

2020 SUNKISSED INVITATIONAL JR/SR SWIMMING CHAMPIONSHIPS OF THE USA
QUALIFYING TIMES

GIRLS	JUNIOR 13 & UNDER	BOYS
27.99	50 YARD FREESTYLE	27.99
1:01.50	100 YARD FREESTYLE	1:01.99
2:17.99	200 YARD FREESTYLE	2:15.99
6:05.99	500 YARD FREESTYLE	5:57.99
1:12.99	100 YARD BACKSTROKE	1:13.99
2:32.99	200 YARD BACKSTROKE	2:35.99
1:22.99	100 YARD BREASTSTROKE	1:20.99
2:57.50	200 YARD BREASTSTROKE	2:53.50
1:14.99	100 YARD BUTTERFLY	1:12.99
2:49.50	200 YARD BUTTERFLY	2:39.50
1:13.50	100 YARD INDIVIDUAL MEDLEY	1:11.99
2:35.99	200 YARD INDIVIDUAL MEDLEY	2:34.99

GIRLS	SENIOR 14 & OVER	BOYS
26.50	50 YARD FREESTYLE	24.50
57.99	100 YARD FREESTYLE	51.50
2:06.99	200 YARD FREESTYLE	1:56.99
5:45.99	500 YARD FREESTYLE	5:13.99
12:25.50	1000 FREESTYLE	11:58.50
1:06.50	100 YARD BACKSTROKE	1:01.99
2:23.99	200 YARD BACKSTROKE	2:19.99
1:15.99	100 YARD BREASTSTROKE	1:08.99
2:49.99	200 YARD BREASTSTROKE	2:38.99
1:06.50	100 YARD BUTTERFLY	58.99
2:47.50	200 YARD BUTTERFLY	2:23.99
2:25.99	200 YARD INDIVIDUAL MEDLEY	2:10.99
5:25.99	400 YARD INDIVIDUAL MEDLEY	4:46.99

Note: Qualifying times listed in red have been updated for the 2020 Sunkissed Championships.

The following rule will apply to all 12 and Under Swimmers.

The tech suit legislation below was passed last fall and applies to all sanctioned, approved, or observed North Carolina Swimming meets. Meet announcements for all NCS meets beginning after 9/1/19 will be updated to include the tech suit rule.

210.2 SUITS – No Technical Suits may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed NCS meet. (EFFECTIVE 9-1-2019)

.1 Exceptions to the foregoing restriction are only for a meet in USA Swimming’s Championship Series (i.e. Junior Nationals, US Open, National Championships, and Olympic Trials)

.2 A Technical Suit is one that has the following components:

A. Any male or female suit with any bonded or taped seams is defined as a technical suit regardless of its fabric or silhouette; or

B. Any male or female suit with woven fabric extending to the knee or mid-thigh is defined as a technical suit regardless of the type seams: bonded, taped or sewn. (Note: A woven suit with sewn seams and in a male brief or female regular cut not to the knees is not defined as a technical suit and is not restricted.)