

**YMCA of Montclair
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RECORDS Long Course Records

LC Meters-Female

10 & U	50 Free	30.96	6-Aug-03	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Long Course Meet
	100 Free	1:06.41	6-Aug-03	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Long Course Meet
	200 Free	2:21.51	6-Aug-03	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Long Course Meet
	400 Free	4:58.51	25-Jul-03	MYM- NJ	Stephanie M. Ferrell at 2003 New Jersey Junior Olympics
	50 Back	35.41	10-Jan-03	MYM- NJ	Felicia F. Lee at Burgdorff Invitational
	100 Back	1:13.80	2-May-03	MYM- NJ	Felicia F. Lee at MD Carol Chidester Invite
	50 Breast	37.83	6-Aug-03	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Long Course Meet
	100 Breast	1:21.04	6-Aug-03	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Long Course Meet
	50 Fly	33.55	10-Jan-03	MYM- NJ	Felicia F. Lee at Burgdorff Invitational
	100 Fly	1:13.89	10-Jan-03	MYM- NJ	Felicia F. Lee at Burgdorff Invitational
	200 IM	2:41.21	6-Aug-03	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Long Course Meet
	200 Free Relay	2:16.16	25-Jul-03	MYM- NJ	S. Ferrell, H. Romano, K. Milligan, C. Patracuolla
	400 Free Relay	5:19.32	1-Sep-00	MYM- NJ	K. Teresak C. Swierkocki N. Patracuolla C. Bianco
	200 Medley Relay	2:34.43	1-Sep-02	MYM- NJ	F. Lee C. Patracuolla T. Teresak K. Courter
	400 Medley Relay	5:54.04	1-Sep-02	MYM- NJ	F. Lee C. Patracuolla T. Teresak K. Courter
11-12	50 Free	28.35	28-Jul-03	MYM- NJ	Natasha D. Moodie at 2003 YMCA National Long Course Championship
	100 Free	1:01.21	14-Jan-05	MYM- NJ	Felicia F. Lee at Burgdorff Invitational 2005
	200 Free	2:11.68	14-Jan-05	MYM- NJ	Felicia F. Lee at Burgdorff Invitational 2005
	400 Free	4:44.50	25-Jun-04	MYM- NJ	Felicia F. Lee at SUMMER SIZZLE 2004
	800 Free	10:19.47	7-Jul-11	MYM- NJ	Hannah R. O'Halloran at HAC SUMMER FUN MEET
	1500 Free	20:43.50	1-Sep-02	MYM- NJ	K. Teresak
	50 Back	31.20	11-Aug-04	MYM- NJ	Felicia F. Lee at Eastern Zone Age Group Long Co
	100 Back	1:06.70	14-Jan-05	MYM- NJ	Felicia F. Lee at Burgdorff Invitational 2005
	200 Back	2:22.86	14-Jan-05	MYM- NJ	Felicia F. Lee at Burgdorff Invitational 2005
	50 Breast	34.31	10-Aug-05	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Age Group Long Course Champs
	100 Breast	1:15.62	11-Aug-04	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Age Group Long Co
	200 Breast	2:45.46	10-Aug-05	MYM- NJ	Stephanie M. Ferrell at Eastern Zone Age Group Long Course Champs
	50 Fly	30.85	30-Jul-04	MYM- NJ	Felicia F. Lee at Junior Olympics
	100 Fly	1:07.84	11-Aug-04	MYM- NJ	Felicia F. Lee at Eastern Zone Age Group Long Co
	200 Fly	2:33.58	30-Jul-04	MYM- NJ	Felicia F. Lee at Junior Olympics
	200 IM	2:26.46	14-Jan-05	MYM- NJ	Felicia F. Lee at Burgdorff Invitational 2005
	400 IM	5:08.58	14-Jan-05	MYM- NJ	Felicia F. Lee at Burgdorff Invitational 2005
	200 Free Relay	1:59.03	24-Jun-11	MYM- NJ	E. O'Halloran, N. Santa Cruz, K. Ianiro, H. O'Halloran
	400 Free Relay	4:40.43	1-Sep-97	MYM- NJ	S. Donovan R. McNeel L. Sytnyk L. Fabiano
	200 Medley Relay	2:15.78	1-Sep-03	MYM- NJ	F. Lee C. Fuhro N. Moodie C. Boomer
	400 Medley Relay	5:11.37	7-Jun-15	MYM- NJ	A. Steffe, C. Gilio-Malabre, I. Deubner, A. Best
13-14	50 Free	27.38	10-Aug-05	MYM- NJ	Felicia F. Lee at Eastern Zone Age Group Long Course Champs
	100 Free	1:00.22	10-Aug-05	MYM- NJ	Felicia F. Lee at Eastern Zone Age Group Long Course Champs
	200 Free	2:11.19	9-Jul-05	MYM- NJ	Felicia F. Lee at July Jubilee 2005
	400 Free	4:39.82	22-Jun-07	MYM- NJ	Stephanie M. Ferrell at Summer Sizzle
	800 Free	9:40.85	1-Sep-98	MYM- NJ	L. Fabiano
	1500 Free	18:21.85	1-Sep-98	MYM- NJ	L. Fabiano
	50 Back	30.19	28-Jul-03	MYM- NJ	Lauren English at 2003 YMCA National Long Course Championship
	100 Back	1:04.54	28-Jul-03	MYM- NJ	Lauren English at 2003 YMCA National Long Course Championship
	200 Back	2:19.47	28-Jul-03	MYM- NJ	Lauren English at 2003 YMCA National Long Course Championship
	50 Breast	34.17	1-Aug-06	MYM- NJ	Stephanie M. Ferrell at 2006 YMCA National Long Course Championship
	100 Breast	1:14.71	6-Aug-07	MYM- NJ	Stephanie M. Ferrell at 2007 Speedo Junior National Championships
	200 Breast	2:39.36	22-Jun-07	MYM- NJ	Stephanie M. Ferrell at Summer Sizzle

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RECORDS Long Course Records

13-14	50 Fly	30.21	3-Jun-05	MYM- NJ	Felicia F. Lee at NJ Long Course Cup
	100 Fly	1:02.48	26-Jul-05	MYM- NJ	Felicia F. Lee at 2005 YMCA National Long Course Championship
	200 Fly	2:19.40	10-Aug-05	MYM- NJ	Felicia F. Lee at Eastern Zone Age Group Long Course Champs
	200 IM	2:23.80	26-Jul-05	MYM- NJ	Felicia F. Lee at 2005 YMCA National Long Course Championship
	400 IM	5:06.93	10-Aug-05	MYM- NJ	Felicia F. Lee at Eastern Zone Age Group Long Course Champs
	200 Free Relay	1:56.23	28-Jun-13	MYM- NJ	C. Deubner, N. Santa Cruz, E. O'Halloran, H. O'Halloran
	400 Free Relay	4:16.69	1-Sep-99	MYM- NJ	K. Haigney H. Ang L. Petsoff L. Fabiano
	800 Free Relay	9:41.25	28-Jul-11	MYM- NJ	A. Espinosa-Dice, T. Collins, M. Collins, K. Ianiro
	200 Medley Relay	2:08.31	28-Jun-19	MYM- NJ	E. Habjan, N. Dripchak, C. Frank, N. Shaw
	400 Medley Relay	4:50.12	25-Jul-19	MYM- NJ	T. Davis, N. Dripchak, C. Frank, N. Shaw
15-18	50 Free	27.25	27-Jul-04	MYM- NJ	Lauren English at 2004 YMCA National Long Course Championship
	100 Free	59.49	22-Jul-21	MYM- NJ	Ela Habjan at 2021 NC AP YMCA Long Course Swimming Festival
	200 Free	2:09.98	27-Jun-03	MYM- NJ	Kaitlin O'Brien at Summer Sizzle
	400 Free	4:31.31	27-Jul-04	MYM- NJ	Kaitlin O'Brien at 2004 YMCA National Long Course Championship
	800 Free	9:22.15	27-Jun-03	MYM- NJ	Kaitlin O'Brien at Summer Sizzle
	1500 Free	17:47.71	27-Jul-04	MYM- NJ	Kaitlin O'Brien at 2004 YMCA National Long Course Championship
	50 Back	29.32	27-Jul-04	MYM- NJ	Lauren English at 2004 YMCA National Long Course Championship
	100 Back	1:03.02	27-Jul-04	MYM- NJ	Lauren English at 2004 YMCA National Long Course Championship
	200 Back	2:19.68	29-May-04	MYM- NJ	Lauren English at Memorial Day Invitational
	50 Breast	33.00	27-Jul-16	MYM- NJ	Cha O'Leary at 2016 LCY Nationals
	100 Breast	1:11.58	27-Jul-16	MYM- NJ	Cha O'Leary at 2016 LCY Nationals
	200 Breast	2:36.27	28-Jul-14	MYM- NJ	Cha O'Leary at 2014 YMCA National Long Course Championship
	50 Fly	30.00	28-Jul-03	MYM- NJ	Laura A. Fabiano at 2003 YMCA National Long Course Championship
	100 Fly	1:06.41	27-Jul-09	MYM- NJ	Katherine H. O'Leary at 2009 YMCA National Long Course Championship
	200 Fly	2:24.18	26-Jun-15	MYM- NJ	Cha O'Leary at Jeffrey S Mace Memorial Summer Sizzle XXV
	200 IM	2:23.49	28-Jul-11	MYM- NJ	Stephanie M. Ferrell at NJS/SAC LC JO's 2011
	400 IM	5:00.99	27-Jul-04	MYM- NJ	Kaitlin O'Brien at 2004 YMCA National Long Course Championship
	200 Free Relay	1:52.64	1-Sep-02	MYM- NJ	J. Lennon, S. Knox, B. Vonrosendahl, B Rosche
	400 Free Relay	4:10.25	1-Sep-01	MYM- NJ	J. Feintheil L. Fabiano H. Ang J. Lennon
	800 Free Relay	8:51.01	27-Jul-04	MYM- NJ	J. Connell L. English D. Milley K. O'Brien
	200 Medley Relay	2:03.43	3-Aug-15	MYM- NJ	H. O'Halloran, C. O'Leary, N. Santa Cruz, E. Koschik
	400 Medley Relay	4:31.82	5-Aug-15	MYM- NJ	H. O'Halloran, C. O'Leary, N. Santa Cruz, E. Koschik
Open	50 Free	27.25	27-Jul-04	MYM- NJ	Lauren English at 2004 YMCA National Long Course Championship
	100 Free	59.41	1-Sep-00	MYM- NJ	L. Dolansky
	200 Free	2:09.98	27-Jun-03	MYM- NJ	Kaitlin O'Brien at Summer Sizzle
	400 Free	4:31.31	27-Jul-04	MYM- NJ	Kaitlin O'Brien at 2004 YMCA National Long Course Championship
	800 Free	9:22.15	27-Jun-03	MYM- NJ	Kaitlin O'Brien at Summer Sizzle
	1500 Free	17:47.71	27-Jul-04	MYM- NJ	Kaitlin O'Brien at 2004 YMCA National Long Course Championship
	50 Back	29.32	27-Jul-04	MYM- NJ	Lauren English at 2004 YMCA National Long Course Championship
	100 Back	1:03.02	27-Jul-04	MYM- NJ	Lauren English at 2004 YMCA National Long Course Championship
	200 Back	2:19.47	28-Jul-03	MYM- NJ	Lauren English at 2003 YMCA National Long Course Championship
	50 Breast	33.00	27-Jul-16	MYM- NJ	Cha O'Leary at 2016 LCY Nationals
	100 Breast	1:11.58	27-Jul-16	MYM- NJ	Cha O'Leary at 2016 LCY Nationals
	200 Breast	2:36.27	28-Jul-14	MYM- NJ	Cha O'Leary at 2014 YMCA National Long Course Championship
	50 Fly	30.00	28-Jul-03	MYM- NJ	Laura A. Fabiano at 2003 YMCA National Long Course Championship
	100 Fly	1:02.48	26-Jul-05	MYM- NJ	Felicia F. Lee at 2005 YMCA National Long Course Championship
	200 Fly	2:19.40	10-Aug-05	MYM- NJ	Felicia F. Lee at Eastern Zone Age Group Long Course Champs
	200 IM	2:23.49	28-Jul-11	MYM- NJ	Stephanie M. Ferrell at NJS/SAC LC JO's 2011
	400 IM	5:00.99	27-Jul-04	MYM- NJ	Kaitlin O'Brien at 2004 YMCA National Long Course Championship
	200 Free Relay	1:52.19	26-Jul-05	MYM- NJ	F. Lee, C. Richman, N. Moodie, K. O'Leary

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Open	400 Free Relay	4:03.69	27-Jul-04	MYM- NJ	L. English, N. Moodie, D. Milley, K. O'Brien
	800 Free Relay	8:51.01	27-Jul-04	MYM- NJ	J. Connell, L. English, D. Milley, K. O'Brien
	200 Medley Relay	2:01.96	27-Jul-04	MYM- NJ	L. English, C. Fuhro, B. Von Rosendahl, N. Moodie
	400 Medley Relay	4:26.65	27-Jul-04	MYM- NJ	L. English, C. Fuhro, B. Von Rosendahl, K. O'Brien

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RECORDS Long Course Records

LC Meters-Male

10 & U	50 Free	30.87	1-Sep-96	MYM- NJ	J. Fowler
	100 Free	1:09.21	1-Sep-00	MYM- NJ	P. Park
	200 Free	2:20.25	1-Sep-00	MYM- NJ	P. Park
	400 Free	4:59.40	1-Sep-00	MYM- NJ	P. Park
	50 Back	37.34	30-Jul-04	MYM- NJ	Andrew R. Jung at Junior Olympics
	100 Back	1:19.13	1-Sep-00	MYM- NJ	P. Park
	50 Breast	40.15	1-Sep-96	MYM- NJ	J. Fowler
	100 Breast	1:26.37	1-Sep-96	MYM- NJ	J. Fowler
	50 Fly	33.43	1-Sep-00	MYM- NJ	P. Park
	100 Fly	1:10.81	1-Sep-00	MYM- NJ	P. Park
	200 IM	2:41.98	1-Sep-00	MYM- NJ	P. Park
	200 Free Relay	2:20.66	30-Jul-04	MYM- NJ	T. Wolinski, S. Connell, P. Park, A. Jung
	400 Free Relay	6:36.58	1-Sep-03	MYM- NJ	A. Jung, L. Patierno, T. Patierno, T. Wolinski
	200 Medley Relay	2:47.22	29-Jul-05	MYM- NJ	K. VanWinden, L. Amodio, P. Kang, D. Walpole
	400 Medley Relay	6:42.95	1-Sep-03	MYM- NJ	L. Patierno, T. Wolinski, A. Jung, S. Connell
11-12	50 Free	26.36	12-Aug-09	MYM- NJ	William S. Zaubler at 2009 Eastern Zone LC Championships
	100 Free	58.80	26-Jun-09	MYM- NJ	William S. Zaubler at SUMMER SIZZLE
	200 Free	2:06.01	1-Sep-02	MYM- NJ	P. Park
	400 Free	4:21.69	1-Sep-02	MYM- NJ	P. Park
	800 Free	9:08.17	1-Sep-02	MYM- NJ	P. Park
	1500 Free	17:23.15	1-Sep-02	MYM- NJ	P. Park
	50 Back	32.16	11-Jan-08	MYM- NJ	Philip Kang at Burgdorff Invitational 2008
	100 Back	1:07.89	11-Jan-08	MYM- NJ	Philip Kang at Burgdorff Invitational 2008
	200 Back	2:27.45	8-Aug-07	MYM- NJ	Phillip Kang at Eastern Zone Age Group Long Course Champs
	50 Breast	35.40	9-Jun-18	MYM- NJ	Howard Zhuang at 2018 HACY Summer Solstice
	100 Breast	1:18.53	29-Jun-18	MYM- NJ	Howard Zhuang at Jeffrey S Mace Memorial Summer Sizzle XXVIII
	200 Breast	2:47.17	1-Sep-02	MYM- NJ	P. Park
	50 Fly	29.07	1-Sep-02	MYM- NJ	P. Park
	100 Fly	1:03.65	1-Sep-02	MYM- NJ	P. Park
	200 Fly	2:17.39	1-Sep-02	MYM- NJ	P. Park
	200 IM	2:22.39	1-Sep-02	MYM- NJ	P. Park
	400 IM	5:01.36	1-Sep-02	MYM- NJ	P. Park
	200 Free Relay	1:59.56	12-Jun-09	MYM- NJ	W. Zaubler, P. Jones, S. Groisser, N. Santa Cruz
	400 Free Relay	4:46.60	10-Jun-17	MYM- NJ	L. Powers, H. Zhuang, J. Rodriguez-LaLlave, A. Breikaa
	200 Medley Relay	2:14.01	1-Sep-02	MYM- NJ	M. Kim, P. Oh, P. Park, B. Federak
	400 Medley Relay	5:15.06	11-Jun-17	MYM- NJ	J. Rodriguez-LaLlave, H.Zhuang, L. Powers, A. Breikaa
13-14	50 Free	25.56	11-Aug-04	MYM- NJ	Kevin Jung at Eastern Zone Age Group Long Co
	100 Free	56.23	1-Aug-06	MYM- NJ	Matt L. Navata at 2006 YMCA National Long Course Championship
	200 Free	2:02.32	1-Sep-02	MYM- NJ	A. Kyrejko
	400 Free	4:16.34	28-Jul-03	MYM- NJ	Peter Park at 2003 YMCA National Long Course Championship
	800 Free	8:49.31	28-Jul-03	MYM- NJ	Peter Park at 2003 YMCA National Long Course Championship
	1500 Free	16:48.28	28-Jul-03	MYM- NJ	Peter Park at 2003 YMCA National Long Course Championship
	50 Back	30.22	29-Jul-08	MYM- NJ	Andrew R. Jung at 2008 YMCA National Long Course Championship
	100 Back	1:03.34	27-Jul-09	MYM- NJ	Philip Kang at 2009 YMCA National Long Course Championship
	200 Back	2:14.46	6-Aug-09	MYM- NJ	Philip Kang at 2009 Speedo Champions Series
	50 Breast	33.75	27-Jul-09	MYM- NJ	Logan W. Amodio at 2009 YMCA National Long Course Championship
	100 Breast	1:12.47	1-Sep-98	MYM- NJ	M. Hartke
	200 Breast	2:35.89	25-Jul-19	MYM- NJ	Leo A. Powers at 2019 NJ LC Junior Olympics

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RECORDS Long Course Records

13-14	50 Fly	27.52	12-Jun-04	MYM- NJ	Kevin Jung at NJ Long Course Cup
	100 Fly	1:00.21	29-Jul-08	MYM- NJ	Andrew R. Jung at 2008 YMCA National Long Course Championship
	200 Fly	2:09.86	1-Aug-06	MYM- NJ	Matt L. Navata at 2006 YMCA National Long Course Championship
	200 IM	2:15.77	8-Jul-06	MYM- NJ	Matt L. Navata at PSC July Jubilee LC Meet
	400 IM	4:46.04	1-Aug-06	MYM- NJ	Matt L. Navata at 2006 YMCA National Long Course Championship
	200 Free Relay	1:49.90	2-Jul-17	MYM- NJ	N. Espiritu, S. Smith, E. Wood, M. McEachin
	400 Free Relay	4:00.42	25-Jul-19	MYM- NJ	L. Powers, J. Rodriguez-LaLlave, K. Sobier, C. Voss
	800 Free Relay	9:31.99	28-Jul-11	MYM- NJ	N.Santa Cruz, S.Severson, P. Jones, K. Huaman
	200 Medley Relay	2:04.98	1-Jul-17	MYM- NJ	K. Blitz, S. Smith, C. Gilio-Malabre, M. McEachin
	400 Medley Relay	4:33.60	29-Jul-05	MYM- NJ	M. Lazzara, F. Patierno, A. Richman, P. Gurniak
15-18	50 Free	24.45	1-Sep-97	MYM- NJ	R. Hodgson
	100 Free	53.79	25-Jul-11	MYM- NJ	Tommy J. Wolinski at 2011 YMCA National Long Course Championship
	200 Free	1:58.88	25-Jul-11	MYM- NJ	Tommy J. Wolinski at 2011 YMCA National Long Course Championship
	400 Free	4:12.71	22-Jun-07	MYM- NJ	Matt L. Navata at Summer Sizzle
	800 Free	9:02.02	1-Sep-02	MYM- NJ	J. Ashenfelter
	1500 Free	16:57.02	27-Jun-08	MYM- NJ	Matt L. Navata at SUMMER SIZZLE
	50 Back	29.07	26-Jul-05	MYM- NJ	Daniel T. Fletcher at 2005 YMCA National Long Course Championship
	100 Back	1:01.55	3-Aug-15	MYM- NJ	Charles C. Cobberrt at 2015 LCY Nationals
	200 Back	2:12.62	22-Jul-21	MYM- NJ	Connor G. Townson at 2021 NC AP YMCA Long Course Swimming Festival
	50 Breast	30.43	16-May-21	MYM- NJ	Ben Endersby at BAC OT Qualifier Time Trial
	100 Breast	1:07.01	22-Jul-21	MYM- NJ	Connor G. Townson at 2021 NC AP YMCA Long Course Swimming Festival
	200 Breast	2:23.62	22-Jul-21	MYM- NJ	Connor G. Townson at 2021 NC AP YMCA Long Course Swimming Festival
	50 Fly	26.46	22-Jul-21	MYM- NJ	Finn J. Coogan Russell at 2021 NC AP YMCA Long Course Swimming Festival
	100 Fly	57.63	22-Jul-21	MYM- NJ	Finn J. Coogan Russell at 2021 NC AP YMCA Long Course Swimming Festival
	200 Fly	2:05.60	29-Jul-08	MYM- NJ	Matt L. Navata at 2008 YMCA National Long Course Championship
	200 IM	2:08.79	27-Jul-09	MYM- NJ	Matt L. Navata at 2009 YMCA National Long Course Championship
	400 IM	4:32.29	27-Jul-09	MYM- NJ	Matt L. Navata at 2009 YMCA National Long Course Championship
	200 Free Relay	1:37.65	22-Jul-21	MYM- NJ	F. Coogan Russell, A. Breikaa, M. McEachin, C. Voss
	400 Free Relay	3:41.50	22-Jul-21	MYM- NJ	C. Voss, A. Breikaa, D. Ancey, C. Townson
	800 Free Relay	8:30.21	30-Jun-17	MYM- NJ	T. Smith, L. Brown, E. Madrigal, K. Michaud
	200 Medley Relay	1:50.88	22-Jul-21	MYM- NJ	C. Remache, C. Townson, M. McEachin, F. Coogan Russell
	400 Medley Relay	4:03.96	22-Jul-21	MYM- NJ	D. Ancey, C. Townson, M. McEachin, F. Coogan Russell
Open	50 Free	24.45	1-Sep-97	MYM- NJ	R. Hodgson
	100 Free	52.69	6-Aug-09	MYM- NJ	Daniel T. Fletcher at 2009 Speedo Champions Series
	200 Free	1:56.65	6-Aug-09	MYM- NJ	Daniel T. Fletcher at 2009 Speedo Champions Series
	400 Free	4:12.71	22-Jun-07	MYM- NJ	Matt L. Navata at Summer Sizzle
	800 Free	8:49.31	28-Jul-03	MYM- NJ	Peter Park at 2003 YMCA National Long Course Championship
	1500 Free	16:48.28	28-Jul-03	MYM- NJ	Peter Park at 2003 YMCA National Long Course Championship
	50 Back	29.07	26-Jul-05	MYM- NJ	Daniel T. Fletcher at 2005 YMCA National Long Course Championship
	100 Back	59.55	6-Aug-09	MYM- NJ	Daniel T. Fletcher at 2009 Speedo Champions Series
	200 Back	2:10.98	24-Jul-08	MYM- NJ	Daniel T. Fletcher at 2008 LC Junior Olympics
	50 Breast	30.43	16-May-21	MYM- NJ	Ben Endersby at BAC OT Qualifier Time Trial
	100 Breast	1:07.01	22-Jul-21	MYM- NJ	Connor G. Townson at 2021 NC AP YMCA Long Course Swimming Festival
	200 Breast	2:23.62	22-Jul-21	MYM- NJ	Connor G. Townson at 2021 NC AP YMCA Long Course Swimming Festival
	50 Fly	26.46	22-Jul-21	MYM- NJ	Finn J. Coogan Russell at 2021 NC AP YMCA Long Course Swimming Festival
	100 Fly	57.63	22-Jul-21	MYM- NJ	Finn J. Coogan Russell at 2021 NC AP YMCA Long Course Swimming Festival
	200 Fly	2:05.60	29-Jul-08	MYM- NJ	Matt L. Navata at 2008 YMCA National Long Course Championship
	200 IM	2:08.79	27-Jul-09	MYM- NJ	Matt L. Navata at 2009 YMCA National Long Course Championship
	400 IM	4:32.29	27-Jul-09	MYM- NJ	Matt L. Navata at 2009 YMCA National Long Course Championship
	200 Free Relay	1:37.65	22-Jul-21	MYM- NJ	F. Coogan Russell, A. Breikaa, M. McEachin, C. Voss

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RECORDS Long Course Records

Open	400 Free Relay	3:41.50	22-Jul-21	MYM- NJ	C. Voss, A. Breikaa, D. Ancey, C. Townson
	800 Free Relay	8:15.65	28-Jul-03	MYM- NJ	P. Park, J. Ashenfelter, J. Lands, J. Tseng
	200 Medley Relay	1:50.88	22-Jul-21	MYM- NJ	C. Remache, C. Townson, M. McEachin, F. Coogan Russell
	400 Medley Relay	4:03.96	22-Jul-21	MYM- NJ	D. Ancey, C. Townson, M. McEachin, F. Coogan Russell