BUFFALO AREA AQUATIC CLUB

ATHLETE CODE OF CONDUCT

By signing this Code of Conduct, I agree to the following:

- I will respect and show courtesy to all teammates, coaches, parents, timers, officials and other swimmers at all times.
- I will demonstrate good sportsmanship at all practices and meets and will proudly represent BAAC.
- I will set a good example of behavior and work ethic for my teammates and will assist younger and less experienced swimmers.
- I will be respectful of my teammates' feelings and personal space and will never physically or verbally, tease**,** assault or abuse another person.
- I will attend team practices consistently and will meet any practice attendance requirements that apply to me.
- I will show respect for all facilities and other property (including locker rooms) used during practices, meets and team activities.
- I will conduct myself in an appropriate manner while in the locker room, on the pool deck, in the hallways and other public areas during all practices and meets.
- If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- I will obey all of USA Swimming's Rules, Policies, and Code of Conduct.
- I will not consume, use, purchase or possess alcohol, tobacco, or any illegal (non-prescribed) drug or substance of any kind nor will I associate with peers who do. I will always try to make the best choices for myself knowing that I will perform best in the pool when I take care of my body and mind.

I understand that if I violate this Code of Conduct, I will be subject to the following disciplinary action:

First Offense: Warning and parents notified

Second Offense: Sit out of practice for one set and parents notified

Third Offense or Three or More Second Offenses in a Two Week Time Frame: Swimmer removed from practice and parents notified

Coaches will be responsible for explaining to the swimmer why the disciplinary action has been instituted. Swimmers who repeatedly violate this Code of Conduct shall be required to attend a meeting

(with parent/guardian present) with the coaches and the Board of Directors to determine next steps in accordance with the Club Bylaws.

_____ _____

Swimmer's signature Date

_____ _____

Parent's signature Date