



Hello Everyone,

Below are the rules that need to be followed to allow the most children possible to practice in a safe and healthy environment. To get back into the pool safely, we need a commitment from everyone- Parents, Coaches and Swimmers! Please note some of these changes are new policies for NSSC, but we feel they are necessary:

1- Swimmers must be registered by using the signup genie for each specific day from July 7- August 13, 2020.

2- Each practice space is first come first serve based on maximum number of swimmers allowed. If attendance numbers change based on which phase we are in, attendance will be granted to those who signed up first, up to the allowed number.

3- No deletions to your sign up will be allowed from 24 hours before a practice. Additions to open spaces will be accepted up to 1 hour of the practice.

4- If you sign up but do not attend a practice, your child will be removed from two full weeks of practice. If you waste a space that another swimmer could have used- it will not be tolerated.

5- Anyone feeling ill (parent/swimmer/sibling/coach) or having a fever is not allowed to attend, practices for two weeks and must speak with Coach Tony prior to returning. Contact tracing will be mandatory.

6- Swimmers must have a Covid-19 indemnification and release on file before their first practice.

7- Swimmers must maintain social distance and wear masks when not in the pool. (That includes from the car, on deck, back to the car).

8- Swimmers must sign in at the door before every practice follow designated protocols of Medford HS.

9- Swimmers will show up wearing masks in their bathing suits and leave in their bathing suits. Locker rooms and bathrooms will be closed. Have towels and warm clothes packed. **NO DECK CHANGING WILL BE TOLERATED!** It is a MAAP/ Safe sport violation.

10- Tardiness and leaving early will not be accepted for any reason. You commit to the full practice. Arrive on time and stay till the end.

11- Parents- Drop off and pick up must be 10 minutes prior / 10 minutes post practice. **NO ONE** will be allowed to loiter before or after practice.

12- Parents can drop off swimmers at the pool but will not be allowed to remain in the building. You must return to your car or stay outside.

13- Accounts will be charged for the minimum Swim-A-Thon contribution for everyone.

14- Full year swimmers who do not take advantage of the practices offered understand, it is their choice. There will be no refunds or credits for full year tuition.

15- Session swimmers who take advantage of the practices offered will use any tuition credit they have or be charged the difference for session 6.

16- Flexibility: All processes and procedures will be based on best health practices, guidance from the facility and health departments. We need everyone to work together and take responsibility to read and comprehend all information current and future.

If you have any questions, please email Coach Tony Padvaiskas [Tonypad@aol.com](mailto:Tonypad@aol.com).