

## 2021 Fall Practice Schedule (V5 Updated 11/15)

Always Subject To Change

Team Unify Announcements Supersedes This Schedule

Home Meet Schedule Always Supersedes This Schedule

Dryland will be separate document

Weekend practices will begin on 9/28

Red and White officially start 9/20. Gray, Silver and Gold officially start 9/13.

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
<b><u>Red</u></b>	6:15-7:00 @ YMCA (4 Lane Pool)	6:15-7:00 @ YMCA (4 Lane Pool)	6:15-7:00 @ YMCA (4 Lane Pool)	6:15-7:00 @ YMCA (4 Lane Pool)			2:30-3:30 @ YMCA (8 Lane Pool)
<b><u>White</u></b>	7:00-8:00 @ YMCA (4 Lane Pool)	7:00-8:00 @ YMCA (4 Lane Pool)	7:00-8:00 @ YMCA (4 Lane Pool)	7:00-8:00 @ YMCA (4 Lane Pool)			2:30-3:30 @ YMCA (8 Lane Pool)
<b><u>Gray</u></b>	5:30-6:45 @ YMCA (8 Lane Pool)	5:45-7:15 @ YMCA (8 Lane Pool)		4:00-5:30 @ YMCA (8 Lane Pool)	6:00-7:30 @ YMCA (4 Lane Pool)	1:30-3:00 @ YMCA (8 Lane Pool)	1:15-2:30 @ YMCA (8 Lane Pool)
<b><u>Silver</u></b>	6:45-8:00 @ YMCA (8 Lane Pool)	4:00-5:45 @ YMCA (8 Lane Pool)	4:00-6:00 @ YMCA (8 Lane Pool)	5:15-6:45 @ FDU	5:30-7:00 @ YMCA (8 Lane Pool)	12:00-1:30 @ YMCA (8 Lane Pool)	11:30-1:15 @ YMCA (8 Lane Pool)
<b><u>Gold 1</u></b>	4:00-5:30 @ YMCA	5:15-7:15 @ FDU	5:15-7:15 @ FDU	6:45-8:15 @ FDU	4:00-5:30 @ YMCA	10:00-12:00 @ YMCA	9:30-11:30 @ YMCA
<b><u>Gold A</u></b>	5:15-6:45 @ FDU	5:15-7:15 @ FDU	6:00-8:00 @ YMCA	5:30-7:15 @ YMCA	4:00-5:30 @ YMCA	10:00-12:00 @ YMCA	9:30-11:30 @ YMCA