

The Berkeley Swim School - Spring 2021

Monday March 29 - Saturday June 28

All Classes are 45 minutes

Fee: \$520.00 Tuesday, Wednesday, Thursday, Friday Classes

Fee: \$480 Monday and Saturday Classes (no class 5/29)

Level I is for 6 months - 5 years with a parent. All ages will be working on age appropriate skills with their parent. This will include blowing bubbles, floating on the front and back, as well as arm strokes.

Tuesday: 4:30pm

Thursday: 5:30pm

Saturday: 11:00am, 1:00pm

Level II is for ages 5 - 7 years old without a parent. Activities will include strong kicking on front and back, bilateral breathing, freestyle, breaststroke kicking, fly kicking and front somersaults.

Monday: 3:30pm, 4:30pm, 5:30pm

Tuesday: 3:30pm, 4:30pm, 5:30pm

Wednesday: 3:30pm, 4:30pm, 5:30pm

Thursday: 3:30pm, 4:30pm

Saturday: 10:00am, 11:00am, 12:00pm (noon), 2:00pm

Level III is for ages 8 - 11 years old. Activities will include freestyle and backstroke demonstrating a propulsive kick, bilateral breathing, breaststroke kicking, fly kicking, front somersaults, and drills for breaststroke and fly.

Monday: 4:30pm, 5:30pm

Tuesday: 5:30pm

Wednesday: 4:30pm

Thursday: 3:30pm, 5:30pm

Saturday: 12:00pm (noon), 3:00pm