



***STAR Swimming Hosts:
Super “STAR” Series Meet #3
December 18, 2021
ECC Burt Flickinger Aquatic Center
21 Oak Street, Buffalo, NY 14203***

Held under the sanction of USA Swimming NI 2122-014

1. SOCIAL DISTANCING WILL BE REQUIRED BY ALL PARTICIPANTS AT ALL TIMES. FAILURE TO SOCIAL DISTANCE MAY RESULT IN THE REMOVAL FROM THE FACILITY. ATHLETES ARE REQUIRED TO WEAR FACE MASKS AT ALL TIMES, EXCEPT WHEN COMPETING OR WARMING DOWN. ALL SPECTATORS MUST ADHERE TO WEARING FACE MASKS AND SOCIAL DISTANCING GUIDELINES AT ALL TIMES.
2. INGRESS – ATHLETES WILL WALK THROUGH FRONT ENTRANCE AND WALK STRAIGHT THROUGH LOCKER ROOMS TO THE POOL DECK. COACHES, OFFICIALS, AND MEET PERSONNEL WILL ENTER THROUGH MAIN ENTRANCE AND WALK THROUGH THE TRAINING ROOM ONTO THE POOL DECK. SPECTATORS WILL ENTER VIA MAIN ENTRANCE AND HEAD DIRECTLY UPSTAIRS.
3. EGRESS – ATHLETES WILL WALK THROUGH LOCKER ROOMS AND EXIT VIA THE SIDE DOOR. COACHES, OFFICIALS, AND MEET PERSONNEL WILL WALK THROUGH TRAINING ROOM AND EXIT VIA THE SIDE DOOR. SPECTATORS WILL EXIT VIA THE FRONT ENTRANCE.
4. COACHES, OFFICIALS, TIMERS, AND MEET PERSONNEL ARE REQUIRED TO WEAR FACE MASKS AT ALL TIMES. EXTRA MASKS AND HAND SANITIZER WILL BE AVAILABLE

STATEMENT OF THE LOCAL PROTOCOLS AND REQUIREMENTS:

In applying for this sanctioned event, the Host, STAR Swimming, agrees to comply and to enforce all health and safety measures and guidelines of USA Swimming, Niagara LSC, the State of New York, and Erie County.

STAR Swimming, and Erie Community College have taken enhanced health and safety measures – for you, our other guests, and our athletes. You must follow all posted instructions while attending the meet hosted by STAR Swimming. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious

disease that can lead to severe illness and death. According to the Center for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending the competition, you voluntarily assume all risks related to exposure to COVID-19.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

FACILITY REQUIREMENTS:

1. Strict social distancing will be adhered to at all times.
2. Two timers per lane will be used with social distancing.
3. Pool deck will be limited to swimmers, coaches, officials and meet personal.
4. All Officials, Coaches and Meet Personal must wear masks.
5. Hand Sanitizing dispensers will be located at various locations inside the pool deck.
6. CDC signage will be displayed around the facility.
7. Ropes/Barriers to direct swimmer flow will be tape/ground markers.
8. Capacity limitations and designated areas will be enforced.
9. This meet will be pre-seeded. Deck entries may be allowed if there is room in empty lanes.
10. All athletes will have assigned warm-up and warm-down lanes based on team size at the discretion of the meet directors.
11. Athletes will use a staging area prior to their races to progress to the blocks.
12. Eight (8) lanes will be used for competition. Fly over starts will be used throughout the duration of prelims and during final if needed.
13. STAR Swimming has Safety Plans and Protocols in place and will follow along with the Erie Community College Burt Flickinger Center Safety Plan and Protocols.

SPECTATORS:

The meet will be accessible to all parents by a live stream provided by STAR Swimming using this YouTube link: <https://www.youtube.com/channel/UC0JtD68fNRG-6r3FneEdkng>. This link will also be posted on the STAR Website under the Meet Sheets tab. Spectators will be allowed for this event. Volunteer opportunities will be available first to parents of the host team. If all positions are not filled, visiting teams will be contacted to fill remaining volunteer positions. There will be **NO** food being offered during the meet. Families need to plan accordingly.

FACILITIES:

50 meter pool with continuous flow through gutters and Kiefer-McNeil lane dividers. Separate 25 yard, six lane pool for continuous warm-up and warm-down. Colorado Electronic Timing system with flat wall touch pads, horn starts, and scoreboard readouts. The competition course has not been certified in accordance with 104.2.2C(4). From the start end, the pool depth is 7 feet at 1 meter and 7 feet and 5 meters. From the turn end, the pool depth is 13 feet 6 inches at 1 meter and 13 feet 6 inches at 5 meters. Balcony seating is for 1200 spectators.

PARKING:

Parking is available at Mike's Parking at the corner of Elm & Swam Street and at the Adam's Parking Ramp at the corner of Washington and North Division Street. Mike's Parking has attendants supervising parking from ½ hour before the start of warm up through the last session of the day.

MEET DIRECTORS: Jeff Hewett & Phil Aronica

ENTRY COORDINATOR: Phil Aronica – email: starentries@gmail.com

MEET MARSHALL: Kevin Blake

MEET REFEREES: Leo Gibbons & Lynda Blake

TIMERS:

STAR Swimming will be providing timers throughout the duration of the meet. At the discretion of the meet directors, visiting teams may need to provide timers.

EVENTS:

The events will be swim in accordance with the accompanying schedule of events.

ENTRY RESTRICTIONS:

No athlete may enter in more than five (5) individual events.

No athlete will be permitted to compete unless the athlete is a member as provided in Article 302. No late entries will be accepted. The Entry Coordinator reserves the right to return entries in order to control the meet size. Deck entries are permitted at the discretion of the Meet Directors and Meet Referee. Deck entry fees will be \$5.00 per individual event.

Please email all entries to Phil Aronica at starentries@gmail.com. You will receive confirmation that your entries have either been entered or returned.

ENTRY FEES:

Individual Events: \$5.00

Athlete Surcharge: \$7.00

Please make checks payable in **U.S. DOLLARS** to STAR Swimming, INC.

Send Express Mail or FedEx with **signature waiver** to:

STAR Swimming

PO Box 361

Hamburg, NY 14075

ENTRY PERIOD:

Entries will be **ACCEPTED at 9:00 AM on December 7th, 2021**. Entries will **CLOSE at 9:00 PM on December 13th, 2021**. Entries may NOT be changed, added, or removed after the December 13th deadline. **NO EXCEPTIONS**. Teams are encouraged to submit an updated times file if competing in a meet after the deadline prior to the meet.

*****500 Freestyles may be limited at the discretion of the meet director to stay within the timeline*****

COACHES MEETING:

Saturday December 18, 2021 at 10:45 AM near the red bleachers in the back pool area.

WARM UP/ MEET START TIMES:

Saturday: 9:00 AM Warm Up/ 10:00 AM Meet Start

SEEDING:

All events will be PRE SEEDED. Programs will be available for coaches, officials, and spectators.

SCORING:

Per the current USA Swimming Rulebook

AWARDS:

High Point Awards will be awarded to the TOP SWIMMER, male and female, in the following age groups: 8 and Under, 9 Year Olds, 10 Year Olds, 11 Year Olds, and 12 Year Olds at the end of the series. Each team must designate a representative to pick up and sign for all awards for their team. Awards will NOT be mailed

*****During the session, there will be random bell ringer heats throughout the course of the session*****

ADMISSIONS & HEAT SHEETS:

Admission is \$3.00 per person per session. Heat sheets will be provided for coaches and officials only. Digital copies will be posted on starswimming.org under the meet sheets tab

DECK ID:

Deck access is restricted to USA Swimming athletes, coaches, officials, and meet volunteers. Upon arrival, coaches will need to check in at the coaches check-in table, located in the hall way prior to the training room doors. Please make sure your deck pass/credentials are valid in order to gain access to the pool deck. You will not be granted access to the pool deck if your deck pass/ credentials are not complete. Once coaches check in, you will receive a wristband to wear for the remainder of the weekend.

LOCKER ROOMS:

There will be “dry locker rooms” available for all coaches and officials. They will be the Men’s & Women’s Team Locker Rooms. Access to these locker rooms will only be accessed via the pool deck only. Athletes are NOT permitted in these locker rooms. Coaches, officials, meet personnel, and volunteers are NOT permitted in the athlete locker rooms at ANY TIME.

CONDUCT:

All applicable adults participating in/or associate with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Proper conduct on the part of all athletes and spectators is expected at all times, and will be enforced by coaches, meet marshals, officials, and college security. ANY ATHLETE found in the posted out of bounds areas, or using the green doors connecting the back pool to the lobby, will be barred from the remainder of the meet without recourse. Swimmers are not allowed to swim under the bulkhead. Disciplinary action will be immediate expulsion from the competition.

The meet area is restricted to the pool and adjoining locker rooms, the adjacent hallway, balcony, and stands. Posted out-of-bounds areas include, but are not limited to: the emergency stairwells, the weight room, and the track/gymnasium areas. **USE OF THE EMERGENCY DOORS BY ANYONE WITHOUT EXPRESSED PERMISSION TO USE THE CODE IS PROHIBITED.** The USA Swimming Code of Conduct will be enforced. No glass containers are allowed in the pool and locker room areas. Misbehavior, vandalism, and theft will not be tolerated and can result in being barred from participation in the meet.

Any athlete entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmers legal guardian to ensure compliance with this requirement.

Fly over starts will be used at this meet to help control meet duration.

No athlete will be permitted to compete unless the swimmer is a member as provided in Article 302.

Use of audio or visual recording devices, including a cell phone, is prohibited in the changing areas, rest rooms, or locker rooms. *Deck changes are prohibited.*

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach area, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Deck access is restricted to USA Swimming athletes, coaches, officials, and meet volunteers. All non-athlete members must have proof of registration or a credential while on deck and present them upon meet management request. ***Deck pass is an acceptable proof of USA Swimming Membership.***



ORDER OF EVENTS: 12 & UNDER ONLY

WOMEN

MEN

Saturday, DECEMBER 18th

1	12 & Under 200 Individual Medley	2
3	8 & Under 25 Freestyle	4
5	12 & Under 50 Breaststroke	6
7	8 & Under 100 Freestyle	8
9	12 & Under 100 Backstroke	10
11	8 & Under 50 Backstroke	12
13	12 & Under 50 Freestyle	14
15	8 & Under 25 Breaststroke	16
17	12 & Under 50 Butterfly	18
19	8 & Under 25 Butterfly	20
21	11 – 12 500 Freestyle	22

*****500 Freestyles may be limited at the discretion of the meet director to stay within the timeline*****

**2021 SUPER STAR SERIES MEET #3
ENTRY RECAPITULATION**

TEAM: _____ TEAM CODE: _____

COACH: _____ TEL. NO: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

E-MAIL ADDRESS: _____

CONTACT PERSON: _____ TEL. NO _____

TEAM HOTEL: _____ TEL. NO _____

(IN CASE OF EMERGENCY)

Women Individual Entries _____ x \$5.00 = \$ _____

of Women Athletes _____ x \$7.00 = \$ _____

Men Individual Entries _____ x \$5.00 = \$ _____

of Men Athletes _____ x \$7.00 = \$ _____

TOTAL AMOUNT ENCLOSED \$ _____

Make checks payable in **U.S. Dollars** to **STAR SWIMMING INC.**

*******This form must be returned with entry forms to be considered a complete entry*******

Please mail check & recapitulation to:

STAR Swimming, INC

PO Box 361

Hamburg, NY 14075

Entry Coordinator Email: starentries@gmail.com

ENTRIES WILL NOT BE ACCEPTED BEFORE 9:00 AM ON DECEMBER 7th, 2021

ENTRIES CLOSE 9:00 PM ON DECEMBER 13TH, 2019 (STRICTLY ENFORCED)

In consideration of the acceptance of this entry, we hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against Star Swimming, Inc., Niagara Swimming, Inc., USA Swimming, and the Erie Community College for injuries and/or expenses incurred by us at this meet or while on the road to and from the meet. We are bona-fide amateur athletes eligible to participate in all events entered.

Date

Signature of club official, parent, or guardian