

# Mariners Spring Schedule 2019

All Practices at FDU starting 4/15

## Micro, Mini

Monday and Wednesday 4:30-5:30 Pool, 5:30-6:15 Dryland

Tuesday and Thursday 6:00-7:00 Pool

Friday 5:00-6:00 Pool

## Novice, White

Monday and Wednesday 5:30-7:00 Pool

Tuesday and Thursday 4:30-6:00 Pool, 6:00-6:45 Dryland

Friday 6:00-7:00 Pool

## Red, Platinum, Gold

Monday and Wednesday 5:00-7:00 Pool

Tuesday, Thursday and Friday 4:30 to 5:15 Dryland, 5:15 to 7:00 Pool