Sponsored Athlete Travel Estimate and Timeline (as of 7-28-15)

* **Bring book to read**
* **Bring G/PG Movie to Share**
* **Bring Healthy Snack (we will have snacks/water)**
* **Wi fi and Plugs available for charging**

Tuesday, August 4th, 2015

Pick Up #1: Park and Ride, Exit 49, Depew near I-90. 3:45am gather; 4:00am leave

Pick Up #2: East View Mall, parking lot by P.F. Chang’s, Victor, NY. 5:00am gather; 5:15a leave

Pick Up #3: Destiny USA, Macy’s Parking Lot, Syracuse, NY. 6:15am gather; 6:30am leave Pick Up

Pick up #4: Binghamton: Love’s Travel Stop, 2 Industrial Park Dr. NY 7:15 gather; 7:30am depart

**Lunch will be on the bus**

Arrive @ The Collegiate School Aquatics Center (5050 Ridgedale Parkway, Richmond , VA 23234).

Team Picture: 3:45 Wear blue shirt/shorts (handed out on bus/pool)

Team Warm up: 4:00pm-5:00pm

Dinner at Rosa’s (Hopewell, Virginia): 6:00pm

Check in to Hotel: 8:00 pm

Lights out: 10pm

Saturday, August 8 to Sunday, August 9, 2015

Leave Pool directly following Finals, est 8:00pm

Dinner on the road Drop Off Locations same as pick up points

Drop off #1 Binghamton; est 4:30am

Drop off #2 Destiny USA, Macy’s Parking Lot, Syracuse, NY. Est 5:30am

Drop off #3 East View Mall, parking lot by P.F. Chang’s, Victor, NY. 6:45am

Drop off #4 Park and Ride, Exit 49, Depew near I-90. 8:00am