**2018 BAC April Plunge**

**Hosted by Berkeley Aquatic Club at the Berkeley Aquatic Center of Excellence**

**Sunday, April 22nd, 2018**

(Doors Open at 8:30 AM)

**Meet Schedule**

|  |  |  |
| --- | --- | --- |
|  | **Warm-Up** | **Start** |
| **Session 1**  (10/Under Women and Men) | 9:00 AM – 9:40 AM  (One 40 Minute Warm-Up Session) | 9:45 AM |
| **Session 2**  (11/12 Women and Men) | 11:45 AM – 12:25 PM  (One 40 Minute Warm-Up Session) | 12:30 PM |
| **Session 3**  (13/Over Women and Men) | 4:00 PM – 4:40 PM  (One 40 Minute Warm-Up Session) | 4:45 PM |

**Timing Assignments**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **BAC** | **ACE** | **FREE/UN** | **HQH** | **LIFE** | **MEY** | **MDY** | **NJBL** | **PPST** | **PWAC** | **TWST** | **UNMM** | **UNNJ** | **WAVE** | **WEY** |
| **Session 1** | 13 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 2 | 0 |
| **Session 2** | 15 | 1 | 0 | 0 | 2 | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 1 | 0 |
| **Session 3** | 13 | 1 | 1 | 0 | 0 | 1 | 2 | 0 | 2 | 0 | 1 | 0 | 0 | 1 | 0 |

**Timing Notes:** Thank you to all teams for supporting the 2018 BAC April Plunge Meet by providing assistance with Timing. BAC will provide all watches and related supplies. If your families will be sharing a single assignment, we would ask that all families plan to participate in the timing Meeting as important, Meet-specific instructions will be provided.

**Warm-Up Schedule**

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|  | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |
| **Warm-Up #1**  **(9:00 AM – 9:40 AM)** | BAC | BAC/UN | WAVE | ACE | LIFE | FREE  HQH | MDY | MEY  WEY | NJBL  UNNJ | PPST  TWST |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |
| **Warm-Up #2**  **(11:45 AM – 12:25 PM)** | BAC | BAC/UN | BAC  ACE | LIFE | MDY | NJBL  PWAC | WAVE  UNNJ | PPST  MEY | TWST  WEY | LIFE  FREE/UN |

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|  | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |
| **Warm-Up #3**  **(4:00 PM – 4:40 PM)** | BAC | BAC  UNMA | BAC  UNMM | MDY/UN | PPST | MEY | FREE  LIFE | ACE  UNNJ | WAVE  NJBL | TWST  WEY |