

HAMILTON Y AQUATIC CLUB

www.hamiltonaquatics.com

Developing Champions for 32 years

WINTER 2015-2016

Sponsored by:
Hamilton Area YMCA

Age Group Competitive Training

Ages 9 thru High School

In affiliation with West Windsor Recreation Department

This program is for the experienced, committed, year - round swimmer. Swimmers in this practice group are encouraged to set goals which include US Bronze, Silver, Junior Olympics, and YMCA Long Course National Cuts. Swimmers will participate in all YMCA league meets, and selected USS swim meets. Selection for this level will be based on the individual's ability to maintain time standards and consistent practices. Swimmers will be evaluated and selected for this level at the following **tryout dates**- Wed. July 22 @ 6:00pm at West Windsor Plainsboro HS South – (For anyone unable to attend the July 22 tryout may attend August 7^h at 5:30 pm @ Mercer County Community College. New swimmers and previously registered Level 1 or 2 swimmers, who want to be a member of the Age Group practice level must attend **one** of the tryout dates. Swimmers unable to attend scheduled tryout must contact Sue Welsh at swelshhacy@gmail.com for makeup session.

Dates: Sept. 17, 2015 – last meet in March 2016

September 17, 2015– November 14, 2016

Practice: Monday – Thursday 7:00 – 8:30pm, Friday 6:30– 8:00pm, Sat. or Sun. TBA

Location: West Windsor-Plainsboro HS South

November 15 – March 2016

Monday, Wed. Thurs. & Friday at WWP South 7 – 8:30pm

Sunday 12:00-1:30 pm Rider University

Fees

Age Group - \$1,350

\$800.00 deposit due with registration payable to: HAC

\$150.00 check payable to: West Windsor Recreation Dept

(US Swimming Membership included in fee

Balance due by 10/15/15 - \$400.00

An additional \$100 entry fee to be held in escrow is required

West Windsor Recreation Fee

Age Group and Senior II swimmers must register with the WW Recreation Department. A separate check, for \$150.00 payable to West Windsor Recreation, along with the WW registration form, must accompany all registrations.

Hamilton Area YMCA Swim Team Membership

All swimmers must be GENERAL members of the Hamilton Area YMCA. A separate check payable to the **Hamilton Area YMCA** must accompany registration. New swimmers must also complete a Y Registration form – available on HACY website.

Swimmers with current GENERAL or FITNESS Y memberships need only provide membership number on registration form. (Please note if you have a BASIC membership it will have to be upgraded, your additional fee will be calculated for you please

note membership on registration form – do not send a check at this time!).

Membership will be valid from September 14, 2015 – April 15, 2016

Child (age 0-8) \$69.00

Youth (age 9-12) \$102.00

Teen (age 13-17) \$128.00

Membership will be valid from September 14, 2015– September 15, 2016

Child (age 0-8) annually \$118.00

Youth (age 9-12) annually \$178.00

Teen (age 13-17) annually \$220.00

REGISTRATION AND DEPOSIT ARE DUE BY 8/15/15

Please make checks payable to **HAC, Inc.** 20 Birchwood Ct., Princeton Jct. NJ 08550

Parent Information Sheet

Fees:

Deposits are required with all registrations. Balance of payment is due 10/15/15. Fees for families with two or more swimmers are discounted automatically. Payment schedule is available for those families that are interested.

Official Training:

Our team is required to provide certified officials for YMCA and USS Meets. We provide the training. This is a great way to become involved in the sport. If you are interested, please contact Gary Thayer.

Practice Times:

Parents are urged to have their children ready to ENTER the water at the designated start time of practice – generally that means you should get there 10 –15 minutes ahead of schedule to allow time to change, get organized, and stretch!

YMCA Girls and Boys Teams:

There are separate YMCA Swim Teams for the boys and girls – that means that they do not compete together.

USS Swimming:

Swimmers must be registered with NJ Swimming in order to compete in USS meets. The fee for membership is included in the Age Group, Senior II, and Senior level fee.

Parental Responsibilities:

We are dependent on parents to effectively, efficiently, and economically, run this swim club. As such there are a number of requirements that must be fulfilled. None of them are difficult, and they don't have to cost you anything – what we need is your time. They are detailed on the Parent Responsibility Form. That form needs to be read, signed, and turned in.

Team Swim Suits:

A “suit sale” date will be announced in September.

Team Apparel:

Optional Team Apparel will be available. Please look for forms to be distributed at practice, to your email address and on the web site at the start of practices. The turn around time for ordering is very fast – so don't delay!

Parent Liaison:

There will be one “experienced” parent at each practice level who will be responsible for making sure papers/forms/information are distributed. This parent will also serve as a contact point for other parents at that practice level. Password to website teamunify will be supplied to each family. Please check website frequently for any changes or updates.

E-Mail:

Please keep in mind that information regarding the club is sent to everyone via email. It is IMPERATIVE that we have an email address that is read on a consistent basis. Information is sent in WORD and Excel format. If more than one email address is needed, that's fine...we just want to make sure everyone gets everything!

Club Contacts:

Questions and Information:	Nancy Shapiro	nshapiro110@gmail.com	609.838.2459
President/Head Coach:	Sue Welsh	swelshhacy@gmail.com	609.936.7294