

## ELECTRONIC COMMUNICATIONS

### POLICY:

Effective immediately, any of the below electronic communication methods should be utilized in the below manner between the hours of 8:00a-8:00p, unless emergency circumstances exist or during travel/team competition.

- Email: the preferred form of electronic communication at SVY. Minor athletes must CC their parent/guardian while emailing a coach, and all athletes/parents/guardians may only email the coach's Greater Somerset County YMCA email address. Parents and coaches may correspond via email outside of 8a-8p hours if necessary.
- Text: minor athletes may only text a coach in a group text that must include the athlete's parent/guardian. Texting should only be used in emergency/time sensitive situations. Text correspondence (including parent-to-coach) should occur only within the hours of 8a-8p, unless emergency circumstances exist or during travel/team competition.

Group Chats: practice groups and travel teams may establish a group chat that will include no less than two SVY coaches, and will only be used to distribute relevant and pertinent information. Messages in group chats should only occur within the hours of 8a-8p, unless emergency circumstances exist or during travel/team competition.

- Social Media: minor athletes may only like/ follow the official Somerset Valley YMCA Instagram (@svyswimming) and Twitter (@SVYswimming) accounts, and not a coach's personal social media page.

Athlete Protection Training (APT) Requirement for Adult (18+) Athletes: all SVY athletes who will be 18 or older by the conclusion of the LC season (8/10/19) must complete USA Swimming's APT training. The APT can be accessed by following this link: <http://www.usaswimming.org/apt>