**North Shore Swim Club at MIT**

**Saturday January 4, 2020
13 and Over Session**

**Warm up: 7:30 AM, Start 8:15 AM**

|  |  |  |
| --- | --- | --- |
| Female Event | Event | Male Event |
| 1 | 13 & Over 200 MIXED Freestyle Relay | 2 |
| 3 | 13 and over 100 free | 4 |
| 5 | 13 and over 200 backstroke | 6 |
| 7 | 13 and over 100 breaststroke | 8 |
| 9 | 13 and over 200 butterfly | 10 |
| 11 | 13 and over 500 free | 12 |

**Saturday January 4, 2020
12 and Under Session**

**Warm up: 2:30 PM, Start 3:15 PM**

|  |  |  |
| --- | --- | --- |
| Female Event | Event | Male Event |
| 13 | 12 and under 200 Mixed Freestyle relay | 14 |
| 15 | 12 and under 50 freestyle | 16 |
| 17 | 9-12 100 backstroke | 18 |
| 19 | 12 and under 50 breaststroke | 20 |
| 21 | 9-12 100 butterfly | 22 |
| 23 | 12 and under 200 Freestyle | 24 |
| 25 | 9-12 200 Butterfly | 26 |
| 27 | 9-12 200 IM | 28 |

**Sunday January 5, 2020
13 and Over Session**

**Warm up: 7:30 AM, Start 8:15 AM**

|  |  |  |
| --- | --- | --- |
| Female Event | Event | Male Event |
| 29 | 13 & Over 200 Mixed Medley Relay | 30 |
| 31 | 13 and over 200 freestyle | 32 |
| 33 | 13 and over 100 backstroke | 34 |
| 35 | 13 and over 200 breaststroke | 36 |
| 37 | 13 and over 100 butterfly | 38 |
| 39 | 13 and over 50 Freestyle | 40 |
| 41 | 13 and over 200 IM | 42 |
| 43 | 13 and over 400 IM  | 44 |

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**Sunday January 5, 2020.
12 and under Session**

**Warm up: 2:30 PM, Start 3:15 PM.**

|  |  |  |
| --- | --- | --- |
| Female Event | Event | Male Event |
| 45 | 12 & Under 200 Mixed Medley Relay | 46 |
| 47 | 12 and under100 freestyle | 48 |
| 49 | 12 and under50 backstroke | 50 |
| 51 | 9-12100 breaststroke | 52 |
| 53 | 12 and under 50 butterfly | 54 |
| 55 | 12 and under100 IM | 56 |
| 57 | 9-12 200 backstroke | 58 |
| 59 | 9-12200 breaststroke | 60 |

**North Shore Swim Club**

# Team Specialty Meet

MIT Competition Pool at the Zesiger Center, Cambridge MA 02139

January 5-6, 2019

**CONTACT INFORMATION (all fields required**)

Team Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Abbreviation: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Deck Coach: Phone: Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Entries Contact: Phone: Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Unattached Swimmers: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## ENTRY FEES (non-electronic add .50 per entry)

\_\_\_\_ Individual Entries (200 & Shorter) @ $5.00 = $ \_\_\_\_\_\_\_

\_\_\_\_ Distance Events (400 & longer) @ $10.00 = $ \_\_\_\_\_\_\_

 \_\_\_\_ Relays @ $20.00 = $ \_\_\_\_\_\_\_

\_\_\_\_ Swimmer Participation Fee (# of athletes) @ $10.00 = $ \_\_\_\_\_\_\_

\_\_\_\_ NE Swimmer Travel Fee (# of athletes) @ $1.00 = $ \_\_\_\_\_\_\_

Total: $ \_\_\_\_\_\_\_

Make check payable to: North Shore Swim Club

Mail entries and check to: Entry Deadline: December 22, 2018

NSSC *For e-mailed entries, this form and payment*

c/o Dan Warner, Entry Chairperson *must be received by December 26, 2018*

19 Fenley Road

Gloucester MA 01930

978-852-3985
 LIABILITY RELEASE

Any swimmer whose entry is accepted will, for him/herself, executors and administrators waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, North Shore Swim Club and MIT for any and all injuries suffered by him/her at said meet. **In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined $100 for each swimmer in the entry that is not registered with USA Swimming.**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_

Signature of Authorized Team Official Date