



4th Annual Laps with Lizards Invitational

Sponsored by the
Copley Water Warriors

Saturday, October 31, 2009

**Copley High School, Simmons Natatorium
3807 Ridgewood Rd., Copley, OH 44321**

Times: Morning session (ages 9-10 and 11-12): warm-ups at 8:00-8:45 a.m., meet starts at 9:00 a.m. *There will be a clerk of course for the am session.*

Afternoon session (ages 8 and U, 13-14 and 15-18): warm-ups will begin after morning session is complete, but not before 12:00 p.m. Meet starts at 1:00 p.m. *There will be a clerk of course for 8 and Under only for the pm session.*

Facility: The facility is well lighted, with ample seating, and a fast 25-yard, 6-lane pool with baffle lane lines on the sides.

Rules: NCAA rules as stated in the NEO YMCA League rulebook.

Eligibility: Each swimmer must be a full member of the YMCA they represent, in accordance with league and national rules. Ages are determined by the swimmer's age as of December 1, 2009.

Each swimmer may compete in a maximum of three (3) individual events and two (2) relay events. Deck entries will be accepted on a space-available basis and up to 30 minutes before the start of the morning and afternoon sessions. They will be hand seeded in early heats, regardless of entry times.

Entry Fees: Individual events - \$4, Relay events - \$12. Deck entries: Individual events - \$6, Relay events - \$15. Please make checks payable to Copley Water Warriors.

Deadline: E-mail entries (Team Manager entries file only) due by Oct. 28, 2009. Send entries to Carl Myers, cem3karens@aol.com. The TM event file available on the NEO YMCA site.

Paper entries must be postmarked by Oct. 26, 2009. There is an additional fee of \$20 for entries that must be hand entered.

Mail paper entries to: Copley Swimming, c/o Carl Myers, 4240 Ridgewood Rd, Copley, OH 44321.

Awards: Medals will be awarded for 1st, 2nd and 3rd places in individual events and for 1st place in relay events. Ribbons will be awarded to swimmers ages 14 and under for 4th through 10th place in individual events, and 2nd through 6th for relay events. All heat winners will receive special lizard prizes. Team trophies will be awarded for 1st through 3rd place teams

Coaches: You are responsible for the conduct of your team before, during and after the meet. Teams are responsible for having swimmers behind the blocks on time. Swimmers not present at the start will be considered no-shows. Coach's packets may be picked up in the hospitality room in the morning.

Admission: \$ 4 for Adults; \$ 2 for 5-12 years old; 5 years old and under are free. Heat sheets are \$2 each.

Amenities: A separate concession area including nutritious hot and cold selections will be available throughout the day. A DJ will provide YMCA-appropriate entertainment in the gymnasium during the meet. A coaches and officials hospitality room will be stocked with food and beverages.

Apparel: Specially designed "Laps with Lizards" t-shirts (\$14.00 each) will be available during the meet. Pre-order t-shirts for \$12.00 each. Deadline is Oct. 15, 2009.

Local swimwear vendor, Competitive Aquatic Supply, will operate a mobile shop for your last minute needs.

Other: Our high school facility requests we respect the following rules:

1. No dark-soled shoes permitted in the gymnasium.
 2. No shaving is permitted in the locker or restroom areas.
 3. Absolutely no food or drink is permitted in the gymnasium.
 4. Footwear must be worn at all times outside the pool deck area.
 5. Absolutely no glass is permitted on the pool deck area.
 6. No smoking is permitted on school grounds.
- We will use a large part of the high school building for this meet. We recommend extra warm clothing for wear over wet swimsuits plus footwear.
 - We will display messages on our scoreboard during warm-ups. If you would like to purchase some time, please email Maria Arnaiz, arnaizma@gmail.com, for more information.
 - We are selling advertising space in the heat sheets plus other advertising opportunities. Please see the attached advertising sheet for more information.

4th Annual
Laps with Lizards Invitational
Order of Events

| Girls Event Number | Event Description | Boys Event Number |
|---------------------------------|-----------------------------|----------------------|
| <i>Morning Session</i> | | |
| 1 | 11-12 200 Medley Relay | 2 |
| 3 | 9-10 200 Medley Relay | 4 |
| 5 | 11-12 200 Freestyle | 6 |
| 7 | 9-10 200 Freestyle | 8 |
| 9 | 11-12 100 Individual Medley | 10 |
| 11 | 9-10 100 Individual Medley | 12 |
| 13 | 11-12 50 Freestyle | 14 |
| 15 | 9-10 50 Freestyle | 16 |
| 17 | 11-12 50 Butterfly | 18 |
| 19 | 9-10 50 Butterfly | 20 |
| 21 | 11-12 100 Freestyle | 22 |
| 23 | 9-10 100 Freestyle | 24 |
| 25 | 11-12 50 Backstroke | 26 |
| 27 | 9-10 50 Backstroke | 28 |
| 29 | 11-12 50 Breaststroke | 30 |
| 31 | 9-10 50 Breaststroke | 32 |
| 33 | 11-12 200 Freestyle Relay | 34 |
| 35 | 9-10 200 Freestyle Relay | 36 |
| <i>Afternoon Session</i> | | |
| 37 | 15-18 200 Medley Relay | 38 |
| 39 | 13-14 200 Medley Relay | 40 |
| 41 | 8 & U 100 Medley Relay | 42 |
| 43 | 15-18 200 Freestyle | 44 |
| 45 | 13-14 200 Freestyle | 46 |
| 47 | 15-18 200 Individual Medley | 48 |
| 49 | 13-14 200 Individual Medley | 50 |
| 51 | 15-18 50 Freestyle | 52 |
| 53 | 13-14 50 Freestyle | 54 |
| 55 | 8 & U 25 Freestyle | 56 |
| 57 | 15-18 100 Butterfly | 58 |
| 59 | 13-14 100 Butterfly | 60 |
| 61 | 8 & U 25 Butterfly | 62 |
| 63 | 15-18 100 Freestyle | 64 |
| 65 | 13-14 100 Freestyle | 66 |
| 67 | 8 & U 50 Freestyle | 68 |
| 69 | 15-18 100 Backstroke | 70 |
| 71 | 13-14 100 Backstroke | 72 |
| 73 | 8 & U 25 Backstroke | 74 |
| 75 | 15-18 100 Breaststroke | 76 |
| 77 | 13-14 100 Breaststroke | 78 |
| 79 | 8 & U 25 Breaststroke | 80 |
| 81 | 15-18 200 Freestyle Relay | 82 |
| 83 | 13-14 200 Freestyle Relay | 84 |
| 85 | 8 & U 100 Freestyle Relay | 86 |
| 87 | 15-18 500 Freestyle | 88 |
| 89 | 13-14 500 Freestyle | 90 |

ENTRY DEADLINE:
Oct. 26, 2009

**4th Annual Laps with Lizard Invitational
Registration Form**

Please complete this form and
submit it to your coach OR e-mail it
to cem3karens@aol.com

Meet Name: 4th Annual Laps with Lizard Invitational

Location: Copley High School, 3807 Ridgewood Rd., Copley, OH 44321

Dates: Saturday, October 31, 2009

Swimmer Name: _____ Coach: _____

Date of Birth: _____ Home Phone Number: _____

E-mail Address: _____

Entry Limits: Maximum of 3 individual events per swimmer.
Do not enter relay events. Coaches will decide on relays.

Note: Odd-numbered events are girls and even-numbered events are boys.

| Event # | Event Name | Time * |
|---------|------------|--------|
| | | |
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| | | |

* For established swimmers, best times from Team Manager database will be used.

See attached for schedule and list of events. *If you have any questions about the events for which you should register, talk with your coach after practice.*

COST

Number of Individual Events x \$4.00
(MAX 3 INDIVIDUAL EVENTS) \$ _____

TOTAL DUE (check payable to Copley Water Warriors) \$ _____



**LAPS WITH LIZARDS INVITATIONAL
T-SHIRT PRE-ORDER FORM**

NAME: _____

TEAM: _____

ADDRESS: _____

PHONE: _____

- Youth Large _____
- Adult Small _____
- Adult Medium _____
- Adult Large _____
- Adult X-Large _____

Total T-shirts Ordered _____

Total T-shirts x **\$12** _____

(T-shirts available on day of meet for **\$14**)

Pre-ordered t-shirts will be available at the ticket area.

Order Deadline - Oct. 15

Please make checks payable to: Copley Water Warriors Mail to: 1528 Belle Meade, Copley 44321

4th ANNUAL LAPS WITH LIZARDS

ADVERTISEMENTS

Include your Business Advertisement or a personal message to support your swimmer in *the Laps with Lizard Heat Sheets*.

___ 1/8 Page (Business Card) B&W \$ 15.00

___ 1/8 Page Color \$ 25.00

___ 1/4 Page B&W \$ 30.00

___ 1/4 Page Color \$ 50.00

___ 1/2 Page B&W \$ 60.00

___ 1/2 Page Color \$ 100.00

___ Full Page B&W \$ 100.00

___ Full Page Color \$ 125.00

If you buy a full page color ad, we will display free of charge your banner on the pool deck during the swim meet!

Other Advertising opportunities (please check one or more below)

___ **Sponsor an event**

We will recognize your business name or include your personal message in the *Laps with Lizard's Invitational* Heat Sheet immediately preceding the sponsored event \$ 10.00

___ **Advertise on the Scoreboard**

We will recognize your business name or display your message to your swimmer on our scoreboard during the *Laps with Lizard's Invitational* \$ 25.00

We also appreciate donations in kind to help us run the Invitational (please check one or more below).

___ Donate a gift card or give a monetary donation.

___ Donate food for our concessions or a service

Name _____

Address _____

Phone Number _____

Please provide a camera-ready advertisement or a digital file in any of the following formats: jpg, gif, tif or pdf. Please email the files to copleywaterwarriors@ymail.com.

To sponsor an event in the heat sheet or advertise on our scoreboard please print your message on the lines below.

Please make checks payable to the Copley Water Warriors.

Mail to: Maria Arnaiz, 1528 Belle Meade, Copley, OH 44321

Thank you for your support!