



TOWN WRECKERS SWIM TEAM



2022 Summer Swim Practice Schedule

June 17th - August 5th, 2022

Practice times and locations are subject to change due to pool availability.
All changes to the below schedule will be posted on the TWST Calendar Tab on the twst.org website.

June 17th- June 25th practices are in the evenings & posted on the calendar.

College/Masters program June 27th – August 18th.

LEVEL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
COLLEGE/ MASTERS	6:00-7:30PM	6:00-7:30PM		6:00-7:30PM		
BLUE TEAM	9:30-10:45 AM		9:30-10:45 AM		9:00-10:00AM	
SILVER TEAM	8:45-10:15 AM	8:45-10:15 AM	8:45-10:15 AM	8:45-10:15 AM		
JUNIOR TEAM	8:45-10:45 AM 4:00-6:00 PM	8:45-10:45 AM 4:00-6:00 PM	8:45-10:45 AM 4:00-6:00 PM	8:45-10:45 AM 4:00-6:00 PM	8:15-10:00 AM	
SENIOR TEAM	7:00-9:00 AM 4:00-6:00 PM	7:00-9:00 AM 4:00-6:00 PM	7:00-9:00 AM 4:00-6:00 PM	7:00-9:00 AM 4:00-6:00 PM	7:00-9:00 AM	

Blue Team - M, W, F = 3.50 Hrs. /wk.

Silver Team – Swim = M, T, W, Th = 6 Hrs. /wk.

Junior Team – Swim = M-F = 9.75 Hrs. /wk.

5x Senior Team – Swim = M-F = 10 Hrs. /wk.

7x Senior Team – Swim = M-F = 14 Hrs. /wk.

College/Masters – Swim = M, T, TH = 4.5 Hrs./wk.