

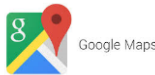


# WEBSTER SWIM ASSOCIATION

## 2021 BlueFins Fall Splash

Saturday, November 13, 2021

Held under the sanction of USA Swimming, Niagara Swimming, Sanction #NI-2122-026

<b>Meet Name:</b>	<b>2021 BlueFins Fall Splash - Updated</b>	
<b>Location:</b>	Webster Aquatic Center 875 Ridge Road Webster, NY 14580 	
<b>Times:</b>	Warm-Up: 11:00 AM    Start: 12:00 PM	
<b>Facilities:</b>	<ul style="list-style-type: none"> <li>• 50-meter pool will be set up as 6-10 lane, 25-yard pool with non-turbulent lane dividers and electronic timing.</li> <li>• Water depth: From start end, pool depth ranges from 6'8" to 7'6" at 1 meter and 6'8" to 7'6" at 5 meters. From turn end, pool depth ranges from 6'8" to 7'6" at 1 meter and 6'8" to 7'6" at 5 meters.</li> <li>• The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.</li> <li>• Lane(s) will be available for continuous warm-up and cool down.</li> <li>• Swimmers will sit with their teams on the pool deck.</li> </ul>	
<b>Meet Personnel:</b>	<u>Meet Directors</u> Randy Naccarella & Tammy Eggert <a href="mailto:meetdirector@wsabluefins.com">meetdirector@wsabluefins.com</a> 585-750-7505 Randy	<u>Meet Referee</u> Anita Pelletier anita@rochester.rr.com
		<u>Entries</u> Linh La <a href="mailto:adminofficial@wsabluefins.com">adminofficial@wsabluefins.com</a>
<b>Officials:</b>	Officials are encouraged to help, and it is greatly appreciated. Please contact the BlueFins official's coordinator at <a href="mailto:officials@wsabluefins.com">officials@wsabluefins.com</a> .	
<b>Entry Rules:</b>	<ol style="list-style-type: none"> <li>1. Swimmers may enter and swim no more than 4 individual events.</li> <li>2. Age on the first day of the meet determines eligibility.</li> <li>3. All entrants must be registered members of USA Swimming. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.</li> <li>4. Entries must be submitted via the Hy-Tek Event File provided by the meet host and emailed to the meet entries representative. Those who do not have the preferred method please contact the meet director for instruction.</li> <li>5. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>6. <b><i>Due to 4-hour meet constraints imposed by United States Swimming (205.3.1 F), the host has the right to restrict/modify entries in order to remain in compliance based on the scheduled timeline once entries are received.</i></b></li> <li>7. Deck access is restricted to USA Swimming athletes, coaches, officials and meet volunteers. All non-athlete members must have proof of registration or a credential while on deck and present them upon meet management request. Deck Pass is acceptable proof of USA Swimming membership.</li> </ol>	
<b>Entry Fee:</b>	Deck Fee:	\$5.00 per swimmer
	Individual Entry:	\$5.00 Per Event



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<p><b>Entry Deadline:</b></p>	<p><b>Entries due by 10 PM: Monday, November 8, 2021</b></p> <p>Email entries to: <a href="mailto:adminofficial@wsabluefins.com">adminofficial@wsabluefins.com</a></p>	<p>Mail team checks (payable to <b>Webster Swim Association</b>) and signed entry summary and waiver to the following address or bring to the meet.</p> <p>Webster Swim Association Tammy Eggert, Treasurer P.O. Box 262 Webster, NY 14580</p>
<p><b>Conduct / Other:</b></p> <p><b>Notice:</b></p>	<ul style="list-style-type: none"> <li>● Adult supervision <b>MUST</b> be provided. Violations will cause swimmer expulsion from the meet.</li> <li>● Coaches are responsible for the conduct of their swimmers in all areas throughout the duration of the meet. <b>NO RUNNING</b>, eating, rough play, loud radios, or flying objects will be permitted on the pool deck or in the pool facility. Vandalism, theft, or dangerous behavior will be cause for expulsion from the meet. Cooperation with the request of a Meet Marshal is expected.</li> <li>● All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</li> <li>● Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</li> <li>● Deck changes are prohibited.</li> <li>● Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> <li>● It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</li> <li>● An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.</li> <li>● USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</li> <li>● <b>BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, Niagara Swimming, Webster Swim Association AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.</b></li> <li>● In applying for this sanction, the Host, Webster Swim Association (WEBS) agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Niagara Swimming (LSC), the State of New York and the Town of Webster.</li> </ul>	



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### COVID-19 Guidelines

- All Guests agree to ensure their own team(s) comply with all health and safety mandates and guidelines of USA Swimming, Niagara Swimming (LSC), the State of New York and the Town of Webster.

#### General

- We are fortunate to be permitted to use the facilities at the Webster Aquatic Center. Proper conduct on the part of all swimmers and spectators is expected at all times. The meet area is restricted to the pool and adjoining locker rooms, the adjacent hallway and balcony area. Any swimmer found in an area designated out-of-bounds will be barred from participating in the remainder of the meet.
- All individuals are expected to remain socially distant to the extent possible prior to, while in, and when exiting the facility.
- Only Meet personnel, volunteers, coaches and swimmers registered in the meet will be allowed on deck.
- All individuals entering the facility are expected to be masked prior to entry and wear the mask properly covering the nose and mouth. **No gaiter face coverings are permitted within the WAC.**
- **Spectators are allowed. No limitations on numbers other than a town fire code. Masks are required.**
- Swimmers are expected to arrive in their suits. Swimmers may change before they exit the facility within designated locker rooms.
- Locker rooms will be available for restroom purposes and changing out of swim attire at the end of the individual involvement of the meet. Monitors will be stationed at each locker room entrance to ensure limited individuals are inside at any given time.
- All meet personnel, volunteers, officials, coaches and **spectators** are required to wear a properly worn mask at all times while in the facility. The only exception to this is when the meet referee needs to blow the whistle.
- Swimmers are required to wear a mask at all times except when in the water.
- Swimmers are expected to put their mask back on immediately after exiting the water before moving around on deck.
- All personnel in the facility are expected to bring their own water bottle. Use of the water fountains is restricted to refilling bottles only.
- All swimmers must bring their own clear plastic bag with the athlete's name and team on it to secure and identify their mask when they are in the water.
- Entrance onto and from the pool deck will be through the blue doors to the right of the front desk. Once the meet starts these will go back to emergency use only.

#### Team seating:

- Each team will have ample room for their swimmers and coaches to place their bags and sit.
- Swimmers are expected to remain in their area except when racing, preparing to or completing a race or when needing to use the rest room.

#### Pre-meet warm-up:

- Each team may be assigned warm-up lanes. In the event of more teams than lane space, teams will be assigned warm-up lanes and timeslots.
- Swimmers are expected to minimize their time on the wall while warming up.
- Coaches are expected to oversee and monitor warm-ups to ensure proper distancing is maintained.



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### **In-meet warm-up/warm-down:**

- All swimmers asked to minimize their time on the wall during these times.

### **Swimmer Competition:**

- A maximum of 3 heats will stage behind the blocks in each lane in designated locations.
- Swimmers are to stay in designated locations behind each lane and move forward once the heat before them moves.
- Swimmers in the completed heat will exit the water, put their masks on and leave the area before the next heat is called to the blocks.
- Swimmers should keep their mask on until their heat is called to the blocks, at which time they should place their masks in their bag and place it in the crate next to their lane.
- Timers are to step back from the edge of the pool once they have recorded the finish to allow the swimmer space to exit the water and place their mask on.
- If there are 25-yard events, volunteers will move crates to other end of pool where swimmers will retrieve their personal items. Volunteers will then move the empty crates back to the other end of the pool before the next heat/event is to start.

### **Meet personnel, volunteer, official, spectator and coach Facility Use.**

- Restrooms in the lobby are available for use as well as the balcony restrooms.
- Face coverings are to be properly worn at all times.

### Order Of events (mixed gender)

Event #	Description
1	9 & over 100 Freestyle
2	10 & under 25 Backstroke
3	12 & under 50 Backstroke
4	11 & over 100 Backstroke
5	10 & under 50 Freestyle
6	11 & over 200 Freestyle
7	10 & under 25 Butterfly
8	12 & under 50 Butterfly
9	11 & over 100 Butterfly
10	10 & under 25 Freestyle
11	11 & over 50 Freestyle
12	10 & under 25 Breaststroke
13	12 & under 50 Breaststroke
14	11 & over 100 Breaststroke
15	Open 100 Individual Medley



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### Niagara Swimming Inc.

#### Warm-up Procedures for all Sanctioned Meets in 8 Lane Pools

**Warm-up:** Niagara LSC warm-up procedures will be followed. General warm-up will commence 1 hour before the meet when marshals will be in position. Detailed warm-up procedures will be posted at the pool.

##### I. Pre-Meet warm-up period

- A. Control/Supervise - Key words for safe warm-ups.
- B. Marshals should be actively supervising the warm-ups to ensure that proper procedures are followed.

##### II. General warm-up period

- A. The first 15 minutes are for general warm-ups in all lanes.
- B. There shall be **NO DIVING** off the blocks or the edge of the pool at this time.
- C. Outside Lanes - Kicking only.
- D. Inside Lanes - Swimming and pulling only; no paddles.
- E. No sprinting or pace work.

##### III. Specific warm-up period

- A. Last 15 minutes of pre-meet warm-up period.
- B. In an eight-lane pool, each lane shall be scheduled as follows:
  - a. Lanes 1 & 8 push off one or two lengths & back, beginning at the starting end of the pool. Circle swimming only.
  - b. Lanes 2 & 7 racing start only. Swim one length only. All swimmers begin at the starting end of the pool.
  - c. Lanes 3, 4, 5, & 6, general warm-up only (as above). **NO DIVING**.

#### Important Points for Specific Warm-Up Period

1. No diving in lanes other than those designated for racing dives. The blocks should be marked to remind swimmers that they should not dive.
2. Start all swimmers in all lanes at the starting end of the pool.
3. Coaches should stand at the starting end of the pool when verbally starting swimmers on sprint or pace work.
4. Swimmers should be reminded by coaches that breaststrokers need more lead-time than freestylers or butterfly swimmers.
5. Backstrokers should be reminded of the danger of leaving simultaneously with someone on the block. No one should be allowed on the starting block until the backstroker has executed his/her start.
6. The announcer should announce lane changes and/or warm-up changes as per general and specific. The announcer can serve as the reminder of procedures.
7. Coaches should maintain as much contact with their swimmers as possible - verbal and visual - throughout the warm-up period.
8. The Coaches should understand that responsibility for supervision of their swimmers is the same at meets as when on deck at practice.
9. Marshals have the authority through the Meet Director over the warm-up. A swimmer and/or Coach may be removed from the deck for interfering with the Marshals.
10. When the number of participants for a meet session cannot be safely accommodated during the same warm-up period, warm up sessions should be split to provide a safe and adequate warm-up time for all.
11. The meet Referee shall have responsibility to establish and enforce rules for safe conduct within the competitive pool during the duration of the swimming competition.
12. The meet Safety Committee shall have responsibility for safety rules in all other areas during competition and shall assist the meet Referee in the competition pool if necessary.
13. The meet Safety Committee shall have any person deliberately violating safety rules removed from the meet facility.
14. There shall be at least one Marshal at each end of the pool to ensure the warm-up procedures will be followed.
15. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
16. Discretion and common sense must be used when establishing procedures. The above procedures may be modified by the meet Referee according to the needs of the meet.



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Webster Aquatic Center, 875 Ridge Road, Webster NY 14580

### Entry Summary and Waiver

Club Name:	_____	Club Code:	_____
Head Coach:	_____	Phone:	_____
		E-mail:	_____
Entry Coordinator:	_____	Phone:	_____
Address:	_____	E-mail:	_____
City, State, ZIP	_____		

Total number of individual entries	_____	x \$ 5.00 =	\$ _____
Total number of relay entries	N/A	x \$ 12.00 =	\$ N/A
Total number of swimmers	_____	x \$ 5.00 =	\$ _____
		<b>Total Due</b>	<b>\$ _____</b>

**Deadline: Monday, November 8, 2021 at 10 PM**

**Entry Forms:** Please email Hy-Tek computer entries to: [adminofficial@wsabluefins.com](mailto:adminofficial@wsabluefins.com)

Make checks payable to **Webster Swim Association. Team checks only please!**

**Bring or mail entry summary and waiver with payment to:**

Webster Swim Association  
 Treasurer  
 P.O. Box 262  
 Webster NY 14580

In consideration of the acceptance of this entry, we hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against Webster Swim Association, Meet Management personnel, USA Swimming, Niagara Swimming, Inc., and Webster Central School District for injuries and/or expenses incurred by us at this meet or during transit to and from the meet. We are bona-fide amateur athletes eligible to participate in all events entered. **YOUR SIGNATURE BELOW AFFIRMS ACCEPTANCE OF THESE CONDITIONS.**

\_\_\_\_\_  
Signature of Club Official, Parent, or Guardian

\_\_\_\_\_  
Date