



## Swimmer's Code of Conduct

As a member of JCC Bridgewater TIDE (BWTD), I am part of a swimming organization that believes teamwork, integrity, respect, and good sportsmanship are the most important aspect of being on this team. By signing this Code of Conduct, I agree to follow the rules for behavior and sportsmanship while I am a member of JCC Bridgewater TIDE.

1. I will show respect and common courtesies at all times to team members, coaches, competitors, officials, parents, and for all facilities and other property used during practices, competitions, and team activities.
2. I will demonstrate good sportsmanship during all practices, competitions, and team activities. If I disagree with an official's call, I will talk with my coach and not approach the official directly.
3. I will be an active participant in the team practices, competitions, fundraising events, and other team activities that I attend.
4. I will come to all team sponsored events in the appropriate attire.
5. I will respect the coaches' and officials' instructions and will make every effort to be on time for workouts, competitions, and team events.
6. I will refrain from foul language, violence, behavior deemed dishonest, discourteous, disrespectful, or offensive to others.
7. I will set a good example of behavior and work ethic for my younger teammates.
8. I will follow the directions of the JCC and BWTD staff members.
9. I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
10. Dishonesty, theft, bullying, indiscreet, destructive, and/or vandalism will not be tolerated.
11. I will make every effort to avoid guilt by association with such activities as those listed above.
12. I will obey all of USA Swimming's rules and codes of conduct.

### VIOLATION OF THE CODE

The coaches have the power to impose the following penalties for violation of the JCC Bridgewater TIDE Swimmer's Code of Conduct. The penalties include, but are not limited to, the following:

1. The swimmer will be given a verbal warning.
2. The swimmer will be sent home with a written warning and the coach will contact the parent.
3. If the swimmer continues his/her behavior, he/she will be suspended for one (1) week and a meeting will need to be had with Parent, Swimmer, and Coach before returning. (There will be NO prorated fee.)
4. If the swimmers disciplinary problems continue, the swimmer and parent will meet with the swimmer's coach and the program director to discuss the problem further, which may include expulsion from the team.

I agree that if I violate any of these rules, I will be subject to disciplinary action.