**Tuesday:**

6:30 AM – Buffalo group gather (Exit 49 Park & Ride)

6:45 AM – Buffalo group leave

7:45 AM – Rochester group gather (PF Changs @ Eastview Mall)

8:00 AM – Rochester group leave

9:00 AM – Syracuse group gather (Macy’s Parking Lot @ Destiny USA)

9:15 AM – Syracuse group leave

2:15 PM – Arrival at Courtyard Marriott (1800 Privado Road)

3:15 PM – All sponsored athletes leave for pool

4:00 PM – 5:00 PM – Team warm up @ Nassau County

6:00 PM – Sponsored athlete dinner @ Courtyard Marriott

**Wednesday:**

6:15 AM – Bus leaves with 13& over athletes for prelims (WU 6:45-7:25 AM)

11:15 AM – Lunch @ Nassau County Pool

11:00 AM – Bus leaves with 12&under athletes for prelims (WU 11:45-12:20 AM)

\*\* When all 13&over athletes done, bus goes back to hotel \*\*

4:00 PM – Bus leaves for pool with all athletes

8:30 PM – Return to hotel for dinner

**Thursday:**

7:00 AM – Bus leaves with 13& over athletes for prelims (WU 7:25-8:10 AM)

11:15 AM – Lunch @ Nassau County Pool

11:15 AM – Bus leaves with 12&under athletes for prelims (WU 11:55-12:20 PM)

\*\* When all 13&over athletes done, bus goes back to hotel \*\*

4:00 PM – Bus leaves for pool with all athletes

8:45 PM – Return to hotel for dinner

**Friday:**

6:15 AM – Bus leaves with 13& over athletes for prelims (WU 6:45-7:25AM)

11:15 AM – Bus leaves with 12&under athletes for prelims (WU 11:30-11:55 AM)

11:15 AM – Lunch @ Nassau County Pool

\*\* When all 13&over athletes done, bus goes back to hotel \*\*

4:00 PM – Bus leaves for pool with all athletes

8:30 PM – Return to hotel for dinner

**Saturday:**

7:00 AM – Bus leaves with 13& over athletes for prelims (WU 7:25-8:10 AM)

10:00 AM – Bus picks up athletes and return to hotel

11:15 AM – Lunch @ hotel

11:55 PM – Bus leaves with 12&under athletes for prelims (WU 12:25-12:50 AM) 13&over remaining athletes return with bus to hotel

\*\* When all 13&over athletes done, bus goes back to hotel \*\*

4:00 PM – Bus leaves for pool with all athletes

7:45 PM – Dinner @ Nassau County Pool

9:00 PM – Bus departs for home

**Sunday:**

1:15 AM – Estimated arrival @ Destiny USA (Macy’s Parking Lot)

2:15 AM – Estimated arrival @ Eastview Mall (P.F. Changs)

3:15 AM – Estimated arrival @ I-90 Depew (Exit 49)