



# Fall Session 2021

Fish out of water...is no longer the case! Starting September 29<sup>th</sup>, the Liverpool Jets athletes and coaches will be back poolside on a regular basis. We are thrilled to be back home in the newly renovated LHS POOL! As always, athlete and coach safety is our first priority. The COVID Safety Plans will continue to reflect the guidance of the health department and the requirements of the facilities that we use. Training sessions will focus on rebuilding technique while bringing in the training component that will allow us to develop the endurance and sprinting abilities of our athletes in all four competitive strokes. Space is limited...but we will do our best to create opportunities for interested athletes. Questions – Contact Coach Zac 315-569-5387 or [zmekker@gmail.com](mailto:zmekker@gmail.com).



## 2021 FALL TRAINING OPTIONS



### SENIOR/JUNIOR – (SEPT 29-NOV 13)

\$280\* – 4-5 practices per week typically 1.5 to 2 hours in length

### AG2/AG1 – (SEPT 29- NOV 20):

\$260\* – 3-4 practices per week typically 1.5 hours in length

[CLICK HERE](#)

[FOR OUR OCTOBER SCHEDULE](#)

### AG GIRLS MODIFIED (OCT 23- NOV 20):

\$160 – 3-4 practices per week typically 1.5 hours in length, *(Girls in grades 7-8 swimming scholastically)*

### DEVELOPMENTAL (OCT 1- NOV 20):

\$125 – typically 2 practices per week (Friday and either a Monday OR a Tuesday)

\*Payment Plans are available for some of our training options. Half due with registration and half billed on Nov 1<sup>st</sup>. A \$20 payment plan fee will be applied. [Outreach programs are also available](#). See our website for details.

## REGISTRATION PROCESS

**ALL REGISTRATIONS WILL NOW TAKE PLACE ONLINE.**

**HEAD TO THE JETS WEBSITE AND SELECT THE  
“SWIM TEAM REGISTRATION” BUTTON.**



**REGISTRATION WINDOWS:** Returning ~ Opens Sept 23<sup>rd</sup>, NEW Swimmers: September 26<sup>th</sup>

**PAYMENTS WILL BE PROCESSED WITH A CREDIT CARD.**

**USA REGISTRATION:** All athletes must be registered with USA Swimming for 2021. NEW Athletes will begin with a FLEX Membership (\$20) and will automatically advance to a Premium Membership (additional \$64) upon their participation in their third competition. Athletes 19 and Over must carry a Premium Membership (\$84). These costs will be billed to accounts *after* the registration is complete.

Once Capacity Limits have been hit for a training group, athletes will be added to waiting lists. In this case, money will not be collected until an athlete has been provided a spot on a roster.