

# 2014 NORTHEAST OHIO YMCA SWIM LEAGUE CHAMPIONSHIPS

March 1, 2014

**C.T. Branin Natatorium, 1715 Harrison Ave NW, Canton, OH 44708 (Next to the Pro Football Hall of Fame)**

Held under USA Swimming Approval # LE 1421 A

Meet Director: Monica Zayd  
Lakewood Family YCMA  
16915 Detroit Road, Lakewood, OH 44107  
Phone: 440 871 6885  
Email: mzayd@clevelandymca.org

**POOL:** 25 yards by 8 lanes, Colorado Timing system with digital scoreboard. Spectator seating for over 2000 people. Site of the training camp for the 1976 Olympic Swim Team and the Ohio High School State Swimming and Diving Championships.

**POOL MEASUREMENTS:** The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

**WATER DEPTH:** The depth of the pool at the start end is 9 feet, 0 inches. The depth at the turn end is 7 feet, 0 inches.

**CAMERA ZONES:** Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still and video photography of a race or competitor may be taken. Acceptable Camera Zones may include, but are not limited to the side courses of a pool, team gathering areas, concession areas, the turn-end of the competition course when not in use as a start-end, etc. Meet Management shall also designate "No Camera Zones." Under NO circumstances will Camera Zones include locker rooms, rest rooms, any dressing areas, or the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during competition and warm-up. Those failing to abide by this rule may be removed from the venue.

**Deck Changes:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.

In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Swimmers Eligibility:** Swimmers must be members of their YMCA for at least 90 days prior to the first day of the meet. Swimmers may only represent their YMCA in competition (except interscholastic competition) for a period of 90 days prior to the first day of the meet. Swimmers in the League Championships, swimmers must have also participated in their Divisional Championship Meet. If for

some reason they were absent and did not swim in the Divisional Championship Meet, they are then not eligible to be used, even as an alternate, in the League Championships.

Individuals who swim on a relay team in their Divisional Championship Meet need not be the same four (4) who swim at the League Championship Meet.

The identity of the relay qualifies; eight (8) swimmers can be specified for the League Championship Meet. All eight (8) swimmers must have participated in their Divisional Championship Meet.

**Qualifying from the Divisional Championship Meet:** In the 8 & Under, 10 & Under and 11 & 12 age groups, each division will qualify its top three (3) swimmers per event and then the top remaining swimmers in order to qualify a full three (3) heats regardless of their division. This will qualify a total of 24 in a 8 lane.

In the 13 & 14 and 15 & Up age groups, each division will qualify its top two (2) swimmers per event and then the next at large swimmers, regardless of the division, in order to qualify two (2) full heats. This will qualify 16 swimmers in an 8 lane pool.

The cut off times and names of qualifying League swimmers will be emailed to the coaches and Aquatic Directors by 10:00pm Monday, February 3th. It is then the responsibility of each Divisional Meet Director to notify Monica Zayd at [mzayd@clevelandymca.org](mailto:mzayd@clevelandymca.org) of any concerns they may have regarding this information within in twenty four (24) hours of its posting. Please, only Divisional Meet Directors should contact Monica. The League Championship psych sheet will then be posted on the League website: [neoyswim.org](http://neoyswim.org) by Wednesday, February 5th.

**Rules:** The 2013 – 2014 Northeast Ohio YMCA Competitive Swimming and Diving League Rules and By-Laws as well as the USA Swimming Rules and Regulations will be followed. YMCA warm up guide lines will also be followed. Teams will receive their lane assignments for warm-ups in their team packet the morning of the meet.

**Coaches may show their current YMCA coach credential (issued by their Y-USA group representative) or current USA Swimming coach credential with the Y stamp.**

**NEW: Required Forms 1. As part of each team's submission of their entries to the host team, a statement must be signed by that YMCA's executive director affirming that all swimmers participating in the meet are full privilege members of that YMCA for at least 90 days prior to the first day of the meet and that all coaches participating hold the current certifications required by Y-USA. The form is attached to this packet and is due to the meet director by Saturday, February 22. 2. All teams must submit a certificate of insurance to the meet director not later than February 22 verifying coverage of team members and coaches during the meet.**

**Please scan and email the proof of insurance and team verification form to [mzayd@clevelandymca.org](mailto:mzayd@clevelandymca.org) by Saturday, February 22, 2014. Failure to submit this form and proof of insurance will result in your team not being able to participate in the league meet.**

**Schedule:** AM Session – 15 & Over, 13 & 14 and 8 & Under age groups

Warm up Times: 13 & Over – 7:30am – 8:00am      8 & Under – 8:00am – 8:30am

Morning Session will begin at 8:45am

PM Session - 11 & 12 and 9 & 10 age groups

Warm up Times: 11 & 12 – 1:00pm – 1:30pm      9 & 10 – 1:30pm – 2:00pm

Afternoon Session begins at 2:15pm if warm ups start at 1:00pm

Warm ups will not start before 1:00pm. If the morning session runs longer than scheduled, a 20 minute break will be taken between the sessions before warm ups will begin. New warm up times will be announced if this occurs.

**Doors open:** 7:00am

**Entry Fees:** No entry fees due for the 2014 NEO League Championship

**Coaches Meeting:** AM Session – 7:45 am in Hospitality Room

PM Session – To be announced if it is decided one is needed

Timer, Runner and Official's Meetings: AM and PM sessions will be held 15 minutes before the start of the session.

**Clerk of Course:** AM Session: 8 & Under swimmers must report to the Clerk of Course for all events.

A coach or team representative must be present at Clerk of Course for all relays.

13 & Over swimmers will report behind the blocks for all events when ON CALL only.

PM Session: 11 & 12 and 9 & 10 swimmers will report behind the blocks for all events when ON CALL only.

Coaches, Volunteers, Aquatic Directors and/or Designated Team Representative: All coaches must hold current certifications in CPR, First Aid, Safety Training for Swim Coaches or Lifeguard (with STSC online test completed) and Principles of YMCA Competitive Swimming and Diving. All teams and coaches on deck must have completed the 2013-14 online YMCA coach and team registration process and paid the coach registration fee. Please report to the check in table to receive your name tag. Only those with name tags will be permitted on deck

**Coaches Hospitality Room:** Located in hallway behind starting area.

**Spectator Admission:** \$5.00 a person    5 & Under – no charge

**Heat Sheets:** \$3.00 a session or \$5.00 for both sessions

**Spectator Seating:** The seating area for spectators will be the balcony area. No spectators will be allowed on pool deck.

**Swimmer Seating:** Seating for swimmers will be on the pool deck.

**Awards:** Medals – 1st thru 8th place

Ribbons – 9th thru 16th place

All awards will be given to the coaches after the completion of the meet.

**T-Shirts:** Sold during AM and PM Sessions while supplies last.

**Concessions:** Provided by the Natatorium Staff

Coaches please contact Monica Zayd if you have any volunteers to sing the National Anthem

#### Order of Events

- |                                     |                                       |
|-------------------------------------|---------------------------------------|
| 1. Girls 15 & Over 200 Medley Relay | 55. Girls 11-12 200 Medley Relay      |
| 2. Boys 15 & Over 200 Medley Relay  | 56. Boys 11-12 200 Medley Relay       |
| 3. Girls 13-14 200 Medley Relay     | 57. Girls 10 & Under 200 Medley Relay |
| 4. Boys 13-14 200 Medley Relay      | 58. Boys 10 & Under 200 Medley Relay  |
| 5. Girls 8 & Under 100 Medley Relay | 59. Girls 11-12 200 Freestyle         |
| 6. Boys 8 & Under 100 Medley Relay  | 60. Boys 11-12 200 Freestyle          |
| 7. Girls 15 & Over 200 Freestyle    | 61. Girls 10 & Under 200 Freestyle    |
| 8. Boys 15 & Over 200 Freestyle     | 62. Boys 10 & Under 200 Freestyle     |
| 9. Girls 13-14 200 Freestyle        | 63. Girls 11-12 100 IM                |
| 10. Boys 13-14 200 Freestyle        | 64. Boys 11-12 100 IM                 |
| 11. Girls 15 & Over 200 IM          | 65. Girls 10 & Under 100 IM           |
| 12. Boys 15 & Over 200 IM           | 66. Boys 10 & Under 100 IM            |
| 13. Girls 13-14 200 IM              | 67. Girls 11-12 50 Freestyle          |
| 14. Boys 13-14 200 IM               | 68. Boys 11-12 50 Freestyle           |
| 15. Girls 15 & Over 50 Freestyle    | 69. Girls 10 & Under 50 Freestyle     |
| 16. Boys 15 & Over 50 Freestyle     | 70. Boys 10 & Under 50 Freestyle      |
| 17. Girls 13-14 50 Freestyle        | 71. Girls 11-12 50 Butterfly          |
| 18. Boys 13-14 50 Freestyle         | 72. Boys 11-12 50 Butterfly           |
| 19. Girls 8 & Under 25 Freestyle    | 73. Girls 10 & Under 50 Butterfly     |
| 20. Boys 8 & Under 25 Freestyle     | 74. Boys 10 & Under 50 Butterfly      |
| 21. Girls 15 & Over 100 Butterfly   | 75. Girls 11-12 100 Freestyle         |
| 22. Boys 15 & Over 100 Butterfly    | 76. Boys 11-12 100 Freestyle          |

23. Girls 13-14 100 Butterfly
24. Boys 13-14 100 Butterfly
25. Girls 8 & Under 25 Butterfly
26. Boys 8 & Under 25 Butterfly
27. Girls 15 & Over 100 Freestyle
28. Boys 15 & Over 100 Freestyle
29. Girls 13-14 100 Freestyle
30. Boys 13-14 100 Freestyle
31. Girls 8 & Under 50 Freestyle
32. Boys 8 & Under 50 Freestyle
36. Boys 13-14 500 Freestyle
37. Girls 15 & Over 100 Backstroke
38. Boys 15 & Over 100 Backstroke
39. Girls 13-14 100 Backstroke
40. Boys 13-14 100 Backstroke
41. Girls 8 & Under 25 Backstroke
42. Boys 8 & Under 25 Backstroke
43. Girls 15 & Over 100 Breaststroke
44. Boys 15 & Over 100 Breaststroke
45. Girls 13-14 100 Breaststroke
46. Boys 13-14 100 Breaststroke
47. Girls 8 & Under 25 Breaststroke
48. Boys 8 & Under 25 Breaststroke
49. Girls 15 & Over 200 Freestyle Relay
50. Boys 15 & Over 200 Freestyle Relay
51. Girls 13-14 200 Freestyle Relay
52. Boys 13-14 200 Freestyle Relay
53. Girls 8 & Under 100 Freestyle Relay
54. Boys 8 & Under 100 Freestyle Relay
77. Girls 10 & Under 100 Freestyle
78. Boys 10 & Under 100 Freestyle
79. Girls 11-12 50 Backstroke
80. Boys 11-12 50 Backstroke
81. Girls 10 & Under 50 Backstroke
82. Boys 10 & Under 50 Backstroke
83. Girls 11-12 50 Breaststroke
84. Boys 11-12 50 Breaststroke
85. Girls 10 & Under 50 Breaststroke
86. Boys 10 & Under 50 Breaststroke
87. Girls 11 & 12 200 Freestyle Relay
88. Boys 11 & 12 200 Freestyle Relay
89. Girls 10 & Under 200 Freestyle Relay
90. Boys 10 & Under 200 Freestyle Relay

YMCA Sanctioned Championship Meet Declaration Form

Meet Name: 2014 NORTHEAST OHIO YMCA SWIM LEAGUE CHAMPIONSHIPS

Meet Date(s): March 1, 2014

Meet Location: CT Brainin Natatorium, Canton, OH

Participating YMCA: \_\_\_\_\_

YMCA Address: \_\_\_\_\_

\_\_\_\_\_

Head Coach: \_\_\_\_\_

Coaches Attending: \_\_\_\_\_

\_\_\_\_\_

Meet Referee: \_\_\_\_\_

Entry Contact Name: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Phone: \_\_\_\_\_

I attest that all swimmers representing the YMCA above are full privilege members of the YMCA. I also attest that all coaches representing the YMCA above hold current certifications in CPR, First Aid, Coaches Safety Training and Principles of YMCA Competitive Swimming and Diving.

\_\_\_\_\_ Name of Head Coach

Signature of Head Coach \_\_\_\_\_

Name of YMCA Executive Director or Designee Signature of Executive Director or Designee