

2021 Fall Practice Schedule (V3 Updated 9/9)

Always Subject To Change

Team Unify Announcements Supersedes This Schedule

Home Meet Schedule Always Supersedes This Schedule

Dryland will be separate document

Weekend practices will begin on 9/28

Red and White officially start 9/20. Gray, Silver and Gold officially start 9/13.

Red:

Monday through Thursday 6:15 to 7:00 PM & Sunday 2:30-3:30 all in 4 Lane

White:

Monday through Thursday 7:00-8:00 PM & Sunday 2:30-3:30 all in 4 Lane

Gray:

Monday 5:30-6:45, Tuesday 5:45-7:15, Thursday 4:00-5:30, Sunday 1:15 to 2:30 in 8 Lane

Friday 6:00-7:30 in 4 lane

Wednesday 5:00 to 7:00 at FDU

Silver:

Monday 6:45 to 8:00, Tuesday 4:00-5:45, Wednesday 4:00-6:00, Friday 5:30-7:00, Saturday 12:00 to 2:00, Sunday 11:30 to 1:15 in 8 lane pool

Thursday 5:00-7:00 at FDU

Gold:

Monday 4:00-5:30, Wednesday 6:00-8:00, Thursday 5:30-7:15 Friday 4:00-5:30, Saturday 10:00-12:00, Sunday 9:30-11:30 in 8 lane pool

Tuesday 5:00-7:00 at FDU