**NIAGARA LSC SWIMMING ZONE TEAM CODE OF CONDUCT**

As an authorized representative of Niagara LSC Swimming and USA Swimming, I will comply with the Niagara LSC Zone Team Policy and Procedure Manual along with the following guidelines.

1. The possession or use of alcohol, tobacco products or controlled substances by any Niagara Zone Team Member is prohibited.  
  
2. Curfews established by the Coaches and Chaperones will be strictly adhered to each day.

3. Team members and staff will attend all team functions including meetings, warm-ups, practices, competitions, meals, etc., unless otherwise excused or instructed by the Head Coach or General Manager.

4. All representatives of Niagara LSC Swimming will treat each other with respect. All Niagara LSC Team Members will be respectful toward athletes from all other LSC’s, officials, coaches and host site meet personnel. No athlete will disregard a request from a staff member.

5. All Niagara LSC Swimming Zone Team members will wear Niagara Zone apparel to, from and throughout the Zone meet.

6. There will be no male athletes in female athletes’ rooms, and no female athletes in male athletes’ rooms. This pertains to our own team or other teams.

7. Team members and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of Niagara LSC Swimming or USA Swimming or be detrimental to its performance objectives.

8. Team members will display proper respect and sportsmanship toward coaches, officials, administrators, fellow competitors and the public.

9. Any additional guidelines for the team will be established as needed by the Head Coach or General Manager.

**IMPLEMENTATION**

Your signature on this document constitutes unconditional agreement to comply with the Niagara LSC Swimming Code of Conduct. Failure to comply with the Code of Conduct as set forth in this document will result in disciplinary action. Such discipline can include, but not be limited to, one or more of the following:

 Disqualification from one or more events, or all events of competition;

 Dismissal from the team and immediate return home (at the parent’s/guardian’s expense);

 Disqualification from future Niagara LSC Swimming Zone Teams

 Disqualification from future Niagara LSC Swimming travel and reimbursement programs

All of the undersigned have read and understand the terms of this agreement.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
**Athlete Name (printed)**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
**Athlete Signature** **Parent /Guardian Signature**

**Please Mail Completed Form to:**

Niagara Zone Team c/o Christine Regelsberger, 20 Bright Oaks Circle, Rochester, NY 14624