4:44.29
	29.73	1:05.30 (35.57)	1:43.63 (38.33)	2:21.64 (38.01)	
	2:59.59 (37.95)	3:38.09 (38.50)	4:12.00 (33.91)	4:44.29 (32.29)	
19	Nicole Bruneel	14	Boise YMCA	4:46.42	4:44.79
	30.22	1:05.86 (35.64)	1:42.27 (36.41)	2:17.00 (34.73)	
	2:57.91 (40.91)	3:39.73 (41.82)	4:13.26 (33.53)	4:44.79 (31.53)	
20	Lindsay Tyler	16	Darien Community YMCA	4:48.48	4:45.23
	30.69	1:05.33 (34.64)	1:40.95 (35.62)	2:15.99 (35.04)	
	2:59.47 (43.48)	3:42.62 (43.15)	4:14.53 (31.91)	4:45.23 (30.70)	
21	Heidi Nichols	17	Columbia Northwest Family YMC	4:54.76	4:45.29
	30.08	1:04.72 (34.64)	1:40.46 (35.74)	2:15.76 (35.30)	
	2:56.17 (40.41)	3:37.45 (41.28)	4:11.84 (34.39)	4:45.29 (33.45)	
22	Melissa Merwin	15	Downtown Youth Center YMCA	4:57.99	4:46.17
	29.99	1:04.47 (34.48)	1:44.17 (39.70)	2:21.72 (37.55)	
	3:01.04 (39.32)	3:40.55 (39.51)	4:14.48 (33.93)	4:46.17 (31.69)	
23	Kerry Borbidge	16	Ridley Area YMCA	4:54.64	4:46.20
	30.65	1:05.83 (35.18)	1:43.05 (37.22)	2:19.69 (36.64)	
	2:59.90 (40.21)	3:40.93 (41.03)	4:14.68 (33.75)	4:46.20 (31.52)	
24	Amanda Steinfeld	15	Cheshire YMCA	5:02.51	4:46.24
	30.61	1:05.49 (34.88)	1:41.91 (36.42)	2:17.84 (35.93)	
	2:59.10 (41.26)	3:40.77 (41.67)	4:14.22 (33.45)	4:46.24 (32.02)	
25	Desirae Deveaux	18	North Shore (Sterling) MA YMC	4:59.22	4:46.62
	29.43	1:02.57 (33.14)	1:38.37 (35.80)	2:13.28 (34.91)	
	2:56.95 (43.67)	3:40.92 (43.97)	4:14.15 (33.23)	4:46.62 (32.47)	
26	Maddie Eyolfson	14	Boise YMCA	4:48.96	4:46.94
	31.75	1:08.20 (36.45)	1:46.34 (38.14)	2:24.48 (38.14)	
	3:03.20 (38.72)	3:42.20 (39.00)	4:15.27 (33.07)	4:46.94 (31.67)	
27	Liza Bragg	14	Darien Community YMCA	4:49.80	4:47.42
	30.03	1:04.46 (34.43)	1:39.07 (34.61)	2:13.84 (34.77)	
	2:56.18 (42.34)	3:39.93 (43.75)	4:13.70 (33.77)	4:47.42 (33.72)	
28	Karissa Gorman	18	Greater Holyoke YMCA	4:47.85	4:48.21
	30.55	1:06.90 (36.35)	1:44.19 (37.29)	2:21.51 (37.32)	
	3:01.32 (39.81)	3:41.76 (40.44)	4:16.25 (34.49)	4:48.21 (31.96)	
29	Riley LeBlanc	15	North Shore (Sterling) MA YMC	4:46.97	4:48.24
	30.76	1:05.76 (35.00)	1:41.36 (35.60)	2:16.87 (35.51)	
	2:59.13 (42.26)	3:42.33 (43.20)	4:15.70 (33.37)	4:48.24 (32.54)	
30	Liz Mooney	15	Middle Tyger YMCA	4:55.99	4:48.47
	30.71	1:06.69 (35.98)	1:44.01 (37.32)	2:20.53 (36.52)	
	3:00.98 (40.45)	3:42.31 (41.33)	4:15.91 (33.60)	4:48.47 (32.56)	
31	Kylie McKenzie	17	Tri-Hampton Family Branch YMC	4:48.89	4:50.33
	29.22	1:03.02 (33.80)	1:40.81 (37.79)	2:18.51 (37.70)	
	2:58.52 (40.01)	3:40.13 (41.61)	4:15.95 (35.82)	4:50.33 (34.38)	
32	Casey Stahl	17	Somerset Valley YMCA	5:04.32	4:50.53
	31.21	1:07.22 (36.01)	1:43.83 (36.61)	2:20.16 (36.33)	
	3:01.71 (41.55)	3:43.99 (42.28)	4:18.05 (34.06)	4:50.53 (32.48)	
33	Laura Nichols	17	Columbia Northwest Family YMC	4:51.87	4:52.32
	29.10	1:03.68 (34.58)	1:41.60 (37.92)	2:19.04 (37.44)	
	2:59.56 (40.52)	3:42.09 (42.53)	4:17.30 (35.21)	4:52.32 (35.02)	
34	Isabelle Cecere	13	Somerset Hills YMCA	4:48.10	4:52.40
	30.11	1:04.96 (34.85)	1:45.14 (40.18)	2:24.34 (39.20)	
	3:05.82 (41.48)	3:47.79 (41.97)	4:20.91 (33.12)	4:52.40 (31.49)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

Swimming and Diving Championship

Results

- Time Trial ... (Event 223 Women 400 Yard IM Time Trial Swimming Competition)

Name	Age	Team	Seed Time	Finals Time
35 Grace Kaminer	17	Riverfront Branch YMCA	4:51.44	4:52.82
30.85	1:05.66 (34.81)	1:43.04 (37.38)	2:19.91 (36.87)	
3:01.03 (41.12)	3:43.53 (42.50)	4:18.84 (35.31)	4:52.82 (33.98)	
36 Hannah Larson	17	Western North Carolina YMCA	4:54.00	4:54.65
30.56	1:06.84 (36.28)	1:44.35 (37.51)	2:21.67 (37.32)	
3:02.52 (40.85)	3:44.21 (41.69)	4:20.00 (35.79)	4:54.65 (34.65)	
37 Sara Nestrowitz	13	Ridgewood NJ YMCA	5:12.11	4:54.91
32.33	1:10.04 (37.71)	1:45.58 (35.54)	2:20.43 (34.85)	
3:05.39 (44.96)	3:50.01 (44.62)	4:23.16 (33.15)	4:54.91 (31.75)	
38 Toireasa Rafferty-Millett	14	North Shore (Sterling) MA YMCA	4:55.86	4:55.53
29.98	1:04.09 (34.11)	1:42.32 (38.23)	2:20.69 (38.37)	
3:02.86 (42.17)	3:47.01 (44.15)	4:21.74 (34.73)	4:55.53 (33.79)	
39 Alexandria Koukos	15	Cheshire YMCA	4:53.51	4:55.71
30.68	1:05.52 (34.84)	1:41.15 (35.63)	2:16.82 (35.67)	
3:02.59 (45.77)	3:49.66 (47.07)	4:23.11 (33.45)	4:55.71 (32.60)	
40 Adelyn Graf	14	New Canaan Community YMCA	5:00.05	4:56.13
31.37	1:07.56 (36.19)	1:43.72 (36.16)	2:17.95 (34.23)	
3:03.48 (45.53)	3:48.13 (44.65)	4:23.03 (34.90)	4:56.13 (33.10)	
41 Rebecca Heffernan	16	Lakeland Hills Family YMCA	NT	4:57.44
30.10	1:06.03 (35.93)	1:43.97 (37.94)	2:21.28 (37.31)	
3:02.85 (41.57)	3:45.41 (42.56)	4:21.94 (36.53)	4:57.44 (35.50)	
42 Maeve O'Leary	16	Montclair YMCA	5:05.00	4:57.64
30.65	1:06.57 (35.92)	1:45.03 (38.46)	2:24.42 (39.39)	
3:04.14 (39.72)	3:45.96 (41.82)	4:22.23 (36.27)	4:57.64 (35.41)	
43 Hanna Hunstad	14	North Oakland Family YMCA	4:56.07	4:58.19
30.74	1:05.96 (35.22)	1:43.47 (37.51)	2:19.81 (36.34)	
3:04.43 (44.62)	3:50.39 (45.96)	4:24.98 (34.59)	4:58.19 (33.21)	
44 Emily Gwynn	14	Canandaigua YMCA	5:06.85	5:01.24
31.74	1:08.64 (36.90)	1:48.20 (39.56)	2:26.79 (38.59)	
3:08.54 (41.75)	3:50.33 (41.79)	4:26.18 (35.85)	5:01.24 (35.06)	
45 Kaci McIlmoyle	14	Jennersville YMCA	4:51.98	5:03.10
30.87	1:06.59 (35.72)	1:46.00 (39.41)	2:24.74 (38.74)	
3:09.09 (44.35)	3:53.90 (44.81)	4:29.42 (35.52)	5:03.10 (33.68)	
--- Suzanne Lemberg	17	Westfield YMCA	4:49.46	NS
Declared false start - Misc				

Event 224 Men 400 Yard IM Time Trial Swimming Competition

Name	Age	Team	Seed Time	Finals Time
- Time Trial				
1 Peter Bihl	17	Waynesboro Family YMCA	4:32.79	4:16.85
27.29	58.33 (31.04)	1:32.10 (33.77)	2:05.33 (33.23)	
2:41.14 (35.81)	3:17.79 (36.65)	3:47.70 (29.91)	4:16.85 (29.15)	
2 David White	17	Hunterdon County YMCA	4:35.56	4:18.03
26.65	56.49 (29.84)	1:31.34 (34.85)	2:05.10 (33.76)	
2:42.03 (36.93)	3:18.52 (36.49)	3:48.95 (30.43)	4:18.03 (29.08)	
3 Timothy Lattimer	15	Wilton Family YMCA	4:22.00	4:19.84
27.45	58.26 (30.81)	1:31.73 (33.47)	2:04.34 (32.61)	
2:40.68 (36.34)	3:18.14 (37.46)	3:49.39 (31.25)	4:19.84 (30.45)	
4 Patrick Malone	17	Riverfront Branch YMCA	4:25.83	4:21.49
27.35	58.58 (31.23)	1:31.53 (32.95)	2:03.51 (31.98)	
2:41.81 (38.30)	3:20.72 (38.91)	3:51.59 (30.87)	4:21.49 (29.90)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

Swimming and Diving Championship

Results

- Time Trial ... (Event 224 Men 400 Yard IM Time Trial Swimming Competition)

Name	Age	Team	Seed Time	Finals Time
5 Alex Keller	14	Fayette County Family YMCA	4:24.32	4:21.91
27.79	1:00.69 (32.90)	1:33.93 (33.24)	2:06.79 (32.86)	
2:44.67 (37.88)	3:23.12 (38.45)	3:53.39 (30.27)	4:21.91 (28.52)	
6 John Keough	17	Upper Main Line YMCA	4:35.00	4:22.55
27.26	58.30 (31.04)	1:32.82 (34.52)	2:06.21 (33.39)	
2:44.29 (38.08)	3:23.68 (39.39)	3:53.53 (29.85)	4:22.55 (29.02)	
7 Andrew Jung	15	Montclair YMCA	4:41.46	4:22.60
25.76	54.70 (28.94)	1:27.05 (32.35)	1:59.58 (32.53)	
2:38.66 (39.08)	3:19.41 (40.75)	3:51.99 (32.58)	4:22.60 (30.61)	
8 Andrew Hiss	17	Western Monmouth Co. YMCA	4:22.15	4:22.77
27.81	1:00.48 (32.67)	1:33.63 (33.15)	2:07.25 (33.62)	
2:44.51 (37.26)	3:22.09 (37.58)	3:52.88 (30.79)	4:22.77 (29.89)	
9 Christian Jansson	17	Ridgewood NJ YMCA	4:34.96	4:23.02
27.77	59.01 (31.24)	1:33.31 (34.30)	2:07.29 (33.98)	
2:44.37 (37.08)	3:21.86 (37.49)	3:53.20 (31.34)	4:23.02 (29.82)	
10 Michael Bower	18	Mattoon Area Family YMCA	4:30.87	4:23.30
28.03	58.87 (30.84)	1:33.74 (34.87)	2:08.64 (34.90)	
2:44.16 (35.52)	3:21.34 (37.18)	3:53.68 (32.34)	4:23.30 (29.62)	
11 Brian Wilson	15	Harford County Family YMCA	4:33.64	4:23.93
27.18	58.20 (31.02)	1:31.00 (32.80)	2:04.07 (33.07)	
2:43.39 (39.32)	3:23.89 (40.50)	3:55.05 (31.16)	4:23.93 (28.88)	
12 Alex Naglich	15	Tri-Hampton Family Branch YMC	4:33.89	4:24.33
28.09	1:00.95 (32.86)	1:33.68 (32.73)	2:07.54 (33.86)	
2:47.10 (39.56)	3:26.76 (39.66)	3:56.08 (29.32)	4:24.33 (28.25)	
13 Alex Bryson	16	Fox Cities YMCA	4:24.44	4:24.55
28.77	1:01.95 (33.18)	1:35.69 (33.74)	2:08.98 (33.29)	
2:46.69 (37.71)	3:24.79 (38.10)	3:55.58 (30.79)	4:24.55 (28.97)	
14 Nathaniel Boley	13	Westport/Weston CT YMCA	4:23.00	4:25.46
28.36	1:01.06 (32.70)	1:35.07 (34.01)	2:07.45 (32.38)	
2:46.86 (39.41)	3:25.39 (38.53)	3:56.32 (30.93)	4:25.46 (29.14)	
15 Andrew McCollister	16	Rowan County YMCA	4:22.50	4:26.63
29.58	1:03.52 (33.94)	1:38.14 (34.62)	2:11.70 (33.56)	
2:47.94 (36.24)	3:24.47 (36.53)	3:56.55 (32.08)	4:26.63 (30.08)	
16 Timothy Ramos	17	Greater Holyoke YMCA	4:30.14	4:26.87
26.95	57.83 (30.88)	1:32.27 (34.44)	2:06.76 (34.49)	
2:45.80 (39.04)	3:25.61 (39.81)	3:57.06 (31.45)	4:26.87 (29.81)	
17 Eric Shuman	16	Western North Carolina YMCA	4:26.00	4:27.10
26.35	57.04 (30.69)	1:32.79 (35.75)	2:07.55 (34.76)	
2:46.60 (39.05)	3:26.83 (40.23)	3:57.40 (30.57)	4:27.10 (29.70)	
18 Kenny Savage	16	Somerset Hills YMCA	4:24.35	4:27.86
29.00	1:02.89 (33.89)	1:37.00 (34.11)	2:09.12 (32.12)	
2:48.91 (39.79)	3:28.57 (39.66)	3:59.53 (30.96)	4:27.86 (28.33)	
19 Dylan Ludwick	15	Tri-Hampton Family Branch YMC	4:30.89	4:28.81
28.76	1:02.79 (34.03)	1:38.37 (35.58)	2:13.46 (35.09)	
2:51.36 (37.90)	3:29.84 (38.48)	4:00.30 (30.46)	4:28.81 (28.51)	
20 Mike Harmon	17	Chambersburg Memorial YMCA	4:24.86	4:29.27
28.62	1:01.79 (33.17)	1:34.81 (33.02)	2:07.59 (32.78)	
2:46.74 (39.15)	3:26.89 (40.15)	3:59.59 (32.70)	4:29.27 (29.68)	
21 Sam VanBuskirk	15	Rock Hill Area YMCA	4:24.75	4:29.32
29.28	1:02.69 (33.41)	1:37.23 (34.54)	2:11.34 (34.11)	
2:48.95 (37.61)	3:27.24 (38.29)	3:58.77 (31.53)	4:29.32 (30.55)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****- Time Trial ... (Event 224 Men 400 Yard IM Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
22 Robby Mix	17	Lionville Community YMCA	4:39.04	4:29.56
27.61	1:00.40 (32.79)	1:37.86 (37.46)	2:14.10 (36.24)	
2:50.43 (36.33)	3:28.32 (37.89)	3:59.08 (30.76)	4:29.56 (30.48)	
23 Michael De Matos	17	Middle Tyger YMCA	4:36.99	4:31.58
27.18	57.49 (30.31)	1:33.12 (35.63)	2:08.25 (35.13)	
2:47.82 (39.57)	3:28.77 (40.95)	4:00.54 (31.77)	4:31.58 (31.04)	
24 Tommy Wolinski	15	Montclair YMCA	4:30.79	4:31.68
29.33	1:04.54 (35.21)	1:40.02 (35.48)	2:14.15 (34.13)	
2:53.44 (39.29)	3:33.01 (39.57)	4:03.24 (30.23)	4:31.68 (28.44)	
25 Cole Hogg	14	Greater Manchester YMCA	4:31.07	4:32.03
27.97	59.71 (31.74)	1:34.58 (34.87)	2:09.53 (34.95)	
2:50.23 (40.70)	3:32.11 (41.88)	4:03.10 (30.99)	4:32.03 (28.93)	
26 Justin Kostelnik	13	Laurel Highlands Regional YMCA	4:35.99	4:34.64
27.77	1:00.73 (32.96)	1:34.98 (34.25)	2:08.33 (33.35)	
2:48.99 (40.66)	3:31.36 (42.37)	4:04.13 (32.77)	4:34.64 (30.51)	
27 Ryan Woltornist	16	Sunbury Branch YMCA	4:29.98	4:34.74
27.61	59.73 (32.12)	1:34.09 (34.36)	2:09.69 (35.60)	
2:49.42 (39.73)	3:29.38 (39.96)	4:01.87 (32.49)	4:34.74 (32.87)	
28 Stew Conard	18	Hatboro Area YMCA	4:28.99	4:37.65
27.29	1:00.01 (32.72)	1:34.44 (34.43)	2:09.48 (35.04)	
2:50.05 (40.57)	3:31.97 (41.92)	4:04.88 (32.91)	4:37.65 (32.77)	
29 Tyler Ziegler	18	Brandywine YMCA -PA	5:04.23	4:38.63
27.02	58.75 (31.73)	1:35.77 (37.02)	2:11.96 (36.19)	
2:51.52 (39.56)	3:33.02 (41.50)	4:06.45 (33.43)	4:38.63 (32.18)	
30 Andy Lindstrom	18	Camp-Hay-Went-Ha YMCA	4:45.23	4:42.72
28.31	1:02.16 (33.85)	1:38.46 (36.30)	2:14.97 (36.51)	
2:55.02 (40.05)	3:35.23 (40.21)	4:09.38 (34.15)	4:42.72 (33.34)	
31 Brandon Sweetman	16	Cross Island YMCA	4:59.01	4:42.97
26.87	58.94 (32.07)	1:34.84 (35.90)	2:10.83 (35.99)	
2:51.86 (41.03)	3:34.38 (42.52)	4:09.79 (35.41)	4:42.97 (33.18)	
32 Marc McLaurin	19	Cross Island YMCA	4:59.01	4:49.41
27.72	1:00.13 (32.41)	1:36.88 (36.75)	2:13.33 (36.45)	
2:57.77 (44.44)	3:42.42 (44.65)	4:16.56 (34.14)	4:49.41 (32.85)	
--- Matt Morgan	18	Westfield YMCA	4:23.44	NS

Event 225 Women 100 Yard Freestyle Time Trial Swimming Competition

Name	Age	Team	Seed Time	Finals Time
- Time Trial				
1 Sara Beth Drake	16	Middle Tyger YMCA	54.99	53.42
26.15	53.42 (27.27)			
2 Samantha Sides	16	Burlington County YMCA	NT	53.79
25.39	53.79 (28.40)			
3 Katherine O'Leary	18	Montclair YMCA	54.14	53.85
26.04	53.85 (27.81)			
4 Taylor Brew	15	York And York County YMCA	53.57	54.05
25.85	54.05 (28.20)			
5 Sam Berizzi	17	New Canaan Community YMCA	54.07	54.22
26.07	54.22 (28.15)			
6 Evan Swenson	14	McGaw YMCA	56.03	54.54
26.50	54.54 (28.04)			
7 Kendall Kirsteier	15	Tri-Hampton Family Branch YMC	54.89	54.59
26.35	54.59 (28.24)			

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****- Time Trial ... (Event 225 Women 100 Yard Freestyle Time Trial Swimming Competition)**

	Name	Age	Team	Seed Time	Finals Time
*8	Samantha Ward	17	North Oakland Family YMCA	54.76	54.63
	26.15		54.63 (28.48)		
*8	Erin Timochenko	14	Reading and Berks County YMCA	57.03	54.63
	26.06		54.63 (28.57)		
10	Emily Needham	18	North Shore (Sterling) MA YMCA	55.70	54.65
	26.73		54.65 (27.92)		
11	Andrea DeAngelis	15	Lakeland Hills Family YMCA	55.26	54.70
	25.76		54.70 (28.94)		
12	Katherine Glenn	17	Catawba Valley YMCA	55.20	54.78
	26.45		54.78 (28.33)		
13	Emma McKinley	15	Piedmont Family YMCA Inc.	55.49	54.79
	26.76		54.79 (28.03)		
14	Carrie Dukes	13	Harford County Family YMCA	56.24	54.82
	26.47		54.82 (28.35)		
15	Kathryn Coniglio	16	Hunterdon County YMCA	54.30	54.84
	26.34		54.84 (28.50)		
16	Ryan Alexander	13	North Shore (Sterling) MA YMCA	55.09	54.86
	26.35		54.86 (28.51)		
*17	Jennifer Deist	14	Edwardsville YMCA	55.90	54.94
	26.36		54.94 (28.58)		
*17	Jamie Osborn	16	Middle Tyger YMCA	55.09	54.94
	26.58		54.94 (28.36)		
19	Katherine Dwyer	17	Western Monmouth Co. YMCA	55.92	55.05
	26.73		55.05 (28.32)		
*20	Jessica Russell	14	Bath Area Family YMCA	55.20	55.06
	26.67		55.06 (28.39)		
*20	Natasha Wahl	16	South Family YMCA-Kettering	55.47	55.06
	26.77		55.06 (28.29)		
22	Melissa Feeny	15	Lakeland Hills Family YMCA	55.16	55.13
	26.60		55.13 (28.53)		
23	Kelsey Poole	17	Greater Westfield YMCA	55.31	55.19
	26.53		55.19 (28.66)		
24	Regina Shetler	17	Riverfront Branch YMCA	56.04	55.21
	26.33		55.21 (28.88)		
*25	Kendra Wagner	15	Laurel Highlands Regional YMCA	54.79	55.23
	26.61		55.23 (28.62)		
*25	MJ Higgins	17	M.E. Lyons (Anderson) YMCA	55.00	55.23
	26.77		55.23 (28.46)		
27	Madeline Bowe	18	Piedmont Family YMCA Inc.	55.40	55.24
	26.69		55.24 (28.55)		
28	Mirna Kojic'	16	Red River Valley YMCA	55.20	55.28
	26.59		55.28 (28.69)		
29	Lyndsey Marcheskie	15	Pottstown YMCA	55.22	55.30
	26.61		55.30 (28.69)		
30	Julie Wallerstein	17	Western Connecticut YMCA	55.21	55.33
	26.58		55.33 (28.75)		
*31	Madi Ralston	16	Rowan County YMCA	55.64	55.36
	26.95		55.36 (28.41)		
*31	Garrison Stevens	17	Rowan County YMCA	56.15	55.36
	27.02		55.36 (28.34)		
*33	Chelsea Doyle	17	Riverfront Branch YMCA	55.90	55.37
	26.73		55.37 (28.64)		

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****- Time Trial ... (Event 225 Women 100 Yard Freestyle Time Trial Swimming Competition)**

	Name	Age	Team	Seed Time	Finals Time
*33	Stephanie Ross	14	Western Monmouth Co. YMCA	56.68	55.37
	26.76				55.37 (28.61)
*35	Katherine Foley	16	North Shore (Sterling) MA YMCA	55.78	55.39
	26.81				55.39 (28.58)
*35	Michelle Walcker	17	Burbank Branch YMCA	55.28	55.39
	26.59				55.39 (28.80)
37	Caitlin Casazza	12	Greater High Point YMCA	55.26	55.42
	26.39				55.42 (29.03)
*38	Megan Bock	17	Red Bank Branch	58.25	55.43
	26.85				55.43 (28.58)
*38	Briehan Burke	18	Summit Branch YMCA	55.64	55.43
	26.63				55.43 (28.80)
40	Amber Amr	16	Spokane YMCA	55.30	55.47
	26.51				55.47 (28.96)
41	Brodde Lamb	15	Piedmont Family YMCA Inc.	56.46	55.50
	26.66				55.50 (28.84)
42	Ainsley Reed	13	Lynchburg YMCA	55.86	55.51
	27.22				55.51 (28.29)
43	Alex Vezzetti	15	Rock Hill Area YMCA	55.95	55.57
	26.67				55.57 (28.90)
44	Lizzy Visconti	18	Cheshire YMCA	56.41	55.58
	26.86				55.58 (28.72)
45	Kristyn Wikoff	18	Red Bank Branch	56.46	55.60
	26.56				55.60 (29.04)
46	Jackie Parker	14	Somerset Valley YMCA	55.65	55.65
	26.56				55.65 (29.09)
47	Claire Keithly	17	Upper Main Line YMCA	56.50	55.68
	27.13				55.68 (28.55)
48	Charlotte Yaw	15	Birmingham Family YMCA	55.08	55.73
	26.85				55.73 (28.88)
49	Tara O'Prey	14	Ridley Area YMCA	57.41	55.74
	26.21				55.74 (29.53)
*50	Allison Pavlik	14	B.R. Ryall (Northwestern Dupag	54.71	55.78
	26.62				55.78 (29.16)
*50	Katie Kuhl	12	Fayette County Family YMCA	55.51	55.78
	27.12				55.78 (28.66)
52	Tricia Hartley	15	Somerset Hills YMCA	57.36	55.83
	26.75				55.83 (29.08)
*53	Corinne Capodanno	14	Brandywine -DE YMCA	54.74	55.87
	27.01				55.87 (28.86)
*53	Katie Shoemaker	15	Columbia Northwest Family YMC	55.84	55.87
	26.78				55.87 (29.09)
55	Colleen Webb	17	B.R. Ryall (Northwestern Dupag	54.93	55.89
	26.78				55.89 (29.11)
56	Jillian Crosby	14	Red Bank Branch	54.70	55.90
	27.04				55.90 (28.86)
*57	Shannon Slate	15	Red Bank Branch	57.62	55.91
	26.76				55.91 (29.15)
*57	Danielle Davis	15	Boyertown Area YMCA	55.50	55.91
	26.70				55.91 (29.21)
*57	Michelle Whitfield	15	Columbia Northwest Family YMC	56.15	55.91
	26.66				55.91 (29.25)

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

Swimming and Diving Championship

Results

- Time Trial ... (Event 225 Women 100 Yard Freestyle Time Trial Swimming Competition)

	Name	Age	Team	Seed Time	Finals Time
60	Rachel Cortright 26.94	15	Ridgewood NJ YMCA	56.13	55.92
					55.92 (28.98)
61	Colleen McCormack 27.49	17	North Shore (Sterling) MA YMCA	56.63	55.93
					55.93 (28.44)
62	Britney Hilgendorf 26.86	16	Madison East YMCA	54.85	55.98
					55.98 (29.12)
63	Addy DiCristina 27.07	14	Red River Valley YMCA	55.90	56.00
					56.00 (28.93)
64	Angie Healy 27.13	14	Twin Rivers NC YMCA	55.69	56.01
					56.01 (28.88)
65	Katie Rohn 26.73	17	New Canaan Community YMCA	55.00	56.02
					56.02 (29.29)
66	Izzy Brassfield 26.88	17	Greensboro YMCA	54.99	56.05
					56.05 (29.17)
*67	Melissa Peplinski 27.00	16	Spokane YMCA	56.69	56.06
					56.06 (29.06)
*67	Eileen Butler 27.06	14	Phoenixville Branch YMCA	56.50	56.06
					56.06 (29.00)
69	Erin Hackett 27.15	14	Lakeland Hills Family YMCA	55.00	56.08
					56.08 (28.93)
70	Lauren LaRocco 26.63	17	Lakeland Hills Family YMCA	56.51	56.10
					56.10 (29.47)
71	Kelly Markwell 26.20	17	Red Bank Branch	57.70	56.11
					56.11 (29.91)
*72	Amani Amr 26.87	14	Spokane YMCA	56.78	56.14
					56.14 (29.27)
*72	Rebecca Adams 26.44	15	M.E. Lyons (Anderson) YMCA	55.80	56.14
					56.14 (29.70)
74	Carly Dvorak 27.13	17	B.R. Ryall (Northwestern Dupag	54.95	56.21
					56.21 (29.08)
75	Courtney Fisk 27.17	15	Red River Valley YMCA	56.90	56.22
					56.22 (29.05)
76	Tori Hall 26.72	17	Tri-Hampton Family Branch YMC	55.84	56.26
					56.26 (29.54)
77	Morgan Nuess 26.75	17	South Family YMCA-Kettering	56.07	56.27
					56.27 (29.52)
*78	Alexis Coon 27.34	15	Brandywine -DE YMCA	57.42	56.28
					56.28 (28.94)
*78	Wendy Liu 27.07	16	Somerset Valley YMCA	56.73	56.28
					56.28 (29.21)
80	Kristen Lee 26.95	16	Burlington County YMCA	55.90	56.37
					56.37 (29.42)
*81	Sonja Bogojevski 26.07	17	Lakeland Hills Family YMCA	55.52	56.39
					56.39 (30.32)
*81	Jennifer Murphy 27.07	17	Lynchburg YMCA	55.87	56.39
					56.39 (29.32)
*83	Amanda Malmstrom 27.52	15	Phoenixville Branch YMCA	56.92	56.44
					56.44 (28.92)
*83	Rachel Stoddard 27.49	14	Somerset Valley YMCA	56.08	56.44
					56.44 (28.95)
85	Nysa Casha 27.08	16	Burbank Branch YMCA	55.04	56.46
					56.46 (29.38)

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship
Results

- Time Trial ... (Event 225 Women 100 Yard Freestyle Time Trial Swimming Competition)

	Name	Age	Team	Seed Time	Finals Time
86	Nina Lisella	16	Boyertown Area YMCA	56.67	56.48
	27.10		56.48 (29.38)		
87	Kylie Reiter	15	Reading and Berks County YMCA	57.12	56.51
	26.81		56.51 (29.70)		
88	Cara Egan	14	New Canaan Community YMCA	55.70	56.60
	27.52		56.60 (29.08)		
*89	Christina Santomauro	16	Somerset Valley YMCA	55.91	56.61
	26.74		56.61 (29.87)		
*89	Hailey Growney	17	Lakeland Hills Family YMCA	57.11	56.61
	27.45		56.61 (29.16)		
91	Katherine Rodzak	14	La Crosse Area Family YMCA	55.60	56.63
	27.30		56.63 (29.33)		
92	Alison Simon	18	Greensboro YMCA	56.99	56.67
	27.50		56.67 (29.17)		
*93	Julia Harrigan	15	Summit Branch YMCA	57.57	56.68
	26.89		56.68 (29.79)		
*93	Megan Daniher	15	M.E. Lyons (Anderson) YMCA	56.20	56.68
	27.72		56.68 (28.96)		
95	Keegan Abar	15	Waynesboro Family YMCA	55.95	56.73
	27.35		56.73 (29.38)		
96	Lydia Engberg	15	Bismarck YMCA	56.51	56.74
	27.17		56.74 (29.57)		
97	Jamie Redlawsk	17	Eastside Family Branch YMCA	56.76	56.75
	26.72		56.75 (30.03)		
*98	Abby Fisher	13	Lakeland Hills Family YMCA	57.00	56.78
	27.26		56.78 (29.52)		
*98	Megan Harris	16	Brandywine YMCA -PA	56.13	56.78
	27.50		56.78 (29.28)		
100	Keara Leong	16	Flushing YMCA	55.41	56.80
	26.81		56.80 (29.99)		
101	Kelsey Sipple	18	Marinette-Menominee YMCA	55.70	56.81
	26.54		56.81 (30.27)		
102	Alex Miller	16	Birmingham Family YMCA	58.00	56.83
	27.16		56.83 (29.67)		
103	Sarah Behrent	15	Hilliard YMCA	55.51	56.85
	27.06		56.85 (29.79)		
104	Amanda Gilsey	17	Red Bank Branch	58.64	57.07
	27.13		57.07 (29.94)		
105	Livi Kroll	15	New Canaan Community YMCA	56.56	57.08
	27.37		57.08 (29.71)		
*106	Kirsten Guelly	17	Flushing YMCA	55.71	57.13
	27.33		57.13 (29.80)		
*106	Alexia Hynes	15	Western Monmouth Co. YMCA	55.30	57.13
	27.03		57.13 (30.10)		
108	Riley Hilbrandt	13	Saginaw YMCA	56.49	57.19
	27.24		57.19 (29.95)		
109	Ashleigh Christopherson	17	La Crosse Area Family YMCA	55.22	57.20
	27.46		57.20 (29.74)		
110	Karen Novak	16	Cheshire YMCA	56.51	57.24
	27.56		57.24 (29.68)		
111	Amanda Distler	16	Wyckoff Family YMCA Inc	56.83	57.28
	27.33		57.28 (29.95)		

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****- Time Trial ... (Event 225 Women 100 Yard Freestyle Time Trial Swimming Competition)**

	Name	Age	Team	Seed Time	Finals Time
112	Megan VanKirk 27.42	15	Hunterdon County YMCA	56.50	57.32
					57.32 (29.90)
113	Brielle Caucino 27.80	17	Red Bank Branch	57.80	57.37
					57.37 (29.57)
114	Claudia DiCapua 27.65	14	New Canaan Community YMCA	58.80	57.43
					57.43 (29.78)
115	Jill Faull 27.22	16	Western Branch YMCA	56.44	57.44
					57.44 (30.22)
116	Aileen McCleaf 27.52	18	York And York County YMCA	56.50	57.49
					57.49 (29.97)
117	Katie Flannigan 27.79	17	Pottstown YMCA	57.02	57.52
					57.52 (29.73)
*118	Marissa Fattore 27.49	17	Boyertown Area YMCA	57.00	57.60
					57.60 (30.11)
*118	Lindsay Yarborough 27.42	17	Winston Salem YMCA	56.31	57.60
					57.60 (30.18)
120	Christel Murray 27.74	15	Red Bank Branch	59.13	57.66
					57.66 (29.92)
121	Lauren Brundage 27.81	16	Somerset Hills YMCA	57.67	57.69
					57.69 (29.88)
122	Tara Gidaszewski 27.96	14	Kishwaukee Family YMCA	59.95	58.04
					58.04 (30.08)
*123	Jennifer Arana 28.24	12	Flushing YMCA	56.51	58.09
					58.09 (29.85)
*123	Brooke Lacey 27.73	17	New Canaan Community YMCA	1:00.00	58.09
					58.09 (30.36)
125	Allison Ulbrich 27.47	17	Miami County Ohio YMCA	56.75	58.15
					58.15 (30.68)
126	Rachel Svendson 28.24	14	Red River Valley YMCA	58.50	58.19
					58.19 (29.95)
127	Mary Samuels 27.55	16	Kennett Area YMCA	57.91	58.22
					58.22 (30.67)
128	Megan Aitro 28.25	15	Cheshire YMCA	58.51	58.27
					58.27 (30.02)
129	Jane Kim 27.60	18	Flushing YMCA	58.46	58.28
					58.28 (30.68)
130	Eva Wimberley 27.22	16	Western Monmouth Co. YMCA	58.06	58.37
					58.37 (31.15)
131	Gen Spittler 27.73	18	B.R. Ryall (Northwestern Dupag	58.00	58.52
					58.52 (30.79)
132	Rebecca Haegele 28.22	18	Kennett Area YMCA	59.44	58.57
					58.57 (30.35)
133	Tessa Lindner 27.92	14	Madison East YMCA	59.25	58.72
					58.72 (30.80)
134	Maddie Nichols 28.07	16	Birmingham Family YMCA	58.00	58.83
					58.83 (30.76)
135	Devonne Moore 28.40	14	Phoenixville Branch YMCA	58.99	59.24
					59.24 (30.84)
136	Kelsey Theriault 28.24	17	Gloucester County YMCA	55.48	59.25
					59.25 (31.01)
---	Maeve Maloney Declared false start	14	Westfield YMCA	56.32	DQ

**2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship**

Results

- Time Trial ... (Event 225 Women 100 Yard Freestyle Time Trial Swimming Competition)

Name	Age	Team	Seed Time	Finals Time
--- Kaitlin Kunkle False start 26.35	14	Newberry County Family YMCA	56.28	DQ
---				DQ (29.45)
--- Natalie Cronk Declared false start	14	Piedmont Family YMCA Inc.	55.41	NS
--- Celia Oberholzer	15	Powel Crosley Jr. YMCA	55.60	NS
--- Laura Wardecke	17	Fox Cities YMCA	57.04	NS
--- Lauren Lo	17	Red Bank Branch	55.20	NS

Event 226 Men 100 Yard Freestyle Time Trial Swimming Competition

Name	Age	Team	Seed Time	Finals Time
- Time Trial				
1 Evan Ciecimirski 23.00	17	New Canaan Community YMCA	48.72	48.32
				48.32 (25.32)
2 Alexander Moser 22.66	16	Sunbury Branch YMCA	49.00	48.33
				48.33 (25.67)
3 Jared Figueroa 23.01	18	Reading and Berks County YMCA	50.45	48.42
				48.42 (25.41)
4 Sava Turcanu 23.20	14	Catawba Valley YMCA	50.70	48.67
				48.67 (25.47)
5 Austin Wolff 23.11	14	New Canaan Community YMCA	50.12	48.85
				48.85 (25.74)
6 Patrick Gilbreath 23.60	17	Tampa Metro YMCA	51.65	48.88
				48.88 (25.28)
7 Graham Williams 23.74	15	Catawba Valley YMCA	49.70	48.95
				48.95 (25.21)
8 Pat Dierker 23.54	15	Powel Crosley Jr. YMCA	48.29	48.99
				48.99 (25.45)
9 Mitchell Smith 23.32	18	Greater Johnstown Community	47.90	49.03
				49.03 (25.71)
10 David Yazbeck 23.68	17	South Shore Mill Pond YMCA	NT	49.17
				49.17 (25.49)
11 Sean Dunne 23.55	14	Red Bank Branch	50.25	49.20
				49.20 (25.65)
12 William Kasper 23.67	17	Ocean County YMCA	50.80	49.27
				49.27 (25.60)
13 James Black 23.34	17	North Shore (Sterling) MA YMCA	49.92	49.39
				49.39 (26.05)
14 John Bateman 23.66	15	North Shore (Sterling) MA YMCA	49.27	49.40
				49.40 (25.74)
*15 Brencis Navia 23.10	17	Somerset Hills YMCA	52.09	49.54
				49.54 (26.44)
*15 Kevin Morlock 24.10	18	Harford County Family YMCA	50.40	49.54
				49.54 (25.44)
17 Kyle Jennings 23.58	18	Somerset Valley YMCA	49.62	49.57
				49.57 (25.99)
18 Michael Prewett 23.69	18	Hamilton Area NJ YMCA	49.86	49.61
				49.61 (25.92)
19 Sam Nowack 24.22	18	Northern Middlesex County YMC	50.39	49.69
				49.69 (25.47)
*20 Jonathan Lollis 23.30	18	Rock Hill Area YMCA	49.30	49.70
				49.70 (26.40)

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****- Time Trial ... (Event 226 Men 100 Yard Freestyle Time Trial Swimming Competition)**

	Name	Age	Team	Seed Time	Finals Time
*20	Tyler Dietter	15	Downtown Youth Center YMCA	49.59	49.70
	24.10				49.70 (25.60)
22	JV Kracke	18	Western Monmouth Co. YMCA	49.04	49.73
	24.35				49.73 (25.38)
23	Cory Bacon	15	Westport/Weston CT YMCA	51.52	49.87
	23.82				49.87 (26.05)
24	JC Logan	16	Ridley Area YMCA	50.00	49.89
	23.97				49.89 (25.92)
25	Patrick Durning	16	Western Monmouth Co. YMCA	49.63	49.93
	23.70				49.93 (26.23)
26	Stephen O'Neill	16	Western Monmouth Co. YMCA	49.62	49.94
	24.26				49.94 (25.68)
27	Ryan DeBerry	15	Western North Carolina YMCA	51.50	49.98
	23.90				49.98 (26.08)
28	Braxten Judkins	16	Suburban West Branch Ohio YMC	49.64	50.08
	23.52				50.08 (26.56)
29	Robby Husta	17	Laurel East Hartford YMCA	51.00	50.18
	24.03				50.18 (26.15)
30	Ben Orr	18	Newberry County Family YMCA	49.08	50.19
	23.81				50.19 (26.38)
*31	Kevin Hughes	19	Triangle Area YMCA	49.27	50.20
	23.98				50.20 (26.22)
*31	Rick Chopp	16	Boise YMCA	51.47	50.20
	24.27				50.20 (25.93)
33	Kevin Welsh	16	Hamilton Area NJ YMCA	49.99	50.22
	24.16				50.22 (26.06)
*34	John Marciano	16	Burlington County YMCA	53.21	50.29
	24.06				50.29 (26.23)
*34	Connor O'Prey	15	Ridley Area YMCA	52.43	50.29
	24.17				50.29 (26.12)
36	Joseph Connors	16	Red Bank Branch	49.90	50.30
	24.17				50.30 (26.13)
37	Kyle Grosman	17	Lakeland Hills Family YMCA	49.49	50.41
	23.81				50.41 (26.60)
*38	Philip Murphy	16	Greater Holyoke YMCA	50.03	50.43
	24.21				50.43 (26.22)
*38	Drew Sullenbarger	16	South Family YMCA-Kettering	51.03	50.43
	24.81				50.43 (25.62)
40	Chris Pitler	17	Tri-Hampton Family Branch YMC	50.89	50.46
	24.00				50.46 (26.46)
41	TJ Houck	16	Burlington County YMCA	52.29	50.49
	24.09				50.49 (26.40)
42	Connor Christiansen	16	Fox Cities YMCA	49.40	50.54
	24.14				50.54 (26.40)
*43	Dennis Hall-App	15	Montclair YMCA	50.70	50.56
	24.03				50.56 (26.53)
*43	MP Salinas	14	Phoenixville Branch YMCA	50.35	50.56
	25.04				50.56 (25.52)
45	Tim Martin-Toussaint	16	New Rochelle YMCA	49.17	50.65
	24.52				50.65 (26.13)
46	Nolan Silbernagel	16	Lakeland Hills Family YMCA	51.71	50.74
	24.53				50.74 (26.21)

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship
Results

- Time Trial ... (Event 226 Men 100 Yard Freestyle Time Trial Swimming Competition)

	Name	Age	Team	Seed Time	Finals Time
47	Alexander Bauer	15	Pottstown YMCA	50.10	50.77
	24.17		50.77 (26.60)		
48	Tyler Arndt	15	Penobscot Bay YMCA	50.57	50.78
	24.85		50.78 (25.93)		
49	Matthew Alfonso	17	Wyckoff Family YMCA Inc	49.62	50.87
	24.36		50.87 (26.51)		
50	Henry Cohen	16	Lakeland Hills Family YMCA	51.39	50.88
	24.68		50.88 (26.20)		
51	Daniel Gallagher	15	Anne Arundel County YMCA	51.27	50.94
	24.04		50.94 (26.90)		
52	Josh Dugan	18	Waynesboro Family YMCA	50.54	50.97
	24.07		50.97 (26.90)		
*53	Connor McColligan	16	Red Bank Branch	52.20	50.98
	24.24		50.98 (26.74)		
*53	John Thompson	14	Hunterdon County YMCA	51.00	50.98
	24.49		50.98 (26.49)		
*53	Alex Dropo	17	Cape Cod YMCA	50.48	50.98
	24.27		50.98 (26.71)		
56	Vincent Gill	16	Hilliard YMCA	52.23	50.99
	24.46		50.99 (26.53)		
57	Robbie Biskup	16	Birmingham Family YMCA	50.30	51.03
	24.44		51.03 (26.59)		
58	Shane Smith	16	Powel Crosley Jr. YMCA	52.45	51.04
	24.61		51.04 (26.43)		
59	Patrick Smith	17	Summit Branch YMCA	50.56	51.07
	24.41		51.07 (26.66)		
60	Jaime Ianiro	16	Montclair YMCA	50.98	51.12
	24.55		51.12 (26.57)		
61	John Scott	17	Winston Salem YMCA	50.87	51.14
	24.52		51.14 (26.62)		
62	Jonathan Keim	16	Mid-Delmarva Family YMCA	51.24	51.16
	24.61		51.16 (26.55)		
63	Pat Geraghty	17	Greater Holyoke YMCA	50.07	51.20
	24.23		51.20 (26.97)		
64	Scott Taylor	17	Western Branch YMCA	50.11	51.23
	24.38		51.23 (26.85)		
65	Jai Singh	15	North Oakland Family YMCA	51.38	51.25
	24.95		51.25 (26.30)		
66	Brendan Tamm	17	Birmingham Family YMCA	50.30	51.34
	24.30		51.34 (27.04)		
67	Adam Hagensick	16	La Crosse Area Family YMCA	50.30	51.35
	24.56		51.35 (26.79)		
68	Adam Keup	16	Western Branch YMCA	50.96	51.37
	24.47		51.37 (26.90)		
*69	Walter Bakun	18	Lakeland Hills Family YMCA	50.19	51.39
	24.60		51.39 (26.79)		
*69	Kevin Wehrheim	17	La Crosse Area Family YMCA	49.99	51.39
	24.50		51.39 (26.89)		
71	Matthew Ward	17	Beavercreek Branch YMCA	49.70	51.43
	23.99		51.43 (27.44)		
72	Peter Horton	17	Northern Middlesex County YMC	49.80	51.53
	24.70		51.53 (26.83)		

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

Swimming and Diving Championship

Results

- Time Trial ... (Event 226 Men 100 Yard Freestyle Time Trial Swimming Competition)

Name	Age	Team	Seed Time	Finals Time
73 Peter Palmer	16	Birmingham Family YMCA	52.10	51.54
24.46	51.54	(27.08)		
*74 Jarvis Trotter	15	Edwardsville YMCA	50.59	51.55
24.06	51.55	(27.49)		
*74 Brian Kennedy	18	Champaign County YMCA	51.65	51.55
24.78	51.55	(26.77)		
76 Joey D'Antoni	15	Cross Island YMCA	52.80	51.59
24.87	51.59	(26.72)		
77 Dann Williams	17	Ridley Area YMCA	51.52	51.61
24.69	51.61	(26.92)		
78 Josh Murrell	14	North Oakland Family YMCA	51.58	51.71
24.56	51.71	(27.15)		
79 Tim Bouvier	17	North Shore (Sterling) MA YMCA	53.31	51.84
25.30	51.84	(26.54)		
80 Kris Sweetman	17	Cross Island YMCA	51.04	52.01
24.49	52.01	(27.52)		
81 David Yao	18	Somerset Valley YMCA	51.60	52.02
24.89	52.02	(27.13)		
82 Thomas Rinaldi	15	Somerset Valley YMCA	51.72	52.05
24.77	52.05	(27.28)		
83 Roby Boggs	15	Birmingham Family YMCA	51.99	52.16
24.74	52.16	(27.42)		
84 Ray Ward	16	Greater Johnstown Community	52.94	52.19
24.85	52.19	(27.34)		
85 Kevin Hong	15	Somerset Valley YMCA	51.80	52.24
24.95	52.24	(27.29)		
86 Matt Mccarthy	17	Ocean County YMCA	51.50	52.25
25.14	52.25	(27.11)		
87 Joshua Nordike	14	Fayette County Family YMCA	49.54	52.36
24.08	52.36	(28.28)		
88 Jeremy Wilson	17	Harrison Area YMCA	50.28	52.46
25.24	52.46	(27.22)		
89 Jake Fahrenkrog	18	Eau Claire Wisconsin YMCA	52.70	52.81
24.76	52.81	(28.05)		
90 Joey DePaola	16	Lakeland Hills Family YMCA	52.99	53.19
25.55	53.19	(27.64)		
91 Max Blum	18	Westfield YMCA	50.02	53.35
24.91	53.35	(28.44)		
92 Kyle Marsh	16	Spokane YMCA	53.50	53.59
25.64	53.59	(27.95)		
93 Nolan Schneider	14	Hunterdon County YMCA	52.90	53.68
25.24	53.68	(28.44)		
94 Jonathan Ciriello	17	Somerset Hills YMCA	52.89	53.70
25.47	53.70	(28.23)		
95 Nick Dello Buono	17	Kennett Area YMCA	53.44	55.44
26.29	55.44	(29.15)		
--- Parker Baisden	16	Phoenixville Branch YMCA	50.33	DQ
--- John Morton	18	Triangle Area YMCA	49.00	DQ
--- Jared Lang	17	Hunterdon County YMCA	48.76	DQ
--- Daniel Hellman	16	Red Bank Branch	51.15	DQ
--- Matt Meserole	17	Westfield YMCA	46.67	DQ
--- Alexander Habursky	17	Eastside Family Branch YMCA	NT	NS

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1
Swimming and Diving Championship
Results

Event 227 Women 200 Yard Backstroke Time Trial Swimming Competition

Name	Age	Team	Seed Time	Finals Time
- Time Trial				
1 Lauren Baisden	17	Phoenixville Branch YMCA	2:06.32	2:04.45
29.83	1:01.05 (31.22)	1:32.76 (31.71)	2:04.45 (31.69)	
2 Kathryn Greskoff	17	Upper Main Line YMCA	2:14.00	2:06.95
29.52	1:01.70 (32.18)	1:34.62 (32.92)	2:06.95 (32.33)	
3 Hannah Lips	12	Middle Tyger YMCA	2:08.99	2:07.30
31.22	1:03.45 (32.23)	1:35.04 (31.59)	2:07.30 (32.26)	
4 Erica Demunbrun	15	Attleboro YMCA	2:13.31	2:07.88
28.75	1:01.02 (32.27)	1:34.59 (33.57)	2:07.88 (33.29)	
5 Meg Powers	17	South Shore Mill Pond YMCA	2:15.51	2:09.36
31.27	1:04.00 (32.73)	1:36.99 (32.99)	2:09.36 (32.37)	
6 Maureen McKenna	16	Red Bank Branch	2:12.26	2:09.46
29.77	1:02.76 (32.99)	1:36.48 (33.72)	2:09.46 (32.98)	
7 Ellie Roeing	18	B.R. Ryall (Northwestern Dupag	2:13.28	2:09.95
30.62	1:03.27 (32.65)	1:36.37 (33.10)	2:09.95 (33.58)	
8 Kelly Hamilton	14	Chambersburg Memorial YMCA	2:08.70	2:10.45
30.93	1:03.57 (32.64)	1:37.12 (33.55)	2:10.45 (33.33)	
9 Elizabeth Simon	17	Middle Tyger YMCA	2:15.99	2:10.67
30.64	1:03.20 (32.56)	1:37.02 (33.82)	2:10.67 (33.65)	
10 Erin Malone	14	Riverfront Branch YMCA	2:13.00	2:10.71
30.96	1:03.96 (33.00)	1:37.59 (33.63)	2:10.71 (33.12)	
11 Silke Herold	16	Somerset Valley YMCA	2:13.33	2:11.06
30.78	1:04.01 (33.23)	1:37.98 (33.97)	2:11.06 (33.08)	
12 Alyssa Petruzzello	17	Champaign County YMCA	2:09.57	2:11.52
30.37	1:03.27 (32.90)	1:37.61 (34.34)	2:11.52 (33.91)	
13 Ashley Martin	16	Rock Hill Area YMCA	2:15.34	2:11.86
31.20	1:04.13 (32.93)	1:37.62 (33.49)	2:11.86 (34.24)	
14 Ellen Huelbig	17	Montclair YMCA	2:12.10	2:12.17
31.66	1:04.49 (32.83)	1:38.14 (33.65)	2:12.17 (34.03)	
*15 Alex Hammerberg	18	Triangle Area YMCA	2:15.39	2:12.38
32.09	1:05.50 (33.41)	1:39.53 (34.03)	2:12.38 (32.85)	
*15 Stephanie Hughes	18	Triangle Area YMCA	2:15.00	2:12.38
31.21	1:04.57 (33.36)	1:38.82 (34.25)	2:12.38 (33.56)	
17 Paige Baisden	15	Phoenixville Branch YMCA	2:18.99	2:12.39
32.14	1:05.74 (33.60)	1:39.48 (33.74)	2:12.39 (32.91)	
18 Taylor Byerly	15	Wilton Family YMCA	2:19.00	2:12.50
30.11	1:03.59 (33.48)	1:38.09 (34.50)	2:12.50 (34.41)	
19 Kristin Crawford	14	Triangle Area YMCA	2:13.78	2:12.54
31.25	1:04.92 (33.67)	1:39.28 (34.36)	2:12.54 (33.26)	
20 Chelsey Curran	15	Down East Family YMCA	2:14.96	2:12.63
29.91	1:03.01 (33.10)	1:37.83 (34.82)	2:12.63 (34.80)	
21 Emily Healey	17	Wilton Family YMCA	2:15.41	2:12.91
31.84	1:05.04 (33.20)	1:38.85 (33.81)	2:12.91 (34.06)	
*22 Hannah Newman	14	Champaign County YMCA	2:20.84	2:13.11
30.26	1:03.40 (33.14)	1:38.33 (34.93)	2:13.11 (34.78)	
*22 Courtney Miller	15	Harrison Area YMCA	2:16.76	2:13.11
30.74	1:04.52 (33.78)	1:39.03 (34.51)	2:13.11 (34.08)	
*24 Michelle Kim	12	Ridgewood NJ YMCA	2:16.86	2:13.17
31.66	1:05.96 (34.30)	1:40.15 (34.19)	2:13.17 (33.02)	
*24 Emily Buczkowski	15	Bath Area Family YMCA	2:13.00	2:13.17
30.81	1:04.34 (33.53)	1:38.68 (34.34)	2:13.17 (34.49)	

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****- Time Trial ... (Event 227 Women 200 Yard Backstroke Time Trial Swimming Competition)**

	Name	Age	Team	Seed Time	Finals Time
26	Emily Thomesen	15	Laurel East Hartford YMCA	2:14.09	2:13.29
	30.10	1:03.21 (33.11)	1:38.57 (35.36)	2:13.29 (34.72)	
27	Caroline Brennan	16	Somerset Hills YMCA	2:21.86	2:13.38
	31.65	1:05.15 (33.50)	1:39.20 (34.05)	2:13.38 (34.18)	
28	Katie Buchser	14	Somerset Hills YMCA	2:17.36	2:13.44
	30.90	1:05.62 (34.72)	1:40.53 (34.91)	2:13.44 (32.91)	
29	Cassie Cesaro	17	Wheeler Regional Branch YMCA	2:12.81	2:13.57
	31.28	1:04.90 (33.62)	1:39.61 (34.71)	2:13.57 (33.96)	
30	Hannah Huber	16	Anne Arundel County YMCA	2:13.07	2:13.87
	30.77	1:04.38 (33.61)	1:39.13 (34.75)	2:13.87 (34.74)	
31	Jacqueline White	16	Ridgewood NJ YMCA	2:14.42	2:14.04
	31.75	1:04.91 (33.16)	1:39.31 (34.40)	2:14.04 (34.73)	
32	Christine McGuire	15	Greenwich YMCA	2:17.30	2:14.06
	31.80	1:05.23 (33.43)	1:39.88 (34.65)	2:14.06 (34.18)	
33	Julia Adams	17	Eastside Family Branch YMCA	2:22.95	2:14.20
	30.52	1:04.33 (33.81)	1:40.04 (35.71)	2:14.20 (34.16)	
34	Emma Cammann	14	Andover/North Andover YMCA	2:18.57	2:15.44
	32.31	1:06.60 (34.29)	1:41.70 (35.10)	2:15.44 (33.74)	
35	Bryn Crowder	16	Brandywine -DE YMCA	2:13.56	2:15.65
	30.33	1:04.08 (33.75)	1:39.88 (35.80)	2:15.65 (35.77)	
36	Jess Healy	18	Hatboro Area YMCA	2:15.50	2:15.66
	31.93	1:06.12 (34.19)	1:41.22 (35.10)	2:15.66 (34.44)	
37	Kimberly Lawson	18	Morris Center YMCA	2:20.99	2:15.76
	31.19	1:04.38 (33.19)	1:39.84 (35.46)	2:15.76 (35.92)	
38	Dana Yu	14	Somerset Valley YMCA	2:13.28	2:16.32
	31.77	1:05.89 (34.12)	1:40.91 (35.02)	2:16.32 (35.41)	
39	Bowie Reilly	17	Western Monmouth Co. YMCA	2:20.73	2:16.33
	32.62	1:07.25 (34.63)	1:42.14 (34.89)	2:16.33 (34.19)	
40	Kaitlin Richter	15	Riverfront Branch YMCA	2:15.58	2:16.39
	32.54	1:06.81 (34.27)	1:41.72 (34.91)	2:16.39 (34.67)	
41	Audrey Rittenhouse	16	Phoenixville Branch YMCA	2:15.85	2:16.76
	32.25	1:06.71 (34.46)	1:41.70 (34.99)	2:16.76 (35.06)	
42	Allison Schafer	16	Pottstown YMCA	2:20.14	2:17.37
	32.20	1:06.89 (34.69)	1:42.34 (35.45)	2:17.37 (35.03)	
43	Alyssa Finn	16	Hunterdon County YMCA	2:16.50	2:17.62
	32.31	1:06.90 (34.59)	1:42.25 (35.35)	2:17.62 (35.37)	
44	Kaela Bjornberg	17	Cheshire YMCA	2:20.51	2:17.84
	32.64	1:07.16 (34.52)	1:43.18 (36.02)	2:17.84 (34.66)	
45	Kathleen Marrese	16	Western Connecticut YMCA	2:24.42	2:17.89
	31.94	1:06.32 (34.38)	1:41.94 (35.62)	2:17.89 (35.95)	
46	Carly Whitmer	14	Westfield YMCA	2:17.56	2:19.28
	31.74	1:07.63 (35.89)	1:43.76 (36.13)	2:19.28 (35.52)	
47	Jenna Tugaoen	13	Hilliker YMCA	2:16.75	2:19.68
	31.65	1:06.64 (34.99)	1:42.89 (36.25)	2:19.68 (36.79)	
48	Kristen Landry	15	Lakeland Hills Family YMCA	2:13.46	2:19.70
	32.41	1:08.00 (35.59)	1:44.09 (36.09)	2:19.70 (35.61)	
49	Sharon Wu	14	McGaw YMCA	2:15.47	2:20.15
	32.22	1:07.26 (35.04)	1:44.04 (36.78)	2:20.15 (36.11)	
50	Meghan Kiely	14	Lakeland Hills Family YMCA	2:19.99	2:23.67
	32.39	1:09.33 (36.94)	1:46.76 (37.43)	2:23.67 (36.91)	
---	Ashley Conroy	16	Ocean County YMCA	2:12.50	NS

Declared false start

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****- Time Trial ... (Event 227 Women 200 Yard Backstroke Time Trial Swimming Competition)**

Name	Age	Team	Seed Time	Finals Time
--- Alyssa Sanders	15	Central Delaware YMCA	2:14.33	NS
--- Meredith Smith	16	Westfield YMCA	2:14.15	NS

Declared false start

Event 228 Men 200 Yard Backstroke Time Trial Swimming Competition

Name	Age	Team	Seed Time	Finals Time
- Time Trial				
1 Jack Pretto	17	Cheshire YMCA	1:57.51	1:54.08
25.80	54.60 (28.80)	1:24.41 (29.81)	1:54.08 (29.67)	
2 Adam Kurtz	17	Reading and Berks County YMCA	2:02.45	1:59.58
28.00	57.65 (29.65)	1:28.76 (31.11)	1:59.58 (30.82)	
3 Austin Bohn	17	West Shore YMCA	2:05.00	2:00.12
28.11	58.39 (30.28)	1:29.34 (30.95)	2:00.12 (30.78)	
4 Frank Gremaud	14	Edwardsville YMCA	2:02.95	2:00.53
28.69	58.61 (29.92)	1:30.02 (31.41)	2:00.53 (30.51)	
5 Jack Edwards	16	Birmingham Family YMCA	2:02.00	2:00.77
28.30	58.24 (29.94)	1:29.51 (31.27)	2:00.77 (31.26)	
6 Larry Zhang	16	Westfield YMCA	2:03.22	2:02.92
27.89	58.96 (31.07)	1:31.17 (32.21)	2:02.92 (31.75)	
7 Victor Luo	14	Somerset Valley YMCA	1:59.81	2:03.08
27.96	58.10 (30.14)	1:30.06 (31.96)	2:03.08 (33.02)	
8 Harry Hamiter	14	M.E. Lyons (Anderson) YMCA	2:05.00	2:03.16
28.60	59.64 (31.04)	1:31.90 (32.26)	2:03.16 (31.26)	
9 Mitch Colby	15	Somerset Hills YMCA	2:05.11	2:03.56
30.33	1:02.05 (31.72)	1:33.32 (31.27)	2:03.56 (30.24)	
10 Benjamin Lin	14	Summit Branch YMCA	2:03.71	2:03.61
28.67	59.87 (31.20)	1:32.33 (32.46)	2:03.61 (31.28)	
11 Evan Coleman	13	Casco Bay Regional YMCA	2:03.45	2:04.29
28.28	59.54 (31.26)	1:32.38 (32.84)	2:04.29 (31.91)	
12 Andy Lamb	16	South Family YMCA-Kettering	2:02.99	2:04.55
29.56	1:00.65 (31.09)	1:32.62 (31.97)	2:04.55 (31.93)	
13 Mike Oster	16	Westfield YMCA	2:05.62	2:04.82
28.47	59.74 (31.27)	1:32.21 (32.47)	2:04.82 (32.61)	
14 Tyler Essary	16	Prattville YMCA	2:07.96	2:05.01
29.82	1:02.21 (32.39)	1:33.92 (31.71)	2:05.01 (31.09)	
15 Dougan McGrath	15	Ridley Area YMCA	2:13.47	2:05.48
29.62	1:01.87 (32.25)	1:34.07 (32.20)	2:05.48 (31.41)	
16 Jordan Lingo	16	Central Delaware YMCA	2:04.98	2:06.82
30.42	1:02.84 (32.42)	1:35.06 (32.22)	2:06.82 (31.76)	
17 Andrew Jackwin	18	Laurel East Hartford YMCA	2:01.86	2:07.26
29.11	1:00.78 (31.67)	1:33.86 (33.08)	2:07.26 (33.40)	
18 Ian Delahunty	15	Middle Tyger YMCA	2:08.99	2:07.85
30.21	1:02.58 (32.37)	1:35.30 (32.72)	2:07.85 (32.55)	
19 David Grace	18	Hamilton Area NJ YMCA	2:07.41	2:08.31
29.62	1:01.65 (32.03)	1:34.95 (33.30)	2:08.31 (33.36)	
20 Shayne Custodio	14	Mid-Delmarva Family YMCA	2:05.53	2:08.40
28.06	59.72 (31.66)	1:33.48 (33.76)	2:08.40 (34.92)	
21 Matthew Lollis	16	Rock Hill Area YMCA	2:02.34	2:09.01
29.70	1:02.25 (32.55)	1:36.19 (33.94)	2:09.01 (32.82)	
22 Adam Shaw	15	Cheshire YMCA	2:05.51	2:09.91
29.93	1:02.54 (32.61)	1:36.01 (33.47)	2:09.91 (33.90)	
--- Jack Lorentzen	16	Westfield YMCA	2:10.15	DQ

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1

Swimming and Diving Championship

Results

- Time Trial ... (Event 228 Men 200 Yard Backstroke Time Trial Swimming Competition)

Name	Age	Team	Seed Time	Finals Time
--- Frank Cuzzola	18	Somerset Valley YMCA	2:08.22	DQ

Event 229 Women 50 Yard Freestyle Time Trial Swimming Competition

Name	Age	Team	Seed Time	Finals Time
- Time Trial				
1 Paige Weslaski	17	Racine Family YMCA	24.58	24.55
2 Dana Iverson	15	Racine Family YMCA	24.87	24.77
3 Caitlin Nelson	18	Montclair YMCA	24.69	25.03
4 Kate Kelly	14	Middle Tyger YMCA	25.11	25.05
5 Bethany Milliman	18	Michiana YMCA	24.89	25.08
6 Madie Gaido	14	Middle Tyger YMCA	24.94	25.14
7 Morgan Brooks	15	Middle Tyger YMCA	25.19	25.18
8 Kate O'Leary	17	Western Connecticut YMCA	25.41	25.31
9 Rose Kell	16	Northern Dauphin County YMCA	26.50	25.51
*10 Megan Alexander	14	North Shore (Sterling) MA YMCA	25.91	25.55
*10 Maggie Dillione	17	Tri-Hampton Family Branch YMC	25.34	25.55
*12 Annie Fothergill	16	Melrose Massachusetts YMCA	25.48	25.59
*12 Emily Thomas	18	Hilliard YMCA	25.34	25.59
14 Amy Needham	16	North Shore (Sterling) MA YMCA	25.87	25.62
15 Molly McSweeney	15	North Shore (Sterling) MA YMCA	25.46	25.63
16 Bernadette Byrne	16	South Shore Mill Pond YMCA	25.38	25.65
17 Allison Luzik	17	Northern Dauphin County YMCA	26.50	25.68
*18 Natalie Statham	15	Knox County YMCA	26.40	25.69
*18 Lauren Albert	17	Knox County YMCA	26.01	25.69
20 Kelly Carroll	14	Summit Branch YMCA	25.34	25.71
*21 Alex Burns	12	Pocono Family YMCA	25.59	25.80
*21 Sarah Baggette	14	Edwardsville YMCA	25.49	25.80
23 Heather Librizzi	17	Western Connecticut YMCA	26.24	25.82
*24 Dana Rzewnicki	15	Somerset Valley YMCA	25.81	25.83
*24 Jennifer Trodden	18	North Shore (Sterling) MA YMCA	25.90	25.83
26 Kalee Kemmesat	17	Bismarck YMCA	26.14	25.84
27 Emily Tsang	14	Lakeland Hills Family YMCA	25.39	25.89
28 Emma Newman	16	Champaign County YMCA	26.02	25.90
29 Sara Weinberg	18	Bismarck YMCA	25.46	25.93
30 Rikki Berk	14	Wyckoff Family YMCA Inc	25.62	25.96
31 Allison Witt	17	La Crosse Area Family YMCA	25.95	25.99
32 Kimberly Hall	17	Morris Center YMCA	25.65	26.01
33 Kayla McCormick	17	La Crosse Area Family YMCA	27.11	26.04
*34 Brittany Luzik	17	Northern Dauphin County YMCA	26.50	26.05
*34 Emilie Klos	15	La Crosse Area Family YMCA	25.90	26.05
36 Erica Hasson	16	South Shore Mill Pond YMCA	26.02	26.09
*37 Emma Werkiser	14	Kennett Area YMCA	25.36	26.12
*37 Madeline Rastall	14	Marinette-Menominee YMCA	25.25	26.12
*37 Taylor Camp	13	Hilliard YMCA	25.96	26.12
40 Christa Cook	16	Marinette-Menominee YMCA	26.38	26.13
*41 Alisa Danzer	15	Racine Family YMCA	25.10	26.14
*41 Monica Sullivan	17	New Canaan Community YMCA	25.82	26.14
43 Bridget Riley	17	Bismarck YMCA	25.53	26.15
*44 Maureen Ryan	14	Phoenixville Branch YMCA	26.08	26.16
*44 Margaret Hoynes	18	Columbia Northwest Family YMC	25.78	26.16
46 Kathleen Varner	17	Knox County YMCA	27.27	26.17

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****- Time Trial ... (Event 229 Women 50 Yard Freestyle Time Trial Swimming Competition)**

	Name	Age	Team	Seed Time	Finals Time
47	Avanti Banks	16	Pocono Family YMCA	25.65	26.18
48	Abby Motley	18	Greater Johnstown Community	25.63	26.21
49	Alexa Kaufman	15	Hilliker YMCA	25.31	26.22
50	Anne Trojanowski	16	Somerset Hills YMCA	26.89	26.24
*51	Jessica Frazelle	17	Winston Salem YMCA	26.15	26.26
*51	Tori McKenna	18	Eastside Family Branch YMCA	26.13	26.26
53	Rachael Theiler	14	Powel Crosley Jr. YMCA	26.34	26.27
54	Allie Hood	12	Fayette County Family YMCA	26.01	26.30
*55	Sarah Robbins	15	Greater Johnstown Community	25.85	26.32
*55	Nollaig Noll	13	Greater Johnstown Community	26.10	26.32
*55	Madeline Zimmerman	12	Phoenixville Branch YMCA	25.70	26.32
58	Amanda Grant	16	Hamilton Area NJ YMCA	26.15	26.33
59	Emily Schroeder	12	Hamilton Area NJ YMCA	26.84	26.35
60	Kelly Hall	17	Morris Center YMCA	26.12	26.39
*61	Kayla McCoy	12	McGaw YMCA	26.08	26.42
*61	Jillian Kniffen	17	Greensburg YMCA	25.70	26.42
63	Ashleigh Bush	14	Michiana YMCA	25.94	26.44
64	Annie Suarez	16	Columbia Northwest Family YMC	25.53	26.49
65	Kristen Harding	16	Canandaigua YMCA	26.74	26.50
66	Melissa Kang	17	Brandywine YMCA -PA	25.68	26.55
*67	Katie Hommes	17	Wyckoff Family YMCA Inc	26.12	26.57
*67	Casey Earnest	18	Middle Tyger YMCA	26.09	26.57
69	Catherine Amoriello	13	Northern Dauphin County YMCA	26.50	26.65
70	Colleen Joorfetz	16	B.R. Ryall (Northwestern Dupag	26.78	26.72
71	Lena Yang	14	Pocono Family YMCA	25.76	26.81
72	Jennifer Benson	17	Canandaigua YMCA	26.86	26.88
73	Alison Johnson	16	Marinette-Menominee YMCA	26.66	26.90
74	Sara Pardue	15	B.R. Ryall (Northwestern Dupag	26.41	27.20
75	Hillary Johnson	17	Eau Claire Wisconsin YMCA	27.90	27.26
76	Alex Zimmerman	17	Phoenixville Branch YMCA	26.59	27.28
77	MaKenna Cannon	15	Pabst Farms YMCA	28.50	27.46
78	Kasey Travitz	18	Northern Dauphin County YMCA	26.50	27.66
79	Tasha Kewalramani	14	Summit Branch YMCA	27.00	27.73
80	Mariah Akinbi	16	Powel Crosley Jr. YMCA	27.78	27.91
81	Allison Siegel	17	McGaw YMCA	25.91	28.10
82	Erin Molloy	16	Canandaigua YMCA	27.73	28.41
---	Kaley Wittrock	18	Jefferson City Area YMCA	25.92	DQ
---	Ashley El Naggar	15	Wyckoff Family YMCA Inc	26.54	DQ
---	Sara Tillie	16	Harford County Family YMCA	25.52	DQ
---	Ali Lampen	13	Edwardsville YMCA	25.25	NS
---	Kelly O'Connor	17	North Shore (Sterling) MA YMCA	26.88	NS

Event 230 Men 50 Yard Freestyle Time Trial Swimming Competition

	Name	Age	Team	Seed Time	Finals Time
- Time Trial					
1	Ryley Pearson	17	Skagit Valley Family YMCA	22.38	22.32
2	Brian Batson	18	Down East Family YMCA	22.40	22.41
3	Jacob Hegge	17	La Crosse Area Family YMCA	22.32	22.42
*4	Dylan Coggin	18	Brandywine -DE YMCA	22.25	22.48
*4	Tyler Lareau	17	North Shore (Sterling) MA YMCA	22.02	22.48
*6	Jeremy Chaudet	18	Somerset Valley YMCA	23.61	22.58

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****- Time Trial ... (Event 230 Men 50 Yard Freestyle Time Trial Swimming Competition)**

	Name	Age	Team	Seed Time	Finals Time
*6	Elliott Batchelder	15	B.R. Ryall (Northwestern Dupag	22.98	22.58
8	Zachary Eller	17	Central/North Westchester NY Y	21.81	22.59
*9	Ryan Fortin	15	Andover/North Andover YMCA	22.98	22.62
*9	Matthew Brady	17	West Shore YMCA	22.49	22.62
11	Parker Huguley	16	Greater Bergen County YMCA	22.35	22.71
*12	Daly Brower	17	Greensboro YMCA	22.11	22.78
*12	Jan Yburan	17	Montclair YMCA	22.59	22.78
14	Frank Bozzi	15	Lakeland Hills Family YMCA	22.71	22.83
15	Jon Harre	17	Fayette County Family YMCA	22.83	22.87
16	Brian Giacobelli	18	Somerset Valley YMCA	22.40	22.89
17	Greg Fennell	16	Summit Branch YMCA	22.13	23.07
18	Sean Johnson	16	Somerset Valley YMCA	22.59	23.15
19	Matthew Vanbiervliet	15	Somerset Valley YMCA	22.60	23.18
20	Ryan Terracciano	18	Somerset Hills YMCA	23.07	23.22
21	Wes Manz	16	Eau Claire Wisconsin YMCA	22.86	23.26
22	Matt Fargione	18	Summit Branch YMCA	22.83	23.27
23	Andrew Urban	18	Ambler Area Branch YMCA	22.82	23.29
24	Jonathan Proffitt	17	Powel Crosley Jr. YMCA	22.92	23.31
*25	Michael O'Brien	14	Hilliker YMCA	23.77	23.43
*25	Ben Fuller	17	Chippewa Valley Family YMCA	23.04	23.43
27	Bryan Brown	16	Central Delaware YMCA	22.61	23.47
28	Brian Brennan	17	North Shore (Sterling) MA YMC	23.04	23.49
*29	Alex Burgess	14	Powel Crosley Jr. YMCA	23.03	23.50
*29	James Walker	18	Brandywine YMCA -PA	23.01	23.50
31	Matthew McAlear	17	Northern Middlesex County YMC	23.07	23.52
32	Parker Bratman	17	Catonsville MD YMCA	22.90	23.59
33	Eric Chung	16	Somerset Hills YMCA	23.73	23.64
34	Mark Grant	17	County YMCA - Ediboro, PA	23.00	23.66
*35	Craig Lupa	18	Hamilton Area NJ YMCA	23.59	23.72
*35	Nicholas Grippo	17	Red Bank Branch	24.05	23.72
37	Brad Ranson	17	Hamilton Area NJ YMCA	23.40	23.75
38	Eric Lethander	15	Powel Crosley Jr. YMCA	22.80	23.76
*39	Andrew Cotter	14	Ridgway YMCA	23.07	23.78
*39	Alex Bean	16	Suburban West Branch Ohio YMC	23.87	23.78
41	Mike Chickene	18	Hunterdon County YMCA	24.07	23.79
42	Max Docksey	17	Chippewa Valley Family YMCA	NT	23.80
43	Andy Savage	18	Hilliard YMCA	22.98	23.81
44	Zach Auclair	17	Laurel East Hartford YMCA	24.09	23.85
45	Darin Gillenwater	14	Central/North Westchester NY Y	23.27	23.90
46	Jeff Savage	17	Hilliard YMCA	23.89	23.93
47	Kevin Ng	17	Somerset Hills YMCA	24.60	23.96
48	Ryan Koul	14	Greater Johnstown Community	23.96	24.10
49	Matt Kendall	16	Somerset Valley YMCA	24.11	24.14
50	Paul Schaus	16	Chippewa Valley Family YMCA	24.69	24.18
51	AJ Kontostathis	15	Pottstown YMCA	23.53	24.48
52	Dylan Bernhardt	18	Bismarck YMCA	24.82	25.39

Event 231 Women 50 Yard Breaststroke Time Trial Swimming Competition

	Name	Age	Team	Seed Time	Finals Time
- Time Trial					
1	Deirdre Esposito	15	Morris Center YMCA	31.43	29.51

2009 National YMCA Short Course, Sanction #: USA-040609-FGAP1**Swimming and Diving Championship****Results****- Time Trial ... (Event 231 Women 50 Yard Breaststroke Time Trial Swimming Competition)**

	Name	Age	Team	Seed Time	Finals Time
2	Jamie Kane	15	Pottstown YMCA	30.97	30.81
3	Jenelle Zee	15	Somerset Hills YMCA	30.31	31.13
4	Abby Pires	15	Westfield YMCA	30.10	31.35
5	Paula Bentley	16	Canandaigua YMCA	32.17	31.49
6	Laura Stephens	15	Kennett Area YMCA	31.78	31.72
7	Shannon Markham	17	Eastside Family Branch YMCA	NT	31.74
8	Erica Smrcina	16	Cape Cod YMCA	32.63	31.91
9	Carlyn Evans	15	Lionville Community YMCA	32.63	31.93
10	Morgan Johnston	14	Mid-Delmarva Family YMCA	31.42	32.08
11	Emily Ashton	15	Morris Center YMCA	37.70	32.34
12	Amanda Feiser	15	Pottstown YMCA	31.89	32.44
13	Elisa Grant	17	County YMCA - Ediboro, PA	31.60	32.56
14	Greta Leberfinger	15	Somerset Hills YMCA	33.09	32.69
15	Kirstin Klempe	16	La Crosse Area Family YMCA	32.00	32.71
16	Julia Messina	15	Canandaigua YMCA	33.39	32.81
17	Celia Frick	13	Somerset Hills YMCA	34.95	33.04
18	Maria Messina	15	Canandaigua YMCA	34.46	33.18
19	Cecelia McEachern	14	Down East Family YMCA	33.07	33.30
20	Ashley Collier	18	Norwich YMCA	33.00	33.47
21	Meg Kaveney	16	Westfield YMCA	32.15	33.51
*22	Morgan Kandrac	15	Hamilton Area NJ YMCA	33.79	33.53
*22	Haley Heydt	15	Boyertown Area YMCA	33.55	33.53
24	Eilish Devine	15	Ridgewood NJ YMCA	33.26	33.67
25	Colleen Shelly	15	Knox County YMCA	34.01	33.87
26	Julia Sung	16	Flushing YMCA	35.19	34.00
27	Becca Citti	18	Ridgewood NJ YMCA	33.56	34.75
28	Kristen Moll	17	Somerset Valley YMCA	36.50	35.71
---	Mara Valenzuela	15	Somerset Valley YMCA	36.56	DQ

Event 232 Men 50 Yard Breaststroke Time Trial Swimming Competition

	Name	Age	Team	Seed Time	Finals Time
- Time Trial					
1	Max Garner	16	Harrison Area YMCA	29.39	28.72
2	Nate Oropollo	18	Ridley Area YMCA	29.52	29.08
3	Ian Ballantyne	14	Bismarck YMCA	28.50	29.27
4	Jeff Sloan	17	Tri-Hampton Family Branch YMC	30.89	29.29
5	Ian Zelaya	17	Mid-Delmarva Family YMCA	29.57	29.49
6	Douglas Ranson	17	Hamilton Area NJ YMCA	28.59	29.55
7	Tyler Tenney	17	Harrison Area YMCA	29.59	29.75
8	Alec Christopherson	16	La Crosse Area Family YMCA	28.57	29.90
9	Julius Ota	16	Mid-Delmarva Family YMCA	29.55	29.99
10	Patrick Inness	18	Knox County YMCA	32.31	30.13
11	Jacob Griffith	13	Lancaster & Fairfield YMCA	30.82	30.46
12	Michael Rokosny	15	Pottstown YMCA	32.77	31.19
13	Philip Kang	14	Montclair YMCA	31.66	31.23
14	Kevin Bane	15	Laurel Highlands Regional YMCA	30.56	31.37
15	Steve Brown	15	Brandywine YMCA -PA	31.08	31.49
---	Ted Millett	17	North Shore (Sterling) MA YMCA	27.01	DQ