

WELCOME COACHES, OFFICIALS, AND ATHLETES
To Saint John Prep
October 19-20, 2019 Halloween Specialty Meet
hosted by North Shore Swim Club

SESSION BREAKDOWN: Refer to “Updated Event List & Start Times” for all adjustments to the meet.

SAINT JOHN PREP: Important Guidelines.....

- * Plenty of parking in lower lots
- * Entrance through main doors of Wellness center. Doors will open at 10:15 AM
- * Admission will be in foyer when entering the building.
- * No folding chairs will be allowed to be set up.
- * No parents/ spectators are allowed in the Wellness center fitness room, meeting rooms, or gymnasium.
- * No parents/spectators will be allowed on pool deck without USA registration. Timers, coaches and officials only.
- * No food will be allowed on the pool deck.
- * All swimmers must take showers before entering the pool.

WARM UP ASSIGNMENTS: Check posted Warm Up Schedule and please direct all your swimmers and parents to this meet specific page:

<https://www.teamunify.com/EventShow.jsp?id=1082504&eeeeee=nesnssc&team=nesnssc>

COACHES & OFFICIALS - will use their US Swimming card as credentials to gain access to the pool. No coach or official will be allowed on the pool deck with out proper USA Swimming Credentials.

MEET PROGRAMS- will be posted electronically on the meet dedicated page with the link listed above prior to the start of each session and are at No Cost. Admission for all sessions will be \$4.00 per person.

ONLINE POSTING & RESULTS- on the website northshoreswimclub.com will be posted Meet Mobile and Live Results. No results will be posted in the facility, please direct all your swimmers and families to this site for all the meet information.

TIMERS- Anyone that would like to assist in timing is asked to see the head timer on deck by the timing table 15 minutes before session start time. Any help would be greatly appreciated.

OFFICIALS- anyone interested in officiating will need to contact the meet referee on deck at the start end of the pool. Referee for this meet is Dave Travers, DKTRIVERS@COMCAST.NET, 413-320-7953.

PRE MEET SCRATCHES- if you have anyone that will not be attending the meet, please e-mail Dan Warner at NSSC1@aol.com with those scratches prior to 9:00 PM Friday, October 18, 2019.

SCRATCH PROCEDURES- Scratch sheets can be picked up at the pool office on deck and must be returned no later than 10 minutes after the start of warm-ups.

HEAT SHEETS- will be posted at both ends of the course and coaches will be supplied with seeded heat sheets at the timing table. Coaches can pick up heat sheets in the control office before the start of each session.

COACHES HOSPITALITY- there will be no food allowed on deck. NSSC will provide timers, officials and coaches with hospitality area throughout the meet. Coaches are ultimately responsible for their swimmers seating area. Coaches will be held accountable for any trash around their seating area.

FACILITY DAMAGE- Facility damage will be charged back to the responsible team.

DIRECTIONS- Here is the link to the Parking and entrance for the pool.

- Saturday parking is available in all parking lots.
- Sunday parking is only in lots designated on parking map.

Link: <https://www.teamunify.com/nescssc/UserFiles/Image/QuickUpload/campus-map-master-parking-nssc-1-077193.pdf>

Incorrect parked cars will be towed / please follow parking map available lot locations.

QUESTIONS- please direct all meet questions to Dan Warner at 978-852-3985 or nssc1@aol.com.