**2017 BAC Pro Bowl**

**Hosted by Berkeley Aquatic Club at the Berkeley Aquatic Center of Excellence**

**Saturday, January 28th and Sunday, January 29th, 2017**

**Meet Schedule** (Doors Open at 9:30 AM)

|  |  |  |
| --- | --- | --- |
|  | **Warm-Up** | **Start** |
| **Session 1** (Saturday 12/Under) | 10:00 AM - 10:40 AM(One 40 Minute Warm-Up Session) | 10:45 AM |
| **Saturday Open Distance** | 1:30 PM – 1:55 PM(One 25 Minute Warm-Up Session) | 2:00 PM |
| **Session 2** (Saturday 13/Over) | 3:00 PM – 3:40 PM(One 40 Minute Warm-Up Session) | 3:45 PM |
| **Session 3**(Sunday 12/Under) | 10:00 AM - 10:40 AM(One 40 Minute Warm-Up Session) | 10:45 AM |
| **Sunday Open Distance** | 1:30 PM – 1:55 PM(One 25 Minute Warm-Up Session) | 2:00 PM |
| **Session 4**(Sunday 13/Over) | 3:00 PM – 3:40 PM(One 40 Minute Warm-Up Session) | 3:45 PM |

**Warm-Up Schedule**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |
| **Session 1** | **BAC** | **BAC** | **BAC** | **BAC** | **BAC** | **SKYY** | **SKYY** | **SSCT** | **SSCT** | **BMA** |
| **Saturday Open Distance** |
| **Session 2** | **BAC** | **BAC** | **BAC** | **BAC/AG** | **SKYY** | **SKYY** | **SSCT** | **SSCT** |  |  |
| **Session 3** | **BAC** | **BAC** | **BAC** | **BAC** | **BAC** | **SKYY** | **SKYY** | **SSCT** | **SSCT** | **BMA** |
| **Sunday Open Distance** |
| **Session 4** | **BAC** | **BAC** | **BAC** | **BAC/AG** | **SKYY** | **SKYY** | **SSCT** | **SSCT** |  |  |

**Timing Assignments**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **BAC** | **BMA** | **SKYY** | **SSCT** |
| **Session 1** | 16 | 1 | 3 | 2 |
| **Saturday Open Distance\*** | - | - | - | - |
| **Session 2** | 16 | 0 | 1 | 1 |
| **Session 3** | 16 | 1 | 3 | 2 |
| **Sunday Open Distance\*** | - | - | - | - |
| **Session 4** | 16 | 0 | 1 | 1 |

 \**Participating athletes to provide their own timer and counter if desired.*

**Timing Notes:** Thank you to all teams for supporting the 2017 BAC Pro Bowl Meet by providing assistance with Timing. BAC will provide all watches and related supplies. If your families will be sharing a single assignment, we would ask that all families plan to participate in the timing Meeting as important, Meet specific, instructions will be provided.