**2018 BAC April Plunge**

**Hosted by Berkeley Aquatic Club at the Berkeley Aquatic Center of Excellence**

**Sunday, April 22nd, 2018**

(Doors Open at 8:30 AM)

**Meet Schedule**

|  |  |  |
| --- | --- | --- |
|  | **Warm-Up** | **Start** |
| **Session 1** (10/Under Women and Men) | 9:00 AM – 9:40 AM(One 40 Minute Warm-Up Session) | 9:45 AM |
| **Session 2**(11/12 Women and Men) | 11:45 AM – 12:25 PM(One 40 Minute Warm-Up Session) | 12:30 PM |
| **Session 3**(13/Over Women and Men) | 4:00 PM – 4:40 PM(One 40 Minute Warm-Up Session) | 4:45 PM |

**Timing Assignments**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **BAC** | **ACE** | **FREE/UN** | **HQH** | **LIFE** | **MEY** | **MDY** | **NJBL** | **PPST** | **PWAC** | **TWST** | **UNMM** | **UNNJ** | **WAVE** | **WEY** |
| **Session 1** | 13 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 2 | 0 |
| **Session 2** | 15 | 1 | 0 | 0 | 2 | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 1 | 0 |
| **Session 3** | 13 | 1 | 1 | 0 | 0 | 1 | 2 | 0 | 2 | 0 | 1 | 0 | 0 | 1 | 0 |

**Timing Notes:** Thank you to all teams for supporting the 2018 BAC April Plunge Meet by providing assistance with Timing. BAC will provide all watches and related supplies. If your families will be sharing a single assignment, we would ask that all families plan to participate in the timing Meeting as important, Meet-specific instructions will be provided.

**Warm-Up Schedule**

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|  | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |
| **Warm-Up #1****(9:00 AM – 9:40 AM)** | BAC | BAC/UN | WAVE | ACE | LIFE | FREEHQH | MDY | MEYWEY | NJBLUNNJ | PPSTTWST |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |
| **Warm-Up #2****(11:45 AM – 12:25 PM)** | BAC | BAC/UN | BACACE | LIFE | MDY | NJBLPWAC | WAVEUNNJ | PPSTMEY | TWSTWEY | LIFEFREE/UN |

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |
| **Warm-Up #3****(4:00 PM – 4:40 PM)** | BAC | BACUNMA | BACUNMM | MDY/UN | PPST | MEY | FREELIFE | ACEUNNJ | WAVENJBL | TWSTWEY |