



Winter Session 2022

Fish out of water...is no longer the case! The Liverpool Jets athletes and coaches will be back poolside on a regular basis. We are thrilled to be back home in the newly renovated LHS POOL! As always, athlete and coach safety is our first priority. The COVID Safety Plans will continue to reflect the guidance of the health department and the requirements of the facilities that we use. Training sessions will focus on rebuilding technique while bringing in the training component that will allow us to develop the endurance and abilities of our athletes in all four competitive strokes. Space is limited...but we will do our best to create opportunities for interested athletes. Questions – Contact Coach Zac 315-569-5387 or zmekker@gmail.com.



2022 WINTER TRAINING OPTIONS



SENIOR/JUNIOR – (NOV 29-APR 1)

\$640*(Payment Plan 4 x \$170) – 4-5 practices per week typically 1.5 to 2 hours in length

AG2/AG1 – (NOV 29– APR 1):

\$515*(Payment Plan 4 x \$139) – 3-4 practices per week typically 1.5 hours in length

AG BOYS MODIFIED (NOV 29-DEC 31, MAR 1-APRIL 1):

\$220 – 3-4 practices per week typically 1.5 hours in length, *(Boys in grades 7-8 swimming scholastically)*

BOYS HIGH SCHOOL (FEB 21-APRIL 1):

\$155 – Season begins after the conclusion of HS Season in Feb *(Boys in grades 9-12 swimming scholastically)*

DEVELOPMENTAL (FEB 7-APRIL 1):

\$155 – typically 2 practices per week (Friday and either a Monday OR a Tuesday)

*Payment Plans are available for these training options. Credit Cards will be billed at registration, Jan 1, Feb 1, and March 1. [Outreach programs are also available](#) for families in need of financial assistance. See our website for details.

REGISTRATION PROCESS

ALL REGISTRATIONS WILL NOW TAKE PLACE ONLINE.

**HEAD TO THE JETS WEBSITE AND SELECT THE
“SWIM TEAM REGISTRATION” BUTTON.**



REGISTRATION WINDOWS: Returning ~ Opens Nov 4th, NEW Swimmers: November 14th

USA REGISTRATION: All athletes must be registered with USA Swimming for 2022. NEW Athletes will be registered AFTER they complete a 2-day trial. The cost of a Premium Membership (\$86) will be automatically billed to JETS Accounts *after* the registration is complete.

Once Capacity Limits have been hit for a training group, athletes will be added to waiting lists. In this case, money will not be collected until an athlete has been provided a spot on a roster.