

Piranhas Senior Invite

March 4 - 7, 2021

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Sanction FG28210630E006

It is understood and agreed that USA Swimming, the facility, and the host organizations shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Hosted by: Plantation Swim Team, City of Plantation

Location: Plantation Central Park, 9151 NW 2 St., Plantation, FL, 33324

Directions: Plantation Aquatic Complex is located in Central Park. From I-95 go west on I-595. Exit north on Pine Island Blvd. to Broward Blvd. On Broward Blvd. head west approximately $\frac{3}{4}$ of a mile to Central Park. (1st Stop light) On Central Park make a right. Park entrance is located on the right hand side.

Date & Time:

Date	Prelims Warm-up	Prelims Start	Finals Warm-up	Finals Start
Thursday, Mar 4			3:20pm*	5:00pm
Friday, Mar 5	7:00am*	8:40am	3:20pm*	5:00pm
Saturday, Mar 6	7:00am*	8:40am	3:20pm*	5:00pm
Sunday, Mar 7	7:00am*	8:40am	3:20pm*	5:00pm

*Warm up MAY be split into an A and B session, in which case teams will be assigned lanes and times. In the event warm up is split, A and B sessions will each be 45 minutes.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA GOLD COAST SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION

We have taken enhanced health and safety measures – for you, our coaches, swimmers, officials, and volunteers. You must follow all posted instructions while attending this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By this meet, you voluntarily assume all risks related to exposure to COVID-19.

- Covid Protocols:** No spectators will be allowed on deck. Coaches, officials, volunteers, staff, and athletes only. Everyone upon entering the pool deck will have their temperature checked, must wear a face covering (mask) and must maintain 6ft between themselves and other meet participants. Masks may be removed only during the time a swimmer is racing or warming up/down.
- Technical Meeting:** A technical meeting will be held on Wednesday, March 3 via Zoom or Microsoft Teams at TBA. Details will be distributed to the teams after entries close. It is the coaches' responsibility to be aware of all information presented at the meeting. Absence from the meeting will constitute a consent vote to any adjustments agreed upon. Breaks may be inserted.
- Pool/Timing:** One eight lane 50 meter course. Continuous warm-up and warm-down area will be available in a second 25 yard x 50 meter course. Water depth at competition starting end is 11'6 and turn end is 4'. Colorado Timing System with full VIVILED video scoreboard will be utilized. The competition course has been certified in accordance with 104.2.2(C). A copy of such certification is on file with USA Swimming.
- Rules:** Public Health and Safety mandates and guidelines of the State of Florida, Broward County, City of Plantation, and Plantation Aquatic Complex will be enforced.

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each

race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Deck Changing: Deck changes are prohibited.

Camera Free Zone: The Florida Gold Coast Swimming CAMERA FREE ZONE policy will be in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Image Authorization: All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming and the meet host under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

Conflict of Interest: Unauthorized sale, advertisement, and promotion of products and/or services at the location of the competition as well as its vicinity are not allowed without written approval of the meet host and meet director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such order will result in removal from the facility and/or immediate vicinity.

Closed Deck: We will not be allowing spectators on the pool deck. The meet will be live streamed to live.pstpiranhas.com

Eligibility: This meet is open to all swimmers who are 2021 registered members of USA Swimming as provided by article 302 and foreign athletes invited by USA Swimming and the host team, and who have achieved the published time standard in one or more events.

Entries will be capped at 300 swimmers.

Teams should not make nonrefundable travel arrangements before their acceptance into the meet is confirmed.

Disability Athletes: Any athlete with a disability will be accommodated in accordance with Article 105. Qualifying times may be waived by the meet director (Terrell Woods – terrellwpst@aim.com) for such swimmers. Please contact the meet host ahead of time to allow for preparation.

Entry: **Entries are due February 25, 2021.** All teams entering swimmers in the meet must submit their entries using the latest version of Hy-tek Team Manager or

Team Unify software. Email entries to Terrell Woods (terrellwpst@aim.com). If you do not receive an email confirmation, your entries were not received.

All teams will pay via check or cash to “**Plantation Swim Team Booster Club**” upon arrival to the meet. One check per team. Payment will be accepted at the Clerk of Course. **All entry fees must be paid before the start of your teams first event.**

A swimmer may enter any number of individual events in which the qualifying time standard has been met, however a swimmer may only swim three (3) individual events per day, two (2) relay events per day, and a total of six (6) events individual events during the meet.

Teams are limited to no more than two entries (A & B) per relay event for 200- and 400-meter relays and one entry (A) for the 800-freestyle relay. **We will NOT be accepting “Relay Only” athletes.**

Qualifying Period: March 1, 2018-February 25, 2021

Entry Fees: \$12.00 per individual event

Relay Fees: \$24.00 per relay

Surcharge: \$20.00 per swimmer

Once a team or individual entry has been received and processed, there will be no refunds.

Responsibility Clause: The coach, swimmer or swimmer representative who enters these championships thereby attests that all times stated are true and correct as achieved qualifying times for each event entered. He/she assumes all responsibility for false or incorrect times, or times which are unacceptable under USA Swimming rules, and shall be assessed a \$50 penalty for each such time entered. Times must be able to be verified in the USA Swimming SWIMS Database.

Seeding: All preliminary heats and timed finals events will be seeded fastest to slowest in order of LCM, SCM, and then SCY except as otherwise noted in this meet announcement.

Scratches: Scratches from timed final events and preliminaries will be accepted until the deadlines listed below.

Thursday, Mar 4 events	4pm Thursday, Mar 4
Friday, Mar 5 events	5:30pm Thursday, Mar 4
Saturday, Mar 6 events	5:30pm Friday, Mar 5
Sunday, Mar 7 events	5:30pm Saturday, Mar 6

Relays: Mixed gender relays shall compose of two (2) Women and two (2) Men.
The 400- meter relays will be prelims/finals. The top 6 teams from prelims will qualify for finals. Relay teams finishing in 7-18th place who have not scratched from finals will also score.

800- meter relays will be timed finals. Top 6 seeded teams will swim in Finals. All other teams will swim in Prelims.

800 & 1500 Free: Will swim fastest to slowest, alternating women and men.

Finals: Top 24 swimmers from prelims will qualify for finals. The order of the final heats will be A, B, C, with 8 swimmers in each. Any swimmer who competes in preliminary heats and qualifies for finals must declare his/her possible intention to scratch within thirty (30) minutes of the announcement of the preliminary results of that event and further declare their final intention within 30 minutes of their last individual preliminary event.

Failure to compete in finals will result in the swimmer being fined \$25.00 cash. Swimmers may not compete in further individual events or relays until all fines are paid.

Scoring:

Individual:	1-8 Place:	32, 28, 27, 26, 25, 24, 23, 22
	9-16 Place:	20, 17, 16, 15, 14, 13, 12, 11
	17-24 Place:	9, 7, 6, 5, 4, 3, 2, 1

Relays:	1-6 Place:	64, 56, 54, 52, 50, 48
	7-12 Place:	40, 34, 32, 30, 28, 26
	13-18 Place:	18, 14, 12, 10, 8, 6

Awards:

Individual Events:	1st – 3rd
Relays:	1st – 3rd

Individual High Point:	Women
	Men

Team High Point Awards:	Combined: 1st – 5th
	Women: 1st – 3rd
	Men: 1st – 3rd

Meet Director: Terrell Woods - terrellwpst@aim.com

Officials: Meet Referee: Jose Carrion

Warm-up Schedule
Pool Opens Prelims 7:00am / Finals 3:30pm

Pool 1 (East) *IF WARM UP IS NOT SPLIT
Competition Course - LCM

7:00am to 8:00am (General Warm-up)

8:00am to 8:30am (Controlled Warm-up)

1. Push off 50's or 100 pace (circle swimming)
2. **Racing start.** One way only. **Diving Well End.**
3. Swimming and pulling (push off)
4. Swimming and pulling (push off)
5. Swimming and pulling (push off)
6. Swimming and pulling (push off)
7. **Racing start.** One way only. **Diving Well End.**
8. Push off 50's or 100 pace (circle swimming)

Pool 2 (West)

Pool 2 MAY be set up SCY to allow for a maximum number of athletes to warm up/down.
Swimming only.

No equipment allowed during warm-up in Warm Up Pool; No racing starts in warm-up or warm-down lanes during the meet; Enter the water feet first

*If entry cap level necessitates a splitting of the warm up, general warm up will run from 7am-7:35am with controlled warm up running from 7:35am-7:45am for team designated in warm up A. Warm up B will run from 7:45am-8:20am, with controlled warm up running from 8:20am-8:30am.

Thursday, Mar 5

Women's Event #	SCY	SCM	LCM	Event	LCM	SCM	SCY	Men's Event #
1	18:12.39	18:23.69	18:54.39	1500 Free				
				800 Free	9:13.59	8:57.19	10:20.29	2
3	NT	NT	NT	200 Med Relay	NT	NT	NT	4
5	NT	NT	NT	200 Free Relay	NT	NT	NT	6
7	NT	NT	NT	200 Mixed Med Relay	NT	NT	NT	7
8	NT	NT	NT	200 Mixed Free Relay	NT	NT	NT	8

Friday, March 6

Women's Event #	SCY	SCM	LCM	Event	LCM	SCM	SCY	Men's Event #
9	2:00.49	2:12.79	2:16.89	200 Free	2:05.89	2:01.79	1:50.09	10
11	1:13.89	1:22.39	1:24.49	100 Breast	1:16.19	1:14.09	1:06.39	12
13	29.99	33.59	34.59	50 Back	31.29	30.29	26.79	14
15	1:02.69	1:07.99	1:09.99	100 Fly	1:03.39	1:01.29	56.09	16
17	4:48.89	5:18.79	5:26.99	400 IM	5:00.49	4:52.29	4:23.59	18
19	NT	NT	NT	800 Free Relay*	NT	NT	NT	20

**Timed Final, Top 6 Seeds Swim With Finals*

Saturday, March 7

Women's Event #	SCY	SCM	LCM	Event	LCM	SCM	SCY	Men's Event #
21	1:04.99	1:12.19	1:14.19	100 Back	1:07.79	1:05.69	58.69	22
23	34.39	38.69	39.69	50 Breast	35.49	34.49	30.59	24
25	28.69	31.39	32.39	50 Fly	29.09	28.09	25.49	26
27	2:15.89	2:30.99	2:35.09	200 IM	2:21.29	2:17.19	2:03.39	28
29	25.89	28.29	29.39	50 Free	26.49	25.49	23.09	30
31	5:20.49	4:39.49	4:47.69	400 Free	4:27.29	4:19.09	4:59.09	32
33	NT	NT	NT	400 Med Relay	NT	NT	NT	34

Sunday, March 8 – Prelims/Finals, Timed Final (TF)

Women's Event #	SCY	SCM	LCM	Event	LCM	SCM	SCY	Men's Event #
35	2:17.79	2:29.49	2:33.59	200 Fly	2:20.29	2:16.19	2:04.79	36
37	55.99	1:01.39	1:03.49	100 Free	57.29	55.29	50.39	38
39	2:40.59	2:58.19	3:02.29	200 Breast	2:45.09	2:40.99	2:24.69	40
41	2:19.29	2:35.19	2:39.29	200 Back	2:26.29	2:22.19	2:07.09	42
43	NT	NT	NT	400 Free Relay	NT	NT	NT	44
45	11:02.09	9:36.29	9:52.69	800 Free (T/F)				
				1500 Free (T/F)	17:41.79	17:11.09	17:18.39	46