**2018 NJS Silver Bronze Championships – *Region A***

**Hosted by Berkeley Aquatic Club at the Berkeley Aquatic Center of Excellence**

**Friday, July 13th through Sunday, July 15th, 2018**

**Meet Schedule**

(Doors Open at 2:45 PM Friday and 6:30 AM on Saturday and Sunday)

|  |  |  |
| --- | --- | --- |
|  | **Warm-Up** | **Start** |
| **Session 1 *(400 Free, 400 IM)***  Friday, July 13th, 2018 | 3:15 PM – 3:55 PM  (One 40 Minute Warm-Up Session) | 4:00 PM |
| **Session 2 *(10/Under)***  Saturday, July 14th, 2018 | 7:00 AM – 7:40 AM  (Two 20 Minute Warm-Up Session) | 7:45 AM |
| **Session 3 *(11/12)***  Saturday, July 14th, 2018 | 10:30 AM – 11:10 AM  (Two 20 Minute Warm-Up Session) | 11:15 AM |
| **Session 4 *(13/14)***  Saturday, July 14th, 2018 | 3:00 PM – 3:30 PM  (One 30 Minute Warm-Up Session) | 3:35 PM |
| **Session 5 *(15/Over)***  Saturday, July 14th, 2018 | 6:30 PM – 7:00 PM  (One 30 Minute Warm-Up Session) | 7:05 PM |
| **Session 6 *(10/Under)***  Sunday, July 15th, 2018 | 7:00 AM – 7:40 AM  (Two 20 Minute Warm-Up Session) | 7:45 AM |
| **Session 7 *(11/12)***  Sunday, July 15th, 2018 | 10:45 AM – 11:25 AM  (Two 20 Minute Warm-Up Session) | 11:30 AM |
| **Session 8 *(13/14)***  Sunday, July 15th, 2018 | 3:15 PM – 3:45 PM  (One 30 Minute Warm-Up Session) | 3:50 PM |
| **Session 9 *(15/Over)***  Sunday, July 15th, 2018 | 6:40 PM – 7:10 PM  (One 30 Minute Warm-Up Session) | 7:15 PM |

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**Warm-Up Schedule**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |
| **Session 1**  (3:15-3:55) | BAC | BAC  LHY | LHY/U | CAT | RY  MDY/U | WFY  TWST | RANY  CBGC | MAY  SAY/U  NJBL | JFAC  SCY | LIFE  CCC  NJB |
| **Session 2 *(1st WU)***  (7:00-7:20) | BAC | BAC | BAC | BAC | LIFE | LIFE | RY | RY | CAT  EAG | AQRC  CBGC |
| **Session 2 *(2nd WU)***  (7:20-7:40) | WFY | WFY | WFY | LHY | LHY | JFAC | RANY  WEY | MAY  MDY  DESC | TWST  ACE | SAY  NJB  NJBL |
| **Session 3 *(1st WU)***  (10:30-10:50) | BAC | BAC | BAC | RY | RY | LIFE | LIFE  DESC | JFAC | NJBL  MAY | ACE  CCC/U |
| **Session 3 *(2nd WU)***  (10:50-11:10) | LHY | LHY | CAT | CAT  EAG | WFY | WFY  SCY | SAY  NJB | RANY  WEY | TWST  AQRC | CBGC  MDY |
| **Session 4**  (3:00-3:30) | BAC | BAC  TWST  NJBL | JFAC | WFY  NJB  SCY | LHY  AQRC | CAT  RANY | LIFE  DESC | RY  CBGC  ACE | MDY/U  MAY  CCC | SAY/U  EAG  WEY |
| **Session 5**  (6:30-7:00) | BAC  SCY | LHY/U  ACE | SAY  NJBL | JFAC  MAY | WFY  DESC | RY  MDY/U | CAT/U  LIFE | NJB  CBGC | EAG  RANY | TWST  CCC |
| **Session 6 *(1st WU)***  (7:00-7:20) | BAC | BAC | BAC | BAC  SCY | LIFE | LIFE | LHY | LHY  ACE | WEY  AQRC | EAG  NJBL  DESC |
| **Session 6 *(2nd WU)***  (7:20-7:40) | WFY | WFY | WFY | RY | RY | JFAC | CAT  MDY | MAY  TWST | CBGC  NJB | RANY  SAY |
| **Session 7 *(1st WU)***  (10:45-11:05) | BAC | BAC | BAC  SCY | RY | RY  NJB | LIFE | LIFE  DESC | JFAC | RANY  MAY | EAG  CCC/U |
| **Session 7 *(2nd WU)***  (11:05-11:25) | LHY | LHY | LHY  ACE | CAT | CAT  MDY | WFY | WFY  SAY | NJBL  WEY | TWST  DESC | CBGC  AQRC |
| **Session 8**  (3:15-3:45) | BAC | BAC  SCY  CBGC | JFAC | LHY  ACE | CAT  WEY | WFY  MAY | RY  DESC  NJBL | LIFE  RANY  AQRC | MDY/U  SAY/U  NJB | EAG  TWST  CCC |
| **Session 9**  (6:40-7:10) | BAC  LIFE | LHY/U | SAY  DESC | JFAC  SCY | WFY  CBGC | RY  NJBL | CAT/U  MDY/U | NJB  MAY | TWST  RANY | CCC  EAG  ACE |

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**Timing Assignments**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **BAC/U** | **ACE** | **AQRC** | **CCC/U** | **CAT/U** | **CBGC** | **DESC** | **EAG** | **JFAC** | **LHY/U** | **MAY** | **MDY/U** | **LIFE** | **NJB** | **RANY** | **RY** | **SAY/U** | **SCY** | **TWST** | **NJBL** | **WEY** | **WFY** |
| **Session 1**  **(400’s and Relays)** | 12 | 0 | 0 | 0 | 2 | 0 | 0 | 0 | 1 | 3 | 0 | 0 | 1 | 0 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 1 |
| **Session 2**  **(10/Under)** | 8 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 1 | 2 | 0 | 0 | 2 | 0 | 1 | 2 | 0 | 0 | 0 | 0 | 1 | 3 |
| **Session 3**  **(11/12)** | 8 | 1 | 0 | 0 | 1 | 1 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 1 |
| **Session 4**  **(13/14)** | 10 | 0 | 0 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 1 | 0 | 1 | 0 | 0 | 1 |
| **Session 5**  **(15/Over)** | 12 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 1 | 2 | 0 | 0 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 0 | 1 |
| **Session 6**  **(10/Under)** | 12 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 0 | 0 | 0 | 1 | 1 |
| **Session 7**  **(11/12)** | 8 | 1 | 0 | 0 | 1 | 1 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 1 |
| **Session 8**  **(13/14)** | 8 | 0 | 0 | 0 | 2 | 0 | 0 | 1 | 2 | 2 | 0 | 1 | 1 | 0 | 1 | 1 | 0 | 0 | 1 | 0 | 0 | 2 |
| **Session 9**  **(15/Over)** | 10 | 0 | 0 | 1 | 1 | 0 | 0 | 1 | 1 | 2 | 0 | 0 | 0 | 1 | 1 | 1 | 1 | 0 | 1 | 0 | 0 | 1 |

**Timing Notes:** Thank you to all teams for supporting the 2018 NJS Silver Bronze Championship Meet by providing assistance with Timing. BAC will provide all watches and related supplies. If your families will be sharing a single assignment, we would ask that all families plan to participate in the timing Meeting as important, Meet-specific, instructions will be provided.