

**YMCA of Montclair**  
**PMADEIRA@MONTCLAIRMCA.ORG**

**RECORDS Long Course Records**

**LC Meters-Female**

10 & U	50 Free	30.96	<b>6-Aug-03</b>	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Long Course Meet	
	100 Free	1:06.41	<b>6-Aug-03</b>	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Long Course Meet	
	200 Free	2:21.51	<b>6-Aug-03</b>	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Long Course Meet	
	400 Free	4:58.51	<b>25-Jul-03</b>	MYM- NJ	Stephanie M. Ferrell at 2003 New Jersey Junior Olympics	
	50 Back	35.41	<b>10-Jan-03</b>	MYM- NJ	Felicia F. Lee at Burgdorff Invitational	
	100 Back	1:13.80	<b>2-May-03</b>	MYM- NJ	Felicia F. Lee at MD Carol Chidester Invite	
	50 Breast	37.83	<b>6-Aug-03</b>	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Long Course Meet	
	100 Breast	1:21.04	<b>6-Aug-03</b>	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Long Course Meet	
	50 Fly	33.55	<b>10-Jan-03</b>	MYM- NJ	Felicia F. Lee at Burgdorff Invitational	
	100 Fly	1:13.89	<b>10-Jan-03</b>	MYM- NJ	Felicia F. Lee at Burgdorff Invitational	
	200 IM	2:41.21	<b>6-Aug-03</b>	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Long Course Meet	
	200 Free Relay	2:16.16	<b>25-Jul-03</b>	MYM- NJ	S. Ferrell, H. Romano, K. Milligan, C. Patracuolla	
	400 Free Relay	5:19.32	<b>1-Sep-00</b>	MYM- NJ	K. Teresak C. Swierkocki N. Patracuolla C. Bianco	
	200 Medley Relay	2:34.43	<b>1-Sep-02</b>	MYM- NJ	F. Lee C. Patracuolla T. Teresak K. Courter	
	400 Medley Relay	5:54.04	<b>1-Sep-02</b>	MYM- NJ	F. Lee C. Patracuolla T. Teresak K. Courter	
	11-12	50 Free	28.35	<b>28-Jul-03</b>	MYM- NJ	Natasha D. Moodie at 2003 YMCA National Long Course Championship
		100 Free	1:01.21	<b>14-Jan-05</b>	MYM- NJ	Felicia F. Lee at Burgdorff Invitational 2005
200 Free		2:11.68	<b>14-Jan-05</b>	MYM- NJ	Felicia F. Lee at Burgdorff Invitational 2005	
400 Free		4:44.50	<b>25-Jun-04</b>	MYM- NJ	Felicia F. Lee at SUMMER SIZZLE 2004	
800 Free		10:19.47	<b>7-Jul-11</b>	MYM- NJ	Hannah R. O'Halloran at HAC SUMMER FUN MEET	
1500 Free		20:43.50	<b>1-Sep-02</b>	MYM- NJ	K. Teresak	
50 Back		31.20	<b>11-Aug-04</b>	MYM- NJ	Felicia F. Lee at Eastern Zone Age Group Long Co	
100 Back		1:06.70	<b>14-Jan-05</b>	MYM- NJ	Felicia F. Lee at Burgdorff Invitational 2005	
200 Back		2:22.86	<b>14-Jan-05</b>	MYM- NJ	Felicia F. Lee at Burgdorff Invitational 2005	
50 Breast		34.31	<b>10-Aug-05</b>	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Age Group Long Course Champs	
100 Breast		1:15.62	<b>11-Aug-04</b>	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Age Group Long Co	
200 Breast		2:45.46	<b>10-Aug-05</b>	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Age Group Long Course Champs	
50 Fly		30.85	<b>30-Jul-04</b>	MYM- NJ	Felicia F. Lee at Junior Olympics	
100 Fly		1:07.84	<b>11-Aug-04</b>	MYM- NJ	Felicia F. Lee at Eastern Zone Age Group Long Co	
200 Fly		2:33.58	<b>30-Jul-04</b>	MYM- NJ	Felicia F. Lee at Junior Olympics	
200 IM		2:26.46	<b>14-Jan-05</b>	MYM- NJ	Felicia F. Lee at Burgdorff Invitational 2005	
400 IM		5:08.58	<b>14-Jan-05</b>	MYM- NJ	Felicia F. Lee at Burgdorff Invitational 2005	
200 Free Relay		1:59.03	<b>24-Jun-11</b>	MYM- NJ	E. O'Halloran, N. Santa Cruz, K. Ianiro, H. O'Halloran	
400 Free Relay		4:40.43	<b>1-Sep-97</b>	MYM- NJ	S. Donovan R. McNeel L. Sytnyk L. Fabiano	
200 Medley Relay		2:15.78	<b>1-Sep-03</b>	MYM- NJ	F. Lee C. Fuhro N. Moodie C. Boomer	
400 Medley Relay		5:11.37	<b>7-Jun-15</b>	MYM- NJ	A. Steffe, C. Gilio-Malabre, I. Deubner, A. Best	
13-14	50 Free	27.38	<b>10-Aug-05</b>	MYM- NJ	Felicia F. Lee at Eastern Zone Age Group Long Course Champs	
	100 Free	1:00.22	<b>10-Aug-05</b>	MYM- NJ	Felicia F. Lee at Eastern Zone Age Group Long Course Champs	
	200 Free	2:11.19	<b>9-Jul-05</b>	MYM- NJ	Felicia F. Lee at July Jubilee 2005	
	400 Free	4:39.82	<b>22-Jun-07</b>	MYM- NJ	Stephanie M. Ferrell at Summer Sizzle	
	800 Free	9:40.85	<b>1-Sep-98</b>	MYM- NJ	L. Fabiano	
	1500 Free	18:21.85	<b>1-Sep-98</b>	MYM- NJ	L. Fabiano	
	50 Back	30.19	<b>28-Jul-03</b>	MYM- NJ	Lauren English at 2003 YMCA National Long Course Championship	
	100 Back	1:04.54	<b>28-Jul-03</b>	MYM- NJ	Lauren English at 2003 YMCA National Long Course Championship	
	200 Back	2:19.47	<b>28-Jul-03</b>	MYM- NJ	Lauren English at 2003 YMCA National Long Course Championship	
	50 Breast	34.17	<b>1-Aug-06</b>	MYM- NJ	Stephanie M. Ferrell at 2006 YMCA National Long Course Championship	
	100 Breast	1:14.71	<b>6-Aug-07</b>	MYM- NJ	Stephanie M. Ferrell at 2007 Speedo Junior National Championships	
	200 Breast	2:39.36	<b>22-Jun-07</b>	MYM- NJ	Stephanie M. Ferrell at Summer Sizzle	

**YMCA of Montclair**  
**PMADEIRA@MONTCLAIRYMCA.ORG**

**RECORDS Long Course Records**

13-14	50 Fly	30.21	<b>3-Jun-05</b>	MYM- NJ	Felicia F. Lee at NJ Long Course Cup
	100 Fly	1:02.48	<b>26-Jul-05</b>	MYM- NJ	Felicia F. Lee at 2005 YMCA National Long Course Championship
	200 Fly	2:19.40	<b>10-Aug-05</b>	MYM- NJ	Felicia F. Lee at Eastern Zone Age Group Long Course Champs
	200 IM	2:23.80	<b>26-Jul-05</b>	MYM- NJ	Felicia F. Lee at 2005 YMCA National Long Course Championship
	400 IM	5:06.93	<b>10-Aug-05</b>	MYM- NJ	Felicia F. Lee at Eastern Zone Age Group Long Course Champs
	200 Free Relay	1:56.23	<b>28-Jun-13</b>	MYM- NJ	C. Deubner, N. Santa Cruz, E. O'Halloran, H. O'Halloran
	400 Free Relay	4:16.69	<b>1-Sep-99</b>	MYM- NJ	K. Haigney H. Ang L. Petsoff L. Fabiano
	800 Free Relay	9:41.25	<b>28-Jul-11</b>	MYM- NJ	A. Espinosa-Dice, T. Collins, M. Collins, K. Ianiro
	200 Medley Relay	2:10.61	<b>22-Jun-12</b>	MYM- NJ	H. O'Halloran, C. O'Leary, N. Santa Cruz, E. O'Halloran
	400 Medley Relay	4:54.98	<b>28-Jul-11</b>	MYM- NJ	C. Munro, T. Collins, K. Ianiro, A. Espinosa-Dice
15-18	50 Free	27.25	<b>27-Jul-04</b>	MYM- NJ	Lauren English at 2004 YMCA National Long Course Championship
	100 Free	59.57	<b>27-Jul-04</b>	MYM- NJ	Lauren English at 2004 YMCA National Long Course Championship
	200 Free	2:09.98	<b>27-Jun-03</b>	MYM- NJ	Kaitlin O'Brien at Summer Sizzle
	400 Free	4:31.31	<b>27-Jul-04</b>	MYM- NJ	Kaitlin O'Brien at 2004 YMCA National Long Course Championship
	800 Free	9:22.15	<b>27-Jun-03</b>	MYM- NJ	Kaitlin O'Brien at Summer Sizzle
	1500 Free	17:47.71	<b>27-Jul-04</b>	MYM- NJ	Kaitlin O'Brien at 2004 YMCA National Long Course Championship
	50 Back	29.32	<b>27-Jul-04</b>	MYM- NJ	Lauren English at 2004 YMCA National Long Course Championship
	100 Back	1:03.02	<b>27-Jul-04</b>	MYM- NJ	Lauren English at 2004 YMCA National Long Course Championship
	200 Back	2:19.68	<b>29-May-04</b>	MYM- NJ	Lauren English at Memorial Day Invitational
	50 Breast	33.00	<b>27-Jul-16</b>	MYM- NJ	Cha O'Leary at 2016 LCY Nationals
	100 Breast	1:11.58	<b>27-Jul-16</b>	MYM- NJ	Cha O'Leary at 2016 LCY Nationals
	200 Breast	2:36.27	<b>28-Jul-14</b>	MYM- NJ	Cha O'Leary at 2014 YMCA National Long Course Championship
	50 Fly	30.00	<b>28-Jul-03</b>	MYM- NJ	Laura A. Fabiano at 2003 YMCA National Long Course Championship
	100 Fly	1:06.41	<b>27-Jul-09</b>	MYM- NJ	Katherine H. O'Leary at 2009 YMCA National Long Course Championship
	200 Fly	2:24.18	<b>26-Jun-15</b>	MYM- NJ	Cha O'Leary at Jeffrey S Mace Memorial Summer Sizzle XXV
	200 IM	2:23.49	<b>28-Jul-11</b>	MYM- NJ	Stephanie M. Ferrell at NJS/SAC LC JO's 2011
	400 IM	5:00.99	<b>27-Jul-04</b>	MYM- NJ	Kaitlin O'Brien at 2004 YMCA National Long Course Championship
	200 Free Relay	1:52.64	<b>1-Sep-02</b>	MYM- NJ	J. Lennon S. Knox B. Vonrosendahl B Rosche
	400 Free Relay	4:10.25	<b>1-Sep-01</b>	MYM- NJ	J. Feintheil L. Fabiano H. Ang J. Lennon
	800 Free Relay	8:51.01	<b>27-Jul-04</b>	MYM- NJ	J. Connell L. English D. Milley K. O'Brien
	200 Medley Relay	2:03.43	<b>3-Aug-15</b>	MYM- NJ	H. O'Halloran, C. O'Leary, N. Santa Cruz, E. Koschik
	400 Medley Relay	4:31.82	<b>5-Aug-15</b>	MYM- NJ	H. O'Halloran, C. O'Leary, N. Santa Cruz, E. Koschik
Open	50 Free	27.25	<b>27-Jul-04</b>	MYM- NJ	Lauren English at 2004 YMCA National Long Course Championship
	100 Free	59.41	<b>1-Sep-00</b>	MYM- NJ	L. Dolansky
	200 Free	2:09.98	<b>27-Jun-03</b>	MYM- NJ	Kaitlin O'Brien at Summer Sizzle
	400 Free	4:31.31	<b>27-Jul-04</b>	MYM- NJ	Kaitlin O'Brien at 2004 YMCA National Long Course Championship
	800 Free	9:22.15	<b>27-Jun-03</b>	MYM- NJ	Kaitlin O'Brien at Summer Sizzle
	1500 Free	17:47.71	<b>27-Jul-04</b>	MYM- NJ	Kaitlin O'Brien at 2004 YMCA National Long Course Championship
	50 Back	29.32	<b>27-Jul-04</b>	MYM- NJ	Lauren English at 2004 YMCA National Long Course Championship
	100 Back	1:03.02	<b>27-Jul-04</b>	MYM- NJ	Lauren English at 2004 YMCA National Long Course Championship
	200 Back	2:19.47	<b>28-Jul-03</b>	MYM- NJ	Lauren English at 2003 YMCA National Long Course Championship
	50 Breast	33.00	<b>27-Jul-16</b>	MYM- NJ	Cha O'Leary at 2016 LCY Nationals
	100 Breast	1:11.58	<b>27-Jul-16</b>	MYM- NJ	Cha O'Leary at 2016 LCY Nationals
	200 Breast	2:36.27	<b>28-Jul-14</b>	MYM- NJ	Cha O'Leary at 2014 YMCA National Long Course Championship
	50 Fly	30.00	<b>28-Jul-03</b>	MYM- NJ	Laura A. Fabiano at 2003 YMCA National Long Course Championship
	100 Fly	1:02.48	<b>26-Jul-05</b>	MYM- NJ	Felicia F. Lee at 2005 YMCA National Long Course Championship
	200 Fly	2:19.40	<b>10-Aug-05</b>	MYM- NJ	Felicia F. Lee at Eastern Zone Age Group Long Course Champs
	200 IM	2:23.49	<b>28-Jul-11</b>	MYM- NJ	Stephanie M. Ferrell at NJS/SAC LC JO's 2011
	400 IM	5:00.99	<b>27-Jul-04</b>	MYM- NJ	Kaitlin O'Brien at 2004 YMCA National Long Course Championship
	200 Free Relay	1:52.19	<b>26-Jul-05</b>	MYM- NJ	F. Lee, C. Richman, N. Moodie, K. O'Leary

**YMCA of Montclair**  
**PMADEIRA@MONTCLAIRYMCA.ORG**

---

**RECORDS Long Course Records**

Open	400 Free Relay	4:03.69	<b>27-Jul-04</b>	MYM- NJ	L. English, N. Moodie, D. Milley, K. O'Brien
	800 Free Relay	8:51.01	<b>27-Jul-04</b>	MYM- NJ	J. Connell, L. English, D. Milley, K. O'Brien
	200 Medley Relay	2:01.96	<b>27-Jul-04</b>	MYM- NJ	L. English, C. Fuhro, B. Von Rosendahl, N. Moodie
	400 Medley Relay	4:26.65	<b>27-Jul-04</b>	MYM- NJ	L. English, C. Fuhro, B. Von Rosendahl, K. O'Brien

**YMCA of Montclair  
PMADEIRA@MONTCLAIRMCA.ORG**

**RECORDS Long Course Records**

**LC Meters-Male**

10 & U	50 Free	30.87	<b>1-Sep-96</b>	MYM- NJ	J. Fowler
	100 Free	1:09.21	<b>1-Sep-00</b>	MYM- NJ	P. Park
	200 Free	2:20.25	<b>1-Sep-00</b>	MYM- NJ	P. Park
	400 Free	4:59.40	<b>1-Sep-00</b>	MYM- NJ	P. Park
	50 Back	37.34	<b>30-Jul-04</b>	MYM- NJ	Andrew R. Jung at Junior Olympics
	100 Back	1:19.13	<b>1-Sep-00</b>	MYM- NJ	P. Park
	50 Breast	40.15	<b>1-Sep-96</b>	MYM- NJ	J. Fowler
	100 Breast	1:26.37	<b>1-Sep-96</b>	MYM- NJ	J. Fowler
	50 Fly	33.43	<b>1-Sep-00</b>	MYM- NJ	P. Park
	100 Fly	1:10.81	<b>1-Sep-00</b>	MYM- NJ	P. Park
	200 IM	2:41.98	<b>1-Sep-00</b>	MYM- NJ	P. Park
	200 Free Relay	2:20.66	<b>30-Jul-04</b>	MYM- NJ	T. Wolinski, S. Connell, P. Park, A. Jung
	400 Free Relay	6:36.58	<b>1-Sep-03</b>	MYM- NJ	A. Jung L. Patierno T. Patierno T. Wolinski
	200 Medley Relay	2:47.22	<b>29-Jul-05</b>	MYM- NJ	K. VanWinden, L. Amodio, P. Kang, D. Walpole
	400 Medley Relay	6:42.95	<b>1-Sep-03</b>	MYM- NJ	L. Patierno T. Wolinski A. Jung S. Connell
11-12	50 Free	26.36	<b>12-Aug-09</b>	MYM- NJ	William S. Zaubler at 2009 Eastern Zone LC Championships
	100 Free	58.80	<b>26-Jun-09</b>	MYM- NJ	William S. Zaubler at SUMMER SIZZLE
	200 Free	2:06.01	<b>1-Sep-02</b>	MYM- NJ	P. Park
	400 Free	4:21.69	<b>1-Sep-02</b>	MYM- NJ	P. Park
	800 Free	9:08.17	<b>1-Sep-02</b>	MYM- NJ	P. Park
	1500 Free	17:23.15	<b>1-Sep-02</b>	MYM- NJ	P. Park
	50 Back	32.16	<b>11-Jan-08</b>	MYM- NJ	Philip Kang at Burgdorff Invitational 2008
	100 Back	1:07.89	<b>11-Jan-08</b>	MYM- NJ	Philip Kang at Burgdorff Invitational 2008
	200 Back	2:27.45	<b>8-Aug-07</b>	MYM- NJ	Phillip Kang at Eastern Zone Age Group Long Course Champs
	50 Breast	35.40	<b>9-Jun-18</b>	MYM- NJ	Howard Zhuang at 2018 HACY Summer Solstice
	100 Breast	1:18.53	<b>29-Jun-18</b>	MYM- NJ	Howard Zhuang at Jeffrey S Mace Memorial Summer Sizzle XXVIII
	200 Breast	2:47.17	<b>1-Sep-02</b>	MYM- NJ	P. Park
	50 Fly	29.07	<b>1-Sep-02</b>	MYM- NJ	P. Park
	100 Fly	1:03.65	<b>1-Sep-02</b>	MYM- NJ	P. Park
	200 Fly	2:17.39	<b>1-Sep-02</b>	MYM- NJ	P. Park
	200 IM	2:22.39	<b>1-Sep-02</b>	MYM- NJ	P. Park
	400 IM	5:01.36	<b>1-Sep-02</b>	MYM- NJ	P. Park
	200 Free Relay	1:59.56	<b>12-Jun-09</b>	MYM- NJ	W. Zaubler, P. Jones, S. Groisser, N. Santa Cruz
	400 Free Relay	4:46.60	<b>10-Jun-17</b>	MYM- NJ	L. Powers, H. Zhuang, J. Rodriguez-LaLlave, A. Breikaa
	200 Medley Relay	2:14.01	<b>1-Sep-02</b>	MYM- NJ	M. Kim P. Oh P. Park B. Federak
	400 Medley Relay	5:15.06	<b>11-Jun-17</b>	MYM- NJ	J. Rodriguez-LaLlave, H.Zhuang, L. Powers, A. Breikaa
13-14	50 Free	25.56	<b>11-Aug-04</b>	MYM- NJ	Kevin Jung at Eastern Zone Age Group Long Co
	100 Free	56.23	<b>1-Aug-06</b>	MYM- NJ	Matt L. Navata at 2006 YMCA National Long Course Championship
	200 Free	2:02.32	<b>1-Sep-02</b>	MYM- NJ	A. Kyrejko
	400 Free	4:16.34	<b>28-Jul-03</b>	MYM- NJ	Peter Park at 2003 YMCA National Long Course Championship
	800 Free	8:49.31	<b>28-Jul-03</b>	MYM- NJ	Peter Park at 2003 YMCA National Long Course Championship
	1500 Free	16:48.28	<b>28-Jul-03</b>	MYM- NJ	Peter Park at 2003 YMCA National Long Course Championship
	50 Back	30.22	<b>29-Jul-08</b>	MYM- NJ	Andrew R. Jung at 2008 YMCA National Long Course Championship
	100 Back	1:03.34	<b>27-Jul-09</b>	MYM- NJ	Philip Kang at 2009 YMCA National Long Course Championship
	200 Back	2:14.46	<b>6-Aug-09</b>	MYM- NJ	Philip Kang at 2009 Speedo Champions Series
	50 Breast	33.75	<b>27-Jul-09</b>	MYM- NJ	Logan W. Amodio at 2009 YMCA National Long Course Championship
	100 Breast	1:12.47	<b>1-Sep-98</b>	MYM- NJ	M. Hartke
	200 Breast	2:36.51	<b>29-Jun-18</b>	MYM- NJ	Connor G. Townson at Jeffrey S Mace Memorial Summer Sizzle XXVIII

**YMCA of Montclair**  
**PMADEIRA@MONTCLAIRYMCA.ORG**

**RECORDS Long Course Records**

13-14	50 Fly	27.52	<b>12-Jun-04</b>	MYM- NJ	Kevin Jung at NJ Long Course Cup
	100 Fly	1:00.21	<b>29-Jul-08</b>	MYM- NJ	Andrew R. Jung at 2008 YMCA National Long Course Championship
	200 Fly	2:09.86	<b>1-Aug-06</b>	MYM- NJ	Matt L. Navata at 2006 YMCA National Long Course Championship
	200 IM	2:15.77	<b>8-Jul-06</b>	MYM- NJ	Matt L. Navata at PSC July Jubilee LC Meet
	400 IM	4:46.04	<b>1-Aug-06</b>	MYM- NJ	Matt L. Navata at 2006 YMCA National Long Course Championship
	200 Free Relay	1:49.90	<b>2-Jul-17</b>	MYM- NJ	N. Espiritu, S. Smith, E. Wood, M. McEachin
	400 Free Relay	4:06.44	<b>28-Jul-17</b>	MYM- NJ	N. Espiritu, S. Smith, E. Wood, M. McEachin
	800 Free Relay	9:31.99	<b>28-Jul-11</b>	MYM- NJ	N.Santa Cruz,S.Severson, P. Jones,K. Huaman
	200 Medley Relay	2:04.98	<b>1-Jul-17</b>	MYM- NJ	K. Blitz, S. Smith, C. Gilio-Malabre, M. McEachin
	400 Medley Relay	4:33.60	<b>29-Jul-05</b>	MYM- NJ	M. Lazzara, F. Patierno, A. Richman, P. Gurniak
15-18	50 Free	24.45	<b>1-Sep-97</b>	MYM- NJ	R. Hodgson
	100 Free	53.79	<b>25-Jul-11</b>	MYM- NJ	Tommy J. Wolinski at 2011 YMCA National Long Course Championship
	200 Free	1:58.88	<b>25-Jul-11</b>	MYM- NJ	Tommy J. Wolinski at 2011 YMCA National Long Course Championship
	400 Free	4:12.71	<b>22-Jun-07</b>	MYM- NJ	Matt L. Navata at Summer Sizzle
	800 Free	9:02.02	<b>1-Sep-02</b>	MYM- NJ	J. Ashenfelter
	1500 Free	16:57.02	<b>27-Jun-08</b>	MYM- NJ	Matt L. Navata at SUMMER SIZZLE
	50 Back	29.07	<b>26-Jul-05</b>	MYM- NJ	Daniel T. Fletcher at 2005 YMCA National Long Course Championship
	100 Back	1:01.55	<b>3-Aug-15</b>	MYM- NJ	Charles C. Cobbertt at 2015 LCY Nationals
	200 Back	2:13.99	<b>1-Sep-97</b>	MYM- NJ	C. Feintheil
	50 Breast	32.41	<b>31-Jul-07</b>	MYM- NJ	PJ Tully at 2007 YMCA National Long Course Championship
	100 Breast	1:09.24	<b>26-Jun-09</b>	MYM- NJ	Matt L. Navata at SUMMER SIZZLE
	200 Breast	2:26.44	<b>27-Jul-09</b>	MYM- NJ	Matt L. Navata at 2009 YMCA National Long Course Championship
	50 Fly	26.56	<b>1-Aug-06</b>	MYM- NJ	Kevin Jung at 2006 YMCA National Long Course Championship
	100 Fly	58.35	<b>26-Jun-09</b>	MYM- NJ	Matt L. Navata at SUMMER SIZZLE
	200 Fly	2:05.60	<b>29-Jul-08</b>	MYM- NJ	Matt L. Navata at 2008 YMCA National Long Course Championship
	200 IM	2:08.79	<b>27-Jul-09</b>	MYM- NJ	Matt L. Navata at 2009 YMCA National Long Course Championship
	400 IM	4:32.29	<b>27-Jul-09</b>	MYM- NJ	Matt L. Navata at 2009 YMCA National Long Course Championship
	200 Free Relay	1:41.91	<b>27-Jul-09</b>	MYM- NJ	T. Marshall Jr., T. Wolinski, J. Yburan, M. Navatta
	400 Free Relay	3:46.48	<b>27-Jul-09</b>	MYM- NJ	T. Wolinski, J. Yburan, D. Hall-App, M. Navatta
	800 Free Relay	8:30.21	<b>30-Jun-17</b>	MYM- NJ	T. Smith, L. Brown, E. Madrigal, K. Michaud
	200 Medley Relay	1:53.50	<b>27-Jul-09</b>	MYM- NJ	J. Ianiro, M. Navatta, A. Jung, T. Marshall Jr.
	400 Medley Relay	4:09.41	<b>26-Jul-10</b>	MYM- NJ	D. Hall-App, M. Navatta, A. Jung, T. Wolinski
Open	50 Free	24.45	<b>1-Sep-97</b>	MYM- NJ	R. Hodgson
	100 Free	52.69	<b>6-Aug-09</b>	MYM- NJ	Daniel T. Fletcher at 2009 Speedo Champions Series
	200 Free	1:56.65	<b>6-Aug-09</b>	MYM- NJ	Daniel T. Fletcher at 2009 Speedo Champions Series
	400 Free	4:12.71	<b>22-Jun-07</b>	MYM- NJ	Matt L. Navata at Summer Sizzle
	800 Free	8:49.31	<b>28-Jul-03</b>	MYM- NJ	Peter Park at 2003 YMCA National Long Course Championship
	1500 Free	16:48.28	<b>28-Jul-03</b>	MYM- NJ	Peter Park at 2003 YMCA National Long Course Championship
	50 Back	29.07	<b>26-Jul-05</b>	MYM- NJ	Daniel T. Fletcher at 2005 YMCA National Long Course Championship
	100 Back	59.55	<b>6-Aug-09</b>	MYM- NJ	Daniel T. Fletcher at 2009 Speedo Champions Series
	200 Back	2:10.98	<b>24-Jul-08</b>	MYM- NJ	Daniel T. Fletcher at 2008 LC Junior Olympics
	50 Breast	32.41	<b>31-Jul-07</b>	MYM- NJ	PJ Tully at 2007 YMCA National Long Course Championship
	100 Breast	1:09.24	<b>26-Jun-09</b>	MYM- NJ	Matt L. Navata at SUMMER SIZZLE
	200 Breast	2:26.44	<b>27-Jul-09</b>	MYM- NJ	Matt L. Navata at 2009 YMCA National Long Course Championship
	50 Fly	26.56	<b>1-Aug-06</b>	MYM- NJ	Kevin Jung at 2006 YMCA National Long Course Championship
	100 Fly	58.35	<b>26-Jun-09</b>	MYM- NJ	Matt L. Navata at SUMMER SIZZLE
	200 Fly	2:05.60	<b>29-Jul-08</b>	MYM- NJ	Matt L. Navata at 2008 YMCA National Long Course Championship
	200 IM	2:08.79	<b>27-Jul-09</b>	MYM- NJ	Matt L. Navata at 2009 YMCA National Long Course Championship
	400 IM	4:32.29	<b>27-Jul-09</b>	MYM- NJ	Matt L. Navata at 2009 YMCA National Long Course Championship
	200 Free Relay	1:41.88	<b>1-Sep-97</b>	MYM- NJ	B. Hsu M. Kratson A. Ziccardi R. Hodgson

**YMCA of Montclair**  
**PMADEIRA@MONTCLAIRYMCA.ORG**

---

**RECORDS Long Course Records**

Open	400 Free Relay	3:45.12	<b>1-Sep-97</b>	MYM- NJ	M. Kratson B. Hsu C. D'Amore R. Hodgson
	800 Free Relay	8:15.65	<b>28-Jul-03</b>	MYM- NJ	P. Park, J. Ashenfelter, J. Lands, J. Tseng
	200 Medley Relay	1:53.50	<b>27-Jul-09</b>	MYM- NJ	J. Ianiro, M. Navata, A. Jung, T. Marshall Jr
	400 Medley Relay	4:05.64	<b>6-Aug-09</b>	MYM- NJ	A. Jung, P. Tully, P. Kang, D. Fletcher