**2017 BAC April Plunge**

**Hosted by Berkeley Aquatic Club at the Berkeley Aquatic Center of Excellence**

**Sunday, April 23rd, 2017**

(Doors Open at 8:30 AM)

**Meet Schedule**

|  |  |  |
| --- | --- | --- |
|  | **Warm-Up** | **Start** |
| **Session 1** (10 and Under Women and Men) | 9:00 AM - 9:40 AM(One 40 Minute Warm-Up Session) | 9:45 AM |
| **Session 2** (11/12 Women and Men) | 12:00 PM - 12:40 PM(One 40 Minute Warm-Up Session) | 12:45 PM |
| **Session 3**(13/14 and 15/Over Women and Men) | 4:30 PM – 5:10 PM(One 40 Minute Warm-Up Session) | 5:15 PM |

**Warm-Up Schedule**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |
| **Session 1**(10:00 - 10:40) | BAC | BAC | BAC | WAVESMAC | LIFE | LIFE | CBGCJFAC | ACETWST | EAGPPST | NJBLNYSA |
| **Session 2**(2:15 – 2:55) | BAC | BAC | BACSMAC | LIFE | LIFENYSA | NYSA | JFACTWST | CBGCNJBL/U | ACEEAG | PPSTWAVE |
| **Session 3**(5:15 – 5:55) | BAC | BAC | BACSWAC | CBGC | NYSA | JFAC | PPSTNJBL | ACETWST | EAGWAVE | LIFESPFD |

**Timing Assignments**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **BAC/U** | **ACE** | **CBGC** | **EAG** | **JFAC** | **LIFE** | **NJBL** | **NYSA** | **PPST** | **SMAC** | **SPFD** | **TWST** | **WAVE** |
| **Session 1** | 14 | 1 | 2 | 0 | 0 | 3 | 0 | 0 | 0 | 0 | 0 | 2 | 0 |
| **Session 2** | 12 | 1 | 1 | 1 | 1 | 2 | 0 | 2 | 1 | 0 | 0 | 0 | 1 |
| **Session 2B**(800 Freestyle) | ***Athletes participating in the 800 Freestyle are required to provide a single timer and counter if desired.*****(The 800 Freestyle will be run with a single watch and an electronic timing system.)** |
| **Session 3** | 13 | 1 | 2 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 0 | 0 | 0 |

**Timing Notes:** Thank you to all teams for supporting the 2017 BAC April Plunge by providing assistance with Timing. BAC will provide all watches and related supplies. If your families will be sharing a single assignment, we would ask that all families plan to participate in the timing Meeting as important, Meet specific, instructions will be provided.