**2020 NJS 13-14 and 15-19 Silver Championships**

**Hosted by Berkeley Aquatic Club at the Berkeley Aquatic Center of Excellence**

**Saturday, March 7th and Sunday, February 8th, 2020**

(Doors Open at 7AM on Saturday and Sunday)

**Meet Schedule**

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|  | **Warm-Up** | **Start** |
| **Session 1** (13-14 and 15-19 Women’s Prelims) | 7:30 AM – 8:10 AM(One 40 Minute Warm-Up Session) | 8:15 AM |
| **Session 2**(1650 Freestyle) |  (Ongoing warmup in warm-up/warm-down lanes.) | No earlier than10:30 AM |
| **Session 3**(13-14 and 15-19 Men’s Prelims) | 11:30 AM – 12:10 PM(One 40 Minute Warm-Up Session) | 12:15 PM |
| **Session 4**(Women’s and Men’s Finals) | 5:15 PM – 6:10 PM(One 40 Minute Warm-Up Session) | 6:00 PM |
| **Session 5**(13-14 and 15-19 Women’s Prelims) | 7:30 AM – 8:10 AM(One 40 Minute Warm-Up Session) | 8:15 AM |
| **Session 6**(1000 Freestyle) |  (Ongoing warmup in warm-up/warm-down lanes.) | No earlier than 10:30 AM |
| **Session 7**(13-14 and 15-19 Men’s Prelims) | 11:30 AM – 12:10 PM(One 40 Minute Warm-Up Session) | 12:15 PM |
| **Session 8**(Women’s and Men’s Finals) | 5:15 PM – 6:10 PM(One 40 Minute Warm-Up Session) | 6:00 PM |