

<b>SENIOR PRACTICE SCHEDULE</b>				
		<b>SENIORS Early</b>	<b>SENIOR Later</b>	<b>MEETS / NOTES</b>
Tuesday	1-Nov	3:30 - 5:05pm	7:15 - 8:50pm	
Wednesday	2-Nov	3:30 - 5:05pm	7:15 - 8:50pm	DRYLAND
Thursday	3-Nov	3:30 - 5:00pm	8:00 - 9:30pm	
Friday	4-Nov	5:00 - 7:00pm	OFF	FLEXIBILITY
Saturday	5-Nov	12:00 - 3:00pm	OFF	<b>VIDEO DAY</b>
Sunday	6-Nov	OFF	OFF	
Monday	7-Nov	3:30 - 5:05pm	7:15 - 8:50pm	DRYLAND
Tuesday	8-Nov	3:30 - 5:05pm	7:15 - 8:50pm	
Wednesday	9-Nov	3:30 - 5:05pm	7:15 - 8:50pm	DRYLAND
Thursday	10-Nov	3:30 - 5:00pm	8:00 - 9:30pm	
Friday	11-Nov	5:00 - 7:00pm	OFF	FLEXIBILITY
Saturday	12-Nov	12:00 - 3:00pm	OFF	<b>VIDEO DAY</b>
Sunday	13-Nov	OFF	OFF	
Monday	14-Nov	3:30 - 5:05pm	7:15 - 8:50pm	DRYLAND
Tuesday	15-Nov	3:30 - 5:05pm	7:15 - 8:50pm	
Wednesday	16-Nov	3:30 - 5:05pm	7:15 - 8:50pm	DRYLAND
Thursday	17-Nov	3:30 - 5:00pm	8:00 - 9:30pm	
Friday	18-Nov	5:00 - 7:00pm	OFF	FLEXIBILITY
Saturday	19-Nov	<b>FALL RALLY</b>	<b>FALL RALLY</b>	<b>PPST FALL RALLY @ PRINCETON MIDDLE SCHOOL</b>
Sunday	20-Nov	OFF	OFF	

**STARTING WINTER PRACTICE SCHEDULE (DURING THE HIGH SCHOOL SWIMMING SEASON)**

Monday	21-Nov	OFF	7:15 - 9:00pm	DRYLAND
Tuesday	22-Nov	OFF	7:15 - 9:00pm	
Wednesday	23-Nov	OFF	TBD	DRYLAND
Thursday	24-Nov	OFF	OFF	<b>THANKSGIVING</b>
Friday	25-Nov	OFF	<b>12:00 - 2:00pm</b>	
Saturday	26-Nov	OFF	<b>12:00 - 2:00pm</b>	
Sunday	27-Nov	OFF	<b>12:00 - 2:00pm</b>	
Monday	28-Nov	OFF	7:15 - 9:00pm	
Tuesday	29-Nov	OFF	7:15 - 9:00pm	
Wednesday	30-Nov	OFF	7:15 - 9:00pm	
Thursday	1-Dec	OFF	8:00 - 9:30pm	<b>STAR INVITE @ ECC (BUFFALO NY)</b>
Friday	2-Dec	OFF	5:00 - 7:00pm	<b>STAR INVITE @ ECC (BUFFALO NY)</b>
Saturday	3-Dec	OFF	OFF	<b>STAR INVITE @ ECC (BUFFALO NY)</b>
Sunday	4-Dec	OFF	OFF	<b>STAR INVITE @ ECC (BUFFALO NY)</b>
Monday	5-Dec	OFF	OFF	Recovery Day after Buffalo
Tuesday	6-Dec	OFF	7:15 - 9:00pm	
Wednesday	7-Dec	OFF	7:15 - 9:00pm	DRYLAND
Thursday	8-Dec	OFF	8:00 - 9:30pm	
Friday	9-Dec	OFF	OFF	Recovery Day after Buffalo
Saturday	10-Dec	OFF	OFF	Recovery Day after Buffalo
Sunday	11-Dec	OFF	OFF	Recovery Day after Buffalo

**ADJUSTMENTS TO SCHEDULE IN RED**