**2019 NJS 12/Under Silver Bronze Championships**

**Hosted by Berkeley Aquatic Club at the Berkeley Aquatic Center of Excellence**

**Saturday, February 16th and Sunday, February 17th, 2019**

(Doors Open at 8:30 AM on both Saturday and Sunday)

**Meet Schedule**

|  |  |  |
| --- | --- | --- |
|  | **Warm-Up** | **Start** |
| **Session 1**  (10/Under Boys and Girls) | 8:00 AM – 9:00 AM  (Two 30 Minute Warm-Up Sessions) | 9:05 AM |
| **Session 2**  (10/Under 500 Freestyle) | 12:15 PM – 12:25 PM  (One 10 Minute Warm-Up Session) | 12:30 PM |
| **Session 3**  (11/12 Boys and Girls) | 1:00 PM – 2:00 PM  (Two 30 Minute Warm-Up Sessions) | 2:05 PM |
| **Session 4**  (11/12 1000 Freestyle) | 6:00 PM – 6:10 PM  (One 10 Minute Warm-Up Session) | 6:15 PM |
| **Session 5**  (10/Under Boys and Girls) | 8:00 AM – 9:00 AM  (Two 30 Minute Warm-Up Sessions) | 9:05 AM |
| **Session 6**  (8 & Under Mini Meet) | 11:45 PM – 12:15 PM  (One 30 Minute Warm-Up Session) | 12:20 PM |
| **Session 7**  (11/12 Boys and Girls) | 1:45 PM – 2:45 PM  (Two 30 Minute Warm-Up Sessions) | 2:50 PM |
| **Session 8**  (11/12 1650 Freestyle) | 6:15 PM – 6:25 PM  (One 10 Minute Warm-Up Session) | 6:30 PM |

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**Warm-Up Schedule**

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Session 1 10/Under Boys & Girls** | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |  |
| **Warm-Up #1**  (8:00 – 8:30) | LIFE | LIFE | LIFE | LIFE | LIFE | LIFE | BWTD | BWTD | BWTD | NJB  OTT |  |
|  | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |  |
| **Warm-Up #2**  (8:30 – 9:00) | BAC | BAC | BAC | BAC | BAC | BAC  OCY | FSPY | MCSC | WEY | GMY  PAC |  |

**Session 2 - 10/U 500 Freestyle**

**12:15-12:25 (No Individual Lane Assignments)**

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Session 3 11/12 Boys & Girls** | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |  |
| **Warm-Up #1**  (1:00 – 1:30) | LIFE | LIFE | LIFE | LIFE | LIFE | MCSC | MCSC | MCSC | WEY | FSPY/U |  |
|  | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |  |
| **Warm-Up #2**  (1:30 – 2:00) | BAC | BAC | BAC | BAC | BAC | BWTD | BWTD | PAC | GMY | OCY  NJB |  |

**Session 4 - 11/12 1000 Freestyle**

**6:00-6:10 (No Individual Lane Assignments)**

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Session 5 10/Under Boys & Girls** | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |  |
| **Warm-Up #1**  (8:00 – 8:30) | BAC | BAC | BAC | BAC | MCSC | PAC | WEY | GMY | FSPY | FSPY |  |
|  | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |  |
| **Warm-Up #2**  (8:30 – 9:00) | LIFE | LIFE | LIFE | LIFE | LIFE | NJB | OTT  OCY | BWTD | BWTD | BWTD |  |

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Session 6** | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |  |
| **Session 6 8 & Under Mini Meet**  (11:45-12:15) | LIFE | LIFE | BWTD | FSPY/U | GMY | WEY | PAC  OTT | MCSC  NJB | BAC | BAC |  |
|  | **Lane 11** | **Lane 12** | **Lane 13** | **Lane 14** | **Lane 15** | **Lane 16** | **Lane 17** | **Lane 18** | **Lane 19** | **Lane 20** | **Lane 21** |
|  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Session 7 11/12 Boys & Girls** | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |  |
| **Warm-Up #1**  (1:45 – 2:15) | BAC | BAC | BAC | BAC | BAC | BWTD | BWTD | GMY | PAC | OCY |  |
|  | **Lane 1** | **Lane 2** | **Lane 3** | **Lane 4** | **Lane 5** | **Lane 6** | **Lane 7** | **Lane 8** | **Lane 9** | **Lane 10** |  |
| **Warm-Up #2**  (2:15 – 2:45) | LIFE | LIFE | LIFE | LIFE | LIFE | MCSC | MCSC | MCSC | WEY  NJB | FSPY/U |  |

**Session 8 - 11/12 1650 Freestyle**

**6:15-6:25 (No Individual Lane Assignments)**

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**Timing Assignments**

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **BAC** | **BWTD** | **FSPY/U** | **GMY** | **LIFE** | **MCSC** | **NJB** | **OCY** | **OTT** | **PAC** | **WEY** |
| **Session 1**  10/Under Boys & Girls | 12 | 2 | 1 | 1 | 3 | 1 | 1 | 0 | 0 | 0 | 1 |
| **Session 2**  10/Under 500 Freestyle |  |  |  |  |  |  |  |  |  |  |  |
| **Session 3**  11/12 Boys & Girls | 11 | 1 | 1 | 1 | 3 | 2 | 0 | 1 | - | 1 | 1 |
| **Session 4**  11/12 1000 Freestyle |  |  |  |  |  |  |  |  |  |  |  |
| **Session 5**  10/Under Boys and Girls | 12 | 3 | 1 | 0 | 3 | 1 | 1 | 0 | 0 | 1 | 0 |
| **Session 6**  8 & Under Mini Meet | 8 | 1 | 1 | 1 | 2 | 0 | 0 | - | 0 | 0 | 1 |
| **Session 7**  11/12 Boys & Girls | 11 | 1 | 1 | 1 | 3 | 2 | 0 | 1 | - | 1 | 1 |
| **Session 8**  11/12 1650 Freestyle |  |  |  |  |  |  |  |  |  |  |  |

**Timing Notes:** Thank you to all teams for supporting the 2019 NJS 12/Under Silver Bronze Championship Meet by providing assistance with Timing. BAC will provide all watches and related supplies. If your families will be sharing a single assignment, we would ask that all families plan to participate in the timing Meeting as important, Meet specific, instructions will be provided. (Athletes participating in the 500 Freestyle and the Distance Events (1000 and/or 1650 Freestyle) will be required to provide a timer. They may also provide a counter if desired.)