**2019 BAC Salmon Run**

**Hosted by Berkeley Aquatic Club at the Berkeley Aquatic Center of Excellence**

**Friday, February 15th, 2019**

(Doors Open at 4:30 PM)

**Meet Schedule**

|  |  |  |
| --- | --- | --- |
|  | **Warm-Up** | **Start** |
| **Session 1**  Mixed Open | 5:00 PM – 5:40 PM  (One 40 Minute Warm-Up Session) | 5:45 AM |

**Warm-Up Schedule**

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** | **Lane 11** |
| **Warm-Up** | LIFE | LIFE | PPST | BAC | BAC | BAC | BAC | BAC | BAC | BAC | BAC |

**Timing Assignments**

**BAC Will Cover ALL Timing Assignments.** *(…with the exception of the 1000 and 1650 Freestyle Events. Athletes participating in these events are required to provide a single timer and counter if they desire one.)*