

SCORPION (SION) SWIM CLUB POLICIES AND PROCEDURES

Our team is a year-round competitive swim team offering high quality professional coaching and technique instruction for all ages and abilities. The goal of our team is to provide every member an opportunity to improve swimming skills and achieve success at his or her level of ability, from novice to international competitor through the emphasis on basic skills and proficient technique.

To ensure a positive experience with the program parents are expected to read and understand this manual and all its policies.

USA SWIMMING

Scorpion Swim Club is a year-round United States Swimming Program. USA Swimming is the governing body for competitive swimming in the United States, and is responsible for the development of information, and establishment of rules for competition. Coaches and swimmers are required to be members of USA Swimming. Scorpion Swim Club (SION) belongs to the "New England LSC". The New England LSC covers Massachusetts, Rhode Island, New Hampshire, and Vermont.

COACHES

Coaches Alex and Tatiana Snegour are members of the American Swimming Coaches Association, they have access to the most comprehensive training and certification program for youth coaches in the United States.

Prior and during receiving their high education from the Moscow Institute of Physical Culture and Sport, both were members of the National Team for swimming and artistic(synchronized) swimming and masters of the sport of international level.

As coaches they have developed National and Olympic level swimmers in both sports in Russia and USA.

Alex has also a PhD in the Sports Psychology. Together, they provide assurances that the time children spend in the pool will be a quality and fun time.

REGISTRATION INFORMATION

When registering for the new year, please chose the right swimming group. Your communications and tuition will depend on it. Following groups are offered –

12 under AG-Team 1 is once/week practice, Team 2 is twice/week practice, Team 3 is 3xweek practice,

13 over AG-Team 1 is once/week practice, Team 2 is twice/week practice, Team 3 is 3xweek practice, Team 4 is 4xweek practice.

AGREEMENTS

It is the responsibility of the parent or guardian of each child to process and understand all appropriate registration forms and agreements. Acceptance into the program is not complete until all required documents are complete.

BIRTH CERTIFICATES

New England Swimming requires a proof of age for all swimmers that compete in swim meets. All new swimmers must send a copy of a legal document providing their proof of age (birth certificate, passport) to Tatiana Snegour at tsnegour@gmail.com. This document will be forwarded and kept on file at the New England Swimming office.

CLUB TUITION

The club tuition is set monthly and broken down by training groups. The club tuition fees can be found on the electronic registration and website. The club tuition will be pro-rated for swimmers joining SION after the start of the month. There will not be a prorated fee for swimmers who miss scheduled practices throughout the month. If you want to withdraw your child from the program you must email coach Tatiana at tsnegour@gmail.com by the 20th of the month prior to the month you want to withdraw to avoid next month invoice. The club tuition will be automatically prorated to account for official Westford school vacations.

FORMS OF PAYMENT

SION expects all tuition payments to be made online with a credit card (automatic payment is preferred). Your credit card will be charged on the 1st of the month from October - June. SION also accepts cash and/or checks (made out to Alexander or Tatiana Snegour) no later than the 20th of the prior month to avoid late fees.

INSURANCE

It is required of all SION members to have a current USA Swimming membership. The membership not only supports swimming throughout the country, but also provides accidental and medical insurance for each swimmer. Each swimmer is covered at any organized SION practice and every competition sanctioned by USA swimming. There are two types of USA Swimming membership: Regular membership - \$87.00 per year with unlimited meets and FLEX membership - \$20 with only two (2) meets per year allowed. You can upgrade your FLEX membership to a Regular membership by paying the difference. This fee is not included as part of your registration fee, it will be charged to your account and sent to USA Swimming.

MANDATORY CLOTHING

Swimmers using caps during practices required to wear a plain or Scorpion caps, no caps with other team's logo allowed.

Swimmers participating in meets are required to have Scorpion T-shirt, Scorpion bathing suit and Scorpion cap (if using). T-shirts and Bathing suits can be ordered from the Team Store at SwimOutlet <https://www.swimoutlet.com/scorpionswimclub/> Caps may be purchased from Coaches.

ADDITIONAL FEES:

Late Fee: Late fee of \$10 will be added to your invoice if the monthly fee is not paid on the 1st of the month. Any payment denied when processed or returned will result in a \$30.00 late fee charged to your family account. It is the responsibility of the parent/guardian to make sure their credit card is current and up to date on file.

MEET FEES

The host club will charge SION participation fee \$5.00 per event plus surcharge fee used for pool rent, officials pay, etc.

VOLUNTEERING AT MEETS

At large competitions, SION will need to provide timers, so ALL parents are expected to help when their child is participating. If you have a conflict during your child's session, you are responsible to find a substitute.

USA SWIM MEETS

SION competes in regularly scheduled USA meets sanctioned by United States Swimming during the Short Course and Long Course season. Swimmers are encouraged to compete when ready. Check with the coaches to see which meets are appropriate for your child. Meets will be posted on the swim meet page of our website, where you can declare your child's attendance to the meet by the **specified deadline**. If entered, parents are responsible for all entry costs, regardless of participation. Coaches will pick all events for swimmers.

COMMUNICATION

Scorpion Swim Club uses email and team website for team communication. The team web site is www.teamunify.com/nescorpion and is the main source of information between the coaches, parents, and swimmers. Practice schedules, swim meet information and important notices are posted on the web site. It is the parent's responsibility to stay up to date with current information. Coaches e-mail addresses can be found on the web site. The email you provided on your club registration will be used as your primary contact. The cell phone you provided will be used for text and emergencies only. Please provide contact information that you will be informed with quickly. Parents/Guardians are responsible to keep these contacts accurate. We also use Facebook for important announcements and general information. SION adheres to all USA Swimming and Safe Sport Electronic policies.

USE OF CAMERAS

Under no circumstances will cameras be allowed in locker rooms. If your cell phone has a camera device, it may never be used in a locker room. Taking photos in a locker room is strictly prohibited. Photos will be confiscated or deleted. No photos containing nudity or inappropriate expressions will be sent, forwarded or posted by any SION member. USA Swimming policies on camera use will be enforced at all practices and swim meets.

PICTURE POLICY

SION parents allow SION to post pictures of swimmers in appropriate action positions to promote the club. This includes on podiums, action shots in the water and group photos. USA Swimming policies on picture use will be enforced at all practices and swim meets.

VIDEO POLICY

Parents are never allowed on deck to video tape their swimmers at practices, due to privacy and insurance issues with USA Swimming. Parents are allowed to video tape their swimmer at swim meets from specific locations and with the approval of the meet director. USA Swimming policies on video use will be enforced at all practices and swim meets.

USE OF CELL PHONES

At Practice: No cell phones will be allowed out of swim bags during practice without coach's permission to make or accept a call. They are not allowed to be used for music, social media, etc. during practice/dryland anytime. At Meets: Using cell phones to play games or be on social media will not be allowed at swim meets. All devices containing music should be used only with headphones or ear buds/headphones. USA Swimming policies on cell phone use will be enforced at all practices and swim meets.

TRAINING SCHEDULE

The Master Calendar and Workout schedules are provided in advance online. The PRACTICE SCHEDULE indicates pool location and overall scheduled workouts. The MASTER CALENDAR indicates cancellations, changes, special events or specific events. Holiday/vacation schedules will be emailed and posted on the Master calendar. SION follows the school vacations for Westford and Watertown.

COVID-19

All parents or guardians understand SION is following all safety protocols required. However, exposure to any virus can happen. SION and its employees do not assume any responsibility to exposure and/or sickness. Parents/Guardians must sign the COVID-19 waiver for their child to begin in the program. Any practice or swim meet sessions missed due to sickness is not the responsibility of SION and no refunds or credits will be given due to sickness, contact tracing or pool closures. We will continue to host practices, as long as it is safe to do so, and our pool remains open. If you choose to discontinue practices or meets due to COVID-19 concerns, we will understand, however there will be no refunds, if the program continues to remain open.

PARENTS/GUARDIANS

It is your ultimate responsibility to understand the policies and procedures of SION. By doing so, you will help to ensure your child has a positive, productive experience in the program. In agreeing to this document, you agree to comprehend, adhere to and uphold all SION policies, procedures, rules and regulations.