**2020 NJS 13-14 and 15-19 Silver Championships**

**Hosted by Berkeley Aquatic Club at the Berkeley Aquatic Center of Excellence**

**Saturday, March 7th and Sunday, February 8th, 2020**

(Doors Open at 7AM on Saturday and Sunday)

**Meet Schedule**

|  |  |  |
| --- | --- | --- |
|  | **Warm-Up** | **Start** |
| **Session 1**  (13-14 and 15-19 Women’s Prelims) | 7:30 AM – 8:10 AM  (One 40 Minute Warm-Up Session) | 8:15 AM |
| **Session 2**  (1650 Freestyle) | (Ongoing warmup in  warm-up/warm-down lanes.) | No earlier than  10:30 AM |
| **Session 3**  (13-14 and 15-19 Men’s Prelims) | 11:30 AM – 12:10 PM  (One 40 Minute Warm-Up Session) | 12:15 PM |
| **Session 4**  (Women’s and Men’s Finals) | 5:15 PM – 6:10 PM  (One 40 Minute Warm-Up Session) | 6:00 PM |
| **Session 5**  (13-14 and 15-19 Women’s Prelims) | 7:30 AM – 8:10 AM  (One 40 Minute Warm-Up Session) | 8:15 AM |
| **Session 6**  (1000 Freestyle) | (Ongoing warmup in  warm-up/warm-down lanes.) | No earlier than  10:30 AM |
| **Session 7**  (13-14 and 15-19 Men’s Prelims) | 11:30 AM – 12:10 PM  (One 40 Minute Warm-Up Session) | 12:15 PM |
| **Session 8**  (Women’s and Men’s Finals) | 5:15 PM – 6:10 PM  (One 40 Minute Warm-Up Session) | 6:00 PM |